April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 am 70+ Shinny - GOALIES Only 9:00 am 70+ Shinny	2 3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	3	4 4:15 pm Lane Swim	5
6 3:00 pm Birthday Party - Swim & Splash	 7 9:00 am Indoor Nordic Walking 10:30 am Hatha Beginner 11:45 am Breath & Meditation 4:00 pm Lane Swim 4:20 pm Semi- Private Learn to Skate Youth (6 to 17 years) 4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 	 8 10:30 am Hatha Intermediate 10:45 am Preschool 10:45 am Parent & Tot 1 10:45 am Preschool 2 11:15 am Preschool 11:15 am Parent & Tot 3 11:15 am Preschool 3 11:15 am Parent & 	 9 10:30 am Chair Yoga 11:45 am Vinyasa 4:30 pm Preschool 4:30 pm Private Swimming Lessons (Preschool 1-5) 4:30 pm Preschool 2 4:30 pm Preschool 3 4:30 pm Multi Sports (3-4) 5:00 pm Preschool 	10 10:30 am Yin Yoga 10:45 am Preschool 2 10:45 am Parent & Tot 1 10:45 am Preschool 1 11:15 am Preschool 4 11:15 am Parent & Tot 2 11:15 am Preschool 3	 11 8:45 am Aquafit 9:30 am Public Swim (Lap) 9:45 am Sun Salutation 10:30 am Leisure & Splash 11:00 am Restorative Yoga 11:30 am Therapeutic Swim (Lap) 4:30 pm Preschool 3 4:30 pm Preschool 	12 8:05 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT 8:05 am Semi- Private Learn to Skate Youth (6 to 17 years) 8:05 am Private Learn to Skate Youth (Ages 4+) 8:45 am Small Group Learn to Skate Preschool (Ages 4 to 5)
	4:20 pm Private Learn to Skate Youth (Ages 4+) 4:30 pm Preschool 3 4:30 pm Preschool 1	Tot 2 11:15 am Preschool 4 4:30 pm Private Swimming Lessons (Preschool 1-5) 4:30 pm Preschool	2 5:00 pm Parent & Tot 2 5:00 pm Preschool 3 5:00 pm Preschool 1	11:15 am Parent & Tot 3 4:30 pm Mini Artists (3-4) 4:30 pm Private Swimming Lessons (Preschool 1-5)	 4:30 pm Preschool 4:30 pm Preschool 4:30 pm Private Swimming Lessons 	8:45 am Parent & Child (Ages 2 to 5) 9:00 am Bronze Star 9:00 am Preschool 3

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(Ages 11+) FULL 6:45 pm Swimmer 6:45 pm Swimmer 10 20	Skating for					Swimming
					CAE D'	10:30 am

7:30 pm Swimmer	2 6:45 pm Preschool	5 6:45 pm Preschool	6:45 pm Private Learn to Skate Youth (Ages 4+)	Preschool 1 10:45 am
7:30 pm Swimmer 5	1 6:45 pm Preschool	2 6:45 pm Preschool	6:45 pm Leisure Splash & Slide	Swimmer 2 10:45 am
3	2 6:45 pm Drama &	5 6:45 pm Swimmer	7:35 pm Youth (Ages 6 to 17)	Swimmer 3 10:45 am
	Creative Arts Club 7:15 pm Private	2 6:45 pm Swimmer	7:45 pm Leisure & Splash	Preschool 5 10:45 am Youth
	Swimming Lessons 7:15 pm Private	1 6:45 pm Preschool	7:45 pm Lane Swim	(Ages 6 to 17) 10:45 am
	Swimming Lessons 7:15 pm Private	4 7:15 pm Swimmer		Preschool 2
	Swimming Lessons	1		11:15 am Private
	7:15 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons		Swimming Lessons
	7:15 pm Swimmer 1	7:15 pm Swimmer 2		11:15 am Private
	7:15 pm Swimmer 2	7:15 pm Private Swimming Lessons		Swimming Lessons
	7:30 pm Swimmer 8- Ranger Patrol	7:15 pm Private Swimming Lessons		11:15 am Swimmer 6
	7:30 pm Swimmer 9- Star Patrol	7:15 pm Private Swimming Lessons		11:15 am Swimmer 5
	7:30 pm Swimmer 7 - Rookie Patrol	7:30 pm Swimmer 7 - Rookie Patrol		11:15 am Swimmer 1
	7:45 pm Swimmer 1- Teen/Adult	7:30 pm Swimmer 9- Star Patrol		11:15 am Preschool 2
	7:45 pm Swimmer 2-Teen/Adult	7:30 pm Swimmer 8- Ranger Patrol		11:15 am Preschool 1
		7:45 pm Swimmer 1- Teen/Adult		11:15 am Preschool 3
		7:45 pm Swimmer 2-Teen/Adult		11:30 am Swimmer 4
		7:45 pm Swimmer 3 - Teen/Adult 8:45 pm Lane Swim		11:40 am Semi- Private Learn to Skate Youth (6 to 17 years)
		Ĩ		11:40 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT
				11:40 am Private Learn to Skate Youth (Ages 4+)
				11:45 am Preschool 3
				11:45 am Swimmer 2
				11:45 am Private Swimming Lessons
				11:45 am Preschool 1
				11:45 am Private Swimming Lessons
				11:45 am Preschool 2
				3:00 pm Lane

						Swim
13	14	15	16	17	18	19
9:00 am Preschool 1 9:00 am Lane Swim- Shared 4	8:45 am Therapeutic Swim (Lap) 10:30 am Leisure &	8:45 am Aqua Zumba 10:30 am Therapeutic Swim	10:30 am Sensory Friendly Swim (Lap & Leisure) 11:45 am Leisure &	9:30 am Public Swim (Lap & Leisure) 10:45 am Leisure		8:00 am Lane Swim 9:00 am Lane Swim
Lanes 9:00 am Swimmer 1 9:00 am Preschool	Splash 11:00 am Walking Track 12:00 pm Lane	(Lap) 12:00 pm Leisure & Splash 12:00 pm Lane	Splash 1:00 pm Lane Swim 1:00 pm Leisure Swim	Swim & Splash 12:00 pm Therapeutic Swim (Lap)		11:30 am Lane Swim 12:30 pm Lane Swim
4 9:00 am Preschool 3	Swim 1:00 pm Walking Track	Swim 5:30 pm Shared Lane Swim (Lanes 1-4)	2:00 pm Lane Swim 5:00 pm Leisure Swim	1:30 pm Lane Swim 7:15 pm Step & Tone		12:45 pm Leisure Swim & Splash
9:00 am Swimmer 3 9:00 am Parent & Tot 1	5:45 pm Leisure Swim 6:45 pm Leisure & Splash	5:30 pm Leisure Swim 6:30 pm Leisure &	6:00 pm Leisure & Splash/Slide 6:00 pm Cardio			1:45 pm Public Swim (Lap & Leisure)
9:00 am Preschool 2 9:30 am Parent &	7:45 pm Shared Lane Swim (Lanes 1-2)	5:30 pm Ecisate & Splash/Slide 6:30 pm Shared Lane Swim (Lanes 1-4)	Tone 7:00 pm Lane Swim			
Tot 2 9:30 am Preschool 2		6:35 pm Ages 11- 13 Basketball Drop- In				
9:30 am Preschool 3 9:30 am Preschool 5						
9:30 am Preschool 1						
9:30 am Swimmer 2 9:45 am Swimmer						
4 10:00 am Preschool 2						
10:00 am Preschool 1 10:00 am Swimmer						
1 10:00 am Preschool 3						
10:00 am Preschool 4						
10:00 am Parent & Tot 3 10:30 am Private						
Swimming Lessons 10:30 am Preschool 1						
10:30 am Preschool 3 10:45 am Swimmer						
2 10:45 am Swimmer 6						
10:45 am Swimmer 5						
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5						
11:15 am Preschool 2						
11:15 am Swimmer 1						
11:15 am Private Swimming Lessons						
11:15 am Preschool 1						
11:15 am Preschool 3						
11:15 am Private Swimming Lessons						
11:45 am Private Swimming Lessons						
11:45 am Convenience Lessons - Preschool 1-5						
11:45 am Convenience Lessons - Swimmer 1-6						
12:15 pm Private Swimming Lessons						
12:30 pm Convenience Lessons - Swimmer 1-6						
12:30 pm Convenience Lessons - Preschool 1-5						
12:45 pm Private Swimming Lessons						
2:00 pm Public Swim (Lap & Leisure)						
3:00 pm Birthday Party - Swim & Splash						
3:15 pm Lane Swim						
4:00 pm Leisure Swim & Splash						
4:15 pm Lane Swim						
20	21	22	23	24	25	26
	7:30 am Lane Swim	8:00 am Private				
	8:15 am Pickleball	Hockey/Ringette				
	Court Reservation - Tony Rose B Floor, Court 4	Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 2	Court Reservation - Tony Rose B Floor, Court 1	Technical Skating Skills (Ages 6+) FULL EQUIPMENT
	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4	8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2	8:50 am Private Learn to Skate Youth (Ages 4+)
	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:15 am Pickleball Court Reservation - Tony Rose B Floor,	8:50 am Parent & Child (Ages 2 to 5)
	Court 1 8:15 am Pickleball	Court 4 8:15 am Pickleball	9:00 am Walking Track			
	Court Reservation - Tony Rose B Floor,	9:00 am Swimmer 2				

Court 3	Court 3	Court 3	Court 3	Court 3	9:00 am Private
8:30 am 55+ Shinny	8:30 am 65+ Shinny	8:30 am 55+ Shinny	8:30 am Sport Court Reservation -	8:30 am 65+ Shinny	Swimming Lessons
8:30 am 55+ Shinny - GOALIES Only	8:30 am Sport	8:30 am 55+ Shinny - GOALIES Only	Alder Saputo Centre	8:30 am Sport Court Reservation - Alder	9:00 am
8:30 am Sport	Court Reservation - Alder Saputo	8:30 am Sport Court	8:45 am Aqua Zumba	Saputo Centre	Preschool 1
Court Reservation - Alder Saputo Centre	Centre	Reservation - Alder Saputo Centre	9:30 am Public	8:30 am 65+ Shinny - GOALIES Only	9:00 am Preschool 4

8:45 am Therapeutic Swim	8:30 am 65+ Shinny - GOALIES	8:45 am AquaFitness	Swim (Lap & Leisure)	8:45 am Aquafit	9:00 am Br Star
(Lap)	Only		9:45 am Pickleball	9:00 am Zumba®	
	8:45 am Aqua	9:00 am Walking	Court Reservation -	Gold	9:00 am
9:00 am Indoor Nordic Walking	Zumba	Track	Tony Rose B Floor,	9:00 am Walking	Preschool
e	9:00 am Walking	9:30 am Preschool 1	Court 1	Track	9:00 am
9:00 am Indoor	Track	9:30 am Public	9:45 am Pickleball	9:30 am Public	Swimmer
Nordic Walking	9:30 am Public	Swim (Lap)	Court Reservation -	Swim (Lap)	9:00 am
9:15 am Zumba®	Swim (Lap &	9:30 am Parent &	Tony Rose B Floor,	9:45 am Pickleball	Preschool
9:30 am Public	Leisure)	Tot 1	Court 3	Court Reservation -	9:00 am
Swim (Lap &	,		9:45 am Pickleball	Tony Rose B Floor,	Swimmer 2
Leisure)	9:45 am Pickleball Court Reservation -	9:45 am Pickleball	Court Reservation -	Court 4	0.15
9:45 am Pickleball	Tony Rose B Floor,	Court Reservation - Tony Rose B Floor,	Tony Rose B Floor,	9:45 am Pickleball	9:15 am Swimmer 2
Court Reservation -	Court 2	Court 1	Court 4	Court Reservation -	
Tony Rose B Floor,	9:45 am Pickleball		9:45 am Pickleball	Tony Rose B Floor,	9:30 am
Court 2	Court Reservation -	9:45 am Pickleball Court Reservation -	Court Reservation -	Court 3	Preschool
9:45 am Pickleball	Tony Rose B Floor,	Tony Rose B Floor,	Tony Rose B Floor, Court 2	9:45 am Pickleball	9:30 am Pa
Court Reservation -	Court 3	Court 4	Court 2	Court Reservation -	& Tot 1
Tony Rose B Floor,	9:45 am Pickleball	0.45 D: 11.1.11	9:45 am Strollercise	Tony Rose B Floor,	9:30 am
Court 3	Court Reservation -	9:45 am Pickleball Court Reservation -	10:00 am Sport	Court 1	Swimmer 2
9:45 am Pickleball	Tony Rose B Floor,	Tony Rose B Floor,	Court Reservation -	9:45 am Pickleball	9:30 am
Court Reservation -	Court 4	Court 3	Alder Saputo Centre	Court Reservation -	9:30 am Preschool 3
Tony Rose B Floor,	9:45 am Pickleball	9:45 am Pickleball	11:00 am Walking	Tony Rose B Floor,	
Court 4	Court Reservation -	9:45 am Pickleball Court Reservation -	Track	Court 2	9:30 am Preschool 5
9:45 am Pickleball	Tony Rose B Floor,	Tony Rose B Floor,	11:15 am Pickleball	9:45 am Chair	
Court Reservation -	Court 1	Court 2	Court Reservation -	Fitness	9:30 am Pa
Tony Rose B Floor,	10:00 am Sport	10:00 am Preschool	Tony Rose B Floor,	10:00 am Sport	& Child (A to 5)
Court 1	Court Reservation -	2	Court 4	Court Reservation -	10 5)
10:00 am Sport	Alder Saputo	10-00 and Succet	11:15 am Pickleball	Alder Saputo Centre	9:30 am Ad
Court Reservation -	Centre	10:00 am Sport Court Reservation -	Court Reservation -	11:00 am Adult	Social Pick
Alder Saputo Centre	10:00 am Dance Fit	Alder Saputo Centre	Tony Rose B Floor,	Skate	9:30 am Ju
10:45 am Parent &	10:45 am	-	Court 2	11.00	Chefs (Age
Tot 1	Intermediate Line	10:00 am Preschool 3	11:15 am Pickleball	11:00 am Walking Track	11)
10:45 am Preschool	Dance		Court Reservation -		9:30 am
3	11.00 om Wallring	10:00 am Preschool	Tony Rose B Floor,	11:15 am Pickleball	Swimmer 1
10:45 am Preschool	11:00 am Walking Track	4	Court 1	Court Reservation -	9:30 am
2		10:15 am Zumba®	11:15 am Pickleball	Tony Rose B Floor, Court 3	Preschool 2
	11:00 am Adult	Toning	Court Reservation -	_	9:45 am
10:45 am Preschool	Skate	11:00 am Walking	Tony Rose B Floor,	11:15 am Pickleball Court Reservation -	Swimmer 3
1	11:15 am Pickleball	Track	Court 3	Tony Rose B Floor,	
11:00 am Walking	Court Reservation -	11:00 am Family	11:15 am Beginner	Court 1	9:45 am Swimmer 4
Track	Tony Rose B Floor, Court 2	Skate	Line Dancing		Swimmer 4
11.00 ··· E '1	Court 2			11:15 am Parent &	10.00 0
11:00 am Family		11.00 0.11.0	11:30 am Sport	-	10:00 am P
11:00 am Family Skate	11:15 am Pickleball	11:00 am Balls & Bands	11:30 am Sport Court Reservation -	Tot 2	10:00 am P & Tot 2
Skate	Court Reservation -	Bands		Tot 2 11:15 am Preschool	& Tot 2 10:00 am
	Court Reservation - Tony Rose B Floor,	Bands 11:15 am Pickleball	Court Reservation - Alder Saputo Centre	Tot 2	& Tot 2
Skate 11:15 am Pickleball Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor, Court 4	Bands 11:15 am Pickleball Court Reservation -	Court Reservation -	Tot 2 11:15 am Preschool 2 11:15 am Preschool	& Tot 2 10:00 am
Skate 11:15 am Pickleball Court Reservation -	Court Reservation - Tony Rose B Floor, Court 4 11:15 am Pickleball	Bands 11:15 am Pickleball	Court Reservation - Alder Saputo Centre 12:45 pm Pickleball Court Reservation - Tony Rose B Floor,	Tot 2 11:15 am Preschool 2	& Tot 2 10:00 am Swimmer 1
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Tot 2 5:45 pm Preschool	Creative Arts Club 6:45 pm Preschool	Swimming Lessons (Preschool 1-5)	7:15 pm Swimmer 3 7:15 pm Private	6:00 pm Preschool 3 6:30 pm Pickleball	3:00 pm Lane Swim
2 5:45 pm Preschool	1 7:00 pm Walking	6:30 pm Private Swimming Lessons (Preschool 1-5)	Swimming Lessons (Preschool 1-5)	102 (Practice Makes Pickleball)	3:00 pm Walking Track
4 5:45 pm Parent & Tot 3	Track 7:15 pm Swimmer	6:45 pm Preschool 4	7:15 pm Swimmer 2	6:45 pm Leisure Splash & Slide	3:30 pm Sport Court Reservation -
6:00 pm Lane Swim	6 7:15 pm Private Swimming Lessons	6:45 pm Preschool 3	7:15 pm Swimmer 5	7:00 pm Walking Track	Alder Saputo Centre
6:15 pm Preschool 3	(Preschool 1-5)	6:45 pm Preschool 1	7:15 pm Swimmer 1	7:05 pm Adult 18+ Basketball Drop-In	5:00 pm Adult Social Pickleball

	6:15 pm Parent & Tot 2 6:15 pm Cardio Tone 6:15 pm Preschool 1 6:15 pm Ages 11-13 Basketball Drop-In 6:30 pm Preschool 2 6:30 pm Preschool 2 6:30 pm Preschool 2 6:30 pm Preschool 1 7:00 pm Preschool 1 7:00 pm Preschool 1 7:00 pm Parent & Tot 3 7:00 pm Parent & Tot 3 7:15 pm Private Swimming Lessons (Preschool 1-5) 7:15 pm Preschool 1 7:20 pm Sport Court Reservation - Alder Saputo Centre 7:30 pm Swimmer 3 7:30 pm Swimmer 6	 7:15 pm Dance Fit 7:15 pm Swimmer 5 7:15 pm Swimmer 4 7:15 pm Swimmer 1 7:15 pm Swimmer 1 7:15 pm Swimmer 2 7:30 pm Ages 14- 17 Basketball Drop-In 7:45 pm Private Swimming Lessons (Preschool 1-5) 7:45 pm Private Swimming Lessons 8:00 pm Private Swimming Lessons 8:30 pm Swimmer 1- Teen/Adult 8:30 pm Swimmer 2-Teen/Adult 	6:45 pm Preschool 2 7:00 pm Swimmer 5 7:00 pm Zumba® 7:00 pm Zumba® 7:00 pm Walking Track 7:00 pm Swimmer 3 7:00 pm Multi Sports (8-11) 7:15 pm Swimmer 1 7:15 pm Swimmer 1 7:15 pm Private Swimming Lessons 8:00 pm Aquafit 8:00 pm Aquafit 8:00 pm Adult 18+ Basketball Drop-In	 7:15 pm Swimmer 6 7:15 pm Step & Tone 7:15 pm Swimmer 4 7:45 pm Private Swimming Lessons (Preschool 1-5) 7:45 pm Private Swimming Lessons 8:00 pm Swimmer 1- Teen/Adult 8:30 pm Swimmer 3 - Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre 8:30 pm Swimmer 2-Teen/Adult 	 7:30 pm Pickleball (The Big 4 for Early Intermediates) 7:30 pm Pickleball 101 (Let's Play Pickleball) 7:45 pm Leisure & Splash 7:45 pm Lane Swim 8:10 pm Sport Court Reservation - Alder Saputo Centre 	5:00 pm Walking Track 6:30 pm Adult Social Pickleball 7:00 pm Walking Track 8:00 pm Sport Court Reservation - Alder Saputo Centre
27	8:45 pm Lane Swim	29	30			
 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Swimmer 9:00 am Swimmer 2 9:00 am Swimmer 3 9:00 am Preschool 1 	 7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 1 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court Reservation - Tony Rose B Floor, Court 2 	 7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court Reservation - Tony Rose B Floor, Court Reservation - Tony Rose B Floor, Court 1 	 7:30 am Lane Swim 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 2 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court 4 8:15 am Pickleball Court Reservation - Tony Rose B Floor, Court Reservation - Tony Rose B Floor, Court 1 			

9:00 am Private	8:15 am Pickleball	8:15 am Pickleball	8:15 am Pickleball		
Swimming Lessons	Court Reservation -	Court Reservation -	Court Reservation -		
9:00 am Shared	Tony Rose B Floor, Court 3	Tony Rose B Floor, Court 3	Tony Rose B Floor, Court 3		
Lane Swim (Lane 1-2)	-	-	-		
,	8:30 am 55+ Shinny	8:30 am 65+	8:30 am 55+ Shinny		
9:00 am Preschool	8:30 am 55+ Shinny	Shinny	8:30 am 55+ Shinny		
4	- GOALIES Only	8:30 am Sport	- GOALIES Only		
9:00 am Preschool	8:30 am Sport	Court Reservation -	8:30 am Sport Court		
3	Court Reservation -	Alder Saputo Centre	Reservation - Alder		
9:00 am Preschool	Alder Saputo Centre		Saputo Centre		
2	8:45 am	8:30 am 65+ Shinny - GOALIES	8:45 am		
9:00 am Walking	Therapeutic Swim	Only	AquaFitness		
Track	(Lap)		9:00 am Walking		
9:15 am Swimmer	9:00 am Indoor	8:45 am Aqua Zumba	Track		
1	Nordic Walking		9:30 am Preschool 1		
9:30 am Preschool	9:00 am Indoor	9:00 am Walking Track			
3	Nordic Walking		9:30 am Public Swim (Lap)		
9:30 am Preschool	9:15 am Zumba®	9:30 am Public			
2	9:30 am Public	Swim (Lap & Leisure)	9:30 am Parent & Tot 1		
9:30 am Swimmer	Swim (Lap &	,	1 ot 1		
1	Leisure)	9:45 am Pickleball	9:45 am Pickleball		
-	9:45 am Pickleball	Court Reservation - Tony Rose B Floor,	Court Reservation - Tony Rose B Floor,		
9:30 am Preschool 1	Court Reservation -	Court 2	Court 1		
	Tony Rose B Floor,	9:45 am Pickleball			
9:30 am Preschool	Court 2	Court Reservation -	9:45 am Pickleball Court Reservation -		
5	9:45 am Pickleball	Tony Rose B Floor,	Tony Rose B Floor,		
9:30 am Swimmer	Court Reservation -	Court 3	Court 4		
2	Tony Rose B Floor,	9:45 am Pickleball	9:45 am Pickleball		
9:30 am Parent &	Court 3	Court Reservation -	Court Reservation -		
Tot 1	9:45 am Pickleball	Tony Rose B Floor,	Tony Rose B Floor,		
9:45 am Swimmer	Court Reservation -	Court 4	Court 3		
4	Tony Rose B Floor, Court 4	9:45 am Pickleball	9:45 am Pickleball		
9:45 am Swimmer		Court Reservation -	Court Reservation -		
3	9:45 am Pickleball	Tony Rose B Floor, Court 1	Tony Rose B Floor,		
10:00 am Preschool	Court Reservation - Tony Rose B Floor,		Court 2		
3	Court 1	10:00 am Sport	10:00 am Preschool		
10:00 am Parent &	10:00 and Smart	Court Reservation - Alder Saputo	2		
Tot 3	10:00 am Sport Court Reservation -	Centre	10:00 am Sport		
	Alder Saputo Centre	10:00 am Dance Fit	Court Reservation -		
10:00 am Preschool			Alder Saputo Centre	l	l

4	10:45 am Parent &		I	I
	Tot 1	10:45 am Intermediate Line	10:00 am Preschool	
:00 am Swimmer	10:45 am Preschool	Intermediate Line Dance	3	
	3		10:00 am Preschool	
00 am Swimmer		11:00 am Walking Track	4	
	10:45 am Preschool 2		10:15 am Zumba®	
00 am Preschool	2	11:00 am Adult	Toning	
	10:45 am Preschool	Skate	11:00 am Walking	
):00 am Sport	1	11:15 am Pickleball	Track	
ourt Reservation -	11:00 am Walking	Court Reservation -	11.00 am Eamily	
lder Saputo	Track	Tony Rose B Floor,	11:00 am Family Skate	
Centre	11:00 am Family	Court 2		
0:00 am Preschool	Skate	11:15 am Pickleball	11:00 am Balls & Bands	
	11:15 am Pickleball	Court Reservation - Tony Rose B Floor,		
0:00 am Parent &	Court Reservation -	Court 4	11:15 am Pickleball	
Tot 2	Tony Rose B Floor,		Court Reservation - Tony Rose B Floor,	
0:30 am Swimmer	Court 2	11:15 am Pickleball Court Reservation -	Court 1	
	11:15 am Pickleball	Tony Rose B Floor,		
0:30 am Preschool	Court Reservation -	Court 1	11:15 am Pickleball Court Reservation -	
	Tony Rose B Floor,	11:15 am Pickleball	Tony Rose B Floor,	
0.20 Duranta at	Court 4	Court Reservation -	Court 3	
):30 am Preschool	11:15 am Pickleball	Tony Rose B Floor,	11:15 am Pickleball	
	Court Reservation -	Court 3	Court Reservation -	
):30 am Preschool	Tony Rose B Floor, Court 1	11:30 am Sport	Tony Rose B Floor,	
		Court Reservation -	Court 4	
0:30 am Swimmer	11:15 am Pickleball	Alder Saputo	11:15 am Pickleball	
	Court Reservation - Tony Rose B Floor,	Centre	Court Reservation -	
0:45 am Swimmer	Court 3	12:45 pm Pickleball	Tony Rose B Floor,	
		Court Reservation -	Court 2	
0:45 am Preschool	11:30 am Sport Court Reservation -	Tony Rose B Floor,	11:30 am Sport	
	Alder Saputo Centre	Court 4	Court Reservation -	
0:45 am Swimmer	-	12:45 pm Pickleball	Alder Saputo Centre	
	12:30 pm Lane Swim	Court Reservation -	12:45 pm Pickleball	
	Swim	Tony Rose B Floor,	Court Reservation -	
0:45 am Preschool	12:45 pm Pickleball	Court 1	Tony Rose B Floor,	
	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball	Court 4	
11:00 am Walking	Court 3	Court Reservation -	12:45 pm Pickleball	
Frack		Tony Rose B Floor, Court 2	Court Reservation -	
1:15 am Swimmer	12:45 pm Pickleball		Tony Rose B Floor,	
	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball	Court 1	
1:15 am Preschool	Court 2	Court Reservation - Tony Rose B Floor,	12:45 pm Pickleball	
		Court 3	Court Reservation -	
1:15 am Preschool	12:45 pm Pickleball Court Reservation -		Tony Rose B Floor, Court 2	
	Tony Rose B Floor,	1:00 pm Inclusive Open Gym		
1:15 am Swimmer	Court 4		12:45 pm Pickleball	
1:15 am Swimmer	12:45 pm Pickleball	1:00 pm Walking	Court Reservation - Tony Rose B Floor,	
	Court Reservation -	Track	Court 3	
1:15 am Preschool	Tony Rose B Floor,	2:30 pm Sport	_	
	Court 1	Court Reservation -	1:00 pm Sport Court Reservation -	
1:15 am Swimmer	1:00 pm Walking	Alder Saputo Centre	Alder Saputo Centre	
	Track		-	
1:15 am Preschool	1:00 pm Sport	3:00 pm Walking	1:00 pm Walking Track	
	Court Reservation -	Track		
1:30 am Sport	Alder Saputo Centre	4:15 pm Youth	2:30 pm Sport	
Court Reservation -	1:30 pm Lane Swim	Social Pickleball	Court Reservation - Alder Saputo Centre	
lder Saputo	-	Ages 12-17 - Drop- In	-	
Centre	2:30 pm Sport		3:00 pm Walking	
1:30 am Swimmer	Court Reservation - Alder Saputo Centre	4:30 pm Preschool	Track	
ł	-	3	4:30 pm Multi	
1:30 am Swimmer	3:00 pm Walking	4:30 pm Preschool	Sports (3-4)	
- Star Patrol	Track	4	4:30 pm Preschool	
1:30 am Swimmer	3:35 pm Private	4:30 pm Preschool	3	
- Ranger Patrol	Hockey/Ringette	2	4:30 pm Preschool	
•	Technical Skating Skills (Ages 6+)	4:30 pm Preschool	1	
1:30 am Swimmer	FULL EQUIPMENT	1	4:30 pm Preschool	
 Rookie Patrol 				1

11:45 am Swimmer	4:05 pm Private	5:00 pm Preschool	4	
1	Hockey/Ringette	1	4:30 pm Preschool	
11:45 am Preschool	Technical Skating Skills (Ages 6+)	5:00 pm Preschool	2	
2	FULL EQUIPMENT	3	5:00 pm Preschool	
11:45 am Swimmer	4:05 pm Ages 14-17	5:00 pm Walking	1	
2	Basketball Drop-In	Track	5:00 pm Balls &	
11:45 am Preschool	4:30 pm Preschool	5:00 pm Preschool	Bands	
1	1	2	5:00 pm Preschool	
11:45 am Preschool	4:30 pm Private	5:00 pm Parent &	2	
5	Swimming Lessons	Tot 1	5:00 pm Walking	
11:45 am Preschool	(Preschool 1-5)	5:00 pm Hatha	Track	
3	4:30 pm Preschool	Beginner	5:00 pm Preschool	
12:00 pm Bronze	3	5:30 pm Mindful	3	
Cross and Standard	4:35 pm Private	Moments	5:00 pm Preschool	
First Aid CPR-C	Hockey/Ringette	5:30 pm Parent &	5	
12:00 pm Private	Technical Skating Skills (Ages 6+)	Tot 2	5:15 pm Parent &	
Swimming Lessons	FULL EQUIPMENT	5:30 pm Swimmer	Tot 1	
12:15 pm Private	4:45 pm Preschool	4	5:15 pm Private	
Swimming Lessons	2	5:30 pm Swimmer	Swimming Lessons (Preschool 1-5)	
12:15 pm Private	- 4:45 pm Preschool	1	· · · · · ·	
Swimming Lessons	4.45 pm Fleschool 4	5:30 pm Preschool	5:15 pm Private Swimming Lessons	
12:15 pm Swimmer	4:45 pm Private	2	(Preschool 1-5)	
2	Swimming Lessons	5:30 pm Preschool	5:20 pm Multi	
12:15 pm Parent &	(Preschool 1-5)	1	Sports (3-4)	
Tot 3	5:00 pm Vinyasa	5:30 pm Mindful	5:30 pm Preschool	
12:15 pm Swimmer	5:00 pm Parent &	Moments	2	
3	Tot 1	5:30 pm Swimmer	5:30 pm Preschool	
12:15 pm Private	5:00 pm Walking	3	1	
Swimming Lessons	Track	5:30 pm Parent &	5:30 pm Preschool	
12:15 pm Swimmer	5:00 pm Preschool	Tot 3	4	
3	3	5:30 pm Preschool	5:30 pm Preschool	
12:30 pm Private	5:00 pm Preschool	3	3	
Swimming Lessons	1	5:45 pm Basketball	5:45 pm Private	
12:45 pm Parent & Tot 2	5:10 pm Ages 8-10	(5-7)	Swimming Lessons	
	Basketball Drop-In	6:00 pm Preschool	(Preschool 1-5)	
12:45 pm Private Swimming Lessons	5:15 pm Preschool	5	5:45 pm Parent &	
-	2	6:00 pm Swimmer 2	Tot 2	
12:45 pm Private Swimming Lessons	5:15 pm Preschool		5:45 pm Private	
-	5	6:15 pm Swimmer 5	Swimming Lessons	
1:00 pm Sport Court Reservation -	5:15 pm Private		(Preschool 1-5)	
Alder Saputo	Learn to Skate	6:15 pm Preschool 1	5:45 pm Parent &	
Centre	Youth (Ages 6+)		Tot 3	
1:00 pm Walking	5:15 pm Private	6:15 pm Preschool 3	6:00 pm Cardio	
Track	Swimming Lessons		Tone	
2:00 pm Public	(Preschool 1-5)	6:15 pm Preschool 2	6:10 pm Multi	
Swim	5:30 pm Private		Sports (5-7)	
2:30 pm Sport	Swimming Lessons (Preschool 1-5)	6:15 pm Swimmer 6	6:15 pm Preschool	
Court Reservation -	× ,	•	1	
Alder Saputo Centre	5:30 pm Preschool 3	6:15 pm Body Blast	6:15 pm Preschool	
	-	6:30 pm Swimmer	5	
3:00 pm Walking Track	5:30 pm Preschool 1	1	6:15 pm Private	
	5.30 pm Junior	6:35 pm Basketball	Swimming Lessons (Preschool 1-5)	
3:00 pm Birthday Party - Swim &	5:30 pm Junior Chefs (Ages 8-11)	(8-11)		
Splash		6:45 pm Preschool	6:15 pm Preschool 2	
	5:30 pm Music Club	5		
3.15 nm Lane	5:45 pm Parent &	6:45 pm Preschool	6:15 pm Preschool	
3:15 pm Lane Swim	Tot 2	2	3	

4.00	1	I.	1		I
4:00 pm Sport Court Reservation - Alder Saputo	5:45 pm Preschool 2	6:45 pm Preschool 4	6:30 pm Private Swimming Lessons (Preschool 1-5)		
Centre 4:00 pm Birthday	5:45 pm Preschool 4	6:45 pm Drama & Creative Arts Club	6:30 pm Private Swimming Lessons		
Party - Swim & Splash	5:45 pm Parent & Tot 3	6:45 pm Preschool 1	(Preschool 1-5) 6:45 pm Preschool		
4:15 pm Lane Swim	6:15 pm Parent & Tot 2	7:00 pm Walking Track	4		
5:00 pm Walking Track	6:15 pm Cardio Tone	7:15 pm Swimmer 6	6:45 pm Preschool 3		
5:30 pm Sport Court Reservation - Alder Saputo Centre 7:00 pm Walking Track	6:15 pm Preschool	7:15 pm Private	6:45 pm Preschool 1		
	1 6:15 pm Ages 11-13	Swimming Lessons (Preschool 1-5)	6:45 pm Preschool 2		
	Basketball Drop-In	7:15 pm Dance Fit	7:00 pm Swimmer 5		
	6:15 pm Preschool 3	7:15 pm Swimmer 5	7:00 pm Swimmer 4		
	6:30 pm Private Swimming Lessons (Preschool 1-5)	7:15 pm Swimmer	7:00 pm Zumba®		
		4	7:00 pm Walking Track		
	6:30 pm Preschool	7:15 pm Swimmer 3	7:00 pm Swimmer 3		
	5 6:30 pm Preschool	7:15 pm Swimmer 1	7:00 pm Multi Sports (8-11)		
	2 6:45 pm Preschool	7:15 pm Swimmer	7:15 pm Swimmer 2		
	1 6:45 pm Recreation Leaders	2 7:30 pm Ages 14- 17 Basketball Drop- In	7:15 pm Private		
			Swimming Lessons 7:15 pm Swimmer 1		
	7:00 pm Preschool	7:45 pm Private Swimming Lessons (Preschool 1-5)	7:15 pm Private		
	4 7.00 mm Parant 8		Swimming Lessons		
	7:00 pm Parent & Tot 3	7:45 pm Private Swimming Lessons (Preschool 1-5)	8:00 pm Aquafit 8:00 pm Adult 18+ Basketball Drop-In		
	7:00 pm Preschool 2				
	7:00 pm Walking Track	7:45 pm Private Swimming Lessons			
	7:15 pm Zumba®	8:00 pm Private Swimming Lessons			
	7:15 pm Private Swimming Lessons	8:00 pm Private Swimming Lessons			
	(Preschool 1-5) 7:15 pm Private	8:30 pm Swimmer			
	Swimming Lessons (Preschool 1-5)	1- Teen/Adult 8:30 pm Swimmer			
	7:15 pm Preschool	2-Teen/Adult			
	7:20 pm Sport				
	Court Reservation - Alder Saputo Centre				
	7:30 pm Swimmer 3				
	7:30 pm Swimmer				
	4 7:30 pm Swimmer				
	5				
	7:30 pm Swimmer 6				
	8:45 pm Lane Swim				

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