

April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 am 70+ Shinny - GOALIES Only 9:00 am 70+ Shinny	2 3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	3	4 4:15 pm Lane Swim	5
6 3:00 pm Birthday Party - Swim & Splash	7 9:00 am Indoor Nordic Walking 10:30 am Hatha Beginner 11:45 am Breath & Meditation 4:00 pm Lane Swim 4:20 pm Semi- Private Learn to Skate Youth (6 to 17 years) 4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 4:20 pm Private Learn to Skate Youth (Ages 4+) 4:30 pm Preschool 3 4:30 pm Preschool 1 4:45 pm Private Swimming Lessons (Preschool 1-5) 4:45 pm Preschool 2 5:00 pm Preschool 1 5:00 pm Preschool 3 5:00 pm Preschool (Ages 4 to 5) 5:00 pm Lane Swim 5:15 pm Parent & Tot 2	8 10:30 am Hatha Intermediate 10:45 am Preschool 1 10:45 am Parent & Tot 1 10:45 am Preschool 2 11:15 am Preschool 1 11:15 am Parent & Tot 3 11:15 am Preschool 3 11:15 am Parent & Tot 2 11:15 am Preschool 4 4:30 pm Private Swimming Lessons (Preschool 1-5) 4:30 pm Preschool 3 4:30 pm Preschool 1 4:30 pm Preschool 2 5:00 pm Preschool 3 5:00 pm Parent & Tot 1 5:00 pm Private	9 10:30 am Chair Yoga 11:45 am Vinyasa 4:30 pm Preschool 1 4:30 pm Private Swimming Lessons (Preschool 1-5) 4:30 pm Preschool 2 4:30 pm Preschool 3 4:30 pm Multi Sports (3-4) 5:00 pm Preschool 2 5:00 pm Parent & Tot 2 5:00 pm Preschool 3 5:00 pm Preschool 1 5:20 pm Multi Sports (3-4) 5:30 pm Preschool 1 5:30 pm Private Swimming Lessons (Preschool 1-5) 5:30 pm Parent & Tot 1 5:30 pm Preschool 2 5:30 pm Preschool 3 6:00 pm Private Swimming Lessons (Preschool 1-5) 6:10 pm Multi Sports (5-7)	10 10:30 am Yin Yoga 10:45 am Preschool 2 10:45 am Parent & Tot 1 10:45 am Preschool 1 11:15 am Preschool 5 11:15 am Preschool 4 11:15 am Parent & Tot 2 11:15 am Preschool 3 11:15 am Parent & Tot 3 4:30 pm Mini Artists (3-4) 4:30 pm Private Swimming Lessons (Preschool 1-5) 4:30 pm Preschool 3 4:30 pm Preschool 1 4:30 pm Indoor Soccer (3-4) 4:30 pm Preschool 2 5:00 pm Preschool 4 5:00 pm Private Swimming Lessons (Preschool 1-5)	11 8:45 am Aquafit 9:30 am Public Swim (Lap) 9:45 am Sun Salutation 10:30 am Leisure & Splash 11:00 am Restorative Yoga 11:30 am Therapeutic Swim (Lap) 4:30 pm Preschool 3 4:30 pm Preschool 2 4:30 pm Preschool 4 4:30 pm Preschool 1 4:30 pm Private Swimming Lessons (Preschool 1-5) 4:45 pm Semi- Private Learn to Skate Youth (6 to 17 years) 4:45 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) 4:45 pm Private Learn to Skate Youth (Ages 4+) 5:00 pm Preschool 1 5:00 pm Preschool 2	12 8:05 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT 8:05 am Semi-Private Learn to Skate Youth (6 to 17 years) 8:05 am Private Learn to Skate Youth (Ages 4+) 8:45 am Small Group Learn to Skate Preschool (Ages 4 to 5) 8:45 am Parent & Child (Ages 2 to 5) 9:00 am Bronze Star 9:00 am Preschool 3 9:00 am Swimmer 3 9:00 am Swimmer 1

5:15 pm Preschool 2	Swimming Lessons (Preschool 1-5)	6:15 pm Parent & Tot 3	5:00 pm Preschool 3	5:00 pm Parent & Tot 1	9:00 am Parent & Tot 1
5:30 pm Junior Chefs (Ages 8-11)	5:00 pm Preschool 1	6:15 pm Preschool 2	5:00 pm Preschool 2	5:00 pm Preschool 3	9:00 am Preschool 2
5:30 pm Preschool 3	5:00 pm Preschool 2	6:15 pm Preschool 1	5:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Private Swimming Lessons (Preschool 1-5)	9:00 am Preschool 4
5:30 pm Preschool 1	5:30 pm Parent & Tot 2	6:15 pm Preschool 3	5:20 pm Indoor Soccer (5-7)	5:25 pm NEW Parent and Player Pre-Power (Ages 4 to 5)	9:00 am Preschool 1
5:40 pm Youth (Ages 6 to 17)	5:30 pm Parent & Tot 3	6:30 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Preschool 2	5:25 pm Semi-Private Power Skating (Age 6) FULL EQUIPMENT	9:25 am Preschool (Ages 4 to 5)
5:45 pm Preschool 2	5:30 pm Preschool 3	6:45 pm Preschool 5	5:30 pm Preschool 3	5:30 pm Preschool 3	9:30 am Parent & Tot 2
5:45 pm Parent & Tot 1	5:30 pm Preschool 2	6:45 pm Preschool 3	5:30 pm Parent & Tot 1	5:30 pm Preschool 2	9:30 am Preschool 5
6:15 pm Preschool 3	5:30 pm Swimmer 1	6:45 pm Preschool 1	5:30 pm Preschool 4	5:30 pm Private Swimming Lessons (Preschool 1-5)	9:30 am Preschool 3
6:15 pm Preschool 1	5:30 pm Preschool 1	7:00 pm Multi Sports (8-11)	5:30 pm Little Artists (5-7)	5:30 pm Preschool 1	9:30 am Swimmer 2
6:30 pm Preschool 2	5:30 pm Swimmer 2	7:15 pm Swimmer 1	5:30 pm Swimmer 2	5:30 pm Private Swimming Lessons (Preschool 1-5)	9:30 am Preschool 1
6:30 pm Parent & Tot 3	5:45 pm Basketball (5-7)	7:15 pm Swimmer 6	5:45 pm Swimmer 6	6:00 pm Parent & Tot 2	9:30 am Preschool 2
6:35 pm Power Skating for Hockey/Ringette (Ages 7 to 10) FULL EQUIPMENT	5:45 pm Swimmer 3	7:15 pm Swimmer 3	5:45 pm Swimmer 5	6:00 pm Preschool 3	9:30 am Junior Chefs (Ages 8-11)
6:45 pm Preschool 3	5:45 pm Swimmer 4	7:15 pm Swimmer 4	6:00 pm Swimmer 1	6:00 pm Parent & Tot 3	9:45 am Swimmer 4
6:45 pm Preschool 1	6:00 pm Preschool 3	7:15 pm Swimmer 5	6:00 pm Preschool 5	6:00 pm Private Swimming Lessons (Preschool 1-5)	10:00 am Preschool 4
7:00 pm Preschool 2	6:00 pm Swimmer 1	7:45 pm Private Swimming Lessons	6:00 pm Swimmer 2	6:00 pm Preschool 1	10:00 am Preschool 1
7:00 pm Private Swimming Lessons (Preschool 1-5)	6:00 pm Swimmer 2	7:45 pm Private Swimming Lessons	6:10 pm Indoor Soccer (8-11)	6:05 pm Parent & Child (Ages 2 to 5)	10:00 am Preschool 2
7:15 pm Preschool 4	6:15 pm Preschool 2	8:15 pm Lane Swim	6:15 pm Preschool 1	6:05 pm Preschool (Ages 4 to 5)	10:00 am Swimmer 1
7:15 pm Preschool 5	6:15 pm Swimmer 2		6:15 pm Preschool 2	6:45 pm Semi-Private Learn to Skate Youth (6 to 17 years)	10:00 am Parent & Tot 3
7:30 pm Swimmer 6	6:15 pm Preschool 1		6:45 pm Swimmer 4	6:45 pm Private Learn to Skate Youth (Ages 4+)	10:00 am Preschool 3
7:30 pm Swimmer 4	6:30 pm Swimmer 5		6:45 pm Preschool 1	6:45 pm Leisure Splash & Slide	10:05 am Parent & Child (Ages 2 to 5)
7:30 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	6:30 pm Swimmer 6		6:45 pm Junior Artists (8-11)	7:35 pm Youth (Ages 6 to 17)	10:15 am Swimmer 8- Ranger Patrol
7:30 pm Swimmer 3	6:30 pm Preschool 5		6:45 pm Swimmer 3	7:45 pm Leisure & Splash	10:15 am Swimmer 7 - Rookie Patrol
7:30 pm Swimmer 5	6:35 pm Basketball (8-11)		6:45 pm Preschool 2	7:45 pm Lane Swim	
	6:45 pm Preschool 4		6:45 pm Preschool 5		
	6:45 pm Preschool 1		6:45 pm Swimmer 2		
	6:45 pm Swimmer 1		6:45 pm Swimmer 1		
	6:45 pm Swimmer 2		6:45 pm Preschool 4		
	6:45 pm Preschool 1		7:15 pm Swimmer 1		
	6:45 pm Preschool 2		7:15 pm Private Swimming Lessons		
	6:45 pm Drama & Creative Arts Club		7:15 pm Swimmer 2		
	7:15 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons		
	7:15 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons		
	7:15 pm Private Swimming Lessons		7:30 pm Swimmer 7 - Rookie Patrol		
	7:15 pm Private Swimming Lessons		7:30 pm Swimmer 9- Star Patrol		
	7:15 pm Private Swimming Lessons		7:30 pm Swimmer 8- Ranger Patrol		
	7:15 pm Swimmer 1		7:45 pm Swimmer 1- Teen/Adult		
	7:15 pm Swimmer 2				

		7:30 pm Swimmer 8- Ranger Patrol	7:45 pm Swimmer 2-Teen/Adult	10:30 am Preschool 1
		7:30 pm Swimmer 9- Star Patrol	7:45 pm Swimmer 3 - Teen/Adult	10:45 am Swimmer 2
		7:30 pm Swimmer 7 - Rookie Patrol	8:45 pm Lane Swim	10:45 am Swimmer 3
		7:45 pm Swimmer 1- Teen/Adult		10:45 am Preschool 5
		7:45 pm Swimmer 2-Teen/Adult		10:45 am Youth (Ages 6 to 17)
				10:45 am Preschool 2
				11:15 am Private Swimming Lessons
				11:15 am Swimmer 6
				11:15 am Private Swimming Lessons
				11:15 am Swimmer 5
				11:15 am Swimmer 1
				11:15 am Preschool 2
				11:15 am Preschool 1
				11:15 am Preschool 3
				11:30 am Swimmer 4
				11:40 am Semi-Private Learn to Skate Youth (6 to 17 years)
				11:40 am Private Learn to Skate Youth (Ages 4+)
				11:40 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT
				11:45 am Preschool 3
				11:45 am Swimmer 2
				11:45 am Private Swimming Lessons
				11:45 am Preschool 1
				11:45 am

						Private Swimming Lessons 11:45 am Preschool 2 3:00 pm Lane Swim
13 9:00 am Preschool 1 9:00 am Lane Swim- Shared 4 Lanes 9:00 am Swimmer 1 9:00 am Preschool 4 9:00 am Preschool 3 9:00 am Swimmer 3 9:00 am Parent & Tot 1 9:00 am Preschool 2 9:30 am Parent & Tot 2 9:30 am Preschool 2 9:30 am Preschool 3 9:30 am Preschool 5 9:30 am Preschool 1 9:30 am Swimmer 2 9:45 am Swimmer 4 10:00 am Preschool 2 10:00 am Preschool 1 10:00 am Swimmer 1 10:00 am Preschool 3 10:00 am Preschool 4 10:00 am Parent & Tot 3 10:30 am Private Swimming Lessons 10:30 am Preschool 1 10:30 am Preschool 3 10:45 am Swimmer 2 10:45 am Swimmer 6	14 8:45 am Therapeutic Swim (Lap) 10:30 am Leisure & Splash 11:00 am Walking Track 12:00 pm Lane Swim 1:00 pm Walking Track 5:45 pm Leisure Swim 6:45 pm Leisure & Splash 7:45 pm Shared Lane Swim (Lanes 1-2)	15 8:45 am Aqua Zumba 10:30 am Therapeutic Swim (Lap) 12:00 pm Leisure & Splash 12:00 pm Lane Swim 5:30 pm Shared Lane Swim (Lanes 1-4) 5:30 pm Leisure Swim 6:30 pm Leisure & Splash/Slide 6:30 pm Shared Lane Swim (Lanes 1-4) 6:35 pm Ages 11-13 Basketball Drop-In	16 10:30 am Sensory Friendly Swim (Lap & Leisure) 11:45 am Leisure & Splash 1:00 pm Lane Swim 1:00 pm Leisure Swim 2:00 pm Lane Swim 5:00 pm Leisure Swim 6:00 pm Leisure & Splash/Slide 6:00 pm Cardio Tone 7:00 pm Lane Swim	17 9:30 am Public Swim (Lap & Leisure) 10:45 am Leisure Swim & Splash 12:00 pm Therapeutic Swim (Lap) 1:30 pm Lane Swim 7:15 pm Step & Tone	18	19 8:00 am Lane Swim 9:00 am Lane Swim 11:30 am Lane Swim 12:30 pm Lane Swim 12:45 pm Leisure Swim & Splash 1:45 pm Public Swim (Lap & Leisure)

10:45 am Swimmer 5 10:45 am Preschool 2 10:45 am Preschool 5 11:15 am Preschool 2 11:15 am Swimmer 1 11:15 am Private Swimming Lessons 11:15 am Preschool 1 11:15 am Preschool 3 11:15 am Private Swimming Lessons 11:45 am Private Swimming Lessons 11:45 am Convenience Lessons - Preschool 1-5 11:45 am Convenience Lessons - Swimmer 1-6 12:15 pm Private Swimming Lessons 12:30 pm Convenience Lessons - Swimmer 1-6 12:30 pm Convenience Lessons - Preschool 1-5 12:45 pm Private Swimming Lessons 2:00 pm Public Swim (Lap & Leisure) 3:00 pm Birthday Party - Swim & Splash 3:15 pm Lane Swim 4:00 pm Leisure Swim & Splash 4:15 pm Lane Swim						
20	21 11:15 am Leisure & Splash 5:00 pm Lane Swim 6:00 pm Lane Swim	22	23	24	25 12:00 pm Adult Shinny 12:00 pm Adult Shinny - GOALIES Only 5:30 pm Friday Night Social (Ages 8 to 13)	26
27 3:00 pm Birthday	28 11:00 am Walking	29 11:00 am Adult	30 7:30 am Lane Swim			

Party - Swim & Splash	Track	Skate	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2		
	1:00 pm Walking Track		8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4		
			8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1		
			8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3		
			8:30 am 55+ Shinny		
			8:30 am 55+ Shinny - GOALIES Only		
			8:30 am Sport Court Reservation - Alder Saputo Centre		
			8:45 am AquaFitness		
			9:00 am Walking Track		
			9:30 am Public Swim (Lap)		
			9:30 am Preschool 1		
			9:30 am Parent & Tot 1		
			9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 1		
			9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 4		
			9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 3		
			9:45 am Pickleball Court Reservation - Tony Rose B Floor, Court 2		
			10:00 am Preschool 2		
			10:00 am Sport Court Reservation - Alder Saputo Centre		
			10:00 am Preschool 3		
			10:00 am Preschool 4		
		10:15 am Zumba® Toning			
		11:00 am Walking Track			
		11:00 am Family Skate			
		11:00 am Balls & Bands			
		11:15 am Pickleball			

				<p>Court Reservation - Tony Rose B Floor, Court 1</p> <p>11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 3</p> <p>11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4</p> <p>11:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2</p> <p>11:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 4</p> <p>12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 1</p> <p>12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 2</p> <p>12:45 pm Pickleball Court Reservation - Tony Rose B Floor, Court 3</p> <p>1:00 pm Sport Court Reservation - Alder Saputo Centre</p> <p>1:00 pm Walking Track</p> <p>2:30 pm Sport Court Reservation - Alder Saputo Centre</p> <p>3:00 pm Walking Track</p> <p>4:30 pm Multi Sports (3-4)</p> <p>4:30 pm Preschool 3</p> <p>4:30 pm Preschool 1</p> <p>4:30 pm Preschool 4</p> <p>4:30 pm Preschool 2</p> <p>5:00 pm Preschool 1</p> <p>5:00 pm Balls & Bands</p> <p>5:00 pm Preschool 2</p> <p>5:00 pm Walking Track</p> <p>5:00 pm Preschool 3</p> <p>5:00 pm Preschool 5</p> <p>5:15 pm Parent & Tot 1</p> <p>5:15 pm Private Swimming Lessons (Preschool 1-5)</p>			
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		5:15 pm Private Swimming Lessons (Preschool 1-5)		
		5:20 pm Multi Sports (3-4)		
		5:30 pm Preschool 2		
		5:30 pm Preschool 1		
		5:30 pm Preschool 4		
		5:30 pm Preschool 3		
		5:45 pm Private Swimming Lessons (Preschool 1-5)		
		5:45 pm Parent & Tot 2		
		5:45 pm Private Swimming Lessons (Preschool 1-5)		
		5:45 pm Parent & Tot 3		
		6:00 pm Cardio Tone		
		6:10 pm Multi Sports (5-7)		
		6:15 pm Preschool 1		
		6:15 pm Preschool 5		
		6:15 pm Private Swimming Lessons (Preschool 1-5)		
		6:15 pm Preschool 2		
		6:15 pm Preschool 3		
		6:30 pm Private Swimming Lessons (Preschool 1-5)		
		6:30 pm Private Swimming Lessons (Preschool 1-5)		
		6:45 pm Preschool 4		
		6:45 pm Preschool 3		
		6:45 pm Preschool 1		
		6:45 pm Preschool 2		
		7:00 pm Swimmer 5		
		7:00 pm Swimmer 4		
		7:00 pm Zumba®		
		7:00 pm Walking Track		
		7:00 pm Swimmer 3		
		7:00 pm Multi Sports (8-11)		
		7:15 pm Swimmer 2		
		7:15 pm Swimmer 1		
		7:15 pm Private Swimming Lessons		
		7:15 pm Private Swimming Lessons		
		8:00 pm Aquafit		
		8:00 pm Adult 18+ Basketball Drop-In		

