

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 am Lane Swim
2 3:00 pm Birthday Party - Swim & Splash	3 11:00 am Walking Track 1:00 pm Walking Track 4:00 pm Lane Swim 5:00 pm Lane Swim	4	5	6 3:50 pm Private Hockey Technical Skating Skills (Ages 7-11) FULL EQUIPMENT 4:20 pm Private Hockey Technical Skating Skills (Ages 11-12) FULL EQUIPMENT 4:50 pm Private Hockey Technical Skating Skills (Ages 11+) FULL EQUIPMENT	7 4:00 pm Lane Swim 5:00 pm Lane Swim	8 6:00 pm Birthday Party - Skate & Celebrate
9 10:00 am Lifesaving Swim Instructors 3:00 pm Birthday Party - Swim & Splash	10 8:00 am March Break Camp Monday (Ages 6 to 13) 8:00 am March Break Camp Monday (Ages 4 to 5) 8:30 am Home Alone 10:45 am Lane Swim 5:45 pm Lane Swim 6:45 pm Lane Swim	11 8:00 am March Break Camp Tuesday (Ages 4 to 5) 8:00 am March Break Camp Tuesday (Ages 6 to 13)	12 8:00 am March Break Camp Wednesday (Ages 6 to 13) 8:00 am March Break Camp Wednesday (Ages 4 to 5)	13 8:00 am March Break Camp Thursday (Ages 4 to 5) 8:00 am March Break Camp Thursday (Ages 6 to 13) 2:45 pm Lane Swim 8:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)	14 8:00 am March Break Camp Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 6 to 13) 8:00 am March Break Camp Friday (Ages 6 to 13) 10:45 am Lane Swim 10:45 am Leisure & Splash/ Slide 12:30 pm Public Swim 4:20 pm March Break Hockey Development Camp (Ages 7 & 8) 4:30 pm Lane Swim 5:30 pm Lane Swim 5:35 pm March Break REP Hockey Development Camp (Ages 9 & 10) 6:45 pm Public Swim	15 8:00 am Lane Swim

					6:50 pm March Break REP Hockey Development Camp (Ages 11+)	
16 3:00 pm National Lifeguard - Recert 3:00 pm Birthday Party - Swim & Splash	17 11:00 am Walking Track 1:00 pm Walking Track	18 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am Walking Track 9:00 am 70+ Shinny 9:00 am 70+ Shinny - GOALIE Registration Only 9:30 am Public Swim (Lap & Leisure) 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Dance Fit 10:30 am Hatha Intermediate 10:30 am Therapeutic Swim (Lap) 10:45 am Parent & Tot 1 10:45 am Preschool 2 10:45 am Intermediate Line Dance 10:45 am Preschool 1 11:00 am Walking Track 11:15 am Preschool 4 11:15 am Preschool 1 11:15 am Parent & Tot 3 11:15 am Parent & Tot 2 11:15 am Preschool 3 11:30 am Sport Court Reservation - Alder Saputo Centre 12:00 pm Lane Swim 12:00 pm Leisure & Splash 12:00 pm Adult Shinny 12:00 pm Adult Shinny - GOALIE Registration Only	19 7:30 am Lane Swim 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:45 am AquaFitness 9:00 am 65+ Shinny 9:00 am 65+ Shinny - GOALIE Registration Only 9:00 am Adult Skate 9:00 am Walking Track 9:30 am Public Swim (Lap & Leisure) 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Tiny Tots Skate 10:15 am Zumba® Toning 10:30 am Sensory Friendly Swim (Lap & Leisure) 10:30 am Chair Yoga 11:00 am Walking Track 11:00 am Balls & Bands 11:00 am Family Skate 11:30 am Sport Court Reservation - Alder Saputo Centre 11:45 am Leisure & Splash 11:45 am Vinyasa 12:00 pm Adult Shinny - GOALIE Registration Only 12:00 pm Therapeutic Swim (Lap) 12:00 pm Adult Shinny 12:30 pm Family Skate 1:00 pm Leisure Swim 1:00 pm Walking Track	20 7:30 am Lane Swim 8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) 8:30 am 70+ Shinny - GOALIE Registration Only 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 70+ Shinny 8:35 am Private Learn to Skate Adult (Ages 18+) 8:35 am Adult Private Hockey Technical Skating Skills (Adult 18+) 8:45 am Aqua Zumba 9:20 am Private Learn to Skate Adult (Ages 18+) 9:20 am Small Group Learn to Skate Toddler (Age 3) 9:30 am Public Swim (Lap & Leisure) 10:00 am Beginner Line Dancing 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Small Group Learn to Skate Toddler (Age 3) 10:00 am Parent & Child (Ages 2 to 5) 10:30 am Yin Yoga 10:40 am Parent & Child (Ages 2 to 5) 10:40 am Small Group Learn to Skate Preschool (Ages 4 to 5) 10:45 am Parent & Tot 1 10:45 am Preschool 2 10:45 am Preschool 1 11:00 am Walking Track 11:15 am Preschool 5	21 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am 55+ Shinny 8:45 am Aquafit 9:00 am Walking Track 9:00 am Adult Skate 9:00 am 65+ Shinny - GOALIE Registration Only 9:00 am 65+ Shinny 9:00 am Zumba® Gold 9:30 am Public Swim (Lap) 9:45 am Chair Fitness 9:45 am Sun Salutation 10:00 am Tiny Tots Skate 10:00 am Sport Court Reservation - Alder Saputo Centre 10:30 am Leisure & Splash 11:00 am Restorative Yoga 11:00 am Family Skate 11:00 am Walking Track 11:30 am Sport Court Reservation - Alder Saputo Centre 11:30 am Therapeutic Swim (Lap) 12:00 pm Adult Shinny - GOALIE Registration Only 1:00 pm Sport Court Reservation - Alder Saputo Centre 1:00 pm Lane Swim 1:00 pm Walking Track 2:00 pm Lane Swim 2:30 pm Sport Court Reservation - Alder Saputo Centre	22 8:05 am Private Learn to Skate Youth (Ages 4+) 8:05 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT 8:05 am Semi-Private Learn to Skate Youth (6 to 17 years) 8:45 am Small Group Learn to Skate Preschool (Ages 4 to 5) 8:45 am Parent & Child (Ages 2 to 5) 9:00 am Bronze Star 9:00 am Walking Track 9:00 am Preschool 3 9:00 am Swimmer 3 9:00 am Parent & Tot 1 9:00 am Swimmer 1 9:00 am Preschool 2 9:00 am Lane Swim- Shared (3 Lanes) 9:00 am Preschool 4 9:00 am Preschool 1 9:25 am Preschool (Ages 4 to 5) 9:30 am Parent & Tot 2 9:30 am Preschool 5 9:30 am Preschool 3

12:30 pm Adult Skate	1:00 pm Lane Swim	11:15 am Preschool 4	3:00 pm Walking Track	9:30 am Swimmer 2
1:00 pm Walking Track	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 2	4:00 pm Adult Social Pickleball	9:30 am Adult Social Pickleball
1:00 pm Lane Swim	2:00 pm Lane Swim	11:15 am Preschool 3	4:30 pm Preschool 1	9:30 am Preschool 1
1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 3	4:30 pm Private Swimming Lessons (Preschool 1-5)	9:30 am Junior Chefs (Ages 8-11)
2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	11:30 am Parent and Child Mini Hockey Learn to Skate (Ages 2 to 4)	4:30 pm Preschool 4	9:30 am Preschool 2
3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	11:30 am Sport Court Reservation - Alder Saputo Centre	4:30 pm Preschool 2	9:45 am Swimmer 4
3:00 pm Walking Track	3:30 pm Shinny 14-17 Years Old - GOALIE Registration Only	12:00 pm Therapeutic Swim (Lap)	4:45 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	10:00 am Preschool 4
3:30 pm Hockey Skills - 14 years old and OVER	3:30 pm Shinny 14-17 years old	12:10 pm Adult Private Hockey Technical Skating Skills (Adult 18+)	4:45 pm Semi-Private Learn to Skate Youth (6 to 17 years)	10:00 am Preschool 1
4:00 pm Shinny 8-10 Years Old - GOALIE Registration Only	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	12:10 pm Private Learn to Skate Adult (Ages 18+)	4:45 pm Private Learn to Skate Youth (Ages 4+)	10:00 am Preschool 2
4:00 pm Shinny 8-10 years old	4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	12:30 pm Adult Skate	5:00 pm Preschool 1	10:00 am Swimmer 1
4:30 pm Hockey Skills - 13 years and UNDER	4:30 pm Preschool 3	1:00 pm Walking Track	5:00 pm Parent & Tot 1	10:00 am Parent & Tot 3
4:30 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Multi Sports (3-4)	1:00 pm Home School Community Open Gym	5:00 pm Walking Track	10:00 am Preschool 3
4:30 pm Preschool 3	4:30 pm Preschool 2	1:30 pm Lane Swim	5:00 pm Preschool 3	10:05 am Parent & Child (Ages 2 to 5)
4:30 pm Youth Social Pickleball Ages 12-17 - Drop-In	4:30 pm Private Swimming Lessons (Preschool 1-5)	2:30 pm Sport Court Reservation - Alder Saputo Centre	5:00 pm Private Swimming Lessons (Preschool 1-5)	10:15 am Swimmer 8-Ranger Patrol
4:30 pm Preschool 1	4:30 pm Preschool 1	3:00 pm Figure Skating Skills	5:25 pm NEW Parent and Player Pre-Power (Ages 4 to 5)	10:15 am Swimmer 7 - Rookie Patrol
4:30 pm Preschool 2	4:30 pm Public Skate	3:00 pm Walking Track	5:25 pm Semi-Private Power Skating (Age 6) FULL EQUIPMENT	10:15 am Swimmer 9-Star Patrol
5:00 pm Preschool 3	5:00 pm Preschool 2	3:30 pm Hockey Skills - 14 years old and OVER	5:30 pm Preschool 3	10:30 am Preschool 3
5:00 pm Parent & Tot 1	5:00 pm Preschool 1	4:00 pm Shinny 11-13 Years Old - GOALIE Registration Only	5:30 pm Adult Social Pickleball	10:30 am Private Swimming Lessons
5:00 pm Walking Track	5:00 pm Preschool 3	4:00 pm Shinny 11-13 years old	5:30 pm Private Swimming Lessons (Preschool 1-5)	10:30 am Preschool 1
5:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Walking Track	4:30 pm Mini Artists (3-4)	5:30 pm Preschool 2	10:45 am Swimmer 2
5:00 pm Preschool 1	5:20 pm Multi Sports (3-4)	4:30 pm Hockey Skills - 13 years and UNDER	5:30 pm Private Swimming Lessons (Preschool 1-5)	10:45 am Swimmer 3
5:00 pm Preschool 2	5:30 pm Preschool 1	4:30 pm Private Swimming Lessons (Preschool 1-5)	6:00 pm Parent & Tot 2	10:45 am Preschool 5
5:15 pm Balls & Bands	5:30 pm Parent & Tot 1	6:00 pm Parent & Tot 2	6:00 pm Preschool 3	10:45 am Youth (Ages 6 to 17)
5:30 pm Preschool 1	5:30 pm Private Swimming Lessons (Preschool 1-5)	6:00 pm Parent &		

5:30 pm Swimmer 2	5:30 pm Preschool 2	4:30 pm Indoor Soccer (3-4)	Tot 3	10:45 am Preschool 2
5:30 pm Swimmer 1	5:30 pm Preschool 3	4:30 pm Preschool 2	6:00 pm Private Swimming Lessons (Preschool 1-5)	11:00 am Adult Social Pickleball
5:30 pm Mindful Moments	6:00 pm Cardio Tone	4:30 pm Preschool 3	6:00 pm Preschool 2	11:00 am Walking Track
5:30 pm Preschool 2	6:00 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Preschool 1	6:00 pm Preschool 1	11:15 am Swimmer 1
5:30 pm Parent & Tot 2	6:10 pm Multi Sports (5-7)	5:00 pm Preschool 3	6:05 pm Parent & Child (Ages 2 to 5)	11:15 am Preschool 2
5:30 pm Mindful Moments	6:15 pm Parent & Tot 3	5:00 pm Preschool 2	6:05 pm Preschool (Ages 4 to 5)	11:15 am Preschool 1
5:30 pm Parent & Tot 3	6:15 pm Preschool 2	5:00 pm Walking Track	6:45 pm Semi-Private Learn to Skate Youth (6 to 17 years)	11:15 am Preschool 3
5:30 pm Preschool 3	6:15 pm Preschool 1	5:00 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Private Learn to Skate Youth (Ages 4+)	11:15 am Swimmer 5
5:45 pm Swimmer 3	6:15 pm Preschool 3	5:00 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Leisure Splash & Slide	11:15 am Private Swimming Lessons
5:45 pm Swimmer 4	6:30 pm Private Swimming Lessons (Preschool 1-5)	5:20 pm Indoor Soccer (5-7)	7:00 pm Walking Track	11:15 am Private Swimming Lessons
5:45 pm Basketball (5-7)	6:45 pm Preschool 5	5:30 pm Preschool 2	7:05 pm Adult 18+ Basketball Drop-In	11:15 am Swimmer 6
6:00 pm Swimmer 2	6:45 pm Preschool 4	5:30 pm Preschool 3	7:35 pm Youth (Ages 6 to 17)	11:30 am Swimmer 4
6:00 pm Preschool 3	6:45 pm Preschool 1	5:30 pm Parent & Tot 1	7:45 pm Leisure & Splash	11:30 am Lane Swim
6:00 pm Swimmer 1	7:00 pm Multi Sports (8-11)	5:30 pm Little Artists (5-7)	7:45 pm Lane Swim	11:40 am Semi-Private Learn to Skate Youth (6 to 17 years)
6:15 pm Preschool 1	7:00 pm Zumba®	5:30 pm Preschool 4	8:10 pm Sport Court Reservation - Alder Saputo Centre	11:40 am Private Learn to Skate Youth (Ages 4+)
6:15 pm Preschool 2	7:00 pm Walking Track	5:30 pm Swimmer 2		11:40 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT
6:15 pm Swimmer 2	7:15 pm Swimmer 5	5:30 pm Preschool 1		11:45 am Preschool 3
6:15 pm Body Blast	7:15 pm Swimmer 4	5:45 pm Swimmer 6		11:45 am Swimmer 2
6:30 pm Swimmer 5	7:15 pm Swimmer 2	5:45 pm Swimmer 5		11:45 am Private Swimming Lessons
6:30 pm Swimmer 6	7:15 pm Swimmer 1	6:00 pm Swimmer 1		11:45 am Private Swimming
6:30 pm Preschool 5	7:15 pm Swimmer 6	6:00 pm Preschool 5		11:45 am Private Swimming
6:35 pm Basketball (8-11)	7:15 pm Swimmer 3	6:00 pm Swimmer 2		11:45 am Private Swimming
6:35 pm Ages 11-13 Basketball Drop-In	7:45 pm Private Swimming Lessons	6:10 pm Indoor Soccer (8-11)		11:45 am Private Swimming
6:45 pm Swimmer 1	7:45 pm Private Swimming Lessons	6:15 pm Preschool 1		11:45 am Private Swimming
6:45 pm Preschool 4	8:00 pm Adult 18+ Basketball Drop-In	6:15 pm Swimmer 1		11:45 am Private Swimming
6:45 pm Preschool 2	8:15 pm Lane Swim	6:15 pm Pound		11:45 am Private Swimming
6:45 pm Drama & Creative Arts Club		6:15 pm Preschool 2		11:45 am Private Swimming
6:45 pm Swimmer 2		6:45 pm Swimmer 4		11:45 am Private Swimming
6:45 pm Preschool 1		6:45 pm Preschool 1		11:45 am Private Swimming
7:00 pm Walking Track		6:45 pm Junior Artists (8-11)		11:45 am Private Swimming
7:15 pm Private Swimming Lessons		6:45 pm Swimmer 3		11:45 am Private Swimming
7:15 pm Private Swimming Lessons		6:45 pm Preschool 2		11:45 am Private Swimming
7:15 pm Swimmer 1		6:45 pm Preschool 5		11:45 am Private Swimming
7:15 pm Swimmer 2		6:45 pm Swimmer 2		11:45 am Private Swimming
		6:45 pm Swimmer 1		11:45 am Private Swimming
		6:45 pm Preschool 4		11:45 am Private Swimming
		7:00 pm Sport Court Reservation - Alder Saputo Centre		11:45 am Private Swimming

		<p>7:15 pm Dance Fit</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:30 pm Ages 14-17 Basketball Drop-In</p> <p>7:30 pm Swimmer 7 - Rookie Patrol</p> <p>7:30 pm Swimmer 9- Star Patrol</p> <p>7:30 pm Swimmer 8- Ranger Patrol</p> <p>7:45 pm Swimmer 2-Teen/Adult</p> <p>7:45 pm Swimmer 1- Teen/Adult</p> <p>8:45 pm Lane Swim</p>		<p>7:00 pm Walking Track</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:15 pm Swimmer 2</p> <p>7:15 pm Step & Tone</p> <p>7:15 pm Swimmer 1</p> <p>7:15 pm Private Swimming Lessons</p> <p>7:30 pm Swimmer 7 - Rookie Patrol</p> <p>7:30 pm Swimmer 9- Star Patrol</p> <p>7:30 pm Swimmer 8- Ranger Patrol</p> <p>7:45 pm Swimmer 1- Teen/Adult</p> <p>7:45 pm Swimmer 2-Teen/Adult</p> <p>7:45 pm Swimmer 3 - Teen/Adult</p> <p>8:30 pm Sport Court Reservation - Alder Saputo Centre</p> <p>8:45 pm Lane Swim</p>		<p>Lessons</p> <p>11:45 am Preschool 2</p> <p>11:45 am Preschool 1</p> <p>12:30 pm Sport Court Reservation - Alder Saputo Centre</p> <p>12:30 pm Lane Swim</p> <p>12:45 pm Leisure Swim & Splash</p> <p>1:00 pm Walking Track</p> <p>1:45 pm Public Swim (Lap & Leisure)</p> <p>2:00 pm Sport Court Reservation - Alder Saputo Centre</p> <p>3:00 pm Walking Track</p> <p>3:00 pm Lane Swim</p> <p>3:30 pm Sport Court Reservation - Alder Saputo Centre</p> <p>5:00 pm Adult Social Pickleball</p> <p>5:00 pm Walking Track</p> <p>6:30 pm Adult Social Pickleball</p> <p>7:00 pm Walking Track</p> <p>7:30 pm Public Skate</p> <p>8:00 pm Sport Court Reservation - Alder Saputo Centre</p>
<p>23</p> <p>8:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>9:00 am Preschool 3</p> <p>9:00 am Swimmer 3</p> <p>9:00 am Preschool</p>	<p>24</p> <p>7:30 am Lane Swim</p> <p>8:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>8:30 am 55+ Shinny - GOALIE Registration Only</p> <p>8:30 am 55+ Shinny</p>	<p>25</p> <p>7:30 am Lane Swim</p> <p>8:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>8:45 am Aqua Zumba</p> <p>9:00 am Walking Track</p>	<p>26</p> <p>7:30 am Lane Swim</p> <p>8:30 am 55+ Shinny - GOALIE Registration Only</p> <p>8:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>8:30 am 55+ Shinny</p>	<p>27</p> <p>7:30 am Lane Swim</p> <p>8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+)</p> <p>8:30 am 70+ Shinny - GOALIE Registration Only</p>	<p>28</p> <p>7:30 am Lane Swim</p> <p>8:30 am Sport Court Reservation - Alder Saputo Centre</p> <p>8:30 am 55+ Shinny - GOALIE Registration Only</p> <p>8:30 am 55+ Shinny</p>	<p>29</p> <p>9:00 am Swimmer 3</p> <p>9:00 am Preschool 3</p> <p>9:00 am Walking Track</p> <p>9:00 am</p>

4	8:45 am Therapeutic Swim (Lap)	9:00 am 70+ Shinny - GOALIE Registration Only	8:45 am AquaFitness	8:30 am Sport Court Reservation - Alder Saputo Centre	8:45 am Aquafit	Parent & Tot 1
9:00 am Parent & Tot 1	9:00 am Adult Skate	9:00 am 70+ Shinny	9:00 am 65+ Shinny	8:30 am 70+ Shinny	9:00 am Walking Track	9:00 am Swimmer 1
9:00 am Preschool 2	9:00 am Indoor Nordic Walking	9:30 am Public Swim (Lap & Leisure)	9:00 am 65+ Shinny - GOALIE Registration Only	8:35 am Adult Private Hockey Technical Skating Skills (Adult 18+)	9:00 am Adult Skate	9:00 am Bronze Star
9:00 am Lane Swim- Shared 4 Lanes	9:00 am 65+ Shinny - GOALIE Registration Only	10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Adult Skate	8:35 am Private Learn to Skate Adult (Ages 18+)	9:00 am 65+ Shinny Registration Only	9:00 am Preschool 1
9:00 am Swimmer 1	9:00 am 65+ Shinny	10:00 am Dance Fit	9:00 am Walking Track	8:45 am Aqua Zumba	9:00 am 65+ Shinny	9:00 am Preschool 4
9:00 am Walking Track	9:15 am Zumba®	10:00 am Hatha Intermediate	9:30 am Public Swim (Lap & Leisure)	9:20 am Private Learn to Skate Adult (Ages 18+)	9:00 am Zumba® Gold	9:00 am Lane Swim- Shared (3 Lanes)
9:00 am Preschool 1	9:30 am Public Swim (Lap & Leisure)	10:30 am Hatha Intermediate	10:00 am Sport Court Reservation - Alder Saputo Centre	9:20 am Small Group Learn to Skate Toddler (Age 3)	9:30 am Public Swim (Lap)	9:00 am Preschool 2
9:30 am Preschool 1	10:00 am Sport Court Reservation - Alder Saputo Centre	10:30 am Therapeutic Swim (Lap)	10:00 am Tiny Tots Skate	9:30 am Public Swim (Lap & Leisure)	9:45 am Chair Fitness	9:30 am Preschool 5
9:30 am Swimmer 2	10:00 am Tiny Tots Skate	10:45 am Preschool 2	10:15 am Zumba® Toning	10:00 am Beginner Line Dancing	9:45 am Sun Salutation	9:30 am Parent & Tot 2
9:30 am Parent & Tot 2	10:30 am Hatha Beginner	10:45 am Parent & Tot 1	10:30 am Sensory Friendly Swim (Lap & Leisure)	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Tiny Tots Skate	9:30 am Adult Social Pickleball
9:30 am Preschool 2	10:30 am Leisure & Splash	10:45 am Intermediate Line Dance	10:30 am Chair Yoga	10:00 am Beginner Line Dancing	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Preschool 1
9:30 am Preschool 3	11:00 am Family Skate	10:45 am Preschool 1	11:00 am Walking Track	10:00 am Sport Court Reservation - Alder Saputo Centre	10:30 am Leisure & Splash	9:30 am Preschool 1
9:30 am Preschool 5	11:00 am Walking Track	11:00 am Walking Track	11:00 am Balls & Bands	10:00 am Small Group Learn to Skate Toddler (Age 3)	11:00 am Restorative Yoga	9:30 am Preschool 2
9:45 am Swimmer 4	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4	11:00 am Family Skate	10:00 am Parent & Child (Ages 2 to 5)	11:00 am Family Skate	9:30 am Junior Chefs (Ages 8-11)
10:00 am Preschool 2	11:45 am Breath & Meditation	11:15 am Parent & Tot 3	11:30 am Sport Court Reservation - Alder Saputo Centre	10:30 am Yin Yoga	11:00 am Walking Track	9:30 am Preschool 3
10:00 am Preschool 1	12:00 pm Adult Shinny - GOALIE Registration Only	11:15 am Preschool 1	11:45 am Vinyasa	10:40 am Parent & Child (Ages 2 to 5)	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Swimmer 2
10:00 am Swimmer 1	12:00 pm Adult Shinny	11:15 am Parent & Tot 2	11:45 am Leisure & Splash	10:40 am Small Group Learn to Skate Preschool (Ages 4 to 5)	11:30 am Therapeutic Swim (Lap)	9:45 am Swimmer 4
10:00 am Preschool 3	12:00 pm Lane Swim	11:15 am Preschool 3	12:00 pm Adult Shinny - GOALIE Registration Only	10:45 am Parent & Tot 1	12:00 pm Adult Shinny	10:00 am Preschool 4
10:00 am Preschool 4	12:00 pm Lane Swim	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Therapeutic Swim (Lap)	10:45 am Preschool 2	12:00 pm Adult Shinny - GOALIE Registration Only	10:00 am Preschool 1
10:00 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Leisure & Splash	12:00 pm Lane Swim	12:00 pm Adult Shinny	10:45 am Preschool 1	12:00 pm Adult Shinny - GOALIE Registration Only	10:00 am Preschool 2
10:00 am Parent & Tot 3	12:30 pm Family Skate	12:00 pm Leisure & Splash	12:30 pm Family Skate	10:45 am Preschool 2	1:00 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Preschool 3
10:30 am Private Swimming Lessons	1:00 pm Lane Swim	12:00 pm Adult Shinny	1:00 pm Leisure Swim	11:00 am Walking Track	1:00 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Swimmer 1
10:30 am Preschool 1	1:00 pm Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny - GOALIE Registration Only	1:00 pm Leisure Swim	11:00 am Walking Track	1:00 pm Walking Track	10:00 am Parent & Tot 3
10:30 am Preschool 3	1:00 pm Walking Track	12:30 pm Adult Skate	1:00 pm Lane Swim	11:15 am Preschool 5	1:00 pm Lane Swim	10:15 am Swimmer 7 - Rookie Patrol
10:45 am Swimmer 2	2:30 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Walking Track	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4	2:00 pm Lane Swim	10:15 am Swimmer 8- Ranger Patrol
10:45 am Swimmer 6	3:00 pm Figure Skating Skills	1:00 pm Lane Swim	2:00 pm Lane Swim	11:15 am Parent & Tot 2	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:15 am Swimmer 9- Star Patrol
10:45 am Swimmer 5	3:00 pm Walking Track	1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 3	3:00 pm Walking Track	10:30 am Private Swimming Lessons
10:45 am Preschool 2	4:00 pm Shinny 5-7 years old	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	11:15 am Parent & Tot 3	4:00 pm Adult Social Pickleball	10:30 am Preschool 3
10:45 am Preschool 5	4:00 pm Shinny 5-7 Years Old GOALIE Registration Only	3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	11:30 am Parent and Child Mini Hockey Learn to Skate (Ages 2 to 4)	4:00 pm Public Skate	
11:00 am Walking Track	4:05 pm Ages 14-17 Basketball Drop-In	3:00 pm Walking		11:30 am Sport	4:30 pm Preschool 2	
					4:30 pm Preschool 3	
					4:30 pm Preschool 1	
					4:30 pm Private Swimming Lessons	

11:15 am Preschool 1	4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	Track	FULL EQUIPMENT	Court Reservation - Alder Saputo Centre	(Preschool 1-5)	10:30 am Preschool 1
11:15 am Private Swimming Lessons	FULL EQUIPMENT	3:30 pm Hockey Skills - 14 years old and OVER	3:30 pm Shinny 14-17 Years Old - GOALIE Registration Only	12:00 pm Therapeutic Swim (Lap)	4:30 pm Preschool 4	10:45 am Swimmer 2
11:15 am Preschool 2	4:20 pm Private Learn to Skate Youth (Ages 4+)	4:00 pm Shinny 8-10 Years Old - GOALIE Registration Only	3:30 pm Shinny 14-17 years old	12:10 pm Adult Private Hockey Technical Skating Skills (Adult 18+)	5:00 pm Preschool 3	10:45 am Swimmer 3
11:15 am Swimmer 1	4:20 pm Semi-Private Learn to Skate Youth (6 to 17 years)	4:00 pm Shinny 8-10 years old	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	12:10 pm Private Learn to Skate Adult (Ages 18+)	5:00 pm Private Swimming Lessons (Preschool 1-5)	10:45 am Swimmer 3
11:15 am Preschool 3	4:30 pm Preschool 3	4:30 pm Hockey Skills - 13 years and UNDER	FULL EQUIPMENT	12:30 pm Adult Skate	5:00 pm Walking Track	10:45 am Preschool 5
11:30 am Sport Court Reservation - Alder Saputo Centre	4:30 pm Preschool 1	4:30 pm Private Swimming Lessons (Preschool 1-5)	4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	1:00 pm Walking Track	5:00 pm Parent & Tot 1	10:45 am Preschool 2
11:45 am Convenience Lessons - Preschool 1-5	4:45 pm Preschool 2	4:30 pm Preschool 3	FULL EQUIPMENT	1:00 pm Home School Community Open Gym	5:00 pm Preschool 2	11:00 am Adult Social Pickleball
11:45 am Private Swimming Lessons	4:45 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Preschool 3	4:30 pm Multi Sports (3-4)	1:30 pm Lane Swim	5:30 pm Preschool 1	11:00 am Walking Track
11:45 am Convenience Lessons - Swimmer 1-6	5:00 pm Preschool 1	4:30 pm Youth Social Pickleball Ages 12-17 - Drop-In	4:30 pm Preschool 3	2:30 pm Sport Court Reservation - Alder Saputo Centre	5:30 pm Preschool 2	11:15 am Swimmer 1
12:15 pm Private Swimming Lessons	5:00 pm Walking Track	4:30 pm Preschool 1	4:30 pm Preschool 2	3:00 pm Figure Skating Skills	5:30 pm Private Swimming Lessons (Preschool 1-5)	11:15 am Preschool 2
12:30 pm Convenience Lessons - Swimmer 1-6	5:00 pm Preschool 3	4:30 pm Preschool 2	4:30 pm Private Swimming Lessons (Preschool 1-5)	3:00 pm Walking Track	5:30 pm Friday Night Social (Ages 8 to 13)	11:15 am Preschool 1
12:30 pm Convenience Lessons - Preschool 1-5	5:10 pm Ages 8-10 Basketball Drop-In	5:00 pm Preschool 3	4:30 pm Public Skate	3:30 pm Hockey Skills - 14 years old and OVER	5:30 pm Preschool 3	11:15 am Preschool 3
12:45 pm Private Swimming Lessons	5:15 pm Parent & Tot 2	5:00 pm Parent & Tot 1	5:00 pm Preschool 2	4:00 pm Shinny 11-13 Years Old - GOALIE Registration Only	5:30 pm Adult Social Pickleball	11:15 am Swimmer 5
1:00 pm Walking Track	5:15 pm Preschool 2	5:00 pm Walking Track	5:00 pm Preschool 1	4:30 pm Mini Artists (3-4)	6:00 pm Preschool 2	11:15 am Private Swimming Lessons
1:00 pm Sport Court Reservation - Alder Saputo Centre	5:30 pm Junior Chefs (Ages 8-11)	5:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Preschool 3	4:30 pm Hockey Skills - 13 years and UNDER	6:00 pm Preschool 1	11:15 am Swimmer 6
1:30 pm Bronze Medallion and Emergency First Aid	5:30 pm Preschool 3	5:00 pm Parent & Tot 2	5:00 pm Walking Track	4:30 pm Private Swimming Lessons (Preschool 1-5)	6:00 pm Private Swimming Lessons (Preschool 1-5)	11:15 am Private Swimming Lessons
1:30 pm Public Skate	5:30 pm Preschool 1	5:00 pm Preschool 1	5:20 pm Multi Sports (3-4)	4:30 pm Shinny 11-13 years old	6:00 pm Parent & Tot 2	11:30 am Swimmer 4
2:00 pm Public Swim (Lap & Leisure)	5:30 pm Music Club	5:00 pm Preschool 2	5:30 pm Preschool 1	4:30 pm Mini Artists (3-4)	6:00 pm Preschool 3	11:30 am Swimmer 4
2:30 pm Sport Court Reservation - Alder Saputo Centre	5:40 pm Youth (Ages 6 to 17)	5:00 pm Preschool 2	5:20 pm Multi Sports (3-4)	4:30 pm Hockey Skills - 13 years and UNDER	6:00 pm Parent & Tot 3	11:30 am Lane Swim
3:00 pm Walking Track	5:45 pm Preschool 2	5:15 pm Balls & Bands	5:30 pm Preschool 1	4:30 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Leisure Splash & Slide	11:45 am Private Swimming Lessons
3:00 pm Birthday Party - Swim & Splash	5:45 pm Parent & Tot 1	5:30 pm Preschool 1	5:30 pm Preschool 2	4:30 pm Indoor Soccer (3-4)	7:00 pm Walking Track	11:45 am Preschool 2
3:15 pm Lane Swim	6:15 pm Ages 11-13 Basketball Drop-In	5:30 pm Swimmer 2	5:30 pm Preschool 3	4:30 pm Preschool 2	7:05 pm Adult 18+ Basketball Drop-In	11:45 am Preschool 1
4:00 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Cardio Tone	5:30 pm Swimmer 1	6:00 pm Cardio Tone	4:30 pm Preschool 3	7:45 pm Lane Swim	11:45 am Preschool 1
4:00 pm Leisure Swim & Splash	6:15 pm Preschool 3	5:30 pm Mindful Moments	6:00 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Preschool 1	7:45 pm Leisure & Splash	11:45 am Private Swimming Lessons
	6:15 pm Preschool 1	5:30 pm Preschool 2	6:10 pm Multi Sports (5-7)	5:00 pm Preschool 3	8:10 pm Sport Court Reservation - Alder Saputo Centre	11:45 am Private Swimming Lessons
	6:30 pm Preschool 2	5:30 pm Parent & Tot 2	6:15 pm Parent & Tot 3	5:00 pm Preschool 2		11:45 am Swimmer 2
	6:30 pm Parent & Tot 3	5:30 pm Mindful Moments	6:15 pm Preschool 2	5:00 pm Preschool 4		11:45 am Swimmer 3
	6:35 pm Power Skating for Hockey/Ringette (Ages 7 to 10)	5:30 pm Preschool 3	6:15 pm Preschool 1	5:00 pm Walking Track		12:30 pm Lane Swim
	FULL EQUIPMENT	5:30 pm Parent & Tot 3	6:15 pm Preschool 3	5:00 pm Private Swimming Lessons (Preschool 1-5)		12:30 pm Sport Court Reservation - Alder Saputo Centre
	6:45 pm Preschool 3	5:45 pm Swimmer 3	6:30 pm Private Swimming Lessons (Preschool 1-5)	5:20 pm Indoor Soccer (5-7)		
	6:45 pm Preschool 1	5:45 pm Swimmer 4	6:45 pm Preschool 5	5:30 pm Preschool 2		
	7:00 pm Private Swimming Lessons (Preschool 1-5)	5:45 pm Basketball (5-7)	6:45 pm Preschool 4			
	7:00 pm Preschool 2	6:00 pm Swimmer 2				

				2-Teen/Adult 7:45 pm Swimmer 3 - Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre 8:45 pm Lane Swim		
30 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Preschool 3 9:00 am Swimmer 3 9:00 am Preschool 4 9:00 am Parent & Tot 1 9:00 am Preschool 2 9:00 am Lane Swim- Shared 4 Lanes 9:00 am Swimmer 1 9:00 am Walking Track 9:00 am Preschool 1 9:30 am Preschool 1 9:30 am Swimmer 2 9:30 am Parent & Tot 2 9:30 am Preschool 2 9:30 am Preschool 3 9:30 am Preschool 5 9:45 am Swimmer 4 10:00 am Preschool 2 10:00 am Preschool 1 10:00 am Swimmer 1 10:00 am Preschool 3 10:00 am Preschool 4 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Parent & Tot 3	31 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Therapeutic Swim (Lap) 9:00 am Indoor Nordic Walking 9:15 am Zumba® 9:30 am Public Swim (Lap & Leisure) 10:00 am Sport Court Reservation - Alder Saputo Centre 10:30 am Hatha Beginner 10:30 am Leisure & Splash 11:00 am Walking Track 11:30 am Sport Court Reservation - Alder Saputo Centre 11:45 am Breath & Meditation 12:00 pm Lane Swim 12:00 pm Leisure & Splash 1:00 pm Lane Swim 1:00 pm Walking Track 1:00 pm Sport Court Reservation - Alder Saputo Centre 2:30 pm Sport Court Reservation - Alder Saputo Centre 3:00 pm Walking Track 4:05 pm Ages 14-17 Basketball Drop-In 4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT 4:20 pm Private Learn to Skate Youth (Ages 4+) 4:20 pm Semi-					

10:30 am Private Swimming Lessons	Private Learn to Skate Youth (6 to 17 years)				
10:30 am Preschool 1	4:30 pm Preschool 3				
10:30 am Preschool 3	4:30 pm Preschool 1				
10:45 am Swimmer 2	4:45 pm Private Swimming Lessons (Preschool 1-5)				
10:45 am Swimmer 6	4:45 pm Preschool 2				
10:45 am Preschool 2	5:00 pm Preschool 1				
10:45 am Swimmer 5	5:00 pm Walking Track				
10:45 am Preschool 5	5:00 pm Preschool 3				
11:00 am Walking Track	5:00 pm Preschool (Ages 4 to 5)				
11:15 am Preschool 1	5:10 pm Ages 8-10 Basketball Drop-In				
11:15 am Private Swimming Lessons	5:15 pm Parent & Tot 2				
11:15 am Preschool 2	5:15 pm Preschool 2				
11:15 am Swimmer 1	5:30 pm Junior Chefs (Ages 8-11)				
11:15 am Preschool 3	5:30 pm Preschool 3				
11:15 am Private Swimming Lessons	5:30 pm Preschool 1				
11:30 am Sport Court Reservation - Alder Saputo Centre	5:30 pm Music Club				
11:45 am Convenience Lessons - Preschool 1-5	5:40 pm Youth (Ages 6 to 17)				
11:45 am Private Swimming Lessons	5:45 pm Preschool 2				
11:45 am Convenience Lessons - Swimmer 1-6	5:45 pm Parent & Tot 1				
12:15 pm Private Swimming Lessons	6:15 pm Ages 11-13 Basketball Drop-In				
12:30 pm Convenience Lessons - Swimmer 1-6	6:15 pm Cardio Tone				
12:30 pm Convenience Lessons - Preschool 1-5	6:15 pm Preschool 3				
12:45 pm Private Swimming Lessons	6:15 pm Preschool 1				
1:00 pm Walking Track	6:30 pm Preschool 2				
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:30 pm Parent & Tot 3				
2:00 pm Public Swim (Lap & Leisure)	6:35 pm Power Skating for Hockey/Ringette (Ages 7 to 10) FULL EQUIPMENT				
	6:45 pm Preschool 3				
	6:45 pm Preschool 1				
	7:00 pm Private Swimming Lessons (Preschool 1-5)				
	7:00 pm Preschool 2				
	7:00 pm Walking Track				
	7:15 pm Zumba®				
	7:15 pm Preschool 4				
	7:15 pm Preschool 5				
	7:20 pm Sport Court Reservation - Alder Saputo Centre				

2:30 pm Sport Court Reservation - Alder Saputo Centre	7:30 pm Swimmer 5					
3:00 pm Walking Track	7:30 pm Swimmer 3					
3:15 pm Lane Swim	7:30 pm Swimmer 6					
4:00 pm Sport Court Reservation - Alder Saputo Centre	7:30 pm Swimmer 4					
4:00 pm Leisure Swim & Splash	7:30 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT					
4:15 pm Shared Lane Swim (Lanes 1-5)	8:45 pm Lane Swim					
5:00 pm Walking Track						
5:30 pm Sport Court Reservation - Alder Saputo Centre						
7:00 pm Walking Track						