

December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:15 Lane Swim 9:00 Movement Enhancement 9:30 Lane Swim 10:00 Leisure Swim 10:45 AquaFitness 11:00 Walking Track Session 11:15 Core & More 12:00 Walking Track Session 12:15 Movement Enhancement 12:15 Public Swim	2 8:15 Lane Swim 8:15 Walking Track Session 9:00 Leisure Swim 9:00 Adult Skate 9:15 Cardio Core 9:15 Walking Track Session 9:30 AquaFitness 10:15 Walking Track Session 10:45 AquaFitness 11:00 Family Skate 11:15 Bodyworks 11:15 Walking Track Session 11:30 Movement Enhancement 11:45 Lane Swim 12:00 Adult Skate	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		