## **March 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 am Lane Swim
2 3:00 pm Birthday Party - Swim & Splash	3 11:00 am Walking Track 1:00 pm Walking Track 4:00 pm Lane Swim 5:00 pm Lane Swim	4	5	6 3:50 pm Private Hockey Technical Skating Skills (Ages 7-11) FULL EQUIPMENT 4:20 pm Private Hockey Technical Skating Skills (Ages 11-12) FULL EQUIPMENT 4:50 pm Private Hockey Technical Skating Skills (Ages 11+) FULL EQUIPMENT	7 4:00 pm Lane Swim 5:00 pm Lane Swim	8 6:00 pm Birthday Party - Skate & Celebrate
9 10:00 am Lifesaving Swim Instructors 3:00 pm Birthday Party - Swim & Splash	8:00 am March Break Camp Monday (Ages 6 to 13) 8:00 am March Break Camp Monday (Ages 4 to 5) 8:30 am Home Alone 10:45 am Lane Swim 5:45 pm Lane Swim 6:45 pm Lane Swim	8:00 am March Break Camp Tuesday (Ages 4 to 5) 8:00 am March Break Camp Tuesday (Ages 6 to 13)	8:00 am March Break Camp Wednesday (Ages 6 to 13) 8:00 am March Break Camp Wednesday (Ages 4 to 5)	8:00 am March Break Camp Thursday (Ages 4 to 5) 8:00 am March Break Camp Thursday (Ages 6 to 13) 2:45 pm Lane Swim 8:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)	8:00 am March Break Camp Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 6 to 13) 8:00 am March Break Camp Friday (Ages 6 to 13) 10:45 am Lane Swim 10:45 am Leisure & Splash/ Slide 12:30 pm Public Swim 4:20 pm March Break Hockey Development Camp (Ages 7 & 8) 4:30 pm Lane Swim 5:35 pm March Break REP Hockey Development Camp	8:00 am Lane Swim

					6:50 pm March Break REP Hockey Development Camp (Ages 11+)	
16	17	18	19	20	21	22
3:00 pm National	11:00 am Walking Track	7:30 am Lane Swim	7:30 am Lane Swim	7:30 am Lane Swim	7:30 am Lane Swim	8:05 am Private Learn
Lifeguard - Recert 3:00 pm Birthday Party - Swim & Splash	1:00 pm Walking Track	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am 55+ Shinny - GOALIE Registration Only	8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+)	8:30 am Sport Court Reservation - Alder Saputo Centre	to Skate Youth (Ages 4+)
Spiasii		8:45 am Aqua Zumba 9:00 am Walking	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am 70+ Shinny - GOALIE Registration Only	8:45 am Aquafit 9:00 am Walking Track	8:05 am Private Hockey
		Track	8:30 am 55+ Shinny	8:30 am Sport Court	9:00 am Adult Skate	Technical Skating Skills
		9:00 am 70+ Shinny 9:00 am 70+ Shinny	8:45 am AquaFitness 9:00 am 65+ Shinny	Reservation - Alder Saputo Centre	9:00 am Zumba® Gold	(Ages 6+) FULL EQUIPMENT
		- GOALIE Registration Only 9:30 am Public	9:00 am 65+ Shinny - GOALIE Registration Only	8:30 am 70+ Shinny 8:35 am Private	9:30 am Public Swim (Lap)	8:05 am Semi-Private
		Swim (Lap & Leisure)	9:00 am Adult Skate	Learn to Skate Adult (Ages 18+)	9:45 am Chair Fitness	Learn to Skate Youth (6 to 17
		10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Walking Track	8:35 am Adult Private Hockey Technical Skating	9:45 am Sun Salutation	years) 8:45 am Small
		10:00 am Dance Fit	9:30 am Public Swim (Lap & Leisure)	Skills (Adult 18+) 8:45 am Aqua	10:00 am Tiny Tots Skate 10:00 am Sport	Group Learn to Skate Preschool
		10:30 am Hatha Intermediate	10:00 am Sport Court Reservation -	Zumba 9:20 am Private Learn to Skate Adult	Court Reservation - Alder Saputo Centre	(Ages 4 to 5) 8:45 am
		10:30 am Therapeutic Swim (Lap)	Alder Saputo Centre 10:00 am Tiny Tots Skate	(Ages 18+) 9:20 am Small	10:30 am Leisure & Splash	Parent & Child (Ages 2 to 5)
		10:45 am Parent & Tot 1	10:15 am Zumba® Toning	Group Learn to Skate Toddler (Age	11:00 am Restorative Yoga	9:00 am Bronze Star
		10:45 am Preschool 2	10:30 am Sensory Friendly Swim (Lap	9:30 am Public Swim (Lap &	11:00 am Family Skate	9:00 am Walking
		10:45 am Intermediate Line Dance	& Leisure) 10:30 am Chair Yoga	Leisure) 10:00 am Beginner	11:00 am Walking Track	Track 9:00 am
		10:45 am Preschool	11:00 am Walking Track	Line Dancing 10:00 am Sport	11:30 am Sport Court Reservation - Alder Saputo Centre	Preschool 3 9:00 am
		11:00 am Walking Track	11:00 am Family Skate	Court Reservation - Alder Saputo Centre 10:00 am Small	11:30 am Therapeutic Swim (Lap)	9:00 am Swimmer 1
		11:15 am Preschool 4	11:00 am Balls & Bands 11:30 am Sport	Group Learn to Skate Toddler (Age 3)	12:00 pm Adult Shinny - GOALIE	9:00 am Parent & Tot
		11:15 am Preschool	Court Reservation - Alder Saputo Centre	10:00 am Parent & Child (Ages 2 to 5)	Registration Only  1:00 pm Sport Court Reservation - Alder	9:00 am Preschool 2
		11:15 am Parent & Tot 3 11:15 am Parent &	11:45 am Leisure & Splash	10:30 am Yin Yoga 10:40 am Parent &	Saputo Centre  1:00 pm Lane Swim	9:00 am Lane Swim- Shared
		Tot 2  11:15 am Preschool	11:45 am Vinyasa 12:00 pm Adult	Child (Ages 2 to 5)	1:00 pm Walking Track	(3 Lanes) 9:00 am
		3 11:30 am Sport	Shinny - GOALIE Registration Only 12:00 pm	Group Learn to Skate Preschool	2:00 pm Lane Swim 2:30 pm Sport Court	Preschool 4 9:00 am
		Court Reservation - Alder Saputo Centre	Therapeutic Swim (Lap)	(Ages 4 to 5) 10:45 am Parent & Tot 1	Reservation - Alder Saputo Centre	Preschool 1 9:25 am
		12:00 pm Lane Swim	12:00 pm Adult Shinny	10:45 am Preschool	3:00 pm Walking Track	Preschool (Ages 4 to 5) 9:30 am
		12:00 pm Leisure & Splash 12:00 pm Adult	12:30 pm Family Skate	10:45 am Preschool	4:00 pm Adult Social Pickleball	Parent & Tot
		Shinny 12:00 pm Adult	1:00 pm Leisure Swim	11:00 am Walking Track	4:30 pm Preschool 1 4:30 pm Private	9:30 am Preschool 5
		Shinny - GOALIE Registration Only	1:00 pm Walking Track	11:15 am Preschool 5	Swimming Lessons (Preschool 1-5)	9:30 am Preschool 3

12:30 pm Adult	1:00 pm Lane Swim	11:15 am Preschool	4:30 pm Preschool 4	9:30 am Swimmer 2
Skate 1:00 pm Walking	1:00 pm Sport Court Reservation - Alder	4	4:30 pm Preschool 2	9:30 am Adult
Track	Saputo Centre	11:15 am Parent & Tot 2	4:30 pm Preschool 3	Social
1:00 pm Lane Swim	2:00 pm Lane Swim	11:15 am Preschool	4:45 pm Private Hockey/Ringette	Pickleball 9:30 am
1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder	3	Technical Skating Skills (Ages 6+)	Preschool 1
2:30 pm Sport	Saputo Centre	11:15 am Parent & Tot 3	4:45 pm Semi-	9:30 am
Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	11:30 am Parent and Child Mini Hockey	Private Learn to Skate Youth (6 to 17	Junior Chefs (Ages 8-11)
3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette	Learn to Skate (Ages 2 to 4)	years) 4:45 pm Private	9:30 am Preschool 2
3:00 pm Walking Track	Technical Skating Skills (Ages 6+) FULL EQUIPMENT	11:30 am Sport Court Reservation -	Learn to Skate Youth (Ages 4+)	9:45 am Swimmer 4
3:30 pm Hockey	3:30 pm Shinny 14-	Alder Saputo Centre	5:00 pm Preschool 1	10:00 am Preschool 4
Skills - 14 years old and OVER	17 Years Old - GOALIE	12:00 pm Therapeutic Swim	5:00 pm Preschool 2	10:00 am
4:00 pm Shinny 8-	Registration Only	(Lap)	5:00 pm Parent & Tot 1	Preschool 1
10 Years Old - GOALIE	3:30 pm Shinny 14- 17 years old	12:10 pm Adult Private Hockey	5:00 pm Walking	10:00 am Preschool 2
Registration Only	3:50 pm Private	Technical Skating	Track	10:00 am
4:00 pm Shinny 8-	Hockey/Ringette	Skills (Adult 18+) 12:10 pm Private	5:00 pm Preschool 3 5:00 pm Private	Swimmer 1
10 years old	Technical Skating Skills (Ages 6+)	Learn to Skate Adult	Swimming Lessons	10:00 am Parent & Tot
4:30 pm Hockey Skills - 13 years and	FULL EQUIPMENT	(Ages 18+) 12:30 pm Adult	(Preschool 1-5)	3
UNDER	4:20 pm Private Hockey/Ringette	Skate	5:25 pm NEW Parent and Player	10:00 am
4:30 pm Private Swimming Lessons	Technical Skating Skills (Ages 6+)	1:00 pm Walking	Pre-Power (Ages 4 to 5)	Preschool 3 10:05 am
(Preschool 1-5)	FULL EQUIPMENT	Track	5:25 pm Semi-	Parent &
4:30 pm Preschool	4:30 pm Preschool 3	1:00 pm Home School Community Open Gym	Private Power Skating (Age 6)	Child (Ages 2 to 5)
4:30 pm Youth Social Pickleball	4:30 pm Multi Sports (3-4)	1:30 pm Lane Swim	FULL EQUIPMENT	10:15 am Swimmer 8-
Ages 12-17 - Drop-	4:30 pm Preschool 2	2:30 pm Sport Court	5:30 pm Preschool 3 5:30 pm Adult	Ranger Patrol
In 4:30 pm Preschool	4:30 pm Private Swimming Lessons	Reservation - Alder Saputo Centre	Social Pickleball	10:15 am Swimmer 7 -
1	(Preschool 1-5)	3:00 pm Figure	5:30 pm Private Swimming Lessons	Rookie Patrol
4:30 pm Preschool	4:30 pm Preschool 1	Skating Skills 3:00 pm Walking	(Preschool 1-5)	10:15 am Swimmer 9-
5:00 pm Preschool	4:30 pm Public Skate	Track	5:30 pm Preschool 2	Star Patrol
3 5:00 pm Parent &	5:00 pm Preschool 2	3:30 pm Hockey Skills - 14 years old	5:30 pm Private Swimming Lessons	10:30 am Preschool 3
Tot 1	5:00 pm Preschool 1	and OVER	(Preschool 1-5) 5:30 pm Preschool 1	10:30 am Private
5:00 pm Walking Track	5:00 pm Preschool 3	4:00 pm Shinny 11- 13 Years Old -	6:00 pm Parent &	Swimming
5:00 pm Private	5:00 pm Walking Track	GOALIE Registration Only	Tot 2	Lessons
Swimming Lessons (Preschool 1-5)	5:00 pm Parent & Tot 2	4:00 pm Shinny 11-	6:00 pm Parent & Tot 3	10:30 am Preschool 1
5:00 pm Preschool	5:20 pm Multi Sports (3-4)	13 years old 4:30 pm Mini Artists	6:00 pm Preschool 3	10:45 am Swimmer 2
5:00 pm Preschool	5:30 pm Preschool 1	(3-4) 4:30 pm Hockey	6:00 pm Private Swimming Lessons (Preschool 1-5)	10:45 am Swimmer 3
2 5:15 pm Balls &	5:30 pm Parent & Tot 1	Skills - 13 years and UNDER	6:00 pm Preschool 1	10:45 am Preschool 5
Bands	5:30 pm Private	4:30 pm Private	6:00 pm Preschool 2	10:45 am
5:30 pm Swimmer 2	Swimming Lessons (Preschool 1-5)	Swimming Lessons (Preschool 1-5)	6:05 pm Parent & Child (Ages 2 to 5)	Youth (Ages 6 to 17)
5:30 pm Preschool	5:30 pm Preschool 2	4:30 pm Preschool 2	6:05 pm Preschool	10:45 am
5:30 pm Swimmer 1	5:30 pm Preschool 3	4:30 pm Indoor	(Ages 4 to 5)	Preschool 2

5:30 pm Mindful Moments	6:00 pm Cardio Tone	Soccer (3-4) 4:30 pm Preschool 3	6:45 pm Semi- Private Learn to	11:00 am Adult Social Pickleball
5:30 pm Preschool	6:00 pm Private	4:30 pm Preschool 1	Skate Youth (6 to 17 years)	11:00 am
2 5:30 pm Parent &	Swimming Lessons (Preschool 1-5)	5:00 pm Preschool 3	6:45 pm Leisure	Walking
Fot 2	6:10 pm Multi	5:00 pm Preschool 2	Splash & Slide	Track
5:30 pm Mindful	Sports (5-7)	5:00 pm Preschool 4	6:45 pm Private Learn to Skate	11:15 am Swimmer 1
Moments 5:30 pm Parent &	6:15 pm Parent & Tot 3	5:00 pm Walking Track	Youth (Ages 4+)	11:15 am Preschool 2
Tot 3	6:15 pm Preschool 2	5:00 pm Private	7:00 pm Walking Track	
:30 pm Preschool	6:15 pm Preschool 1	Swimming Lessons (Preschool 1-5)	7:05 pm Adult 18+ Basketball Drop-In	11:15 am Preschool 1
:45 pm Swimmer 3	6:15 pm Preschool 3	5:00 pm Private	1	11:15 am Preschool 3
:45 pm Swimmer 4	6:30 pm Private	Swimming Lessons (Preschool 1-5)	7:35 pm Youth (Ages 6 to 17)	11:15 am
5:45 pm Basketball	Swimming Lessons (Preschool 1-5)	5:20 pm Indoor	7:45 pm Leisure &	Swimmer 5
5-7)	6:45 pm Preschool 5	Soccer (5-7)	Splash	11:15 am
:00 pm Swimmer 2	6:45 pm Preschool 4	5:30 pm Preschool 2	7:45 pm Lane Swim	Private Swimming
5:00 pm Preschool	6:45 pm Preschool 3	5:30 pm Preschool 3	8:10 pm Sport Court Reservation - Alder	Lessons
5:00 pm Swimmer 1	6:45 pm Preschool 1	5:30 pm Parent & Tot 1	Saputo Centre	11:15 am Swimmer 6
5:15 pm Preschool	7:00 pm Multi Sports (8-11)	5:30 pm Preschool 4		11:15 am
j. 13 pm i resenoor	7:00 pm Zumba®	5:30 pm Little		Private
5:15 pm Preschool	7:00 pm Zumbaw 7:00 pm Walking	Artists (5-7)		Swimming Lessons
.15 9	Track	5:30 pm Swimmer 2		11:30 am
:15 pm Swimmer 2	7:15 pm Swimmer 5	5:30 pm Preschool 1		Swimmer 4
:15 pm Body Blast	7:15 pm Swimmer 4	5:45 pm Swimmer 6		11:30 am Lane Swim
3:30 pm Swimmer 5	7:15 pm Swimmer 2	5:45 pm Swimmer 5		11:40 am
:30 pm Swimmer 6	7:15 pm Swimmer 1	6:00 pm Swimmer 1		Semi-Private
:30 pm Preschool	7:15 pm Swimmer 6	6:00 pm Preschool 5		Learn to Skate Youth
:35 pm Basketball	7:15 pm Swimmer 3	6:00 pm Swimmer 2		(6 to 17 years)
8-11)	7:45 pm Private	6:10 pm Indoor		years) 11:40 am
:35 pm Ages 11-13 Basketball Drop-In	Swimming Lessons	Soccer (8-11)		Private Learn
5:45 pm Swimmer 1	7:45 pm Private Swimming Lessons	6:15 pm Preschool 1		to Skate Youth (Ages
:45 pm Preschool	8:00 pm Adult 18+	6:15 pm Swimmer 1 6:15 pm Pound		4+)
. 15 pm i resencer	Basketball Drop-In	6:15 pm Pound 6:15 pm Preschool 2		11:40 am
:45 pm Preschool	8:15 pm Lane Swim	6:45 pm Swimmer 4		Private Hockey
		6:45 pm Preschool 1		Technical Skating Skills
:45 pm Drama & Creative Arts Club		6:45 pm Junior		(Ages 6+)
:45 pm Swimmer 2		Artists (8-11)		FULL EQUIPMENT
:45 pm Preschool		6:45 pm Swimmer 3		11:45 am
		6:45 pm Preschool 2		Preschool 3
7:00 pm Walking Track		6:45 pm Preschool 5		11:45 am Swimmer 2
7:15 pm Private		6:45 pm Swimmer 2		11:45 am
Swimming Lessons		6:45 pm Swimmer 1		Private

		7:15 pm Private Swimming Lessons 7:15 pm Swimmer 1 7:15 pm Swimmer 2 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:30 pm Ages 14-17 Basketball Drop-In 7:30 pm Swimmer 7 - Rookie Patrol 7:30 pm Swimmer 9- Star Patrol 7:30 pm Swimmer 8- Ranger Patrol 7:45 pm Swimmer 2-Teen/Adult 7:45 pm Swimmer 1- Teen/Adult 8:45 pm Lane Swim		6:45 pm Preschool 4 7:00 pm Sport Court Reservation - Alder Saputo Centre 7:00 pm Walking Track 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:15 pm Swimmer 2 7:15 pm Step & Tone 7:15 pm Swimmer 1 7:15 pm Private Swimming Lessons 7:30 pm Swimmer 7 - Rookie Patrol 7:30 pm Swimmer 9- Star Patrol 7:30 pm Swimmer 9- Star Patrol 7:45 pm Swimmer 1- Teen/Adult 7:45 pm Swimmer 1- Teen/Adult 7:45 pm Swimmer 2-Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre 8:45 pm Lane Swim		Swimming Lessons  11:45 am Preschool 2  11:45 am Private Swimming Lessons  11:45 am Private Swimming Lessons  11:45 am Preschool 1  12:30 pm Sport Court Reservation - Alder Saputo Centre  12:30 pm Lane Swim  12:45 pm Leisure Swim & Splash  1:00 pm Walking Track  1:45 pm Public Swim (Lap & Leisure)  2:00 pm Sport Court Reservation - Alder Saputo Centre  3:00 pm Walking Track  3:00 pm Walking Track  3:00 pm Sport Court Reservation - Alder Saputo Centre  5:00 pm Walking Track  3:00 pm Walking Track  3:00 pm Lane Swim  3:30 pm Sport Court Reservation - Alder Saputo Centre  5:00 pm Walking Track  3:00 pm Walking Track  3:00 pm Adult Social Pickleball  5:00 pm Walking Track  6:30 pm Adult Social Pickleball
						Court Reservation - Alder Saputo Centre 5:00 pm Adult Social Pickleball 5:00 pm Walking Track 6:30 pm Adult
						7:00 pm Walking Track 7:30 pm Public Skate 8:00 pm Sport Court Reservation - Alder Saputo Centre
8:30 am Sport Court Reservation - Alder Saputo Centre	24 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder	25 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder	26 7:30 am Lane Swim 8:30 am 55+ Shinny - GOALIE	27 7:30 am Lane Swim 8:05 am Private Hockey/Ringette	28 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder	29 9:00 am Swimmer 3 9:00 am

9:00 am Preschool	Saputo Centre	Saputo Centre	Registration Only	Technical Skating	Saputo Centre	Preschool 3
3	8:30 am 55+ Shinny	8:45 am Aqua	8:30 am Sport Court	Skills (Ages 6+)	8:30 am 55+ Shinny	9:00 am
9:00 am Swimmer	- GOALIE Registration Only	Zumba	Reservation - Alder Saputo Centre	8:30 am 70+ Shinny - GOALIE	- GOALIE Registration Only	Walking Track
9:00 am Preschool	8:30 am 55+ Shinny	9:00 am Walking Track	8:30 am 55+ Shinny	Registration Only	8:30 am 55+ Shinny	9:00 am

- ا	8:45 am Therapeutic	9:00 am 70+ Shinny	8:45 am AquaFitness	0.50 am sport court	8:45 am Aquafit	Swiiiiiici i
9:00 am Parent &	Swim (Lap)	- GOALIE	9:00 am 65+ Shinny	Reservation - Alder Saputo Centre	9:00 am Walking	9:00 am
Tot 1	9:00 am Adult Skate	Registration Only	9:00 am 65+ Shinny	8:30 am 70+ Shinny	Track	Parent & Tot
9:00 am Preschool 2	9:00 am Indoor	9:00 am 70+ Shinny	- GOALIE	8:35 am Adult	9:00 am Adult Skate	9:00 am
9:00 am Lane	Nordic Walking	9:30 am Public Swim (Lap &	Registration Only	Private Hockey	9:00 am 65+ Shinny	Bronze Star
Swim- Shared 4	9:00 am 65+ Shinny - GOALIE	Leisure)	9:00 am Adult Skate	Technical Skating Skills (Adult 18+)	- GOALIE	9:00 am
Lanes	Registration Only	10:00 am Sport	9:00 am Walking	8:35 am Private	Registration Only	Preschool 1
9:00 am Swimmer	9:00 am 65+ Shinny	Court Reservation - Alder Saputo Centre	Track	Learn to Skate Adult	9:00 am 65+ Shinny	9:00 am Preschool 4
•	9:15 am Zumba®	10:00 am Dance Fit	9:30 am Public Swim (Lap &	(Ages 18+)	9:00 am Zumba® Gold	9:00 am Lane
9:00 am Walking Track	9:30 am Public		Leisure)	8:45 am Aqua Zumba	9:30 am Public	Swim- Shared
9:00 am Preschool	Swim (Lap &	10:30 am Hatha Intermediate	10:00 am Sport	9:20 am Private	Swim (Lap)	(3 Lanes)
1	Leisure)	10:30 am	Court Reservation - Alder Saputo Centre	Learn to Skate Adult	9:45 am Chair	9:00 am Preschool 2
9:30 am Preschool	10:00 am Sport Court Reservation -	Therapeutic Swim	10:00 am Tiny Tots	(Ages 18+)	Fitness	9:30 am
	Alder Saputo Centre	(Lap)	Skate	9:20 am Small Group Learn to	9:45 am Sun Salutation	Preschool 5
9:30 am Swimmer 2	10:00 am Tiny Tots	10:45 am Preschool	10:15 am Zumba®	Skate Toddler (Age	10:00 am Tiny Tots	9:30 am
9:30 am Parent &	Skate	10:45 am Parent &	Toning	3)	Skate	Parent & Tot
Tot 2	10:30 am Hatha Beginner	Tot 1	10:30 am Sensory Friendly Swim (Lap	9:30 am Public Swim (Lap &	10:00 am Sport	_
9:30 am Preschool	10:30 am Leisure &	10:45 am	& Leisure)	Leisure)	Court Reservation - Alder Saputo Centre	9:30 am Adult Social
2	Splash	Intermediate Line Dance	10:30 am Chair Yoga	10:00 am Beginner	10:30 am Leisure &	Pickleball
9:30 am Preschool	11:00 am Family	10:45 am Preschool	11:00 am Walking	Line Dancing	Splash	9:30 am Preschool 1
9:30 am Preschool	Skate	1	Track	10:00 am Sport Court Reservation -	11:00 am	
5	11:00 am Walking Track	11:00 am Walking	11:00 am Balls & Bands	Alder Saputo Centre	Restorative Yoga	9:30 am Junior Chefs
9:45 am Swimmer	11:30 am Sport	Track	11:00 am Family	10:00 am Small	11:00 am Family Skate	(Ages 8-11)
4	Court Reservation -	11:15 am Preschool	Skate	Group Learn to Skate Toddler (Age	11:00 am Walking	9:30 am
10:00 am Preschool	Alder Saputo Centre	11:15 am Parent &	11:30 am Sport	3)	Track	Preschool 2
10:00 am Preschool	11:45 am Breath & Meditation	Tot 3	Court Reservation - Alder Saputo Centre	10:00 am Parent &	11:30 am Sport	9:30 am Preschool 3
1	12:00 pm Adult	11:15 am Preschool	11:45 am Leisure &	Child (Ages 2 to 5)	Court Reservation - Alder Saputo Centre	9:30 am
10:00 am Swimmer	Shinny - GOALIE	1	Splash	10:30 am Yin Yoga	11:30 am	Swimmer 2
1	Registration Only	11:15 am Parent & Tot 2	11:45 am Vinyasa	10:40 am Parent &	Therapeutic Swim	9:45 am
10:00 am Preschool	12:00 pm Adult Shinny	11:15 am Preschool	12:00 pm Adult	Child (Ages 2 to 5)	(Lap)	Swimmer 4
10:00 am Preschool	12:00 pm Lane	3	Shinny - GOALIE Registration Only	10:40 am Small Group Learn to	12:00 pm Adult Shinny	10:00 am Preschool 4
4	Swim	11:30 am Sport	12:00 pm	Skate Preschool	12:00 pm Adult	10:00 am
10:00 am Sport	12:00 pm Leisure &	Court Reservation - Alder Saputo Centre	Therapeutic Swim	(Ages 4 to 5)	Shinny - GOALIE	Preschool 1
Court Reservation - Alder Saputo Centre	Splash	12:00 pm Lane	(Lap)	10:45 am Parent & Tot 1	Registration Only	10:00 am
10:00 am Parent &	12:30 pm Family Skate	Swim	12:00 pm Adult Shinny	10:45 am Preschool	1:00 pm Sport Court Reservation - Alder	Preschool 2
Tot 3	1:00 pm Lane Swim	12:00 pm Leisure &	_	2	Saputo Centre	10:00 am Preschool 3
10:30 am Private		Splash	12:30 pm Family Skate	10:45 am Preschool	1:00 pm Walking	10:00 am
Swimming Lessons	1:00 pm Sport Court Reservation - Alder	12:00 pm Adult Shinny	1:00 pm Leisure	1	Track	Swimmer 1
10:30 am Preschool	Saputo Centre	12:00 pm Adult	Swim	11:00 am Walking Track	1:00 pm Lane Swim	10:00 am
10:30 am Preschool	1:00 pm Walking Track	Shinny - GOALIE	1:00 pm Walking Track	11:15 am Preschool	2:00 pm Lane Swim	Parent & Tot
3		Registration Only		5	2:30 pm Sport Court Reservation - Alder	10:15 am
10:45 am Swimmer	2:30 pm Sport Court Reservation - Alder	12:30 pm Adult Skate	1:00 pm Lane Swim 1:00 pm Sport Court	11:15 am Preschool	Saputo Centre	Swimmer 7 -
2	Saputo Centre	1:00 pm Walking	Reservation - Alder	4	3:00 pm Walking	Rookie Patrol
10:45 am Swimmer	3:00 pm Figure	Track	Saputo Centre	11:15 am Parent & Tot 2	Track	10:15 am Swimmer 8-
10:45 am Swimmer	Skating Skills	1:00 pm Lane Swim	2:00 pm Lane Swim	11:15 am Preschool	4:00 pm Adult Social Pickleball	Ranger Patrol
10:45 am Swimmer 5	3:00 pm Walking Track	1:00 pm Inclusive	2:30 pm Sport Court	3		10:15 am
10:45 am Preschool	4:00 pm Shinny 5-7	Open Gym	Reservation - Alder Saputo Centre	11:15 am Parent &	4:00 pm Public Skate	Swimmer 9- Star Patrol
2	years old	2:30 pm Sport Court Reservation -	3:00 pm Walking	Tot 3	4:30 pm Preschool 2	10:30 am
10:45 am Preschool	4:00 pm Shinny 5-7	Alder Saputo Centre	Track	11:30 am Parent and Child Mini Hockey	4:30 pm Preschool 3	Private
5	Years Old GOALIE Registration Only	3:00 pm Figure	3:20 pm Private	Learn to Skate	4:30 pm Private	Swimming Lessons
11:00 am Walking Track	4:05 pm Ages 14-17	Skating Skills	Hockey/Ringette Technical Skating	(Ages 2 to 4)	Swimming Lessons	10:30 am
11:15 am Preschool	Basketball Drop-In	3:00 pm Walking	Skills (Ages 6+)	11:30 am Sport Court Reservation -	(Preschool 1-5)	Preschool 3

1 1	1.20 D.:	11000	LIOPETÁOILMEM		4:30 pm Preschool I	I
1	4:20 pm Private Hockey/Ringette	3:30 pm Hockey	3:30 pm Shinny 14-	Alder Saputo Centre	4:30 pm Preschool 4	10:30 am Preschool 1
11:15 am Private Swimming Lessons	Technical Skating	Skills - 14 years old	17 Years Old -	12:00 pm Therapeutic Swim	5:00 pm Preschool 3	
11:15 am Preschool	Skills (Ages 6+) FULL EQUIPMENT	and OVER	GOALIE Registration Only	(Lap)	1	10:45 am Swimmer 2
2	4:20 pm Private	4:00 pm Shinny 8- 10 Years Old -	3:30 pm Shinny 14-	12:10 pm Adult	5:00 pm Private Swimming Lessons	10:45 am
11:15 am Swimmer	Learn to Skate	GOALIE	17 years old	Private Hockey	(Preschool 1-5)	Swimmer 3
1	Youth (Ages 4+)	Registration Only	3:50 pm Private	Technical Skating Skills (Adult 18+)	5:00 pm Walking	10:45 am
11:15 am Preschool	4:20 pm Semi-	4:00 pm Shinny 8-	Hockey/Ringette	12:10 pm Private	Track	Preschool 5
3	Private Learn to Skate Youth (6 to 17	10 years old	Technical Skating Skills (Ages 6+)	Learn to Skate Adult	5:00 pm Parent &	10:45 am
11:15 am Private	years)	4:30 pm Hockey Skills - 13 years and	FULL EQUIPMENT	(Ages 18+)	Tot 1	Preschool 2
Swimming Lessons	4:30 pm Preschool 3	UNDER	4:20 pm Private	12:30 pm Adult	5:00 pm Preschool 2	11:00 am Adult Social
11:30 am Sport Court Reservation -	4:30 pm Preschool 1	4:30 pm Private	Hockey/Ringette Technical Skating	Skate	5:00 pm Preschool 1	Pickleball
Alder Saputo Centre	4:45 pm Preschool 2	Swimming Lessons	Skills (Ages 6+)	1:00 pm Walking Track	5:30 pm Preschool 1	11:00 am
11:45 am	4:45 pm Private	(Preschool 1-5)	FULL EQUIPMENT	1:00 pm Home	5:30 pm Preschool 2	Walking
Convenience Lessons -	Swimming Lessons	4:30 pm Preschool	4:30 pm Preschool 3	School Community	5:30 pm Private	Track
Preschool 1-5	(Preschool 1-5)	4:30 pm Youth	4:30 pm Multi	Open Gym	Swimming Lessons (Preschool 1-5)	11:15 am Swimmer 1
11:45 am Private	5:00 pm Preschool 1	Social Pickleball	Sports (3-4)	1:30 pm Lane Swim	<u> </u>	11:15 am
Swimming Lessons	5:00 pm Walking	Ages 12-17 - Drop-	4:30 pm Preschool 2	2:30 pm Sport Court	5:30 pm Private Swimming Lessons	Preschool 2
11:45 am	Track	In	4:30 pm Private	Reservation - Alder Saputo Centre	(Preschool 1-5)	11:15 am
Convenience Lessons - Swimmer	5:00 pm Preschool 3	4:30 pm Preschool	Swimming Lessons (Preschool 1-5)		5:30 pm Friday	Preschool 1
1-6	5:00 pm Preschool	4:30 pm Preschool	4:30 pm Preschool 1	3:00 pm Figure Skating Skills	Night Social (Ages 8 to 13)	11:15 am
12:15 pm Private	(Ages 4 to 5)	2 4:30 pm Preschool	1	3:00 pm Walking	<b>_</b>	Preschool 3
Swimming Lessons	5:10 pm Ages 8-10 Basketball Drop-In	5:00 pm Preschool	4:30 pm Public Skate	Track	5:30 pm Preschool 3	11:15 am
12:30 pm	5:15 pm Parent &	3	5:00 pm Preschool 2	3:30 pm Hockey	5:30 pm Adult Social Pickleball	Swimmer 5
Convenience Lessons - Swimmer	Tot 2	5:00 pm Parent &	5:00 pm Preschool 1	Skills - 14 years old and OVER	6:00 pm Preschool 1	11:15 am Private
1-6	5:15 pm Preschool 2	Tot 1	1		1	Swimming
12:30 pm	5:30 pm Junior	5:00 pm Walking	5:00 pm Preschool 3	4:00 pm Shinny 11- 13 Years Old -	6:00 pm Preschool 2	Lessons
Convenience	Chefs (Ages 8-11)	Track	5:00 pm Walking Track	GOALIE	6:00 pm Private Swimming Lessons	11:15 am Private
Lessons - Preschool 1-5	5:30 pm Preschool 3	5:00 pm Private Swimming Lessons	5:00 pm Parent &	Registration Only	(Preschool 1-5)	Swimming
12:45 pm Private	5:30 pm Preschool 1	(Preschool 1-5)	Tot 2	4:00 pm Shinny 11- 13 years old	6:00 pm Parent &	Lessons
Swimming Lessons	5:30 pm Music Club	5:00 pm Preschool	5:20 pm Multi		Tot 2	11:15 am
1:00 pm Walking	5:40 pm Youth	1	Sports (3-4)	4:30 pm Mini Artists (3-4)	6:00 pm Parent &	Swimmer 6
Track	(Ages 6 to 17)	5:00 pm Preschool	5:30 pm Preschool 1	4:30 pm Hockey	Tot 3	11:30 am Swimmer 4
1:00 pm Sport	5:45 pm Preschool 2	_	5:30 pm Parent &	Skills - 13 years and	6:00 pm Preschool 3	11:30 am
Court Reservation - Alder Saputo Centre	5:45 pm Parent &	5:15 pm Balls & Bands	Tot 1	UNDER	6:45 pm Leisure Splash & Slide	Lane Swim
1:30 pm Bronze	Tot 1	5:30 pm Swimmer 2	5:30 pm Private	4:30 pm Private Swimming Lessons	1	11:45 am
Medallion and	6:15 pm Ages 11-13	1	Swimming Lessons (Preschool 1-5)	(Preschool 1-5)	7:00 pm Walking Track	Private
Emergency First Aid	Basketball Drop-In	5:30 pm Preschool	5:30 pm Preschool 2	4:30 pm Preschool 2	7:05 pm Adult 18+	Swimming Lessons
	6:15 pm Cardio	5:30 pm Mindful	5:30 pm Preschool 3	4:30 pm Indoor	Basketball Drop-In	11:45 am
1:30 pm Public Skate	Tone	Moments	6:00 pm Cardio	Soccer (3-4)	7:45 pm Lane Swim	Preschool 2
2:00 pm Public	6:15 pm Preschool 3	5:30 pm Swimmer 1	Tone	4:30 pm Preschool 3	7:45 pm Leisure &	11:45 am
Swim (Lap &	6:15 pm Preschool 1	5:30 pm Preschool	6:00 pm Private	4:30 pm Preschool 1	Splash	Preschool 1
Leisure)	6:30 pm Preschool 2	2	Swimming Lessons	5:00 pm Preschool 3	8:10 pm Sport Court	11:45 am
2:30 pm Sport Court Reservation -	6:30 pm Parent &	5:30 pm Parent &	(Preschool 1-5)	5:00 pm Preschool 2	Reservation - Alder Saputo Centre	Private Swimming
Alder Saputo Centre	Tot 3	Tot 2	6:10 pm Multi Sports (5-7)	5:00 pm Preschool 4		Lessons
3:00 pm Walking	6:35 pm Power Skating for	5:30 pm Mindful Moments	6:15 pm Parent &	5:00 pm Walking		11:45 am
Track	Hockey/Ringette	5:30 pm Preschool	Tot 3	Track		Swimmer 2
3:00 pm Birthday	(Ages 7 to 10) FULL EQUIPMENT	3.30 pm Freschool	6:15 pm Preschool 2	5:00 pm Private		11:45 am
Party - Swim & Splash	6:45 pm Preschool 3	5:30 pm Parent &	6:15 pm Preschool 1	Swimming Lessons		Preschool 3
3:15 pm Lane Swim	6:45 pm Preschool 1	Tot 3	6:15 pm Preschool 3	(Preschool 1-5)		12:30 pm Lane Swim
4:00 pm Sport	1	5:45 pm Swimmer 3	6:30 pm Private	5:00 pm Private Swimming Lessons		12:30 pm
Court Reservation -	7:00 pm Preschool 2	5:45 pm Swimmer 4	Swimming Lessons	(Preschool 1-5)		Sport Court
Alder Saputo Centre	7:00 pm Private Swimming Lessons	5:45 pm Basketball	(Preschool 1-5)	5:20 pm Indoor		Reservation - Alder Saputo
4:00 pm Leisure	(Preschool 1-5)	(5-7)	6:45 pm Preschool 5	Soccer (5-7)		Centre
Swim & Splash	7:00 pm Walking	6:00 pm Swimmer 2	6:45 pm Preschool 4	5:30 pm Preschool 2		12:45 pm

4:15 pm Shared Lane Swim (Lanes	Track	6:00 pm Preschool	6:45 pm Preschool 3	5:30 pm Preschool 3	Leisure Swim
1-5)	7:15 pm Zumba®		6:45 pm Preschool 1	5:30 pm Parent &	1:00 pm
5:00 pm Walking	7:15 pm Preschool 4	6:00 pm Swimmer 1	7:00 pm Multi	Tot 1	Walking
Track	7:15 pm Preschool 5	6:15 pm Preschool	Sports (8-11)	5:30 pm Preschool 4	Track
5:30 pm Sport Court Reservation - Alder Saputo Centre	7:20 pm Sport Court Reservation - Alder	6:15 pm Preschool	7:00 pm Walking Track	5:30 pm Little Artists (5-7)	1:45 pm Public Swim
1	Saputo Centre		7:00 pm Zumba®	5:30 pm Preschool 1	(Lap & Leisure)
7:00 pm Walking Track	7:30 pm Swimmer 5	6:15 pm Swimmer 2	7:15 pm Swimmer 5	5:30 pm Swimmer 2	2:00 pm Sport
	7:30 pm Swimmer 3	6:15 pm Body Blast	7:15 pm Swimmer 4	5:45 pm Swimmer 6	Court
	7:30 pm Swimmer 6	6:30 pm Swimmer 5	7:15 pm Swimmer 2	5:45 pm Swimmer 5	Reservation - Alder Saputo
	7:30 pm Swimmer 4	6:30 pm Swimmer 6	7:15 pm Swimmer 1	6:00 pm Swimmer 1	Centre
	7:30 pm Power	6:30 pm Preschool	7:15 pm Swimmer 6	6:00 pm Preschool 5	3:00 pm
	Skating for Hockey/Ringette	6:35 pm Basketball	7:15 pm Swimmer 3	6:00 pm Swimmer 2	Walking Track
	(Ages 11+) FULL	(8-11)	7:45 pm Private	6:10 pm Indoor	3:00 pm Lane
	EQUIPMENT	6:35 pm Ages 11-13	Swimming Lessons	Soccer (8-11)	Swim
	8:45 pm Lane Swim	Basketball Drop-In	7:45 pm Private	6:15 pm Preschool 1	3:30 pm Sport
		6:45 pm Swimmer 1	Swimming Lessons	6:15 pm Swimmer 1	Court
		6:45 pm Preschool	8:00 pm Adult 18+ Basketball Drop-In	6:15 pm Pound	Reservation - Alder Saputo
		4	*	6:15 pm Preschool 2	Centre
		6:45 pm Preschool	8:15 pm Lane Swim	6:45 pm Swimmer 4	5:00 pm Adult
		6:45 pm Drama &		6:45 pm Preschool 1	Social Pickleball
		Creative Arts Club		6:45 pm Junior	5:00 pm
		6:45 pm Swimmer 2		Artists (8-11)	Walking
		6:45 pm Preschool		6:45 pm Swimmer 3	Track
		1		6:45 pm Preschool 2	6:30 pm Adult Social
		7:00 pm Walking Track		6:45 pm Preschool 5	Pickleball
		7:15 pm Private		6:45 pm Swimmer 2	7:00 pm
		Swimming Lessons		6:45 pm Preschool 4	Walking Track
		7:15 pm Private		6:45 pm Swimmer 1	8:00 pm Sport
		Swimming Lessons		7:00 pm Sport Court	Court Reservation -
		7:15 pm Swimmer 1		Reservation - Alder Saputo Centre	Alder Saputo
		7:15 pm Swimmer 2		7:00 pm Walking	Centre
		7:15 pm Dance Fit		Track	
		7:15 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons	
		7:15 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons	
		7:30 pm Ages 14-17 Basketball Drop-In		7:15 pm Private Swimming Lessons	
		7:30 pm Swimmer 7		7:15 pm Swimmer 2	
		- Rookie Patrol 7:30 pm Swimmer		7:15 pm Step & Tone	
		9- Star Patrol		7:15 pm Swimmer 1	
		7:30 pm Swimmer 8- Ranger Patrol		7:15 pm Private	
		7:45 pm Swimmer		Swimming Lessons	
		2-Teen/Adult		7:30 pm Swimmer 7 - Rookie Patrol	
		7:45 pm Swimmer 1- Teen/Adult		7:30 pm Swimmer 9- Star Patrol	
		8:45 pm Lane Swim		7:30 pm Swimmer 8- Ranger Patrol	
				7:45 pm Swimmer	
				1- Teen/Adult	
				7:45 pm Swimmer 2-Teen/Adult	

			7:45 pm Swimmer 3 - Teen/Adult 8:30 pm Sport Court			
			8:30 pm Sport Court Reservation - Alder Saputo Centre 8:45 pm Lane Swim			
20	2:		8:45 рт санс зунн			+
30 8:20 am Spart	31 7:20 cm Long Swim			1		
8:30 am Sport Court Reservation -	7:30 am Lane Swim			1		
Alder Saputo Centre	8:30 am Sport Court Reservation - Alder			1		
9:00 am Preschool	Saputo Centre			1		
9:00 am Swimmer	8:45 am Therapeutic Swim (Lap)					
3 9:00 am Preschool	9:00 am Indoor Nordic Walking					
4	9:15 am Zumba®			1		
9:00 am Parent &	9:30 am Public			1		
Tot 1	Swim (Lap &			1		
9:00 am Preschool	Leisure)			1		
2	10:00 am Sport			1		
9:00 am Lane Swim- Shared 4 Lanes	Court Reservation - Alder Saputo Centre					
9:00 am Swimmer	10:30 am Hatha Beginner					
1 9:00 am Walking	10:30 am Leisure & Splash					
Track 9:00 am Preschool	11:00 am Walking Track					
9:00 am Preschool				1		
9:30 am Preschool	11:30 am Sport Court Reservation - Alder Saputo Centre					
9:30 am Swimmer 2	11:45 am Breath & Meditation					
9:30 am Parent & Tot 2	12:00 pm Lane Swim					
9:30 am Preschool 2	12:00 pm Leisure & Splash					
9:30 am Preschool	1:00 pm Lane Swim			1		
9:30 am Preschool	1:00 pm Walking Track					
5	1:00 pm Sport Court			1		
9:45 am Swimmer 4	Reservation - Alder Saputo Centre					
10:00 am Preschool 2	2:30 pm Sport Court Reservation - Alder					
10:00 am Preschool	Saputo Centre			1		
1	3:00 pm Walking			1		
10:00 am Swimmer	Track			1		
1	4:05 pm Ages 14-17 Basketball Drop-In			1		
10:00 am Preschool	4:20 pm Private			1		
	Hockey/Ringette			1		
10:00 am Preschool 4	Technical Skating			1		
10:00 am Sport	Skills (Ages 6+) FULL EQUIPMENT			1		
Court Reservation -	4:20 pm Private			1		
Alder Saputo Centre	Learn to Skate			1		
10:00 am Parent &	Youth (Ages 4+)			1		
Tot 3	4:20 pm Semi-			1		

10:30 am Private Swimming Lessons	Private Learn to Skate Youth (6 to 17 years)			
10:30 am Preschool	4:30 pm Preschool 3			
10:30 am Preschool	4:30 pm Preschool 1			
10:45 am Swimmer 2	4:45 pm Private Swimming Lessons (Preschool 1-5)			
10:45 am Swimmer	4:45 pm Preschool 2			
10:45 am Preschool	5:00 pm Preschool 1 5:00 pm Walking Track			
10:45 am Swimmer	5:00 pm Preschool 3			
10:45 am Preschool 5	5:00 pm Preschool (Ages 4 to 5)			
11:00 am Walking Track	5:10 pm Ages 8-10 Basketball Drop-In			
11:15 am Preschool 1	5:15 pm Parent & Tot 2			
11:15 am Private	5:15 pm Preschool 2			
Swimming Lessons 11:15 am Preschool	5:30 pm Junior Chefs (Ages 8-11)			
2	5:30 pm Preschool 3			
11:15 am Swimmer 1	5:30 pm Preschool 1			
11:15 am Preschool	5:30 pm Music Club 5:40 pm Youth (Ages 6 to 17)			
11:15 am Private Swimming Lessons	5:45 pm Preschool 2			
11:30 am Sport Court Reservation -	5:45 pm Parent & Tot 1			
Alder Saputo Centre 11:45 am	6:15 pm Ages 11-13 Basketball Drop-In			
Convenience Lessons -	6:15 pm Cardio Tone			
Preschool 1-5 11:45 am Private	6:15 pm Preschool 3			
Swimming Lessons	6:15 pm Preschool 1			
11:45 am Convenience Lessons - Swimmer	6:30 pm Preschool 2 6:30 pm Parent &			
1-6	Tot 3 6:35 pm Power			
12:15 pm Private Swimming Lessons	Skating for Hockey/Ringette			
12:30 pm Convenience Lessons - Swimmer	(Ages 7 to 10) FULL EQUIPMENT			
1-6	6:45 pm Preschool 3			
12:30 pm	6:45 pm Preschool 1			
Convenience Lessons -	7:00 pm Preschool 2			
Preschool 1-5 12:45 pm Private	7:00 pm Private Swimming Lessons (Preschool 1-5)			
Swimming Lessons	7:00 pm Walking Track			
1:00 pm Walking Track	7:15 pm Zumba®			
1:00 pm Sport	7:15 pm Preschool 4			
Court Reservation - Alder Saputo Centre	7:15 pm Preschool 5			
2:00 pm Public Swim (Lap & Leisure)	7:20 pm Sport Court Reservation - Alder Saputo Centre			

2:30 pm Sport Court Reservation - Alder Saputo Centre	7:30 pm Swimmer 5 7:30 pm Swimmer 3			
3:00 pm Walking Track	7:30 pm Swimmer 6 7:30 pm Swimmer 4			
3:15 pm Lane Swim 4:00 pm Sport Court Reservation - Alder Saputo Centre 4:00 pm Leisure Swim & Splash 4:15 pm Shared Lane Swim (Lanes 1-5)	7:30 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT 8:45 pm Lane Swim			
5:00 pm Walking Track				
5:30 pm Sport Court Reservation - Alder Saputo Centre				
7:00 pm Walking Track				

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