

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 am Lane Swim
2 3:00 pm Birthday Party - Swim & Splash	3 11:00 am Walking Track 1:00 pm Walking Track 4:00 pm Lane Swim 5:00 pm Lane Swim	4	5	6 3:50 pm Private Hockey Technical Skating Skills (Ages 7-11) FULL EQUIPMENT 4:20 pm Private Hockey Technical Skating Skills (Ages 11-12) FULL EQUIPMENT 4:50 pm Private Hockey Technical Skating Skills (Ages 11+) FULL EQUIPMENT	7 4:00 pm Lane Swim 5:00 pm Lane Swim	8 6:00 pm Birthday Party - Skate & Celebrate
9 10:00 am Lifesaving Swim Instructors 3:00 pm Birthday Party - Swim & Splash	10 8:00 am March Break Camp Monday (Ages 6 to 13) 8:00 am March Break Camp Monday (Ages 4 to 5) 8:30 am Home Alone 10:45 am Lane Swim 5:45 pm Lane Swim 6:45 pm Lane Swim	11 8:00 am March Break Camp Tuesday (Ages 4 to 5) 8:00 am March Break Camp Tuesday (Ages 6 to 13)	12 8:00 am March Break Camp Wednesday (Ages 6 to 13) 8:00 am March Break Camp Wednesday (Ages 4 to 5)	13 8:00 am March Break Camp Thursday (Ages 4 to 5) 8:00 am March Break Camp Thursday (Ages 6 to 13) 2:45 pm Lane Swim 8:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)	14 8:00 am March Break Camp Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 6 to 13) 8:00 am March Break Camp Friday (Ages 6 to 13) 10:45 am Lane Swim 10:45 am Leisure & Splash/ Slide 12:30 pm Public Swim 4:20 pm March Break Hockey Development Camp (Ages 7 & 8) 4:30 pm Lane Swim 5:30 pm Lane Swim 5:35 pm March Break REP Hockey Development Camp (Ages 9 & 10) 6:45 pm Public Swim	15 8:00 am Lane Swim

					6:50 pm March Break REP Hockey Development Camp (Ages 11+)	
16 3:00 pm National Lifeguard - Recert 3:00 pm Birthday Party - Swim & Splash	17 11:00 am Walking Track 1:00 pm Walking Track	18	19	20	21	22 11:30 am Lane Swim 7:30 pm Public Skate
23 1:30 pm Bronze Medallion and Emergency First Aid 1:30 pm Public Skate 3:00 pm Birthday Party - Swim & Splash	24 4:00 pm Shinny 5-7 years old 4:00 pm Shinny 5-7 Years Old GOALIE Registration Only	25 9:00 am 70+ Shinny - GOALIE Registration Only 9:00 am 70+ Shinny 10:00 am Dance Fit 10:45 am Intermediate Line Dance 4:00 pm Shinny 8-10 Years Old - GOALIE Registration Only 4:00 pm Shinny 8-10 years old 5:15 pm Balls & Bands - Cancelled 6:15 pm Body Blast 7:15 pm Dance Fit	26 10:15 am Zumba® Toning 11:00 am Balls & Bands 12:30 pm Family Skate 3:30 pm Shinny 14-17 years old 3:30 pm Shinny 14-17 Years Old - GOALIE Registration Only 4:30 pm Public Skate 6:00 pm Cardio Tone 7:00 pm Zumba®	27 8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) 8:30 am 70+ Shinny - GOALIE Registration Only 8:30 am 70+ Shinny 8:35 am Private Learn to Skate Adult (Ages 18+) 8:35 am Adult Private Hockey Technical Skating Skills (Adult 18+) 9:20 am Small Group Learn to Skate Toddler (Age 3) 9:20 am Private Learn to Skate Adult (Ages 18+) 10:00 am Beginner Line Dancing 10:00 am Small Group Learn to Skate Toddler (Age 3) 10:00 am Parent & Child (Ages 2 to 5) 10:40 am Small Group Learn to Skate Preschool (Ages 4 to 5) 10:40 am Parent & Child (Ages 2 to 5) 11:30 am Parent and Child Mini Hockey Learn to Skate (Ages 2 to 4) 12:10 pm Adult Private Hockey Technical Skating Skills (Adult 18+) 12:10 pm Private Learn to Skate Adult (Ages 18+) 12:30 pm Adult Skate 3:00 pm Figure Skating Skills 3:30 pm Hockey Skills - 14 years old	28 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIE Registration Only 9:00 am 65+ Shinny - GOALIE Registration Only 9:00 am 65+ Shinny 9:00 am Zumba® Gold 9:00 am Adult Skate 9:45 am Chair Fitness 10:00 am Tiny Tots Skate 11:00 am Family Skate 12:00 pm Adult Shinny 12:00 pm Adult Shinny - GOALIE Registration Only 4:00 pm Public Skate 5:30 pm Friday Night Social (Ages 8 to 13)	29

				<p>and OVER</p> <p>4:00 pm Shinny 11-13 Years Old - GOALIE Registration Only</p> <p>4:00 pm Shinny 11-13 years old</p> <p>4:30 pm Hockey Skills - 13 years and UNDER</p> <p>6:15 pm Pound</p> <p>7:15 pm Step & Tone</p>		
30	<p>31</p> <p>7:30 am Lane Swim</p> <p>8:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>8:30 am 55+ Shinny - GOALIES Only</p> <p>8:30 am 55+ Shinny</p> <p>8:45 am Therapeutic Swim (Lap)</p> <p>9:00 am Indoor Nordic Walking</p> <p>9:15 am Zumba®</p> <p>9:30 am Public Swim (Lap & Leisure)</p> <p>10:00 am Sport Court Reservation - Alder Saputo Centre</p> <p>10:30 am Hatha Beginner</p> <p>10:30 am Leisure & Splash</p> <p>11:00 am Family Skate</p> <p>11:00 am Walking Track</p> <p>11:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>11:45 am Breath & Meditation</p> <p>12:00 pm Lane Swim</p> <p>12:00 pm Leisure Swim</p> <p>1:00 pm Lane Swim</p> <p>1:00 pm Walking Track</p> <p>1:00 pm Sport Court Reservation - Alder Saputo Centre</p> <p>2:30 pm Sport Court Reservation - Alder Saputo Centre</p> <p>3:00 pm Walking Track</p> <p>4:05 pm Ages 14-17</p>					

Basketball Drop-In
4:20 pm Private
Hockey/Ringette
Technical Skating
Skills (Ages 6+)
FULL EQUIPMENT
4:20 pm Private
Learn to Skate
Youth (Ages 4+)
4:20 pm Semi-
Private Learn to
Skate Youth (6 to 17
years)
4:30 pm Preschool 3
4:30 pm Preschool 1
4:45 pm Private
Swimming Lessons
(Preschool 1-5)
4:45 pm Preschool 2
5:00 pm Preschool 1
5:00 pm Walking
Track
5:00 pm Preschool 3
5:00 pm Preschool
(Ages 4 to 5)
5:10 pm Ages 8-10
Basketball Drop-In
5:15 pm Parent &
Tot 2
5:15 pm Preschool 2
5:30 pm Junior
Chefs (Ages 8-11)
5:30 pm Preschool 3
5:30 pm Preschool 1
5:30 pm Music Club
5:40 pm Youth
(Ages 6 to 17)
5:45 pm Preschool 2
5:45 pm Parent &
Tot 1
6:15 pm Ages 11-13
Basketball Drop-In
6:15 pm Cardio
Tone
6:15 pm Preschool 3
6:15 pm Preschool 1
6:30 pm Preschool 2
6:30 pm Parent &
Tot 3
6:35 pm Power
Skating for
Hockey/Ringette
(Ages 7 to 10)
FULL EQUIPMENT
6:45 pm Preschool 3
6:45 pm Preschool 1
7:00 pm Preschool 2
7:00 pm Private
Swimming Lessons
(Preschool 1-5)

7:00 pm Walking Track					
7:15 pm Zumba®					
7:15 pm Preschool 4					
7:15 pm Preschool 5					
7:20 pm Sport Court Reservation - Alder Saputo Centre					
7:30 pm Swimmer 5					
7:30 pm Swimmer 3					
7:30 pm Swimmer 6					
7:30 pm Swimmer 4					
7:30 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT					
8:45 pm Lane Swim					