

# May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 3:00 pm Figure Skating Skills	2	3
4 3:00 pm Birthday Party - Swim & Splash 4:00 pm Birthday Party - Swim & Splash	5	6 2:00 pm Lane Swim	7 8:30 am 55+ Shinny - GOALIES Only 8:30 am 55+ Shinny	8 2:00 pm Lane Swim	9 8:30 am 65+ Shinny 8:30 am 65+ Shinny - GOALIES Only	10 8:00 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 8:50 am Private Learn to Skate Youth (Ages 4+) 8:50 am Parent & Child (Ages 2 to 5) 9:30 am Parent & Child (Ages 2 to 5) 10:10 am Preschool (Ages 4 to 5) 10:50 am Youth (Ages 6 to 17) 11:45 am Private Learn to Skate Youth (Ages 4+)
11 10:00 am Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors 1:00 pm Lifesaving Instructors & Emergency First Aid Instructors 3:00 pm Birthday Party - Swim & Splash 4:00 pm Birthday Party - Swim & Splash	12 3:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 4:05 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 5:15 pm Private Learn to Skate Youth (Ages 6+)	13	14	15	16 4:00 pm Lane Swim 5:00 pm Lane Swim 7:30 pm Pickleball (The Big 4 for Early Intermediates)	17
18	19	20	21	22	23 6:30 pm Friday Night Social (Ages 7 to 13)	24 1:45 pm Leisure Splash & Slide
25	26	27	28	29	30	

8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim	7:30 am Lane Swim	7:30 am Lane Swim	7:30 am Lane Swim	7:30 am Lane Swim
9:00 am Swimmer 1	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1
9:00 am Swimmer 2	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2
9:00 am Swimmer 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4
9:00 am Private Swimming Lessons	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3
9:00 am Shared Lane Swim (lanes 1-2)					
9:00 am Preschool 4					

9:00 am Preschool 1	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre
9:00 am Walking Track	8:45 am Therapeutic Swim (Lap)	8:45 am Aqua Zumba	8:45 am Therapeutic Swim (Lap)	8:45 am Aqua Zumba	8:45 am Aquafit
9:00 am Preschool 2	9:00 am Indoor Nordic Walking	9:00 am Walking Track	9:00 am Walking Track	9:30 am Chair Yoga	9:00 am Zumba® Gold
9:00 am Preschool 3	9:00 am Indoor Nordic Walking	9:30 am Chair Yoga	9:30 am Gentle Flow Yoga	9:30 am Public Swim (Lap & Leisure)	9:00 am Walking Track
9:15 am Swimmer 1	9:15 am Zumba®	9:30 am Public Swim (Lap & Leisure)	9:30 am Parent & Tot 1	9:45 am Strollercise	9:30 am Public Swim (Lap)
9:30 am Preschool 3	9:30 am Public Swim (Lap & Leisure)	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	9:30 am Public Swim (Lap)	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4
9:30 am Preschool 2	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	9:30 am Preschool 1	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3
9:30 am Preschool 1	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1
9:30 am Swimmer 1	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2
9:30 am Preschool 5	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Sport Court Reservation - Alder Saputo Centre
9:30 am Swimmer 2	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Dance Fit	10:00 am Preschool 2	11:00 am Walking Track	11:00 am Walking Track
9:30 am Parent & Tot 1	10:45 am Parent & Tot 1	10:45 am Intermediate Line Dance	10:00 am Sport Court Reservation - Alder Saputo Centre	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3
9:45 am Swimmer 4	10:45 am Preschool 3	11:00 am Walking Track	10:00 am Preschool 3	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1
9:45 am Swimmer 3	10:45 am Preschool 2	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	10:00 am Preschool 4	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	11:15 am Parent & Tot 2
10:00 am Preschool 3	10:45 am Preschool 1	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	10:15 am Zumba® Toning	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	11:15 am Preschool 3
10:00 am Parent & Tot 3	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	11:00 am Walking Track	11:15 am Beginner Line Dancing	11:15 am Preschool 2
10:00 am Preschool 4	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	11:00 am Balls & Bands	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4
10:00 am Swimmer 1	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2
10:00 am Swimmer 2	11:30 am Sport Court Reservation - Alder Saputo Centre	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 4	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2	11:15 am Parent & Tot 3
10:00 am Preschool 1	12:30 pm Lane Swim	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1	11:30 am Sport Court Reservation - Alder Saputo Centre	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1	11:15 am Preschool 1
10:00 am Sport Court Reservation - Alder Saputo Centre	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3	12:45 pm Pickleball	12:45 pm Pickleball	12:45 pm Pickleball Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball

10:45 am Swimmer 3	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 4	Court 3	Court Reservation - Tony Rose B Floor, Court 4
10:45 am Preschool 2		12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1	1:00 pm Home School Community Open Gym	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1
11:00 am National Lifeguard	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 4	1:00 pm Inclusive Open Gym	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3	1:00 pm Walking Track	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3
11:00 am Walking Track	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1	1:00 pm Walking Track	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2	2:30 pm Sport Court Reservation - Alder Saputo Centre	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3
11:15 am Swimmer 2	1:00 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2
11:15 am Preschool 1	1:30 pm Lane Swim	3:00 pm Walking Track		4:30 pm Indoor Soccer (3-4)	1:00 pm Sport Court Reservation - Alder Saputo Centre
11:15 am Preschool 2	2:30 pm Sport			4:30 pm Preschool 4	
11:15 am Preschool 3				4:30 pm Preschool	

11:15 am Swimmer 1	Court Reservation - Alder Saputo Centre	4:15 pm Youth Social Pickleball	1:00 pm Walking Track	1	1:00 pm Walking Track
11:15 am Swimmer 6	3:00 pm Walking Track	Ages 12-17 - Drop-In	2:30 pm Sport Court Reservation - Alder Saputo Centre	4:30 pm Preschool 2	1:00 pm Leisure Swim
11:15 am Preschool 4	4:05 pm Ages 14-17 Basketball Drop-In	4:30 pm Preschool 3	3:00 pm Walking Track	4:30 pm Mini Artists (3-4)	1:00 pm Lane Swim
11:30 am Swimmer 4	4:30 pm Preschool 1	4:30 pm Preschool 4	4:30 pm Multi Sports (3-4)	4:30 pm Preschool 3	2:00 pm Lane Swim
11:30 am Sport Court Reservation - Alder Saputo Centre	4:30 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Preschool 2	4:30 pm Preschool 3	5:00 pm Preschool 3	2:30 pm Sport Court Reservation - Alder Saputo Centre
11:30 am Swimmer 9- Star Patrol	4:30 pm Preschool 3	4:30 pm Preschool 1	4:30 pm Preschool 4	5:00 pm Parent & Tot 1	3:00 pm Walking Track
11:30 am Swimmer 8- Ranger Patrol	4:45 pm Preschool 2	5:00 pm Preschool 1	4:30 pm Preschool 2	5:00 pm Preschool 2	4:00 pm Adult Social Pickleball
11:30 am Swimmer 7 - Rookie Patrol	4:45 pm Preschool 4	5:00 pm Preschool 3	5:00 pm Preschool 1	5:00 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Private Swimming Lessons (Preschool 1-5)
11:45 am Swimmer 1	4:45 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Walking Track	5:00 pm Balls & Bands	4:30 pm Preschool 2	4:30 pm Preschool 2
11:45 am Preschool 2	5:00 pm Vinyasa	5:00 pm Preschool 2	5:00 pm Preschool 2	5:00 pm Walking Track	4:30 pm Preschool 1
11:45 am Swimmer 2	5:00 pm Preschool 1	5:00 pm Parent & Tot 1	5:00 pm Walking Track	5:20 pm Indoor Soccer (5-7)	4:30 pm Preschool 4
11:45 am Preschool 5	5:00 pm Parent & Tot 1	5:00 pm Hatha Beginner	5:00 pm Preschool 3	5:30 pm Preschool 2	5:00 pm National Lifeguard
11:45 am Preschool 3	5:00 pm Walking Track	5:30 pm Mindful Moments	5:15 pm Parent & Tot 1	5:30 pm Swimmer 1	5:00 pm Walking Track
11:45 am Preschool 1	5:00 pm Preschool 3	5:30 pm Parent & Tot 2	5:15 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Parent & Tot 2	5:00 pm Preschool 2
12:00 pm Private Swimming Lessons	5:10 pm Ages 8-10 Basketball Drop-In	5:30 pm Swimmer 4	5:15 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Swimmer 4	5:00 pm Parent & Tot 1
12:00 pm Bronze Cross and Standard First Aid CPR-C	5:15 pm Preschool 2	5:30 pm Swimmer 1	5:20 pm Multi Sports (3-4)	5:30 pm Little Artists (5-7)	5:00 pm Preschool 5
12:15 pm Swimmer 2	5:15 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Preschool 2	5:30 pm Preschool 2	5:30 pm Preschool 3	5:00 pm Preschool 3
12:15 pm Private Swimming Lessons	5:15 pm Preschool 5	5:30 pm Preschool 1	5:30 pm Preschool 1	5:30 pm Preschool 1	5:00 pm Preschool 1
12:15 pm Private Swimming Lessons	5:30 pm Junior Chefs (Ages 8-11)	5:30 pm Swimmer 3	5:30 pm Preschool 4	5:30 pm Swimmer 3	5:30 pm Adult Social Pickleball
12:15 pm Parent & Tot 3	5:30 pm Preschool 1	5:30 pm Mindful Moments	5:30 pm Preschool 3	5:30 pm Parent & Tot 3	5:30 pm Preschool 1
12:15 pm Swimmer 3	5:30 pm Preschool 3	5:30 pm Parent & Tot 3	5:45 pm Parent & Tot 2	6:00 pm Swimmer 2	5:30 pm Preschool 3
12:15 pm Private Swimming Lessons	5:30 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Preschool 3	5:45 pm Private Swimming Lessons (Preschool 1-5)	6:00 pm Preschool 2	5:30 pm Preschool 2
12:15 pm Swimmer 3	5:30 pm Music Club	5:45 pm Basketball (5-7)	5:45 pm Parent & Tot 3	6:00 pm Preschool 5	5:30 pm Preschool 4
12:30 pm Private Swimming Lessons	5:45 pm Parent & Tot 2	6:00 pm Preschool 5	6:00 pm Cardio Tone	6:10 pm Indoor Soccer (8-11)	5:30 pm Parent & Tot 2
12:45 pm Parent & Tot 2	5:45 pm Preschool 4	6:00 pm Swimmer 2	6:10 pm Multi Sports (5-7)	6:15 pm Swimmer 5	6:00 pm Preschool 2
12:45 pm Private Swimming Lessons	5:45 pm Parent & Tot 3	6:15 pm Swimmer 5	6:15 pm Preschool 1	6:15 pm Preschool 5	6:00 pm Preschool 5
12:45 pm Private Swimming Lessons	5:45 pm Preschool 2	6:15 pm Preschool 1	6:15 pm Preschool 5	6:15 pm Swimmer 6	6:00 pm Private Swimming Lessons (Preschool 1-5)
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Cardio Tone	6:15 pm Preschool 3	6:15 pm Private Swimming Lessons (Preschool 1-5)	6:15 pm Preschool 1	6:00 pm Preschool 1
1:00 pm Walking Track	6:15 pm Preschool 1	6:15 pm Preschool 2	6:15 pm Preschool 2	6:15 pm Pound	6:00 pm Preschool 3
	6:15 pm Ages 11-13 Basketball Drop-In	6:15 pm Swimmer 6	6:30 pm Private Swimming Lessons (Preschool 1-5)	6:30 pm Swimmer 1	6:45 pm Leisure Splash & Slide
		6:15 pm Body Blast		6:45 pm Preschool 1	

2:00 pm Public Swim	6:15 pm Parent & Tot 2	6:30 pm Swimmer 1	6:30 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Preschool 4	7:00 pm Walking Track
2:30 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Preschool 3	6:35 pm Basketball (8-11)	6:45 pm Preschool 4	6:45 pm Preschool 2	7:05 pm Adult 18+ Basketball Drop-In
3:00 pm Walking Track	6:30 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Preschool 5	6:45 pm Preschool 3	6:45 pm Junior Artists (8-11)	7:45 pm Lane Swim
3:00 pm Birthday Party - Swim & Splash	6:30 pm Preschool 2	6:45 pm Preschool 2	6:45 pm Preschool 1	6:45 pm Preschool 3	7:45 pm Leisure & Splash
3:15 pm Lane Swim	6:30 pm Preschool 5	6:45 pm Preschool 4	7:00 pm Swimmer 5	7:00 pm Walking Track	8:10 pm Sport Court Reservation - Alder Saputo Centre
4:00 pm Birthday Party - Swim & Splash	6:45 pm Preschool 1	6:45 pm Drama & Creative Arts Club	7:00 pm Swimmer 4	7:00 pm Sport Court Reservation - Alder Saputo Centre	
4:00 pm Sport Court Reservation - Alder Saputo Centre	6:45 pm Recreation Leaders	6:45 pm Preschool 1	7:00 pm Walking Track	7:15 pm Swimmer 3	
4:15 pm Lane Swim	7:00 pm Preschool 4	7:00 pm Walking Track	7:00 pm Multi Sports (8-11)	7:15 pm Private Swimming Lessons (Preschool 1-5)	
5:00 pm Walking Track	7:00 pm Parent & Tot 3	7:15 pm Swimmer 6	7:15 pm Swimmer 2	7:15 pm Swimmer 2	
5:30 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Preschool 2	7:15 pm Dance Fit	7:15 pm Swimmer 1	7:15 pm Swimmer 5	
7:00 pm Walking Track	7:00 pm Walking Track	7:15 pm Private Swimming Lessons (Preschool 1-5)	7:15 pm Private Swimming Lessons	7:15 pm Swimmer 1	
	7:15 pm Zumba®	7:15 pm Swimmer 5	7:15 pm Private Swimming Lessons	7:15 pm Swimmer 6	
	7:15 pm Private Swimming Lessons (Preschool 1-5)	7:15 pm Swimmer 4	8:00 pm Aquafit	7:15 pm Swimmer 1	
	7:15 pm Private Swimming Lessons (Preschool 1-5)	7:15 pm Swimmer 3	8:00 pm Adult 18+ Basketball Drop-In	7:15 pm Step & Tone	
	7:15 pm Preschool 1	7:15 pm Swimmer 1		7:15 pm Swimmer 4	
	7:20 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Swimmer 2		7:45 pm Private Swimming Lessons (Preschool 1-5)	
	7:30 pm Swimmer 3	7:30 pm Ages 14-17 Basketball Drop-In		7:45 pm Private Swimming Lessons (Preschool 1-5)	
	7:30 pm Swimmer 4	7:45 pm Private Swimming Lessons (Preschool 1-5)		7:45 pm Private Swimming Lessons	
	7:30 pm Swimmer 5	7:45 pm Private Swimming Lessons (Preschool 1-5)		8:00 pm Private Swimming Lessons	
	7:30 pm Swimmer 6	7:45 pm Private Swimming Lessons		8:00 pm Private Swimming Lessons	
	8:45 pm Lane Swim	8:00 pm Private Swimming Lessons		8:00 pm Private Swimming Lessons	
		8:00 pm Private Swimming Lessons		8:30 pm Swimmer 1- Teen/Adult	
		8:30 pm Swimmer 1- Teen/Adult		8:30 pm Swimmer 3 - Teen/Adult	
		8:30 pm Swimmer 2-Teen/Adult		8:30 pm Sport Court Reservation - Alder Saputo Centre	
				8:30 pm Swimmer 2-Teen/Adult	