

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 3:30 Lane Swim	2 9:00 65+ Shinny 12:30 Family Skate	3 12:30 Adult Skate	4 9:00 65+ Shinny - GOALTENDER REGISTRATION ONLY 9:00 65+ Shinny 12:30 Family Skate	5 9:00 70+ Shinny 9:00 55+ Shinny - GOALTENDER REGISTRATION ONLY 9:00 70+ Shinny - GOALTENDER REGISTRATION ONLY 9:00 55+ Shinny 11:00 Family Skate 12:00 Adult Shinny - GOALTENDER REGISTRATION ONLY 12:00 Adult Shinny 12:30 Adult Skate	6
7	8 8:30 Babysitting Training 9:00 Indoor Nordic Walking 9:00 55+ Shinny 9:00 55+ Shinny - GOALTENDER REGISTRATION ONLY 9:15 LSS Parent & Tot 3 combined with Parent and Tot 2 9:15 LSS Parent & Tot 2 combined with Parent and Tot 3 9:15 LSS Preschool 2 9:45 LSS Parent & Tot 1 9:45 LSS Preschool 1 10:30 Eclipse Day Skate 12:00 Adult Shinny 12:00 Adult Shinny -	9 10:15 LSS Preschool 2 10:15 LSS Preschool 1 10:15 LSS Preschool 3 10:15 Private Swimming Lessons 10:45 LSS Parent & Tot 1 10:45 LSS Preschool 2 10:45 LSS Preschool 1 11:15 LSS Preschool 2 11:15 Private Swimming Lessons 11:15 LSS Parent & Tot 2 combined with Parent and Tot 3 11:15 LSS Parent & Tot 3 combined with Parent and Tot 2 4:30 Floor Hockey	10 9:15 LSS Preschool 3 9:15 LSS Preschool 1 9:45 LSS Parent & Tot 1 combined with Parent & Tot 2 9:45 LSS Parent & Tot 2 combined with Parent and Tot 1 9:45 LSS Preschool 2 7:00 Multi Sports (8-11)	11 9:30 Strollercise 5:15 LSS Preschool 1 5:15 LSS Parent & Tot 2 combined with Parent and Tot 3 5:15 LSS Preschool 2 5:15 LSS Parent & Tot 3 combined with Parent and Tot 2 5:30 LSS Swimmer 1A 5:30 LSS Swimmer 1B 5:30 LSS Swimmer 3A 5:45 LSS Preschool 5 5:45 LSS Preschool 3 5:45 LSS Swimmer 4 6:00 LSS Swimmer 1B	12 11:15 Swimmer 2 - Adult combined with Adult 3 11:15 Swimmer 3- Adult combined with Adult 2 11:15 LSS Swimmer 1-Adult	13 8:00 Private Learn to Skate (Ages 4+) 8:00 Private Hockey Lessons Ages 6+ (Technical Skating) 8:40 Small Group Learn to Skate Youth (Ages 6 to 17) 8:40 Private Learn to Skate Youth (Ages 6 to 17) 8:40 Private Hockey Lessons Ages 8+ (Technical Skating) 9:20 Private Learn to Skate Preschool (Ages 4 to 5) 9:20 Small

GOALTENDER REGISTRATION ONLY	(5-7)	6:00 LSS Swimmer 2	Group Learn to Skate Preschool (Ages 4 to 5)
5:15 LSS Swimmer 1A	5:15 LSS Preschool 3	6:00 LSS Swimmer 3B	9:20 Parent & Child (Ages 2 to 5)
5:15 LSS Preschool 3	5:15 LSS Swimmer 5	6:15 LSS Swimmer 1A	9:30 Junior Chefs (Ages 8-11)
5:15 LSS Preschool 5	5:15 LSS Swimmer 2	6:15 LSS Swimmer 1B	10:00 Preschool (Ages 4 to 5)
5:15 LSS Parent & Tot 3 combined with Parent and Tot 2	5:15 LSS Swimmer 1B	6:30 LSS Preschool 1	10:40 Parent & Child (Ages 2 to 5)
5:15 LSS Swimmer 3A	5:15 LSS Preschool 4	6:30 Private Swimming Lessons	10:45 LSS Preschool 1
5:15 LSS Parent & Tot 2 combined with Parent and Tot 3	5:15 LSS Swimmer 3B	6:30 LSS Parent & Tot 2 combined with Parent and Tot 1	10:45 LSS Preschool 3
5:15 LSS Swimmer 6	5:20 Floor Hockey (8-11)	6:30 LSS Parent & Tot 1 combined with Parent & Tot 2	10:45 LSS Parent & Tot 1 combined with Parent & Tot 2
5:45 LSS Preschool 1	5:45 LSS Swimmer 1A	6:30 LSS Preschool 4	10:45 LSS Swimmer 5
5:45 LSS Swimmer 1A	5:45 LSS Parent & Tot 2 combined with Parent and Tot 1	6:45 LSS Swimmer 3A	10:45 LSS Parent & Tot 2 combined with Parent and Tot 1
5:45 LSS Preschool 2	5:45 LSS Parent & Tot 1 combined with Parent & Tot 2	6:45 LSS Swimmer 1B	11:00 LSS Swimmer 1A
5:45 LSS Swimmer 1B	5:45 LSS Preschool 1	6:45 Little Artists (8-11)	11:00 LSS Swimmer 1B
5:45 LSS Swimmer 2	5:45 LSS Preschool 2	6:45 LSS Swimmer 2	11:15 LSS Preschool 2
6:15 LSS Parent & Tot 1 combined with Parent & Tot 2	6:00 LSS Swimmer 3A	7:00 LSS Swimmer 1A	11:15 LSS Swimmer 3A
6:15 LSS Swimmer 1A	6:15 LSS Swimmer 1B	7:00 LSS Preschool 3	11:15 LSS Preschool 4
6:15 LSS Parent & Tot 2 combined with Parent and Tot 1	6:15 LSS Preschool 5	7:00 LSS Preschool 2	11:30 LSS Swimmer 2
6:15 LSS Swimmer 1B	6:15 LSS Preschool 3	7:15 LSS Swimmer 9-Star Patrol combined with Ranger Patrol and Rookie Patrol	11:30 LSS Swimmer 1B
6:15 LSS Preschool 3	6:15 LSS Swimmer 6	7:15 Private Swimming Lessons	11:35 Youth (Ages 6 to 17)
6:15 LSS Swimmer 4	6:15 LSS Swimmer 2	7:15 Private Swimming Lessons	11:45 LSS Swimmer 6
6:15 LSS Preschool 2	6:30 LSS Swimmer 1A	7:15 LSS Swimmer 8-Ranger Patrol combined with Star patrol	11:45 LSS
6:45 LSS Preschool 1	6:45 LSS Swimmer 4	7:15 LSS Swimmer 7 - Rookie Patrol combined with	
6:45 LSS Swimmer	6:45 LSS Preschool 2		

	3A	6:45 LSS Preschool 1	Swimmer 8 Rookie Patrol and Swimmer 9 Star	Preschool 3
	6:45 LSS Swimmer 3B	6:45 LSS Parent & Tot 2 combined with Parent and Tot 3	7:30 Private Swimming Lessons	11:45 LSS Parent & Tot 3 combined with Parent and Tot 2
	6:45 LSS Preschool 4	7:00 LSS Swimmer 3B	7:45 Swimmer 1-Teen combined with Adult 1	11:45 LSS Parent & Tot 2 combined with Parent and Tot 3
	6:45 Bronze Star	7:15 Private Swimming Lessons	7:45 LSS Swimmer 1-Adult combined with Teen 1	11:45 LSS Preschool 5
	7:00 LSS Swimmer 5	7:15 Private Swimming Lessons	8:30 Swimmer 3 Teen combined with Adult 3	12:00 LSS Swimmer 3A
	7:15 Private Swimming Lessons	7:15 Private Swimming Lessons	8:30 Swimmer 2-Teen combined with Adult 2	12:00 LSS Swimmer 1A
	7:15 LSS Swimmer 2	7:15 Private Swimming Lessons	8:30 Swimmer 3-Adult combined with Teen 3	12:15 LSS Swimmer 3B
	7:15 Private Swimming Lessons	7:30 Private Swimming Lessons	8:30 Swimmer 2 - Adult combined with Teen 2	12:15 LSS Preschool 3
				12:30 Private Learn to Skate Youth (Ages 6 to 17)
				12:30 LSS Swimmer 1B
				12:30 Semi-Private Learn to Skate Youth (6 to 17 years)
				12:30 Private Hockey Lessons Ages 6+ (Technical Skating)
				12:30 Adapted Private Lessons (Ages 8+)
				12:30 LSS Preschool 4
				12:45 LSS Swimmer 1A
				1:00 LSS Swimmer 8-Ranger Patrol combined with Star patrol
				1:00 LSS Swimmer 7 - Rookie Patrol combined with Swimmer 8 Rookie Patrol and Swimmer 9 Star
				1:00 LSS Preschool 1
				1:00 LSS Swimmer 9-Star Patrol combined with Ranger

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						Lessons 3:00 Public Swim
14 9:00 Lane Swim 10:00 Convenience Swim Lessons 10:45 Convenience Swim Lessons 11:45 Convenience Swim Lessons 12:30 Convenience Swim Lessons 4:00 Adapted Public Swim	15	16 12:00 Lane Swim 1:00 Lane Swim 55+	17 1:30 Lane Swim 8:00 Lane Swim	18 11:15 Lane Swim 55+ 1:15 Lane Swim 2:15 Lane Swim 6:15 Bronze Medallion and Emergency First Aid	19 8:00 Lane Swim 8:30 Babysitting Training 10:00 Public Swim 8:00 Lane Swim	20 3:00 Public Swim 4:15 Lane Swim
21 8:30 Home Alone	22 12:15 Lane Swim 1:15 Lane Swim 55+ 4:00 Staff Training - Module 3 6:30 Staff Training - Module 1	23 8:00 Lane Swim 2:00 Lane Swim 4:00 Staff Training - Module 2 6:30 Staff Training - Module 4	24 8:15 AquaFitness 9:15 Lane Swim 11:00 Public Swim 12:15 Lane Swim 1:15 Lane Swim 4:00 Staff Training - Module 1 6:30 Staff Training - Module 3	25 8:00 Lane Swim 10:00 Public Swim 11:15 Lane Swim 55+ 12:15 Lane Swim 4:00 Staff Training - Module 4 5:00 Lane Swim 6:15 Public Swim 6:30 Staff Training - Module 2 8:00 Lane Swim	26 8:00 Lane Swim 9:15 AquaFitness 10:00 Public Swim 11:15 Lane Swim 12:15 Lane Swim 1:15 Lane Swim 55+ 5:30 Friday Night Social (Ages 7 to 13) 8:00 Lane Swim	27 8:30 Staff Training - Module 1 10:45 Staff Training - Module 2 1:15 Staff Training - Module 3 3:30 Staff Training - Module 4
28 7:00 Lane Swim 9:00 Lane Swim 1:30 Lane Swim 2:30 Public Swim 4:45 Adapted Public Swim	29 9:00 55+ Shinny 9:00 55+ Shinny - GOALTENDER REGISTRATION ONLY	30 8:00 Lane Swim 8:30 Sport Court Reservation - Alder Saputo Centre 9:00 65+ Shinny - GOALTENDER REGISTRATION ONLY 9:00 Intermediate Hatha 9:00 65+ Shinny 9:00 Walking Track 9:15 AquaFitness 10:10 Sport Court Reservation - Alder Saputo Centre 10:15 LSS Preschool 4 10:15 LSS Parent & Tot 2 combined with Parent & Tot 3 10:15 LSS Parent & Tot 3 combined with Parent and Tot 2 10:15 Dance Fit in the Circuit 10:15 LSS Preschool 1				

		10:45 LSS Preschool 2			
		10:45 LSS Parent & Tot 1			
		10:45 LSS Preschool 3			
		11:00 Walking Track			
		11:00 Intermediate Line Dance			
		11:50 Sport Court Reservation - Alder Saputo Centre			
		12:00 Lane Swim			
		12:00 Adult Shinny			
		12:00 Adult Shinny - GOALTENDER REGISTRATION ONLY			
		1:00 Lane Swim 55+			
		1:00 Walking Track			
		1:30 Adult Skate			
		1:30 Inclusive Open Gym			
		3:00 Walking Track			
		3:00 Home School Community Open Gym			
		4:00 Roller Skating Drop-in - All Ages			
		4:15 Recreation Leaders			
		4:30 Balls & Bands			
		5:00 Walking Track			
		5:10 Youth Social Pickleball Ages 12- 17			
		5:15 LSS Swimmer 5			
		5:15 LSS Preschool 3			
		5:15 LSS Swimmer 3B			
		5:15 LSS Parent & Tot 1			
		5:15 LSS Preschool 5			
		5:15 LSS Preschool 1			
		5:15 LSS Swimmer 1B			
		5:30 Yoga Beginners			
		5:30 Drama & Creative Arts Club			
		5:45 LSS Preschool 1			
		5:45 LSS Parent & Tot 2			
		5:45 LSS Preschool 2			

		5:45 LSS Swimmer 1A			
		5:45 LSS Preschool 1			
		6:00 LSS Swimmer 3A			
		6:15 LSS Swimmer 6			
		6:15 Basketball (5-7)			
		6:15 LSS Preschool 3			
		6:15 LSS Preschool 4			
		6:15 LSS Swimmer 2			
		6:15 LSS Swimmer 1B			
		6:15 LSS Swimmer 1A			
		6:30 LSS Swimmer 4			
		6:45 LSS Parent & Tot 3			
		6:45 LSS Preschool 3			
		6:45 LSS Preschool 1			
		6:45 LSS Preschool 2			
		6:45 LSS Swimmer 1A			
		7:00 Walking Track			
		7:00 Dance Fit in the Circuit			
		7:05 Basketball (8- 11)			
		7:15 LSS Swimmer 2			
		7:15 Private Swimming Lessons			
		7:15 Private Swimming Lessons			
		7:15 Private Swimming Lessons			
		7:15 Private Swimming Lessons			
		7:15 Private Swimming Lessons			
		7:15 Private Swimming Lessons			
		8:00 Ages 14-17 Basketball Drop-In			
		8:00 Lane Swim			