May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 3:00 pm Figure Skating Skills	2	3
4 3:00 pm Birthday Party - Swim & Splash 4:00 pm Birthday Party - Swim & Splash	5	6 2:00 pm Lane Swim	7 8:30 am 55+ Shinny - GOALIES Only 8:30 am 55+ Shinny	8 2:00 pm Lane Swim	9 8:30 am 65+ Shinny 8:30 am 65+ Shinny - GOALIES Only	8:00 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 8:50 am Private Learn to Skate Youth (Ages 4+) 8:50 am Parent & Child (Ages 2 to 5) 9:30 am Parent & Child (Ages 2 to 5) 10:10 am Preschool (Ages 4 to 5) 10:50 am Youth (Ages 6 to 17) 11:45 am Private Learn to Skate Youth (Ages 4+)
10:00 am Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors 1:00 pm Lifesaving Instructors & Emergency First Aid Instructors 3:00 pm Birthday	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	14 7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	16 7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	9:00 am Walking Track 9:00 am Swimmer 2 9:00 am Private Swimming Lessons 9:00 am Preschool 1
Party - Swim & Splash	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	9:00 am Preschool 4

•	•		•	1	1

L 400 - P: 4.1						
4:00 pm Birthday Party - Swim &	Court 1	Court 1	Court 1	Court 1	Court 4	9:00 am Bronze Star
Splash	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	9:00 am Preschool 2
	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	9:00 am Swimmer 1 9:00 am
	8:45 am Therapeutic Swim (Lap)	Centre 8:45 am Aqua Zumba	8:45 am Therapeutic Swim (Lap)	8:45 am Aqua Zumba	8:45 am Aquafit 9:00 am Zumba®	Preschool 3 9:00 am Swimmer 3
	9:15 am Zumba® 9:30 am Public	9:00 am Walking Track	9:00 am Walking Track 9:30 am Gentle	9:30 am Public Swim (Lap & Leisure)	Gold 9:00 am Walking Track	9:15 am Swimmer 2
	Swim (Lap & Leisure)	9:30 am Chair Yoga 9:30 am Public	Flow Yoga 9:30 am Parent &	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	9:30 am Public Swim (Lap)	9:30 am Preschool 1 9:30 am Parent
	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	Swim (Lap & Leisure) 9:45 am Pickleball	Tot 1 9:30 am Public Swim (Lap)	Court 1 9:45 am Pickleball Court Reservation -	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	& Tot 1 9:30 am
	9:45 am Pickleball Court Reservation -	Court Reservation - Tony Rose B Floor, Court 2	9:30 am Preschool 1 9:45 am Pickleball	Tony Rose B Floor, Court 3	9:45 am Pickleball Court Reservation -	9:30 am Preschool 3
	Tony Rose B Floor, Court 3 9:45 am Pickleball	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 4	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	Tony Rose B Floor, Court 3	9:30 am Preschool 5
	Court Reservation - Tony Rose B Floor, Court 4	Court 3 9:45 am Pickleball	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	Court 4 9:45 am Pickleball Court Reservation -	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	9:30 am Adult Social Pickleball 9:30 am Junior
	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 4	Court 3 9:45 am Pickleball	Tony Rose B Floor, Court 2 9:45 am Strollercise	9:45 am Pickleball Court Reservation -	Chefs (Ages 8-
	Court 1 10:00 am Sport	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 1	10:00 am Sport Court Reservation -	Tony Rose B Floor, Court 2 9:45 am Chair	9:30 am Swimmer 1 9:30 am
	Court Reservation - Alder Saputo Centre 10:45 am Parent &	Court 1 10:00 am Sport Court Reservation -	9:45 am Pickleball Court Reservation - Tony Rose B Floor,	Alder Saputo Centre 11:00 am Walking Track	Fitness 10:00 am Sport	Preschool 2 9:45 am
	Tot 1 10:45 am Preschool	Alder Saputo Centre	Court 2 10:00 am Preschool 2	11:15 am Pickleball Court Reservation -	Court Reservation - Alder Saputo Centre 11:00 am Walking	9:45 am Swimmer 4
	3 10:45 am Preschool 2	10:00 am Dance Fit 10:45 am Intermediate Line	10:00 am Sport Court Reservation -	Tony Rose B Floor, Court 4 11:15 am Pickleball	Track 11:15 am Pickleball	10:00 am Swimmer 1
	10:45 am Preschool	Dance 11:00 am Walking	Alder Saputo Centre 10:00 am Preschool 3	Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 3	10:00 am Parent & Tot 2
	11:15 am Pickleball Court Reservation - Tony Rose B Floor,	Track 11:15 am Pickleball Court Reservation -	10:00 am Preschool	11:15 am Pickleball Court Reservation - Tony Rose B Floor,	11:15 am Parent & Tot 2	10:00 am Preschool 1 10:00 am
	Court 1 11:15 am Pickleball Court Reservation -	Tony Rose B Floor, Court 2 11:15 am Pickleball	10:15 am Zumba® Toning	Court 1 11:15 am Pickleball	11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	Preschool 2 10:00 am
	Tony Rose B Floor, Court 3	Court Reservation - Tony Rose B Floor, Court 4	11:00 am Walking Track 11:00 am Balls &	Court Reservation - Tony Rose B Floor, Court 3	11:15 am Preschool	Swimmer 2 10:00 am Preschool 3
	11:15 am Pickleball Court Reservation - Tony Rose B Floor,	11:15 am Pickleball Court Reservation -	Bands 11:15 am Pickleball Court Reservation -	11:15 am Beginner Line Dancing	11:15 am Preschool 2	10:00 am Preschool 4
	Court 2 11:15 am Pickleball Court Reservation -	Tony Rose B Floor, Court 1 11:15 am Pickleball	Tony Rose B Floor, Court 1	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4 11:15 am Pickleball	10:15 am Swimmer 7 - Rookie Patrol
	Tony Rose B Floor, Court 4 11:30 am Sport	Court Reservation - Tony Rose B Floor, Court 3	11:15 am Pickleball Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 2	10:15 am Swimmer 8- Ranger Patrol
	Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo	Court 3 11:15 am Pickleball Court Reservation -	Court 4 12:45 pm Pickleball Court Reservation -	11:15 am Parent & Tot 3	10:15 am Swimmer 9- Star Patrol
	12:30 pm Lane Swim 12:45 pm Pickleball	Centre 12:45 pm Pickleball	Tony Rose B Floor, Court 4 11:15 am Pickleball	Tony Rose B Floor, Court 1	11:15 am Pickleball Court Reservation - Tony Rose B Floor,	10:30 am Preschool 3
	Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 4	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball Court Reservation - Tony Rose B Floor,	Court 4 11:15 am Preschool	10:30 am Parent & Tot 3

		Court 2	Court 2	1	l
12:45 pm Pickleball	12:45 pm Pickleball			11:30 am Sport	10:30 am
Court Reservation -	Court Reservation -	11:30 am Sport Court Reservation -	12:45 pm Pickleball	Court Reservation -	Preschool 5
Tony Rose B Floor,	Tony Rose B Floor,	Alder Saputo Centre	Court Reservation -	Alder Saputo Centre	10:30 am
Court 2	Court 1	Alder Sapulo Centre	Tony Rose B Floor,	Alder Saputo Centre	Swimmer 1
	12:45 pm Pickleball	12:45 pm Pickleball	Court 3	12:45 pm Pickleball	10.20
12:45 pm Pickleball	Court Reservation -	Court Reservation -	1:00 pm Home	Court Reservation -	10:30 am
Court Reservation -	Tony Rose B Floor,	Tony Rose B Floor,	School Community	Tony Rose B Floor,	Preschool 1
Tony Rose B Floor,	Court 2	Court 4	Open Gym	Court 4	10:45 am
Court 4	10.45 D: 11.1 II	12:45 pm Pickleball	1.00 117.11.	12:45 pm Pickleball	Swimmer 3
12:45 pm Pickleball	12:45 pm Pickleball	Court Reservation -	1:00 pm Walking Track	Court Reservation -	10.45
Court Reservation -	Court Reservation - Tony Rose B Floor,	Tony Rose B Floor,	Track	Tony Rose B Floor,	10:45 am Swimmer 2
Tony Rose B Floor,	Court 3	Court 1	2:30 pm Sport	Court 1	Swimmer 2
Court 1	Court 3		Court Reservation -		10:45 am
1.00	1:00 pm Inclusive	12:45 pm Pickleball	Alder Saputo Centre	12:45 pm Pickleball	Preschool 2
1:00 pm Sport Court Reservation -	Open Gym	Court Reservation -	2.00 mm Wallring	Court Reservation -	11.00
	1,00 mm Wallring	Tony Rose B Floor,	3:00 pm Walking Track	Tony Rose B Floor,	11:00 am
Alder Saputo Centre	1:00 pm Walking Track	Court 3	Hack	Court 3	Walking Track
1:30 pm Lane Swim	Track	12:45 pm Pickleball	4:30 pm Indoor	12:45 pm Pickleball	11:00 am Adult
2.20	2:30 pm Sport	Court Reservation -	Soccer (3-4)	Court Reservation -	Social Pickleball
2:30 pm Sport Court Reservation -	Court Reservation -	Tony Rose B Floor,	4.20 mm D1	Tony Rose B Floor,	11.15 -
	Alder Saputo	Court 2	4:30 pm Preschool	Court 2	11:15 am
Alder Saputo Centre	Centre		"		Private
3:00 pm Walking	3:00 nm Walking	1:00 pm Sport Court	4:30 pm Preschool	1:00 pm Sport	Swimming
Track	3:00 pm Walking Track	Reservation - Alder	1	Court Reservation -	Lessons
2.25 D.: .	TIACK	Saputo Centre	4.20 P 1 1	Alder Saputo Centre	11:15 am
3:35 pm Private	4:15 pm Youth	1:00 pm Walking	4:30 pm Preschool	1:00 pm Walking	Preschool 3
Hockey/Ringette	Social Pickleball	Track	2	Track	11 15
Technical Skating Skills (Ages 6+)	Ages 12-17 - Drop-		4:30 pm Mini		11:15 am
FULL EQUIPMENT	In	2:30 pm Sport Court	Artists (3-4)	1:00 pm Leisure	Preschool 2
TOLL EQUIPMENT	4:30 pm Preschool	Reservation - Alder	1 20 P 1 1	Swim	11:15 am
4:05 pm Private	3	Saputo Centre	4:30 pm Preschool	1:00 pm Lane Swim	Preschool 1
Hockey/Ringette	3	3:00 pm Walking	3	_	11 15
Technical Skating	4:30 pm Preschool	Track	5:00 pm Preschool	2:00 pm Lane Swim	11:15 am
Skills (Ages 6+)	4		3	2:30 pm Sport	Swimmer 2
FULL EQUIPMENT	4:30 pm Preschool	4:30 pm Multi	500 5	Court Reservation -	11:15 am
4:05 pm Ages 14-17	2	Sports (3-4)	5:00 pm Parent &	Alder Saputo Centre	Private
Basketball Drop-In	2	4:30 pm Preschool 3	Tot 1	_	Swimming
Dasketoan Drop-in	4:30 pm Preschool		5:00 pm Preschool	3:00 pm Walking	Lessons
4:30 pm Preschool	1	4:30 pm Preschool 1	2	Track	11:15 am
1	5:00 pm Preschool	4:30 pm Preschool 4	5.00 P 1 1	4:00 pm Lane Swim	Swimmer 1
4:30 pm Private	1	•	5:00 pm Preschool	•	Swiiiiiiei i
Swimming Lessons	1	4:30 pm Preschool 2	1	4:00 pm Adult	11:15 am
(Preschool 1-5)	5:00 pm Preschool	5:00 pm Preschool 1	5:00 pm Private	Social Pickleball	Preschool 4
` ′ ′	3	•	Swimming Lessons	4:30 pm Private	11:30 am
4:30 pm Preschool	5:00 pm Walking	5:00 pm Balls &	(Preschool 1-5)	Swimming Lessons	Swimmer 4
3	Track	Bands	5.00 W-11-i	(Preschool 1-5)	Swimmer 4
4:35 pm Private	110CK	5:00 pm Preschool 2	5:00 pm Walking		11:30 am
Hockey/Ringette	5:00 pm Preschool	_	Track	4:30 pm Preschool	Swimmer 6
Technical Skating	2	5:00 pm Walking	5:20 pm Indoor	2	11.45
Skills (Ages 6+)	5:00 pm Parent &	Track	Soccer (5-7)	4:30 pm Preschool	11:45 am
FULL EQUIPMENT	Tot 1	5:00 pm Preschool 3	l ` ´	1	Swimmer 1
-	1011	_	5:30 pm Preschool		11:45 am
4:45 pm Preschool	5:00 pm Hatha	5:00 pm Preschool 5	2	4:30 pm Preschool	Private
2	Beginner -	5:15 pm Parent &	5:30 pm Swimmer	4	Swimming
4:45 pm Preschool	Cancelled	Tot 1	1	5:00 pm Walking	Lessons
4	5:30 pm Mindful		5.20 D	Track	11:45 am
	Moments	5:15 pm Private	5:30 pm Parent &		Swimmer 2
	1,10monto	Swimming Lessons	Tot 2	5:00 pm Lane Swim	Swiiillief Z
4:45 pm Private	5:30 pm Parent &	(Preschool 1-5)	5:30 pm Little	5:00 pm Preschool	11:45 am
Swimming Lessons	3.30 pm r arent &	l .	Artists (5-7)	2	Preschool 3
	Tot 2	5:15 nm Privota			
Swimming Lessons (Preschool 1-5)	Tot 2	5:15 pm Private Swimming Lessons			11:45 am
Swimming Lessons (Preschool 1-5) 5:00 pm Vinyasa	Tot 2 5:30 pm Swimmer	Swimming Lessons	5:30 pm Swimmer	5:00 pm Parent &	11:45 am
Swimming Lessons (Preschool 1-5) 5:00 pm Vinyasa 5:00 pm Parent &	Tot 2 5:30 pm Swimmer 4	Swimming Lessons (Preschool 1-5)			11:45 am Preschool 2
Swimming Lessons (Preschool 1-5) 5:00 pm Vinyasa	Tot 2 5:30 pm Swimmer	Swimming Lessons	5:30 pm Swimmer	5:00 pm Parent &	

Tr	ack	5.20 nm Procedural	5:30 pm Preschool 2	l	I	11.45
	00 pm Preschool	5:30 pm Preschool 2	5:30 pm Preschool 1	5:30 pm Preschool	5:00 pm Preschool	11:45 am Private
3	y pin i resencer	5:30 pm Preschool	5:30 pm Preschool 4	5:30 pm Swimmer	5:00 pm Preschool	Swimming Lessons
5:0 1	00 pm Preschool	1	5:30 pm Preschool 3	3	1	12:30 pm Sport
	10 pm Ages 8-10	5:30 pm Swimmer 3	5:45 pm Private	5:30 pm Parent & Tot 3	5:30 pm Adult Social Pickleball	Court
	sketball Drop-In	5:30 pm Mindful	Swimming Lessons	6:00 pm Swimmer	5:30 pm Preschool	Reservation - Alder Saputo
	15 pm Preschool	Moments	(Preschool 1-5)	2	1	Centre
2		5:30 pm Parent & Tot 3	5:45 pm Parent & Tot 2	6:00 pm Preschool 5	5:30 pm Preschool	12:30 pm Lane Swim
5:1	15 pm Preschool	5:30 pm Preschool	5:45 pm Private	6:00 pm Preschool	3 5 20 P 1 1	12:45 pm
5:1	15 pm Private	3	Swimming Lessons (Preschool 1-5)	2	5:30 pm Preschool 2	Leisure Splash & Slide
	arn to Skate outh (Ages 6+)	5:45 pm Basketball (5-7)	5:45 pm Parent & Tot 3	6:10 pm Indoor Soccer (8-11)	5:30 pm Preschool	1:00 pm
	15 pm Private	6:00 pm Preschool	6:00 pm Cardio	6:15 pm Swimmer	5:30 pm Parent &	Walking Track
	vimming Lessons reschool 1-5)	5	Tone	5	Tot 2	1:45 pm Public Swim
	30 pm Private	6:00 pm Swimmer 2	6:10 pm Multi	6:15 pm Preschool 5	6:00 pm Preschool 2	2:00 pm Sport
	vimming Lessons reschool 1-5)	6:15 pm Swimmer	Sports (5-7)	6:15 pm Swimmer	6:00 pm Preschool	Court Reservation -
	30 pm Preschool	5	6:15 pm Preschool 1 6:15 pm Preschool 5	6	5	Alder Saputo
3	1	6:15 pm Preschool	6:15 pm Private	6:15 pm Preschool	6:00 pm Private	Centre 3:00 pm Lane
5:3	30 pm Preschool	6:15 pm Preschool	Swimming Lessons	6:15 pm Pound	Swimming Lessons (Preschool 1-5)	Swim
-	30 pm Junior	3	(Preschool 1-5)	6:30 pm Swimmer	6:00 pm Preschool	3:00 pm
	nefs (Ages 8-11)	6:15 pm Preschool 2	6:15 pm Preschool 2	1	1	Walking Track
5:3	30 pm Music Club	6:15 pm Swimmer	6:15 pm Preschool 3 6:30 pm Private	6:45 pm Preschool	6:00 pm Preschool	3:30 pm Sport Court
	45 pm Parent & ot 2	6	Swimming Lessons	6:45 pm Preschool	6:45 pm Leisure	Reservation - Alder Saputo
	15 pm Preschool	6:15 pm Body Blast	(Preschool 1-5)	4	Splash & Slide	Centre
2		6:30 pm Swimmer 1	6:30 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Preschool 2	7:00 pm Walking Track	5:00 pm Adult Social Pickleball
5:4	45 pm Preschool	6:35 pm Basketball	6:45 pm Preschool 4	6:45 pm Preschool	7:05 pm Adult 18+	5:00 pm
5:4	45 pm Parent &	(8-11)	6:45 pm Preschool 3	3	Basketball Drop-In 7:30 pm Pickleball	Walking Track
То		6:45 pm Preschool 5	6:45 pm Preschool 1	6:45 pm Junior Artists (8-11)	(The Big 4 for Early	6:30 pm Adult Social Pickleball
	15 pm Parent & ot 2	6:45 pm Preschool	6:45 pm Preschool 2	7:00 pm Walking	Intermediates)	7:00 pm
6:1	15 pm Cardio	2	7:00 pm Swimmer 5	Track	7:45 pm Laigurg &	Walking Track
То	ne	6:45 pm Preschool 4	7:00 pm Swimmer 4	7:00 pm Sport Court Reservation -	7:45 pm Leisure & Splash	8:00 pm Sport Court
6:1	15 pm Preschool	6:45 pm Drama &	7:00 pm Zumba®	Alder Saputo Centre	8:10 pm Sport	Reservation -
6:1	15 pm Ages 11-13	Creative Arts Club	7:00 pm Walking	7:15 pm Swimmer	Court Reservation - Alder Saputo Centre	Alder Saputo Centre
Ba	sketball Drop-In	6:45 pm Preschool	Track 7:00 pm Swimmer 3	7:15 pm Private		
6:1	15 pm Preschool	7:00 pm Walking	7:00 pm Multi	Swimming Lessons		
	30 pm Private	Track	Sports (8-11)	(Preschool 1-5)		
Sw	vimming Lessons reschool 1-5)	7:15 pm Swimmer 6	7:15 pm Swimmer 2	7:15 pm Swimmer 5		
6:3	30 pm Preschool	7:15 pm Private	7:15 pm Swimmer 1	7:15 pm Swimmer 2		
5		Swimming Lessons (Preschool 1-5)	7:15 pm Private Swimming Lessons	7:15 pm Swimmer		
6:3	30 pm Preschool	7:15 pm Dance Fit	7:15 pm Private	1		
	45 pm Preschool	7:15 pm Swimmer	Swimming Lessons	7:15 pm Swimmer 6		
1		5 7:15 Si	8:00 pm Aquafit 8:00 pm Adult 18+	7:15 pm Step &		
	15 pm Recreation aders	7:15 pm Swimmer 4	Basketball Drop-In	Tone		
7:0 4	00 pm Preschool	7:15 pm Swimmer 3		7:15 pm Swimmer 4		
7:0 To	00 pm Parent & st 3	7:15 pm Swimmer 1		7:45 pm Private Swimming Lessons (Preschool 1-5)		

	7:00 pm Preschool 2 7:00 pm Walking Track 7:15 pm Zumba® 7:15 pm Private Swimming Lessons (Preschool 1-5) 7:15 pm Private Swimming Lessons (Preschool 1-5) 7:15 pm Preschool 1 7:20 pm Sport Court Reservation - Alder Saputo Centre 7:30 pm Swimmer 3 7:30 pm Swimmer 4 7:30 pm Swimmer 5 7:30 pm Swimmer 6 8:45 pm Lane Swim	7:15 pm Swimmer 2 7:30 pm Ages 14- 17 Basketball Drop-In 7:45 pm Private Swimming Lessons (Preschool 1-5) 7:45 pm Private Swimming Lessons (Preschool 1-5) 7:45 pm Private Swimming Lessons 8:00 pm Private Swimming Lessons 8:00 pm Private Swimming Lessons 8:00 pm Private Swimming Lessons 8:30 pm Swimmer 1- Teen/Adult 8:30 pm Swimmer 2-Teen/Adult		7:45 pm Private Swimming Lessons (Preschool 1-5) 7:45 pm Private Swimming Lessons 8:00 pm Private Swimming Lessons 8:30 pm Swimmer 1- Teen/Adult 8:30 pm Swimmer 3 - Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre 8:30 pm Swimmer 2-Teen/Adult		
18	19	20	21	22	23	24
8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Swimmer 1 9:00 am Swimmer 2	8:30 am Sport Court Reservation - Alder Saputo Centre 9:30 am Public Swim (Lap & Leisure) 12:30 pm Lane Swim	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor,	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor,	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor,	7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1 8:15 am Pickleball Court Reservation - Tony Rose B Floor,	9:00 am Walking Track 9:00 am Swimmer 2 9:00 am Priva Swimming Lessons
9:00 am Swimmer 3 9:00 am Preschool	1:30 pm Lane Swim 3:00 pm Walking	Court 4 8:15 am Pickleball	Court 4 8:15 am Pickleball	Court 4 8:15 am Pickleball	Court 2 8:15 am Pickleball	9:00 am Preschool 1 9:00 am
1 9:00 am Shared	Track 4:45 pm Private	Court Reservation - Tony Rose B Floor, Court 1	Court Reservation - Tony Rose B Floor, Court 1	Court Reservation - Tony Rose B Floor, Court 1	Court Reservation - Tony Rose B Floor, Court 4	Preschool 4 9:00 am

Lane Swim (Lane 1-2) 9:00 am Private Swimming Lessons	Swimming Lessons (Preschool 1-5) 5:00 pm Walking Track	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	Swimmer 3 9:00 am Preschool 3
Swimming Lessons 9:00 am Preschool 4 9:00 am Preschool 3 9:00 am Preschool 2 9:00 am Walking Track 9:15 am Swimmer 1 9:30 am Preschool 3 9:30 am Preschool 2 9:30 am Preschool 2	Track 5:15 pm Private Swimming Lessons (Preschool 1-5) 5:45 pm Parent & Tot 3 5:45 pm Parent & Tot 2 6:30 pm Private Swimming Lessons (Preschool 1-5) 7:00 pm Walking Track 7:00 pm Parent & Tot 3 8:45 pm Lane Swim	8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am Walking Track 9:30 am Chair Yoga 9:30 am Public Swim (Lap & Leisure) 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 9:45 am Pickleball Court Reservation -	Court 3 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Therapeutic Swim (Lap) 9:00 am Walking Track 9:30 am Parent & Tot 1 9:30 am Public Swim (Lap) 9:30 am Preschool 1 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 9:45 am Pickleball Court Reservation -	Court 3 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:30 am Chair Yoga 9:30 am Public Swim (Lap & Leisure) 9:45 am Strollercise 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1	Court 3 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aquafit 9:00 am Zumba® Gold 9:00 am Walking Track 9:30 am Public Swim (Lap) 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3	9:00 am Bronze Star 9:00 am Preschool 2 9:00 am Swimmer 1 9:15 am Swimmer 2 9:30 am Preschool 1 9:30 am Parent & Tot 1 9:30 am Swimmer 2 9:30 am Preschool 3 9:30 am Preschool 5
9:30 am Preschool 5 9:30 am Swimmer 2 9:30 am Parent & Tot 1 9:45 am Swimmer 4 9:45 am Swimmer 3 10:00 am Preschool		Tony Rose B Floor, Court 3 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1 10:00 am Sport Court Reservation - Alder Saputo Centre	Court Reservation - Tony Rose B Floor, Court 3 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 10:00 am Preschool 2 10:00 am Sport	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 10:00 am Sport Court Reservation - Alder Saputo Centre 11:00 am Walking Track	9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1 9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 9:45 am Chair Fitness 10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Adult Social Pickleball 9:30 am Junior Chefs (Ages 8- 11) 9:30 am Swimmer 1 9:30 am Preschool 2 9:45 am Swimmer 3

3	10:00 am Dance Fit	Court Reservation -	11:15 am Pickleball	11:00 am Walking	Swimmer 4
10:00 am Parent &	10:45 am	Alder Saputo Centre	Court Reservation - Tony Rose B Floor,	Track	10:00 am Parent
Tot 3	Intermediate Line	10:00 am Preschool	Court 2	11:15 am Pickleball	& Tot 2
10:00 am Preschool	Dance	3	11:15 am Pickleball	Court Reservation - Tony Rose B Floor,	10:00 am
4	11:00 am Walking	10:00 am Preschool	Court Reservation -	Court 3	Swimmer 1
10:00 am Swimmer	Track		Tony Rose B Floor,	11:15 am Parent &	10:00 am
1	11:15 am Pickleball	10:15 am Zumba®	Court 4	Tot 2	Preschool 1
10:00 am Swimmer	Court Reservation -	Toning	11:15 am Pickleball	11:15 am Pickleball	10:00 am
2	Tony Rose B Floor, Court 2	11:00 am Walking Track	Court Reservation - Tony Rose B Floor,	Court Reservation -	Preschool 2
10:00 am Sport			Court 1	Tony Rose B Floor,	10:00 am
Court Reservation - Alder Saputo Centre	11:15 am Pickleball Court Reservation -	11:00 am Balls & Bands	11:15 am Pickleball	Court 1	Swimmer 2
	Tony Rose B Floor,		Court Reservation -	11:15 am Preschool	10:00 am
10:00 am Preschool	Court 4	11:15 am Pickleball Court Reservation -	Tony Rose B Floor,		Preschool 3
	11:15 am Pickleball	Tony Rose B Floor,	Court 3	11:15 am Preschool	10:00 am Preschool 4
10:00 am Parent & Tot 2	Court Reservation -	Court 1	11:15 am Beginner	_	
	Tony Rose B Floor, Court 1	11:15 am Pickleball	Line Dancing	11:15 am Preschool	10:15 am Swimmer 7 -
10:00 am Preschool	11:15 am Pickleball	Court Reservation -	11:30 am Sport Court Reservation -		Rookie Patrol
10:30 am Swimmer	Court Reservation -	Tony Rose B Floor, Court 3	Alder Saputo Centre	11:15 am Pickleball Court Reservation -	10:15 am
5	Tony Rose B Floor,		12:45 pm Pickleball	Tony Rose B Floor,	Swimmer 8-
10:30 am Preschool	Court 3	11:15 am Pickleball Court Reservation -	Court Reservation -	Court 2	Ranger Patrol
4	11:30 am Sport	Tony Rose B Floor,	Tony Rose B Floor,	11:15 am Parent &	10:15 am
10:30 am Preschool	Court Reservation - Alder Saputo	Court 4	Court 4	Tot 3	Swimmer 9-
5	Centre	11:15 am Pickleball	12:45 pm Pickleball	11:15 am Pickleball	Star Patrol
10:30 am Preschool	12:45 pm Pickleball	Court Reservation -	Court Reservation - Tony Rose B Floor,	Court Reservation -	10:30 am
3	Court Reservation -	Tony Rose B Floor, Court 2	Court 1	Tony Rose B Floor, Court 4	Preschool 3
10:30 am Swimmer	Tony Rose B Floor,	11:30 am Sport	12:45 pm Pickleball	11:15 am Preschool	10:30 am Parent
1	Court 4	Court Reservation -	Court Reservation -	11:13 am Prescuooi	& Tot 3
10:45 am Swimmer	12:45 pm Pickleball	Alder Saputo Centre	Tony Rose B Floor,	11:30 am Sport	10:30 am Preschool 5
2	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball	Court 2	Court Reservation -	
10:45 am Preschool	Court 1	Court Reservation -	12:45 pm Pickleball	Alder Saputo Centre	10:30 am Swimmer 1
1	12:45 pm Pickleball	Tony Rose B Floor, Court 4	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball	
10:45 am Swimmer	Court Reservation -		Court 3	Court Reservation -	10:30 am Preschool 1
3	Tony Rose B Floor,	12:45 pm Pickleball Court Reservation -	1:00 pm Home	Tony Rose B Floor, Court 4	
10:45 am Preschool	Court 2	Tony Rose B Floor,	School Community		10:45 am Swimmer 3
2	12:45 pm Pickleball Court Reservation -	Court 1	Open Gym	12:45 pm Pickleball Court Reservation -	10:45 am
11:00 am Walking	Tony Rose B Floor,	12:45 pm Pickleball	1:00 pm Walking	Tony Rose B Floor,	Swimmer 2
Track	Court 3	Court Reservation -	Track	Court 1	10:45 am
11:15 am Swimmer	1:00 pm Inclusive	Tony Rose B Floor, Court 3	2:30 pm Sport	12:45 pm Pickleball	Preschool 2
2	Open Gym	12:45 pm Pickleball	Court Reservation - Alder Saputo Centre	Court Reservation - Tony Rose B Floor,	11:00 am
11:15 am Preschool	1:00 pm Walking	Court Reservation -	3:00 pm Walking	Court 3	Walking Track
1	Track	Tony Rose B Floor,	Track	12:45 pm Pickleball	11:00 am Adult
11:15 am Preschool	2:30 pm Sport	Court 2	4:30 pm Indoor	Court Reservation -	Social Pickleball
	Court Reservation - Alder Saputo	1:00 pm Sport Court	Soccer (3-4)	Tony Rose B Floor,	11:00 am
11:15 am Swimmer	Centre	Reservation - Alder Saputo Centre	4:30 pm Preschool	Court 2	National
	3:00 pm Walking	1	4	1:00 pm Sport	Lifeguard
11:15 am Preschool	Track	1:00 pm Walking Track	4:30 pm Preschool	Court Reservation - Alder Saputo Centre	11:15 am
	4:15 pm Youth		1		Preschool 2
11:15 am Preschool	Social Pickleball	2:30 pm Sport Court Reservation - Alder	4:30 pm Preschool	1:00 pm Walking Track	11:15 am
	Ages 12-17 - Drop-	Saputo Centre	2	1:00 pm Leisure	Preschool 1
11:15 am Swimmer	In	3:00 pm Walking	4:30 pm Mini	Swim	11:15 am
11:30 am Sport	4:30 pm Preschool	Track	Artists (3-4)	1:00 pm Lane Swim	Swimmer 2
Court Reservation -	3	4:30 pm Multi	4:30 pm Preschool		11:15 am Private
Alder Saputo Centre	4:30 pm Preschool	Sports (3-4)	3	2:00 pm Lane Swim	Swimming
11:30 am Swimmer		4:30 pm Preschool 3	5:00 pm Preschool	2:30 pm Sport Court Reservation -	Lessons
4	4:30 pm Preschool	4:30 pm Preschool 1	3	Alder Saputo Centre	11:15 am
	*	4:30 pm Preschool 4	5:00 pm Parent &	3:00 pm Walking	Preschool 3
11:30 am Swimmer	4.20 B 1 1		1 77 - 4	J.OO PIII WAIKIIIg	I .
11:30 am Swimmer 9- Star Patrol	4:30 pm Preschool	1	Tot 1	Track	11:15 am
	4:30 pm Preschool 1 5:00 pm Preschool	4:30 pm Preschool 2 5:00 pm Preschool 1	5:00 pm Preschool		11:15 am Private Swimming

11:30 am Swimmer 7 - Rookie Patrol	5:00 pm Preschool	5:00 pm Balls & Bands	5:00 pm Preschool	4:30 pm Private	11:15 am
11:45 am Swimmer	3 5:00 pm Walking	5:00 pm Preschool 2	5:00 pm Private Swimming Lessons	Swimming Lessons (Preschool 1-5)	Swimmer 1 11:15 am
11:45 am Preschool	Track	5:00 pm Walking Track	(Preschool 1-5)	4:30 pm Preschool 2	Preschool 4
2 11:45 am Swimmer	5:00 pm Preschool 2	5:00 pm Preschool 3	5:00 pm Walking Track	4:30 pm Preschool	11:30 am Swimmer 4
2	5:00 pm Parent & Tot 1	5:00 pm Preschool 5 5:15 pm Parent &	5:20 pm Indoor Soccer (5-7)	4:30 pm Preschool	11:30 am Swimmer 6
11:45 am Preschool	5:00 pm Hatha Beginner -	Tot 1	5:30 pm Preschool	5:00 pm National	11:45 am Swimmer 1
11:45 am Preschool 5	Cancelled 5:30 pm Mindful	5:15 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Swimmer	Lifeguard 5:00 pm Walking	11:45 am Private
11:45 am Preschool	Moments	5:15 pm Private	5:30 pm Parent &	Track 5:00 pm Preschool	Swimming Lessons
12:00 pm Bronze Cross and Standard	5:30 pm Parent & Tot 2	Swimming Lessons (Preschool 1-5)	Tot 2 5:30 pm Little	2	11:45 am Swimmer 2
First Aid CPR-C	5:30 pm Swimmer 4	5:20 pm Multi Sports (3-4)	Artists (5-7)	5:00 pm Parent & Tot 1	11:45 am
12:00 pm Private Swimming Lessons	5:30 pm Swimmer	5:30 pm Preschool 2	5:30 pm Swimmer 4	5:00 pm Preschool 5	Preschool 3 11:45 am
12:15 pm Private Swimming Lessons	5:30 pm Preschool	5:30 pm Preschool 1 5:30 pm Preschool 4	5:30 pm Preschool	5:00 pm Preschool	Preschool 2
12:15 pm Private Swimming Lessons	2 5:30 pm Preschool	5:30 pm Preschool 3	5:30 pm Preschool	5:00 pm Preschool	11:45 am Preschool 1
12:15 pm Swimmer 2	1 5:30 pm Swimmer 3	5:45 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Swimmer	5:30 pm Adult Social Pickleball	11:45 am Private Swimming
12:15 pm Parent & Tot 3	5:30 pm Mindful	5:45 pm Parent & Tot 2	5:30 pm Parent & Tot 3	5:30 pm Preschool	Lessons 12:30 pm Sport
12:15 pm Swimmer 3	Moments 5:30 pm Parent & Tot 3	5:45 pm Private Swimming Lessons	6:00 pm Swimmer 2	5:30 pm Preschool	Court Reservation - Alder Saputo
12:15 pm Private Swimming Lessons	5:30 pm Preschool	(Preschool 1-5) 5:45 pm Parent &	6:00 pm Preschool 5	5:30 pm Preschool	Centre 12:45 pm
12:15 pm Swimmer 3	5:45 pm Basketball (5-7)	Tot 3 6:00 pm Cardio	6:00 pm Preschool	5:30 pm Preschool	Leisure Splash & Slide
12:30 pm Private Swimming Lessons	6:00 pm Preschool	Tone 6:10 pm Multi	6:10 pm Indoor Soccer (8-11)	5:30 pm Parent & Tot 2	1:00 pm Walking Track
12:45 pm Parent & Tot 2	6:00 pm Swimmer	Sports (5-7) 6:15 pm Preschool 1	6:15 pm Swimmer 5	6:00 pm Preschool	2:00 pm Sport Court
12:45 pm Private Swimming Lessons	6:15 pm Swimmer	6:15 pm Preschool 5	6:15 pm Preschool	6:00 pm Preschool	Reservation - Alder Saputo
12:45 pm Private Swimming Lessons	6:15 pm Preschool	6:15 pm Private Swimming Lessons (Preschool 1-5)	6:15 pm Swimmer	6:00 pm Private Swimming Lessons	Centre 3:00 pm Walking Track
1:00 pm Sport Court Reservation -	6:15 pm Preschool	6:15 pm Preschool 2	6:15 pm Preschool	(Preschool 1-5)	3:30 pm Sport
Alder Saputo Centre 1:00 pm Walking	3 6:15 pm Preschool	6:15 pm Preschool 3 6:30 pm Private	6:15 pm Pound	6:00 pm Preschool	Court Reservation - Alder Saputo
Track	2	Swimming Lessons (Preschool 1-5)	6:30 pm Swimmer 1	6:00 pm Preschool	Centre
2:00 pm Public Swim	6:15 pm Swimmer 6	6:30 pm Private Swimming Lessons	6:45 pm Preschool	6:30 pm Friday Night Social (Ages	5:00 pm Adult Social Pickleball
2:30 pm Sport Court Reservation -	6:15 pm Body Blast 6:30 pm Swimmer	(Preschool 1-5)	6:45 pm Preschool	7 to 13) 7:00 pm Walking	5:00 pm Walking Track
Alder Saputo Centre 3:00 pm Walking	1	6:45 pm Preschool 4 6:45 pm Preschool 3	6:45 pm Preschool	Track	6:30 pm Adult Social Pickleball
Track	6:35 pm Basketball (8-11)	6:45 pm Preschool 1	2 6:45 pm Preschool	7:05 pm Adult 18+ Basketball Drop-In	7:00 pm Walking Track
3:15 pm Lane Swim 4:00 pm Sport	6:45 pm Preschool 5	6:45 pm Preschool 2 7:00 pm Swimmer 5	3	7:45 pm Laisura &	8:00 pm Sport
Court Reservation - Alder Saputo Centre	6:45 pm Preschool	7:00 pm Swimmer 3 7:00 pm Swimmer 4	6:45 pm Junior Artists (8-11)	7:45 pm Leisure & Splash	Court Reservation -
4:15 pm Lane Swim	6:45 pm Preschool	7:00 pm Zumba®	7:00 pm Walking Track	8:10 pm Sport Court Reservation -	Alder Saputo Centre
5:00 pm Walking Track	6:45 pm Drama &	7:00 pm Walking Track	7:00 pm Sport Court Reservation -	Alder Saputo Centre	
5:30 pm Sport	Creative Arts Club	7:00 pm Swimmer 3	Alder Saputo Centre		

Court Reservation - Alder Saputo Centre		6:45 pm Preschool	7:00 pm Multi Sports (8-11)	7:15 pm Swimmer 3		
7:00 pm Walking Track		7:00 pm Walking Track	7:15 pm Swimmer 2	7:15 pm Private		
		7:15 pm Swimmer	7:15 pm Private Swimming Lessons	Swimming Lessons (Preschool 1-5)		
		6 7:15 pm Private	7:15 pm Swimmer 1	7:15 pm Swimmer 2		
		Swimming Lessons (Preschool 1-5)	7:15 pm Private Swimming Lessons	7:15 pm Swimmer		
		7:15 pm Dance Fit	8:00 pm Aquafit	7:15 pm Swimmer		
		7:15 pm Swimmer 5	8:00 pm Adult 18+ Basketball Drop-In	7:15 pm Swimmer		
		7:15 pm Swimmer 4		6 7:15 pm Step &		
		7:15 pm Swimmer		Tone		
		7:15 pm Swimmer		7:15 pm Swimmer 4		
		7:15 pm Swimmer		7:45 pm Private Swimming Lessons (Preschool 1-5)		
		7:30 pm Ages 14- 17 Basketball Drop- In		7:45 pm Private Swimming Lessons (Preschool 1-5)		
		7:45 pm Private Swimming Lessons		7:45 pm Private Swimming Lessons		
		(Preschool 1-5) 7:45 pm Private		8:00 pm Private Swimming Lessons		
		Swimming Lessons (Preschool 1-5)		8:00 pm Private Swimming Lessons		
		7:45 pm Private Swimming Lessons		8:00 pm Private Swimming Lessons		
		8:00 pm Private Swimming Lessons		8:30 pm Swimmer 1- Teen/Adult		
		8:00 pm Private Swimming Lessons		8:30 pm Swimmer 3 - Teen/Adult		
		8:30 pm Swimmer 1- Teen/Adult		8:30 pm Sport Court Reservation -		
		8:30 pm Swimmer 2-Teen/Adult		Alder Saputo Centre 8:30 pm Swimmer		
		2 100:0110000		2-Teen/Adult		
25	26	27	28	29	30	
8:30 am Sport Court Reservation -	7:30 am Lane Swim					
Alder Saputo Centre 9:00 am Swimmer	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	
9:00 am Swimmer	Court 1 8:15 am Pickleball	Court 2 8:15 am Pickleball	Court 2 8:15 am Pickleball	Court 2 8:15 am Pickleball	Court 1 8:15 am Pickleball	
9:00 am Swimmer	Court Reservation - Tony Rose B Floor,					
3	Court 4 8:15 am Pickleball	Court 4 8:15 am Pickleball	Court 4 8:15 am Pickleball	Court 4 8:15 am Pickleball	Court 2 8:15 am Pickleball	
9:00 am Preschool 1 9:00 am Shared	Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 1	Court Reservation - Tony Rose B Floor, Court 1	Court Reservation - Tony Rose B Floor, Court 1	Court Reservation - Tony Rose B Floor, Court 4	
Lane Swim (Lane	8:15 am Pickleball					
1-2) 9:00 am Private Swimming Lessons	Court Reservation - Tony Rose B Floor, Court 3					

1	1	1	1	1	1
9:00 am Preschool	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre
9:00 am Preschool	8:45 am	Centre	8:45 am Therapeutic	8:45 am Aqua	8:45 am Aquafit
9:00 am Preschool	Therapeutic Swim (Lap)	8:45 am Aqua Zumba	Swim (Lap)	Zumba	9:00 am Zumba®
2	9:00 am Indoor	9:00 am Walking	9:00 am Walking Track	9:30 am Chair Yoga	Gold
9:00 am Walking Track	Nordic Walking 9:00 am Indoor	Track 9:30 am Chair Yoga	9:30 am Gentle Flow Yoga	9:30 am Public Swim (Lap &	9:00 am Walking Track
9:15 am Swimmer	Nordic Walking	9:30 am Chair 1 oga 9:30 am Public	9:30 am Parent &	Leisure) 9:45 am Strollercise	9:30 am Public Swim (Lap)
9:30 am Preschool	9:15 am Zumba®	Swim (Lap &	Tot 1	9:45 am Pickleball	9:45 am Pickleball
3:30 am Preschool	9:30 am Public	Leisure)	9:30 am Public	Court Reservation -	Court Reservation -
9:30 am Preschool	Swim (Lap &	9:45 am Pickleball	Swim (Lap)	Tony Rose B Floor, Court 2	Tony Rose B Floor, Court 4
2	Leisure)	Court Reservation - Tony Rose B Floor,	9:30 am Preschool 1		
9:30 am Swimmer	9:45 am Pickleball Court Reservation -	Court 2	9:45 am Pickleball	9:45 am Pickleball Court Reservation -	9:45 am Pickleball Court Reservation -
1	Tony Rose B Floor,	9:45 am Pickleball	Court Reservation -	Tony Rose B Floor,	Tony Rose B Floor,
9:30 am Preschool	Court 2	Court Reservation -	Tony Rose B Floor, Court 4	Court 1	Court 3
1	9:45 am Pickleball	Tony Rose B Floor, Court 3	9:45 am Pickleball	9:45 am Pickleball	9:45 am Pickleball
9:30 am Preschool	Court Reservation - Tony Rose B Floor,	9:45 am Pickleball	Court Reservation -	Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor,
5	Court 1	Court Reservation -	Tony Rose B Floor,	Court 3	Court 1
9:30 am Swimmer	9:45 am Pickleball	Tony Rose B Floor,	Court 3	9:45 am Pickleball	9:45 am Pickleball
2	Court Reservation -	Court 4	9:45 am Pickleball Court Reservation -	Court Reservation -	Court Reservation -
9:30 am Parent & Tot 1	Tony Rose B Floor,	9:45 am Pickleball Court Reservation -	Tony Rose B Floor,	Tony Rose B Floor, Court 4	Tony Rose B Floor, Court 2
	Court 3	Tony Rose B Floor,	Court 1		
9:45 am Swimmer	9:45 am Pickleball Court Reservation -	Court 1	9:45 am Pickleball	10:00 am Sport Court Reservation -	9:45 am Chair Fitness
9:45 am Swimmer	Tony Rose B Floor,	10:00 am Sport	Court Reservation -	Alder Saputo Centre	
9:43 am Swimmer 3	Court 4	Court Reservation -	Tony Rose B Floor, Court 2	11:00 am Walking	10:00 am Sport Court Reservation -
10:00 am Preschool	10:00 am Sport	Alder Saputo Centre	10:00 am Preschool	Track	Alder Saputo Centre
3	Court Reservation - Alder Saputo Centre	10:00 am Dance Fit	2	11:15 am Pickleball	11:00 am Walking
10:00 am Parent &	_		10:00 am Sport	Court Reservation -	Track
Tot 3	10:45 am Parent & Tot 1	10:45 am Intermediate Line	Court Reservation -	Tony Rose B Floor, Court 2	11:15 am Pickleball
10:00 am Preschool	10:45 am Preschool	Dance	Alder Saputo Centre	11:15 am Pickleball	Court Reservation - Tony Rose B Floor,
4	3	11:00 am Walking	10:00 am Preschool	Court Reservation -	Court 3
10:00 am Swimmer	10:45 am Preschool	Track	3	Tony Rose B Floor,	11:15 am Parent &
1	2	11:15 am Pickleball	10:00 am Preschool	Court 4	Tot 2
10:00 am Swimmer 2	10:45 am Preschool	Court Reservation - Tony Rose B Floor,		11:15 am Pickleball Court Reservation -	11:15 am Pickleball
	1	Court 2	10:15 am Zumba® Toning	Tony Rose B Floor,	Court Reservation -
10:00 am Sport Court Reservation -	11:15 am Pickleball	11:15 am Pickleball	11:00 am Walking	Court 1	Tony Rose B Floor, Court 1
Alder Saputo Centre	Court Reservation - Tony Rose B Floor,	Court Reservation -	Track	11:15 am Pickleball	11:15 am Preschool
10:00 am Preschool	Court 1	Tony Rose B Floor, Court 4	11:00 am Balls &	Court Reservation - Tony Rose B Floor,	3
1	11:15 am Pickleball		Bands	Court 3	11:15 am Preschool
10:00 am Parent &	Court Reservation -	11:15 am Pickleball Court Reservation -	11:15 am Pickleball	11:15 am Beginner	2
Tot 2	Tony Rose B Floor, Court 3	Tony Rose B Floor,	Court Reservation -	Line Dancing	11:15 am Preschool
10:00 am Preschool		Court 1	Tony Rose B Floor, Court 1	11:30 am Sport	4
2	11:15 am Pickleball Court Reservation -	11:15 am Pickleball	11:15 am Pickleball	Court Reservation -	11:15 am Pickleball
10:30 am Swimmer 5	Tony Rose B Floor,	Court Reservation - Tony Rose B Floor,	Court Reservation -	Alder Saputo Centre	Court Reservation - Tony Rose B Floor,
	Court 2	Court 3	Tony Rose B Floor,	12:45 pm Pickleball Court Reservation -	Court 2
10:30 am Preschool	11:15 am Pickleball Court Reservation -	11:30 am Sport	Court 3	Tony Rose B Floor,	11:15 am Parent &
10:30 am Preschool	Tony Rose B Floor,	Court Reservation -	11:15 am Pickleball Court Reservation -	Court 4	Tot 3
5	Court 4	Alder Saputo Centre	Tony Rose B Floor,	12:45 pm Pickleball	11:15 am Pickleball
10:30 am Preschool	11:30 am Sport	12:45 pm Pickleball	Court 4	Court Reservation - Tony Rose B Floor,	Court Reservation -
3	Court Reservation -	Court Reservation -	11:15 am Pickleball	Court 1	Tony Rose B Floor, Court 4
10:30 am Swimmer	Alder Saputo Centre	Tony Rose B Floor,	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball	11:15 am Preschool
1	12:30 pm Lane Swim	Court 4	Court 2	Court Reservation -	11:13 am Preschool
10:45 am Swimmer		12:45 pm Pickleball Court Reservation -	11:30 am Sport	Tony Rose B Floor, Court 2	11:30 am Sport
2	12:45 pm Pickleball Court Reservation -	Tony Rose B Floor,	Court Reservation -		Court Reservation -
10:45 am Preschool	Tony Rose B Floor,	Court 1	Alder Saputo Centre	12:45 pm Pickleball Court Reservation -	Alder Saputo Centre
1	Court 3	12:45 pm Pickleball	12:45 pm Pickleball	Tony Rose B Floor,	12:45 pm Pickleball
			· · · · ·		

10:45 am Swimmer 3 10:45 am Preschool 2 11:00 am National Lifeguard	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2 12:45 pm Pickleball Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 2 12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3	Court Reservation - Tony Rose B Floor, Court 4 12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1	Court 3 1:00 pm Home School Community Open Gym 1:00 pm Walking Track	Court Reservation - Tony Rose B Floor, Court 4 12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1
11:00 am Walking Track 11:15 am Swimmer 2 11:15 am Preschool 1 11:15 am Preschool 2 11:15 am Preschool 3	Court 4 12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1 1:00 pm Sport Court Reservation - Alder Saputo Centre 1:30 pm Lane Swim 2:30 pm Sport	1:00 pm Inclusive Open Gym 1:00 pm Walking Track 2:30 pm Sport Court Reservation - Alder Saputo Centre 3:00 pm Walking Track	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3 12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2 1:00 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre 3:00 pm Walking Track 4:30 pm Indoor Soccer (3-4) 4:30 pm Preschool 4	12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3 12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2 1:00 pm Sport Court Reservation - Alder Saputo Centre

11:15 am Swimmer	Court Reservation - Alder Saputo Centre	4:15 pm Youth Social Pickleball	1:00 pm Walking Track	1 4:30 pm Preschool	1:00 pm Walking Track
11:15 am Swimmer	3:00 pm Walking Track	Ages 12-17 - Drop- In	2:30 pm Sport Court Reservation - Alder	2 4:30 pm Mini	1:00 pm Leisure Swim
11:15 am Preschool	4:05 pm Ages 14-17 Basketball Drop-In	4:30 pm Preschool	Saputo Centre	Artists (3-4)	1:00 pm Lane Swim
4 11:30 am Swimmer	4:30 pm Preschool	4:30 pm Preschool	3:00 pm Walking Track	4:30 pm Preschool	2:00 pm Lane Swim
4 11:30 am Sport	1 4:30 pm Private Swimming Lessons	4 4:30 pm Preschool 2	4:30 pm Multi Sports (3-4)	5:00 pm Preschool	2:30 pm Sport Court Reservation - Alder Saputo Centre
Court Reservation - Alder Saputo Centre	(Preschool 1-5)	4:30 pm Preschool	4:30 pm Preschool 3 4:30 pm Preschool 1	5:00 pm Parent & Tot 1	3:00 pm Walking Track
11:30 am Swimmer 9- Star Patrol	4:30 pm Preschool	1 5:00 pm Preschool	4:30 pm Preschool 4	5:00 pm Preschool	4:00 pm Adult
11:30 am Swimmer	4:45 pm Preschool 2	1 5:00 pm Preschool	4:30 pm Preschool 2	5:00 pm Preschool	Social Pickleball 4:30 pm Private
8- Ranger Patrol 11:30 am Swimmer	4:45 pm Preschool	3	5:00 pm Preschool 1 5:00 pm Balls &	1 5:00 pm Private	Swimming Lessons (Preschool 1-5)
7 - Rookie Patrol	4:45 pm Private	5:00 pm Walking Track	Bands	Swimming Lessons (Preschool 1-5)	4:30 pm Preschool
11:45 am Swimmer 1	Swimming Lessons (Preschool 1-5)	5:00 pm Preschool	5:00 pm Preschool 2 5:00 pm Walking	5:00 pm Walking Track	2 4:30 pm Preschool
11:45 am Preschool 2	5:00 pm Vinyasa	5:00 pm Parent &	Track	5:20 pm Indoor	1 4.20 mm Proschool
11:45 am Swimmer	5:00 pm Preschool	Tot 1 5:00 pm Hatha	5:00 pm Preschool 3 5:00 pm Preschool 5	Soccer (5-7) 5:30 pm Preschool	4:30 pm Preschool 4
11:45 am Preschool	5:00 pm Parent & Tot 1	Beginner - Cancelled	5:15 pm Parent & Tot 1	2	5:00 pm National Lifeguard
5 11:45 am Preschool	5:00 pm Walking Track	5:30 pm Mindful Moments	5:15 pm Private	5:30 pm Swimmer 1	5:00 pm Walking Track
3 11:45 am Preschool	5:00 pm Preschool	5:30 pm Parent & Tot 2	Swimming Lessons (Preschool 1-5)	5:30 pm Parent & Tot 2	5:00 pm Preschool
1 12:00 pm Private	5:10 pm Ages 8-10 Basketball Drop-In	5:30 pm Swimmer	5:15 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Little Artists (5-7)	5:00 pm Parent & Tot 1
Swimming Lessons 12:00 pm Bronze	5:15 pm Preschool	5:30 pm Swimmer	5:20 pm Multi Sports (3-4)	5:30 pm Swimmer 4	5:00 pm Preschool
Cross and Standard First Aid CPR-C	2 5:15 pm Private	5:30 pm Preschool	5:30 pm Preschool 2	5:30 pm Preschool	5:00 pm Preschool
12:15 pm Swimmer	Swimming Lessons (Preschool 1-5)	2 5:30 pm Preschool	5:30 pm Preschool 1	5:30 pm Preschool	5:00 pm Preschool
2 12:15 pm Private	5:15 pm Preschool	1	5:30 pm Preschool 4 5:30 pm Preschool 3	5:30 pm Swimmer	1
Swimming Lessons	5:30 pm Preschool	5:30 pm Swimmer 3	5:45 pm Private	3	5:30 pm Adult Social Pickleball
12:15 pm Private Swimming Lessons	1 5:30 pm Junior	5:30 pm Mindful Moments	Swimming Lessons (Preschool 1-5)	5:30 pm Parent & Tot 3	5:30 pm Preschool
12:15 pm Parent & Tot 3	Chefs (Ages 8-11) 5:30 pm Preschool	5:30 pm Parent & Tot 3	5:45 pm Parent & Tot 2	6:00 pm Swimmer 2	5:30 pm Preschool
12:15 pm Swimmer 3	3	5:30 pm Preschool	5:45 pm Private Swimming Lessons	6:00 pm Preschool 5	5:30 pm Preschool
12:15 pm Private Swimming Lessons	5:30 pm Private Swimming Lessons (Preschool 1-5)	5:45 pm Basketball	(Preschool 1-5) 5:45 pm Parent &	6:00 pm Preschool 2	5:30 pm Preschool
12:15 pm Swimmer	5:30 pm Music Club	(5-7) 6:00 pm Preschool	Tot 3	6:10 pm Indoor Soccer (8-11)	5:30 pm Parent &
12:30 pm Private	5:45 pm Parent & Tot 2	5 6:00 pm Swimmer	6:00 pm Cardio Tone	6:15 pm Swimmer	Tot 2 6:00 pm Preschool
Swimming Lessons 12:45 pm Parent &	5:45 pm Preschool	2	6:10 pm Multi Sports (5-7)	5 6:15 pm Preschool	2
Tot 2	5:45 pm Parent &	6:15 pm Swimmer 5	6:15 pm Preschool 1	5	6:00 pm Preschool 5
12:45 pm Private Swimming Lessons	Tot 3	6:15 pm Preschool	6:15 pm Preschool 5 6:15 pm Private	6:15 pm Swimmer 6	6:00 pm Private Swimming Lessons
12:45 pm Private Swimming Lessons	5:45 pm Preschool 2	6:15 pm Preschool	Swimming Lessons (Preschool 1-5)	6:15 pm Preschool 1	(Preschool 1-5) 6:00 pm Preschool
1:00 pm Sport Court Reservation -	6:15 pm Preschool 1	3 6:15 pm Preschool	6:15 pm Preschool 2	6:15 pm Pound	1
Alder Saputo Centre	6:15 pm Cardio Tone	2	6:15 pm Preschool 3	6:30 pm Swimmer 1	6:00 pm Preschool
1:00 pm Walking Track	6:15 pm Ages 11-13 Basketball Drop-In	6:15 pm Swimmer 6	6:30 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Preschool	6:45 pm Leisure Splash & Slide

2:00 pm Public		0:15 pm Body Blast	, ,	(.45 D	7.00 17.11-:
Swim	6:15 pm Parent & Tot 2	6:30 pm Swimmer	6:30 pm Private Swimming Lessons	6:45 pm Preschool 4	7:00 pm Walking Track
2:30 pm Sport Court Reservation -	6:15 pm Preschool	6:35 pm Basketball	(Preschool 1-5) 6:45 pm Preschool 4	6:45 pm Preschool 2	7:05 pm Adult 18+ Basketball Drop-In
Alder Saputo Centre 3:00 pm Walking	6:30 pm Private	(8-11)	6:45 pm Preschool 3	6:45 pm Preschool	7:45 pm Lane Swim
Track	Swimming Lessons (Preschool 1-5)	6:45 pm Preschool 5	6:45 pm Preschool 1	3 6:45 pm Junior	7:45 pm Leisure & Splash
3:00 pm Birthday Party - Swim &	6:30 pm Preschool	6:45 pm Preschool	6:45 pm Preschool 2	Artists (8-11)	8:10 pm Sport
Splash	2	6:45 pm Preschool	7:00 pm Swimmer 5	7:00 pm Walking Track	Court Reservation - Alder Saputo Centre
3:15 pm Lane Swim 4:00 pm Birthday	6:30 pm Preschool 5	4	7:00 pm Swimmer 4 7:00 pm Zumba®	7:00 pm Sport	1
Party - Swim & Splash	6:45 pm Preschool	6:45 pm Drama & Creative Arts Club	7:00 pm Walking	Court Reservation - Alder Saputo Centre	
4:00 pm Sport	6:45 pm Recreation	6:45 pm Preschool	Track	7:15 pm Swimmer	
Court Reservation - Alder Saputo Centre	Leaders	7:00 pm Walking	7:00 pm Swimmer 3	3 7:15 pm Private	
4:15 pm Lane Swim	7:00 pm Preschool 4	Track	7:00 pm Multi Sports (8-11)	Swimming Lessons (Preschool 1-5)	
5:00 pm Walking	7:00 pm Parent &	7:15 pm Swimmer 6	7:15 pm Swimmer 2	7:15 pm Swimmer	
Track 5:30 pm Sport	Tot 3 7:00 pm Preschool	7:15 pm Private	7:15 pm Swimmer 1	5	
Court Reservation - Alder Saputo Centre	2	Swimming Lessons (Preschool 1-5)	7:15 pm Private Swimming Lessons	7:15 pm Swimmer 2	
7:00 pm Walking	7:00 pm Walking Track	7:15 pm Dance Fit	7:15 pm Private Swimming Lessons	7:15 pm Swimmer	
Track	7:15 pm Zumba®	7:15 pm Swimmer 5	8:00 pm Aquafit	7:15 pm Swimmer	
	7:15 pm Private Swimming Lessons	7:15 pm Swimmer	8:00 pm Adult 18+	6	
	(Preschool 1-5)	7:15 pm Swimmer	Basketball Drop-In	7:15 pm Step & Tone	
	7:15 pm Private Swimming Lessons	3		7:15 pm Swimmer	
	(Preschool 1-5)	7:15 pm Swimmer		4 7:45 pm Private	
	7:15 pm Preschool	7:15 pm Swimmer		Swimming Lessons (Preschool 1-5)	
	7:20 pm Sport Court Reservation -	7:30 pm Ages 14-		7:45 pm Private	
	Alder Saputo Centre	17 Basketball Drop-		Swimming Lessons (Preschool 1-5)	
	7:30 pm Swimmer	In 7:45 pm Private		7:45 pm Private	
	7:30 pm Swimmer	Swimming Lessons (Preschool 1-5)		Swimming Lessons 8:00 pm Private	
	7:30 pm Swimmer	7:45 pm Private		Swimming Lessons	
	5	Swimming Lessons (Preschool 1-5)		8:00 pm Private Swimming Lessons	
	7:30 pm Swimmer 6	7:45 pm Private Swimming Lessons		8:00 pm Private Swimming Lessons	
	8:45 pm Lane Swim	8:00 pm Private Swimming Lessons		8:30 pm Swimmer 1- Teen/Adult	
		8:00 pm Private Swimming Lessons		8:30 pm Swimmer 3 - Teen/Adult	
		8:30 pm Swimmer 1- Teen/Adult		8:30 pm Sport Court Reservation -	
		8:30 pm Swimmer 2-Teen/Adult		Alder Saputo Centre	
		_ reconstant		8:30 pm Swimmer 2-Teen/Adult	