

May 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------|---|---------|--|--|---|--|
| | | | 1 9:00 55+ Shinny - GOALTENDER REGISTRATION ONLY 9:00 55+ Shinny | 2 1:30 Adult Skate | 3 9:00 65+ Shinny 9:00 65+ Shinny - GOALTENDER REGISTRATION ONLY 11:00 Family Skate 12:00 Adult Shinny - GOALTENDER REGISTRATION ONLY 12:00 Adult Shinny | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 8:00 Lane Swim | 11 7:30 Private Hockey Lessons Ages 6+ (Technical Skating) 7:30 Private Hockey Lessons Ages 7+ (Technical Skating) 8:10 Semi-Private Learn to Skate Youth (6 to 17 years) 8:10 Private Learn to Skate Youth (Ages 4+) 8:10 Private Hockey Lessons Ages 7+ (Technical Skating) 8:50 Parent & Child (Ages 2 to 5) 8:50 Semi-Private Preschool (4 to 5 years) 9:30 Private Learn to Skate Preschool (Ages 4 to 5) 9:30 Preschool (Ages 4 to 5) 10:50 Youth (Ages 6 to 17) 11:45 Private Learn to Skate Youth (Ages 4+) 11:45 Semi-Private Learn to Skate Youth (6 to 17 years) 11:45 Adapted Private Lessons (Ages 4+) |
| 12 9:00 Lane Swim | 13 3:20 Private Hockey Lessons Ages 8+ | 14 | 15 1:00 Lane Swim 2:00 Lane Swim | 16 1:00 Lane Swim 2:00 Lane Swim | 17 | 18 2:00 Bronze Medallion and Emergency First Aid |

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| | (Technical Skating) 3:50 Private Hockey Lessons Ages 8+ (Technical Skating) 4:20 Private Hockey Lessons Ages 8+ (Technical Skating) | | 3:20 Private Hockey Lessons Ages 8+ (Technical Skating) 3:50 Private Hockey Lessons Ages 8+ (Technical Skating) 4:20 Private Hockey Lessons Ages 8+ (Technical Skating) | | | |
| 19 9:00 Town of Orangeville Camp, Program Leaders and Neighbourhood Staff: Standard First Aid with CPR-C | 20 | 21 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Lane Swim 9:00 Walking Track 9:00 Intermediate Hatha 9:15 AquaFitness 9:45 Leisure Swim 10:10 Sport Court Reservation - Alder Saputo Centre 10:15 LSS Preschool 4 10:15 LSS Parent & Tot 2 combined with Parent & Tot 3 10:15 LSS Parent & Tot 3 combined with Parent and Tot 2 10:15 LSS Preschool 1 10:15 Dance Fit in the Circuit 10:45 LSS Preschool 2 10:45 LSS Parent & Tot 1 10:45 LSS Preschool 3 11:00 Walking Track 11:00 Intermediate Line Dance 11:00 AquaFitness 11:45 Leisure Swim & Splash Pad 11:50 Sport Court Reservation - Alder Saputo Centre 12:00 Lane Swim | 22 8:15 AquaFitness 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Sport Court Reservation - Tony Rose B Floor Court 2 8:30 Sport Court Reservation - Tony Rose B Floor Court 1 9:00 Chair Yoga 9:00 Walking Track 9:45 LSS Preschool 1 9:45 LSS Preschool 2 10:10 Sport Court Reservation - Tony Rose B Floor Court 1 10:10 Sport Court Reservation - Alder Saputo Centre 10:10 Sport Court Reservation - Tony Rose B Floor Court 2 10:15 LSS Preschool 2 10:15 LSS Parent & Tot 1 combined with Parent & Tot 2 10:15 Yoga with Props 10:15 Zumba® Gold Toning 10:15 LSS Parent & Tot 2 combined with Parent & Tot 1 11:00 Balls & Bands 11:00 Public Swim 11:00 Walking Track 11:50 Sport Court Reservation - Tony Rose B Floor Court 2 | 23 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Lane Swim 9:15 AquaFitness 9:30 Strollercise 9:30 Vinyasa 9:45 Leisure Swim 10:00 Public Swim 10:10 Sport Court Reservation - Alder Saputo Centre 10:45 Beginner Line Dancing 11:00 Walking Track 11:00 AquaFitness 11:15 Lane Swim 11:45 Leisure Swim & Splash Pad 11:50 Sport Court Reservation - Alder Saputo Centre 12:15 Lane Swim 1:00 Walking Track 1:30 Sport Court Reservation - Alder Saputo Centre 3:00 Walking Track 4:30 Mini Artists (3-4) 4:30 Indoor Soccer (3-4) 5:00 Cardio Tone 5:00 Walking Track 5:15 LSS Preschool 1 5:15 LSS Swimmer 2 | 24 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Sport Court Reservation - Tony Rose B Floor Court 2 8:30 Sport Court Reservation - Tony Rose B Floor Court 1 9:00 Walking Track 9:15 Zumba® Gold 10:00 Public Swim 10:00 Chair Fitness 10:10 Sport Court Reservation - Tony Rose B Floor Court 1 10:10 Sport Court Reservation - Tony Rose B Floor Court 2 10:10 Sport Court Reservation - Alder Saputo Centre 11:00 Yin Yoga 11:00 Walking Track 11:15 Lane Swim 11:50 Sport Court Reservation - Tony Rose B Floor Court 2 11:50 Sport Court Reservation - Alder Saputo Centre 11:50 Sport Court Reservation - Tony Rose B Floor Court 1 12:15 Lane Swim 1:00 Walking Track 1:30 Sport Court Reservation - Tony Rose B Floor Court 1 1:30 Sport Court | 25 9:00 Sun Salutation Beginners/Intermediate 9:00 Walking Track 9:30 Adult Social Pickleball 9:30 Junior Chefs (Ages 8-11) 10:45 LSS Preschool 1 10:45 LSS Swimmer 6 10:45 LSS Swimmer 4 10:45 LSS Preschool 3 10:45 LSS Parent & Tot 1 11:00 LSS Swimmer 1A 11:00 Walking Track 11:15 LSS Preschool 4 11:15 LSS Swimmer 3A 11:15 LSS Preschool 2 11:15 Adult Social Pickleball 11:30 LSS Swimmer 1B 11:30 LSS Swimmer 2 11:45 LSS Preschool 5 11:45 LSS Swimmer 5 11:45 LSS Preschool 3 11:45 Lane Swim 11:45 LSS Parent & Tot 2 12:00 LSS Swimmer 3A 12:00 LSS Swimmer 1A 12:15 LSS Swimmer 3B 12:15 LSS Preschool 2 12:30 LSS Swimmer 1B 12:30 LSS Swimmer 1A 12:45 LSS Swimmer |

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| 1:00 Walking Track | 11:50 Sport Court Reservation - Alder Saputo Centre | 5:15 LSS Preschool 2 | Reservation - Tony Rose B Floor Court 2 | 1B |
| 1:00 Lane Swim 55+ | 11:50 Sport Court Reservation - Tony Rose B Floor Court 1 | 5:15 LSS Swimmer 3B | 1:30 Sport Court Reservation - Alder Saputo Centre | 1:00 LSS Swimmer 8-Ranger Patrol combined with Star patrol and Rookie Patrol |
| 1:30 Inclusive Open Gym | 12:15 Lane Swim | 5:15 LSS Swimmer 3A | 3:00 Walking Track | 1:00 LSS Swimmer 9-Star Patrol combined with Ranger Patrol |
| 3:00 Walking Track | 1:00 Walking Track | 5:15 LSS Swimmer 1A | 3:10 Sport Court Reservation - Tony Rose B Floor Court 1 | 1:00 Walking Track |
| 3:00 Home School Community Open Gym | 1:15 Lane Swim 55+ | 5:15 Lane Swim | 3:10 Sport Court Reservation - Tony Rose B Floor Court 2 | 1:00 Sport Court Reservation - Alder Saputo Centre |
| 4:00 Roller Skating Drop-in - All Ages | 1:30 Sport Court Reservation - Alder Saputo Centre | 5:20 Indoor Soccer (5-7) | 3:30 Adult Social Pickleball | 1:00 LSS Swimmer 7 - Rookie Patrol combined with Ranger and Star |
| 4:15 Recreation Leaders | 1:30 Sport Court Reservation - Tony Rose B Floor Court 1 | 5:30 Little Artists (5-7) | 4:50 Sport Court Reservation - Tony Rose B Floor Court 1 | 1:00 LSS Swimmer 4 |
| 4:30 Balls & Bands | 1:30 Sport Court Reservation - Tony Rose B Floor Court 2 | 5:45 LSS Swimmer 4 | 4:50 Sport Court Reservation - Tony Rose B Floor Court 2 | 1:00 Public Swim |
| 5:00 Walking Track | 3:00 Walking Track | 5:45 LSS Parent & Tot 3 | 5:00 Walking Track | 1:00 LSS Preschool 1 |
| 5:10 Youth Social Pickleball Ages 12-17 | 4:30 Multi Sports (3-4) | 5:45 LSS Preschool 4 | 5:00 Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors | 1:00 Bronze Cross and Standard First Aid CPR-C |
| 5:15 LSS Swimmer 5 | 4:30 Yin Yoga | 5:45 LSS Swimmer 1B | 5:15 Adult Social Pickleball | 1:00 LSS Preschool 4 |
| 5:15 LSS Preschool 3 | 5:00 Walking Track | 6:00 Zumba® Toning | 5:30 Friday Night Social (Ages 7 to 14) | 1:00 LSS Parent & Tot 3 |
| 5:15 LSS Parent & Tot 1 | 5:20 Multi Sports (3-4) | 6:00 LSS Swimmer 1A | 6:00 Roller Skating Drop-in - All Ages | 1:15 LSS Swimmer 2 |
| 5:15 LSS Swimmer 3B | 6:00 Pound | 6:10 Indoor Soccer (8-11) | 6:30 Sport Court Reservation - Tony Rose B Floor Court 1 | 1:30 LSS Swimmer 3B |
| 5:15 LSS Preschool 5 | 6:10 Multi Sports (5-7) | 6:15 LSS Preschool 2 | 6:30 Sport Court Reservation - Tony Rose B Floor Court 2 | 1:45 LSS Swimmer 2 |
| 5:15 LSS Preschool 1 | 6:15 Mindful Moments | 6:15 LSS Swimmer 3B | 6:45 Leisure Swim & Splash Pad | 1:45 LSS Preschool 3 |
| 5:15 Lane Swim | 7:00 Multi Sports (8-11) | 6:15 LSS Preschool 3 | 7:00 Walking Track | 1:45 LSS Swimmer 3A |
| 5:15 LSS Swimmer 1B | 7:00 Walking Track | 6:15 LSS Parent & Tot 1 | 7:00 Adult 18+ Basketball Drop-In | 2:00 Private Swimming Lessons |
| 5:30 Yoga Beginners | 7:00 Zumba® | 6:30 LSS Swimmer 1B | 8:00 Adult 18+ Basketball Drop-In | 2:15 LSS Swimmer 1B |
| 5:30 Drama & Creative Arts Club | 8:00 Adult 18+ Basketball Drop-In | 6:30 LSS Swimmer 3A | 8:00 Lane Swim | 2:15 LSS Preschool 2 |
| 5:45 LSS Preschool 1 | 8:00 Lane Swim | 6:45 Junior Artists (8-11) | 8:00 Lane Swim | 2:15 LSS Swimmer 1A |
| 5:45 LSS Parent & Tot 2 | | 6:45 LSS Preschool 1 | | 2:15 Lane Swim |
| 5:45 LSS Preschool 2 | | 6:45 LSS Preschool 5 | | 2:15 LSS Preschool 1 |
| 5:45 LSS Swimmer 1A | | 6:45 LSS Parent & Tot 2 | | 2:30 Private Swimming Lessons |
| 5:45 LSS Preschool 1 | | 7:00 Ages 8-10 Basketball Drop-In | | 2:40 Sport Court Reservation - Alder Saputo Centre |
| 6:00 LSS Swimmer 3A | | 7:00 Walking Track | | 3:00 Public Swim |
| 6:15 LSS Swimmer 6 | | 7:00 Private Swimming Lessons | | 3:00 Walking Track |
| 6:15 Basketball (5-7) | | 7:00 LSS Swimmer 1A | | 4:15 Lane Swim |
| 6:15 LSS Preschool 3 | | 7:00 LSS Swimmer 2 | | 4:20 Sport Court Reservation - Alder Saputo Centre |
| | | | | 5:00 Walking Track |
| | | | | 6:00 Adult Social Pickleball |
| | | | | 7:00 Walking Track |

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| | | 6:15 LSS Preschool 4 6:15 LSS Swimmer 2 6:15 LSS Swimmer 1B 6:15 LSS Swimmer 1A 6:30 LSS Swimmer 4 6:45 LSS Parent & Tot 3 6:45 LSS Preschool 1 6:45 LSS Preschool 3 6:45 LSS Preschool 2 6:45 LSS Swimmer 1A 7:00 Walking Track 7:00 Dance Fit in the Circuit 7:05 Basketball (8- 11) 7:15 LSS Swimmer 2 7:15 Private Swimming Lessons 7:15 Private Swimming Lessons 7:15 Private Swimming Lessons 7:15 Private Swimming Lessons 7:15 Private Swimming Lessons 8:00 Ages 14-17 Basketball Drop- In 8:00 Lane Swim | | 7:00 Step & Tone 7:15 LSS Swimmer 7 - Rookie Patrol 7:15 LSS Swimmer 8- Ranger Patrol combined with Star patrol 7:15 LSS Swimmer 9-Star Patrol combined with Ranger Patrol 7:15 Private Swimming Lessons 7:45 LSS Swimmer 1-Adult combined with Teen 1 7:45 Swimmer 1- Teen combined with Adult 1 7:45 Swimmer 1- Teen combined with Adult 1 7:45 LSS Swimmer 1-Adult combined with Teen 1 8:15 Sport Court Reservation- Alder Saputo Centre 8:30 Swimmer 2 - Adult combined with Teen 2 8:30 Swimmer 3 Teen combined with Adult 3 8:30 Swimmer 3- Adult combined with Teen 3 8:30 Swimmer 2- Teen combined with Adult 2 | | 7:40 Sport Court Reservation - Alder Saputo Centre |
| 26 7:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 9:00 Walking | 27 8:15 AquaFitness 8:30 Sport Court Reservation - Tony Rose B Floor Court 1 8:30 Sport Court | 28 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Lane Swim | 29 8:15 AquaFitness 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Sport Court Reservation - Tony | 30 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Lane Swim | 31 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 8:30 Sport Court Reservation - Tony | |

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| Track | Reservation - Tony Rose B Floor Court 2 | 9:00 Intermediate Hatha | Rose B Floor Court 2 | 9:30 Vinyasa | Rose B Floor Court 2 |
| 9:15 Convenience Swim Lessons | | | 8:30 Sport Court | 9:30 Strollercise | 8:30 Sport Court |
| 10:00 Convenience Swim Lessons | 8:30 Sport Court Reservation - Alder Saputo Centre | 9:00 Walking Track | Reservation - Tony Rose B Floor Court 1 | 9:45 Leisure Swim | Reservation - Tony Rose B Floor Court 1 |
| 10:10 Sport Court Reservation - Alder Saputo Centre | 9:00 Indoor Nordic Walking | 9:15 AquaFitness | 9:00 Chair Yoga | 10:10 Sport Court Reservation - Alder Saputo Centre | 9:00 Walking Track |
| 10:45 Convenience Swim Lessons | 9:15 LSS Preschool 2 | 9:45 Leisure Swim | 9:00 Walking Track | 10:45 Beginner Line Dancing | 9:15 Zumba® Gold |
| 11:00 Walking Track | 9:15 LSS Parent & Tot 2 combined with Parent and Tot 3 | 10:10 Sport Court Reservation - Alder Saputo Centre | 9:45 LSS Preschool 1 | 11:00 Walking Track | 10:00 Chair Fitness |
| 11:45 Convenience Swim Lessons | 9:15 LSS Parent & Tot 3 combined with Parent and Tot 2 | 10:15 LSS Preschool 4 | 9:45 LSS Preschool 2 | 11:00 AquaFitness | 10:10 Sport Court Reservation - Tony Rose B Floor Court 1 |
| 11:50 Sport Court Reservation - Alder Saputo Centre | 9:15 Zumba® | 10:15 LSS Parent & Tot 2 combined with Parent & Tot 3 | 10:10 Sport Court Reservation - Tony Rose B Floor Court 1 | 11:15 Lane Swim | 10:10 Sport Court Reservation - Alder Saputo Centre |
| 12:30 Convenience Swim Lessons | 9:45 LSS Parent & Tot 1 | 10:15 LSS Parent & Tot 3 combined with Parent and Tot 2 | 10:10 Sport Court Reservation - Alder Saputo Centre | 11:45 Leisure Swim & Splash Pad | 10:10 Sport Court Reservation - Tony Rose B Floor Court 2 |
| 1:00 Walking Track | 9:45 LSS Preschool 1 | 10:15 LSS Preschool 1 | 10:10 Sport Court Reservation - Tony Rose B Floor Court 2 | 11:50 Sport Court Reservation - Alder Saputo Centre | 11:00 Yin Yoga |
| 1:30 Public Swim | 10:10 Sport Court Reservation - Alder Saputo Centre | 10:15 Dance Fit in the Circuit | 10:15 LSS Preschool 2 | 12:15 Lane Swim | 11:00 Walking Track |
| 1:30 Sport Court Reservation - Alder Saputo Centre | 10:10 Sport Court Reservation - Tony Rose B Floor Court 2 | 10:45 LSS Preschool 2 | 10:15 LSS Parent & Tot 1 combined with Parent & Tot 2 | 1:00 Walking Track | 11:50 Sport Court Reservation - Tony Rose B Floor Court 1 |
| 2:30 Lane Swim | 10:10 Sport Court Reservation - Tony Rose B Floor Court 2 | 10:45 LSS Parent & Tot 1 | 10:15 Yoga with Props | 1:30 Sport Court Reservation - Alder Saputo Centre | 11:50 Sport Court Reservation - Alder Saputo Centre |
| 3:00 Walking Track | 10:10 Sport Court Reservation - Tony Rose B Floor Court 1 | 10:45 LSS Preschool 3 | 10:15 Zumba® Gold Toning | 3:00 Walking Track | 11:50 Sport Court Reservation - Tony Rose B Floor Court 2 |
| 3:10 Sport Court Reservation - Alder Saputo Centre | 10:30 Yoga Beginners | 11:00 Walking Track | 10:15 LSS Parent & Tot 2 combined with Parent & Tot 1 | 4:00 LSS Preschool 1 | 1:00 Walking Track |
| 4:00 Sensory Public Swim | 11:00 Public Swim | 11:00 Intermediate Line Dance | 11:00 Balls & Bands | 4:00 LSS Preschool 2 | 1:30 Sport Court Reservation - Tony Rose B Floor Court 1 |
| 4:50 Sport Court Reservation - Alder Saputo Centre | 11:00 Walking Track | 11:00 AquaFitness | 11:00 Public Swim | 4:00 LSS Preschool 1 | 1:30 Sport Court Reservation - Tony Rose B Floor Court 2 |
| 5:00 Walking Track | 11:45 Breath & Meditation | 11:45 Leisure Swim & Splash Pad | 11:00 Walking Track | 4:00 Parent & Tot 1 | 1:30 Sport Court Reservation - Tony Rose B Floor Court 2 |
| 6:30 Adult Social Pickleball | 11:50 Sport Court Reservation - Tony Rose B Floor Court 1 | 11:50 Sport Court Reservation - Alder Saputo Centre | 11:50 Sport Court Reservation - Tony Rose B Floor Court 2 | 4:30 Indoor Soccer (3-4) | 1:30 Sport Court Reservation - Alder Saputo Centre |
| 7:00 Walking Track | 11:50 Sport Court Reservation - Tony Rose B Floor Court 2 | 12:00 Lane Swim | 11:50 Sport Court Reservation - Alder Saputo Centre | 4:30 LSS Preschool 3 | 3:00 Walking Track |
| | 11:50 Sport Court Reservation - Alder Saputo Centre | 1:00 Walking Track | 11:50 Sport Court Reservation - Tony Rose B Floor Court 1 | 4:30 LSS Preschool 4 | 3:10 Sport Court Reservation - Tony Rose B Floor Court 1 |
| | 12:15 Lane Swim | 1:00 Sensory Public Swim | 12:15 Lane Swim | 4:30 Mini Artists (3-4) | 3:10 Sport Court Reservation - Tony Rose B Floor Court 2 |
| | 1:00 Walking Track | 1:00 Lane Swim 55+ | 1:00 Walking Track | 4:30 LSS Preschool 1 | 3:30 Adult Social Pickleball |
| | 1:15 Lane Swim 55+ | 1:30 Inclusive Open Gym | 1:00 Public Swim | 5:00 Walking Track | 4:50 Sport Court Reservation - Tony Rose B Floor Court 1 |
| | 1:30 Sport Court Reservation - Alder Saputo Centre | 3:00 Walking Track | 1:15 Lane Swim 55+ | 5:00 LSS Preschool 5 | 4:50 Sport Court Reservation - Tony Rose B Floor Court 2 |
| | | 3:00 Home School Community Open Gym | 1:30 Sport Court Reservation - Alder Saputo Centre | 5:00 LSS Parent & Tot 2 | |
| | | 4:00 Roller Skating Drop-in - All Ages | 1:30 Sport Court Reservation - Tony Rose B Floor Court 1 | 5:00 Cardio Tone | |
| | | 4:00 LSS Preschool 1 | | 5:00 LSS Preschool 3 | |
| | | | | 5:00 LSS Swimmer 1A | |
| | | | | 5:15 LSS | |

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| 1:30 Sport Court Reservation - Tony Rose B Floor Court 1 | 4:00 LSS Preschool 2 | 1:30 Sport Court Reservation - Tony Rose B Floor Court 2 | 5:15 LSS Swimmer 3B | 5:00 Walking Track |
| 1:30 Sport Court Reservation - Tony Rose B Floor Court 2 | 4:00 Parent & Tot 1 | 3:00 Walking Track | 5:15 LSS Swimmer 3A | 5:00 Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors |
| 3:00 Walking Track | 4:00 LSS Preschool 1 | 4:00 LSS Preschool 2 | 5:15 LSS Swimmer 1A | 5:15 Adult Social Pickleball |
| 3:15 Ages 14-17 Basketball Drop- In | 4:15 Recreation Leaders | 4:00 LSS Preschool 1 | 5:15 Lane Swim | 5:30 Leisure Swim & Splash Pad |
| 4:00 LSS Parent & Tot 3 and Parent & Tot 2 combined | 4:30 LSS Preschool 4 | 4:00 LSS Parent & Tot 2 combined with Parent & Tot 3 | 5:15 LSS Preschool 2 | 6:00 Roller Skating Drop-in - All Ages |
| 4:00 LSS Preschool 1 | 4:30 LSS Preschool 3 | 4:00 LSS Preschool 1 | 5:15 LSS Preschool 1 | 6:30 Sport Court Reservation - Tony Rose B Floor Court 1 |
| 4:00 LSS Parent & Tot 2 combined with Parent & Tot 3 | 4:30 Balls & Bands | 4:00 LSS Parent & Tot 3 and Parent & Tot 2 combined | 5:20 Indoor Soccer (5-7) | 6:30 Sport Court Reservation - Tony Rose B Floor Court 2 |
| 4:00 LSS Preschool 2 | 4:30 LSS Preschool 1 | 4:30 LSS Preschool 2 | 5:30 LSS Preschool 1 | 6:45 Leisure Swim & Splash Pad |
| 4:00 LSS Preschool 1 | 4:30 LSS Preschool 2 | 4:30 LSS Preschool 2 | 5:30 LSS Preschool 2 | 7:00 Walking Track |
| 4:30 Ages 8-10 Basketball Drop- In | 5:00 LSS Preschool 5 | 4:30 Yin Yoga | 5:30 Little Artists (5-7) | 7:00 Adult 18+ Basketball Drop-In |
| 4:30 LSS Preschool 1 | 5:00 LSS Parent & Tot 2 | 4:30 LSS Preschool 4 | 5:30 LSS Preschool 4 | 8:10 Sport Court Reservation - Tony Rose B Floor Court 1 |
| 4:30 LSS Preschool 2 | 5:00 LSS Preschool 3 | 4:30 LSS Preschool 3 | 5:30 LSS Swimmer 1A | 8:10 Sport Court Reservation - Tony Rose B Floor Court 2 |
| 4:30 LSS Preschool 3 | 5:00 LSS Swimmer 1A | 4:30 LSS Preschool 1 | 5:45 LSS Parent & Tot 3 | |
| 4:30 LSS Preschool 4 | 5:00 Walking Track | 4:30 Multi Sports (3-4) | 5:45 LSS Swimmer 4 | |
| 5:00 Lane Swim | 5:10 Youth Social Pickleball Ages 12-17 | 5:00 LSS Swimmer 1A | 5:45 LSS Preschool 4 | |
| 5:00 LSS Preschool 5 | 5:15 LSS Swimmer 5 | 5:00 LSS Preschool 5 | 5:45 LSS Swimmer 1B | |
| 5:00 LSS Preschool 3 | 5:15 LSS Preschool 3 | 5:00 LSS Preschool 3 | 5:45 LSS Preschool 3 | |
| 5:00 LSS Swimmer 6 | 5:15 LSS Swimmer 3B | 5:00 Walking Track | 6:00 LSS Preschool 2 | |
| 5:00 LSS | 5:15 LSS Parent & Tot 1 | 5:00 LSS Preschool 2 | 6:00 LSS Parent & Tot 3 and Parent & Tot 2 combined | |
| | 5:15 LSS Preschool 5 | 5:20 Multi Sports (3-4) | 6:00 LSS Swimmer 1A | |
| | 5:15 LSS Preschool 1 | 5:30 LSS Preschool 2 | 6:00 Zumba® Toning | |
| | 5:15 Lane Swim | 5:30 LSS Preschool 1 | | |

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| Preschool 2 | 5:15 LSS Swimmer 1B | 5:30 LSS Swimmer 1A | 6:00 LSS Parent & Tot 2 combined with Parent & Tot 3 |
| 5:00 Walking Track | 5:30 Yoga Beginners | 5:30 LSS Parent & Tot 2 | 6:00 LSS Preschool 3 |
| 5:00 Cardio Tone | 5:30 LSS Preschool 2 | 6:00 LSS Preschool 3 | 6:00 LSS Swimmer 1A |
| 5:00 LSS Swimmer 1A | 5:30 LSS Preschool 1 | 6:00 Parent & Tot 1 | 6:10 Indoor Soccer (8-11) |
| 5:15 LSS Swimmer 1A | 5:30 LSS Swimmer 1A | 6:00 LSS Swimmer 1A | 6:15 LSS Preschool 2 |
| 5:15 LSS Preschool 3 | 5:30 Drama & Creative Arts Club | 6:00 Pound | 6:15 LSS Swimmer 3B |
| 5:15 LSS Swimmer 3A | 5:30 LSS Preschool 4 | 6:00 LSS Preschool 1 | 6:15 LSS Preschool 3 |
| 5:15 LSS Preschool 2 | 5:45 LSS Preschool 2 | 6:10 Multi Sports (5-7) | 6:15 LSS Parent & Tot 1 |
| 5:15 LSS Parent & Tot 2 | 5:45 LSS Preschool 1 | 6:15 Mindful Moments | 6:30 LSS Swimmer 1B |
| 5:30 LSS Parent & Tot 2 | 5:45 LSS Parent & Tot 2 | 7:00 Leisure Swim & Splash Pad | 6:30 LSS Swimmer 3A |
| 5:30 Junior Chefs (Ages 8-11) | 5:45 LSS Swimmer 1A | 7:00 Multi Sports (8-11) | 6:45 Leisure Swim & Splash Pad |
| 5:30 LSS Swimmer 1A | 5:45 LSS Preschool 1 | 7:00 Zumba® | 6:45 Junior Artists (8-11) |
| 5:30 LSS Preschool 2 | 6:00 LSS Preschool 2 | 7:00 Walking Track | 6:45 LSS Preschool 1 |
| 5:30 LSS Preschool 1 | 6:00 LSS Swimmer 1A | 8:00 Adult 18+ Basketball Drop-In | 6:45 LSS Preschool 5 |
| 5:45 LSS Preschool 2 | 6:00 LSS Parent & Tot 3 and Parent & Tot 2 combined | 8:00 Lane Swim | 6:45 LSS Parent & Tot 2 |
| 5:45 LSS Swimmer 1A | 6:00 LSS Preschool 3 | 8:00 Lane Swim | 7:00 Ages 8-10 Basketball Drop-In |
| 5:45 LSS Swimmer 2 | 6:00 LSS Parent & Tot 2 combined with Parent & Tot 3 | | 7:00 Walking Track |
| 5:45 LSS Swimmer 1B | 6:00 LSS Swimmer 3A | | 7:00 Private Swimming Lessons |
| 5:45 LSS Preschool 1 | 6:15 LSS Swimmer 6 | | 7:00 LSS Swimmer 1A |
| 5:45 Ages 11-13 Basketball Drop-In | 6:15 Basketball (5-7) | | 7:00 LSS Swimmer 2 |
| 6:00 Parent & Tot 1 | 6:15 LSS Preschool 3 | | 7:00 Step & Tone |
| 6:00 LSS Preschool 3 | 6:15 LSS Swimmer 2 | | 7:15 LSS Swimmer 8-Ranger Patrol combined with Star patrol |
| 6:00 LSS Swimmer 1A | 6:15 LSS Preschool 4 | | 7:15 LSS Swimmer 7 - Rookie Patrol |
| 6:00 LSS Preschool 1 | 6:15 LSS Swimmer 1B | | 7:15 LSS Swimmer 9-Star Patrol combined with Ranger Patrol |
| 6:00 LSS Swimmer 1B | 6:15 LSS Swimmer 1A | | 7:15 Private Swimming Lessons |
| 6:00 Pound | 6:30 LSS Swimmer 4 | | 7:45 Swimmer 1-Teen combined with Adult 1 |
| 6:00 Lane Swim | 6:45 Leisure Swim & Splash Pad | | |
| 6:15 LSS Parent & Tot 3 | 6:45 LSS Parent & Tot 3 | | |
| 6:15 LSS Preschool 1 | | | |
| 6:15 LSS Preschool 3 | | | |
| 6:15 LSS Swimmer 5 | | | |

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| 6:15 LSS Swimmer 3B | 6:45 LSS Preschool 3 | 7:45 LSS Swimmer 1-Adult combined with Teen 1 |
| 6:30 Bronze Star | 6:45 LSS Preschool 1 | 7:45 Swimmer 1- Teen combined with Adult 1 |
| 6:45 LSS Preschool 2 | 6:45 LSS Preschool 2 | 7:45 AquaFitness |
| 6:45 LSS Preschool 4 | 6:45 LSS Swimmer 1A | 7:45 LSS Swimmer 1-Adult combined with Teen 1 |
| 7:00 Sport Court Reservation - Alder Saputo Centre | 7:00 Walking Track | 8:15 Sport Court Reservation- Alder Saputo Centre |
| 7:00 Zumba® | 7:00 Dance Fit in the Circuit | 8:30 Swimmer 2 - Adult combined with Teen 2 |
| 7:00 Leisure Swim & Splash Pad | 7:05 Basketball (8- 11) | 8:30 Swimmer 3 Teen combined with Adult 3 |
| 7:00 LSS Swimmer 4 | 7:15 LSS Swimmer 2 | 8:30 Swimmer 3- Adult combined with Teen 3 |
| 7:00 Walking Track | 7:15 Private Swimming Lessons | 8:30 Swimmer 2- Teen combined with Adult 2 |
| 7:15 Private Swimming Lessons | 7:15 Private Swimming Lessons | |
| 7:15 LSS Swimmer 2 | 7:15 Private Swimming Lessons | |
| 7:15 Private Swimming Lessons | 7:15 Private Swimming Lessons | |
| 7:15 LSS Swimmer 1A | 7:15 Private Swimming Lessons | |
| 8:00 Lane Swim | 7:15 Private Swimming Lessons | |
| | 7:45 AquaFitness | |
| | 8:00 Ages 14-17 Basketball Drop- In | |
| | 8:00 Lane Swim | |