

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 am Lane Swim
2 3:00 pm Birthday Party - Swim & Splash	3 11:00 am Walking Track 1:00 pm Walking Track 4:00 pm Lane Swim 5:00 pm Lane Swim	4	5	6 3:50 pm Private Hockey Technical Skating Skills (Ages 7-11) FULL EQUIPMENT 4:20 pm Private Hockey Technical Skating Skills (Ages 11-12) FULL EQUIPMENT 4:50 pm Private Hockey Technical Skating Skills (Ages 11+) FULL EQUIPMENT	7 4:00 pm Lane Swim 5:00 pm Lane Swim	8 6:00 pm Birthday Party - Skate & Celebrate
9 10:00 am Lifesaving Swim Instructors 3:00 pm Birthday Party - Swim & Splash	10 8:00 am March Break Camp Monday (Ages 6 to 13) 8:00 am March Break Camp Monday (Ages 4 to 5) 8:30 am Home Alone 10:45 am Lane Swim 5:45 pm Lane Swim 6:45 pm Lane Swim	11 8:00 am March Break Camp Tuesday (Ages 4 to 5) 8:00 am March Break Camp Tuesday (Ages 6 to 13)	12 8:00 am March Break Camp Wednesday (Ages 6 to 13) 8:00 am March Break Camp Wednesday (Ages 4 to 5)	13 8:00 am March Break Camp Thursday (Ages 4 to 5) 8:00 am March Break Camp Thursday (Ages 6 to 13) 2:45 pm Lane Swim 8:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)	14 8:00 am March Break Camp Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 6 to 13) 8:00 am March Break Camp Friday (Ages 6 to 13) 10:45 am Lane Swim 10:45 am Leisure & Splash/ Slide 12:30 pm Public Swim 4:20 pm March Break Hockey Development Camp (Ages 7 & 8) 4:30 pm Lane Swim 5:30 pm Lane Swim 5:35 pm March Break REP Hockey Development Camp (Ages 9 & 10) 6:45 pm Public Swim	15 8:00 am Lane Swim

					6:50 pm March Break REP Hockey Development Camp (Ages 11+)	
16 3:00 pm National Lifeguard - Recert 3:00 pm Birthday Party - Swim & Splash	17 11:00 am Walking Track 1:00 pm Walking Track	18 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am Walking Track 9:00 am 70+ Shinny 9:00 am 70+ Shinny - GOALIE Registration Only 9:30 am Public Swim (Lap & Leisure) 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Dance Fit 10:30 am Hatha Intermediate 10:30 am Therapeutic Swim (Lap) 10:45 am Parent & Tot 1 10:45 am Preschool 2 10:45 am Intermediate Line Dance 10:45 am Preschool 1 11:00 am Walking Track 11:15 am Preschool 4 11:15 am Preschool 1 11:15 am Parent & Tot 3 11:15 am Parent & Tot 2 11:15 am Preschool 3 11:30 am Sport Court Reservation - Alder Saputo Centre 12:00 pm Lane Swim 12:00 pm Leisure & Splash 12:00 pm Adult Shinny 12:00 pm Adult Shinny - GOALIE Registration Only	19 7:30 am Lane Swim 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:45 am AquaFitness 9:00 am 65+ Shinny 9:00 am 65+ Shinny - GOALIE Registration Only 9:00 am Adult Skate 9:00 am Walking Track 9:30 am Public Swim (Lap & Leisure) 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Tiny Tots Skate 10:15 am Zumba® Toning 10:30 am Sensory Friendly Swim (Lap & Leisure) 10:30 am Chair Yoga 11:00 am Walking Track 11:00 am Balls & Bands 11:00 am Family Skate 11:30 am Sport Court Reservation - Alder Saputo Centre 11:45 am Leisure & Splash 11:45 am Vinyasa 12:00 pm Adult Shinny - GOALIE Registration Only 12:00 pm Therapeutic Swim (Lap) 12:00 pm Adult Shinny 12:30 pm Family Skate 1:00 pm Leisure Swim 1:00 pm Walking Track	20 7:30 am Lane Swim 8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) 8:30 am 70+ Shinny - GOALIE Registration Only 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 70+ Shinny 8:35 am Adult Private Hockey Technical Skating Skills (Adult 18+) 8:35 am Private Learn to Skate Adult (Ages 18+) 8:45 am Aqua Zumba 9:20 am Private Learn to Skate Adult (Ages 18+) 9:20 am Small Group Learn to Skate Toddler (Age 3) 9:30 am Public Swim (Lap & Leisure) 10:00 am Beginner Line Dancing 10:00 am Sport Court Reservation - Alder Saputo Centre 10:00 am Small Group Learn to Skate Toddler (Age 3) 10:00 am Parent & Child (Ages 2 to 5) 10:30 am Yin Yoga 10:40 am Parent & Child (Ages 2 to 5) 10:40 am Small Group Learn to Skate Preschool (Ages 4 to 5) 10:45 am Parent & Tot 1 10:45 am Preschool 2 10:45 am Preschool 1 11:00 am Walking Track 11:15 am Preschool 5	21 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am 55+ Shinny 8:45 am Aquafit 9:00 am Walking Track 9:00 am Adult Skate 9:00 am 65+ Shinny - GOALIE Registration Only 9:00 am 65+ Shinny 9:00 am Zumba® Gold 9:30 am Public Swim (Lap) 9:45 am Chair Fitness 9:45 am Sun Salutation 10:00 am Tiny Tots Skate 10:00 am Sport Court Reservation - Alder Saputo Centre 10:30 am Leisure & Splash 11:00 am Restorative Yoga 11:00 am Family Skate 11:00 am Walking Track 11:30 am Sport Court Reservation - Alder Saputo Centre 11:30 am Therapeutic Swim (Lap) 12:00 pm Adult Shinny - GOALIE Registration Only 1:00 pm Sport Court Reservation - Alder Saputo Centre 1:00 pm Lane Swim 1:00 pm Walking Track 2:00 pm Lane Swim 2:30 pm Sport Court Reservation - Alder Saputo Centre	22 8:05 am Private Learn to Skate Youth (Ages 4+) 8:05 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT 8:05 am Semi-Private Learn to Skate Youth (6 to 17 years) 8:45 am Small Group Learn to Skate Preschool (Ages 4 to 5) 8:45 am Parent & Child (Ages 2 to 5) 9:00 am Bronze Star 9:00 am Walking Track 9:00 am Preschool 3 9:00 am Swimmer 3 9:00 am Swimmer 1 9:00 am Parent & Tot 1 9:00 am Preschool 2 9:00 am Lane Swim- Shared (3 Lanes) 9:00 am Preschool 4 9:00 am Preschool 1 9:25 am Preschool (Ages 4 to 5) 9:30 am Parent & Tot 2 9:30 am Preschool 5 9:30 am Preschool 3

12:30 pm Adult Skate	1:00 pm Lane Swim	11:15 am Preschool 4	3:00 pm Walking Track	9:30 am Swimmer 2
1:00 pm Walking Track	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 2	4:00 pm Adult Social Pickleball	9:30 am Adult Social Pickleball
1:00 pm Lane Swim	2:00 pm Lane Swim	11:15 am Preschool 3	4:30 pm Preschool 1	9:30 am Preschool 1
1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 3	4:30 pm Private Swimming Lessons (Preschool 1-5)	9:30 am Junior Chefs (Ages 8-11)
2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	11:30 am Parent and Child Mini Hockey Learn to Skate (Ages 2 to 4)	4:30 pm Preschool 4	9:30 am Preschool 2
3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	11:30 am Sport Court Reservation - Alder Saputo Centre	4:30 pm Preschool 2	9:45 am Swimmer 4
3:00 pm Walking Track	3:30 pm Shinny 14-17 Years Old - GOALIE Registration Only	12:00 pm Therapeutic Swim (Lap)	4:45 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	10:00 am Preschool 4
3:30 pm Hockey Skills - 14 years old and OVER	3:30 pm Shinny 14-17 years old	12:10 pm Adult Private Hockey Technical Skating Skills (Adult 18+)	4:45 pm Semi-Private Learn to Skate Youth (6 to 17 years)	10:00 am Preschool 1
4:00 pm Shinny 8-10 Years Old - GOALIE Registration Only	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	12:10 pm Private Learn to Skate Adult (Ages 18+)	4:45 pm Private Learn to Skate Youth (Ages 4+)	10:00 am Preschool 2
4:00 pm Shinny 8-10 years old	4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	12:30 pm Adult Skate	5:00 pm Preschool 1	10:00 am Swimmer 1
4:30 pm Hockey Skills - 13 years and UNDER	4:30 pm Preschool 3	1:00 pm Walking Track	5:00 pm Preschool 2	10:00 am Parent & Tot 3
4:30 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Multi Sports (3-4)	1:00 pm Home School Community Open Gym	5:00 pm Parent & Tot 1	10:00 am Preschool 3
4:30 pm Preschool 3	4:30 pm Preschool 2	1:30 pm Lane Swim	5:00 pm Walking Track	10:05 am Parent & Child (Ages 2 to 5)
4:30 pm Youth Social Pickleball Ages 12-17 - Drop-In	4:30 pm Private Swimming Lessons (Preschool 1-5)	2:30 pm Sport Court Reservation - Alder Saputo Centre	5:00 pm Preschool 3	10:15 am Swimmer 8-Ranger Patrol
4:30 pm Preschool 1		3:00 pm Figure	5:00 pm Private Swimming Lessons (Preschool 1-5)	10:15 am Swimmer 7 - Rookie Patrol
			5:25 pm NEW Parent and Player Pre-Power (Ages 4 to 5)	

4:30 pm Preschool 2	4:30 pm Preschool 1	Skating Skills	5:25 pm Semi-Private Power Skating (Age 6) FULL EQUIPMENT	10:15 am Swimmer 9-Star Patrol
5:00 pm Preschool 3	4:30 pm Public Skate	3:00 pm Walking Track		10:30 am Preschool 3
5:00 pm Parent & Tot 1	5:00 pm Preschool 2	3:30 pm Hockey Skills - 14 years old and OVER	5:30 pm Preschool 3	10:30 am Private Swimming Lessons
5:00 pm Walking Track	5:00 pm Preschool 1	4:00 pm Shinny 11-13 Years Old - GOALIE Registration Only	5:30 pm Adult Social Pickleball	10:30 am Preschool 1
5:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Preschool 3	4:00 pm Shinny 11-13 years old	5:30 pm Private Swimming Lessons (Preschool 1-5)	10:45 am Swimmer 2
5:00 pm Preschool 1	5:00 pm Walking Track	4:30 pm Mini Artists (3-4)	5:30 pm Preschool 2	10:45 am Swimmer 3
5:00 pm Preschool 2	5:00 pm Parent & Tot 2	4:30 pm Hockey Skills - 13 years and UNDER	5:30 pm Private Swimming Lessons (Preschool 1-5)	10:45 am Preschool 5
5:15 pm Balls & Bands	5:20 pm Multi Sports (3-4)	4:30 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Preschool 1	10:45 am Youth (Ages 6 to 17)
5:30 pm Swimmer 2	5:30 pm Preschool 1	4:30 pm Indoor Soccer (3-4)	6:00 pm Parent & Tot 2	10:45 am Preschool 2
5:30 pm Preschool 1	5:30 pm Parent & Tot 1	4:30 pm Preschool 2	6:00 pm Parent & Tot 3	11:00 am Adult Social Pickleball
5:30 pm Mindful Moments	5:30 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Preschool 3	6:00 pm Preschool 3	11:00 am Walking Track
5:30 pm Swimmer 1	5:30 pm Preschool 2	4:30 pm Preschool 1	6:00 pm Private Swimming Lessons (Preschool 1-5)	11:15 am Swimmer 1
5:30 pm Preschool 2	5:30 pm Preschool 3	5:00 pm Preschool 3	6:00 pm Preschool 2	11:15 am Preschool 2
5:30 pm Parent & Tot 2	6:00 pm Cardio Tone	5:00 pm Preschool 2	6:05 pm Parent & Child (Ages 2 to 5)	11:15 am Preschool 3
5:30 pm Mindful Moments	6:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Preschool 4	6:05 pm Preschool (Ages 4 to 5)	11:15 am Swimmer 5
5:30 pm Parent & Tot 3	6:10 pm Multi Sports (5-7)	5:00 pm Walking Track	6:45 pm Semi-Private Learn to Skate Youth (6 to 17 years)	11:15 am Private Swimming Lessons
5:30 pm Preschool 3	6:15 pm Parent & Tot 3	5:00 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Leisure Splash & Slide	11:15 am Swimmer 6
5:45 pm Swimmer 3	6:15 pm Preschool 2	5:00 pm Private Swimming Lessons (Preschool 1-5)	6:45 pm Private Learn to Skate Youth (Ages 4+)	11:30 am Swimmer 4
5:45 pm Swimmer 4	6:15 pm Preschool 3	5:20 pm Indoor Soccer (5-7)	7:00 pm Walking Track	11:30 am Lane Swim
5:45 pm Basketball (5-7)	6:30 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Preschool 2	7:05 pm Adult 18+ Basketball Drop-In	11:40 am Semi-Private Learn to Skate Youth
6:00 pm Swimmer 2	6:45 pm Preschool 5	5:30 pm Preschool 3	7:35 pm Youth (Ages 6 to 17)	
6:00 pm Preschool 3	6:45 pm Preschool 4	5:30 pm Parent & Tot 1	7:45 pm Leisure & Splash	
6:00 pm Swimmer 1	6:45 pm Preschool 3	5:30 pm Little Artists (5-7)	7:45 pm Lane Swim	
6:15 pm Preschool 1	6:45 pm Preschool 1	5:30 pm Preschool 4	8:10 pm Sport Court Reservation - Alder Saputo Centre	
6:15 pm Preschool 2	7:00 pm Multi Sports (8-11)	5:30 pm Preschool 1		
6:15 pm Swimmer 2	7:00 pm Walking Track	5:30 pm Swimmer 2		
6:15 pm Body Blast	7:00 pm Zumba®	5:45 pm Swimmer 6		
6:30 pm Swimmer 5	7:15 pm Swimmer 5	5:45 pm Swimmer 5		
6:30 pm Swimmer 6	7:15 pm Swimmer 4	6:00 pm Swimmer 1		
6:30 pm Preschool 5	7:15 pm Swimmer 2	6:00 pm Preschool 5		
	7:15 pm Swimmer 1			
	7:15 pm Swimmer 6			

	6:35 pm Basketball (8-11)	7:15 pm Swimmer 3	6:00 pm Swimmer 2	(6 to 17 years)
	6:35 pm Ages 11-13 Basketball Drop-In	7:45 pm Private Swimming Lessons	6:10 pm Indoor Soccer (8-11)	11:40 am Private Hockey Technical Skating Skills (Ages 6+) FULL EQUIPMENT
	6:45 pm Swimmer 1	7:45 pm Private Swimming Lessons	6:15 pm Preschool 1	11:40 am Private Learn to Skate Youth (Ages 4+)
	6:45 pm Preschool 4	8:00 pm Adult 18+ Basketball Drop-In	6:15 pm Swimmer 1	11:45 am Preschool 3
	6:45 pm Preschool 2	8:15 pm Lane Swim	6:15 pm Pound	11:45 am Swimmer 2
	6:45 pm Drama & Creative Arts Club		6:15 pm Preschool 2	11:45 am Private Swimming Lessons
	6:45 pm Swimmer 2		6:45 pm Swimmer 4	11:45 am Private Swimming Lessons
	6:45 pm Preschool 1		6:45 pm Preschool 1	11:45 am Private Swimming Lessons
	7:00 pm Walking Track		6:45 pm Junior Artists (8-11)	11:45 am Preschool 2
	7:15 pm Private Swimming Lessons		6:45 pm Swimmer 3	11:45 am Preschool 1
	7:15 pm Private Swimming Lessons		6:45 pm Preschool 2	12:30 pm Sport Court Reservation - Alder Saputo Centre
	7:15 pm Swimmer 1		6:45 pm Preschool 5	12:30 pm Lane Swim
	7:15 pm Swimmer 2		6:45 pm Swimmer 2	12:45 pm Leisure Swim & Splash
	7:15 pm Dance Fit		6:45 pm Preschool 4	1:00 pm Walking Track
	7:15 pm Private Swimming Lessons		6:45 pm Swimmer 1	1:45 pm Public Swim (Lap & Leisure)
	7:15 pm Private Swimming Lessons		7:00 pm Sport Court Reservation - Alder Saputo Centre	2:00 pm Sport Court Reservation - Alder Saputo Centre
	7:30 pm Ages 14-17 Basketball Drop-In		7:00 pm Walking Track	3:00 pm Walking Track
	7:30 pm Swimmer 7 - Rookie Patrol		7:15 pm Private Swimming Lessons	3:00 pm Lane Swim
	7:30 pm Swimmer 9- Star Patrol		7:15 pm Private Swimming Lessons	3:30 pm Sport Court Reservation - Alder Saputo Centre
	7:30 pm Swimmer 8- Ranger Patrol		7:15 pm Private Swimming Lessons	5:00 pm Adult Social Pickleball
	7:45 pm Swimmer 2-Teen/Adult		7:15 pm Private Swimming Lessons	5:00 pm
	7:45 pm Swimmer 1- Teen/Adult		7:15 pm Private Swimming Lessons	
	8:45 pm Lane Swim		7:15 pm Private Swimming Lessons	
			7:30 pm Swimmer 7 - Rookie Patrol	
			7:30 pm Swimmer 9- Star Patrol	
			7:30 pm Swimmer 8- Ranger Patrol	
			7:45 pm Swimmer 1- Teen/Adult	
			7:45 pm Swimmer 2-Teen/Adult	
			7:45 pm Swimmer 3 - Teen/Adult	
			8:30 pm Sport Court Reservation - Alder Saputo Centre	
			8:45 pm Lane Swim	

						Walking Track 6:30 pm Adult Social Pickleball 7:00 pm Walking Track 7:30 pm Public Skate 8:00 pm Sport Court Reservation - Alder Saputo Centre
23 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Preschool 3 9:00 am Swimmer 3 9:00 am Preschool	24 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am 55+ Shinny	25 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am Walking Track	26 7:30 am Lane Swim 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny	27 7:30 am Lane Swim 8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) 8:30 am 70+ Shinny - GOALIE Registration Only	28 7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am 55+ Shinny	29 9:00 am Swimmer 3 9:00 am Preschool 3 9:00 am Walking Track 9:00 am

7 9:00 am Parent & Tot 1	8:45 am Therapeutic Swim (Lap) 9:00 am Adult Skate	9:00 am 70+ Shinny - GOALIE Registration Only	8:45 am AquaFitness 9:00 am 65+ Shinny	8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 70+ Shinny	8:45 am Aquafit 9:00 am Walking Track	Parent & Tot 1 9:00 am Swimmer 1
9:00 am Preschool 2	9:00 am Indoor Nordic Walking	9:00 am 70+ Shinny	9:00 am 65+ Shinny - GOALIE Registration Only	8:35 am Adult Private Hockey Technical Skating Skills (Adult 18+)	9:00 am Adult Skate 9:00 am 65+ Shinny - GOALIE Registration Only	9:00 am Bronze Star 9:00 am Preschool 1
9:00 am Lane Swim- Shared 4 Lanes	9:00 am 65+ Shinny - GOALIE Registration Only	9:30 am Public Swim (Lap & Leisure)	9:00 am Adult Skate	8:35 am Private Learn to Skate Adult (Ages 18+)	9:00 am 65+ Shinny	9:00 am Preschool 4
9:00 am Swimmer 1	9:00 am 65+ Shinny	10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Walking Track	8:45 am Aqua Zumba	9:00 am Zumba® Gold	9:00 am Preschool 4
9:00 am Walking Track	9:15 am Zumba®	10:00 am Dance Fit	9:30 am Public Swim (Lap & Leisure)	9:20 am Private Learn to Skate Adult (Ages 18+)	9:30 am Public Swim (Lap)	9:00 am Lane Swim- Shared (3 Lanes)
9:00 am Preschool 1	9:30 am Public Swim (Lap & Leisure)	10:30 am Hatha Intermediate	10:00 am Sport Court Reservation - Alder Saputo Centre	9:20 am Small Group Learn to Skate Toddler (Age 3)	9:45 am Chair Fitness	9:00 am Preschool 2
9:30 am Preschool 1	10:00 am Sport Court Reservation - Alder Saputo Centre	10:30 am Therapeutic Swim (Lap)	10:00 am Tiny Tots Skate	10:00 am Beginner Line Dancing	9:45 am Sun Salutation	9:30 am Preschool 5
9:30 am Swimmer 2	10:00 am Tiny Tots Skate	10:45 am Preschool 2	10:15 am Zumba® Toning	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Tiny Tots Skate	9:30 am Parent & Tot 2
9:30 am Parent & Tot 2	10:30 am Hatha Beginner	10:45 am Parent & Tot 1	10:30 am Sensory Friendly Swim (Lap & Leisure)	9:30 am Public Swim (Lap & Leisure)	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Adult Social Pickleball
9:30 am Preschool 2	10:30 am Leisure & Splash	10:45 am Intermediate Line Dance	10:30 am Chair Yoga	10:00 am Beginner Line Dancing	10:30 am Leisure & Splash	9:30 am Preschool 1
9:30 am Preschool 3	11:00 am Family Skate	10:45 am Preschool 1	11:00 am Walking Track	10:00 am Sport Court Reservation - Alder Saputo Centre	11:00 am Restorative Yoga	9:30 am Junior Chefs (Ages 8-11)
9:30 am Preschool 5	11:00 am Walking Track	11:00 am Walking Track	11:00 am Balls & Bands	10:00 am Small Group Learn to Skate Toddler (Age 3)	11:00 am Family Skate	9:30 am Preschool 2
9:45 am Swimmer 4	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4	11:00 am Family Skate	10:00 am Parent & Child (Ages 2 to 5)	11:00 am Walking Track	9:30 am Preschool 3
10:00 am Preschool 2	11:45 am Breath & Meditation	11:15 am Parent & Tot 3	11:30 am Sport Court Reservation - Alder Saputo Centre	10:30 am Yin Yoga	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Swimmer 2
10:00 am Preschool 1	12:00 pm Adult Shinny - GOALIE Registration Only	11:15 am Preschool 1	11:45 am Vinyasa	10:40 am Parent & Child (Ages 2 to 5)	11:30 am Therapeutic Swim (Lap)	9:45 am Swimmer 4
10:00 am Swimmer 1	12:00 pm Adult Shinny	11:15 am Parent & Tot 2	11:45 am Leisure & Splash	10:40 am Small Group Learn to Skate Preschool (Ages 4 to 5)	12:00 pm Adult Shinny	10:00 am Preschool 4
10:00 am Preschool 3	12:00 pm Lane Swim	11:15 am Preschool 3	12:00 pm Adult Shinny - GOALIE Registration Only	10:45 am Parent & Tot 1	12:00 pm Adult Shinny - GOALIE Registration Only	10:00 am Preschool 1
10:00 am Preschool 4	12:00 pm Leisure & Splash	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Therapeutic Swim (Lap)	10:45 am Preschool 2	1:00 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Preschool 2
10:00 am Sport Court Reservation - Alder Saputo Centre	12:30 pm Family Skate	12:00 pm Lane Swim	12:00 pm Adult Shinny	10:45 am Preschool 1	1:00 pm Walking Track	10:00 am Preschool 3
10:00 am Parent & Tot 3	1:00 pm Lane Swim	12:00 pm Leisure & Splash	12:30 pm Family Skate	11:00 am Walking Track	1:00 pm Lane Swim	10:00 am Swimmer 1
10:30 am Private Swimming Lessons	1:00 pm Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny	1:00 pm Leisure Swim	11:15 am Preschool 5	2:00 pm Lane Swim	10:00 am Parent & Tot 3
10:30 am Preschool 1	1:00 pm Walking Track	12:00 pm Adult Shinny - GOALIE Registration Only	1:00 pm Walking Track	11:15 am Preschool 4	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:15 am Swimmer 7 - Rookie Patrol
10:30 am Preschool 3	2:30 pm Sport Court Reservation - Alder Saputo Centre	12:30 pm Adult Skate	1:00 pm Lane Swim	11:15 am Parent & Tot 2	3:00 pm Walking Track	10:15 am Swimmer 8- Ranger Patrol
10:45 am Swimmer 2	3:00 pm Figure Skating Skills	1:00 pm Walking Track	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 3	4:00 pm Adult Social Pickleball	10:15 am Swimmer 9- Star Patrol
10:45 am Swimmer 6	3:00 pm Walking Track	1:00 pm Lane Swim	2:00 pm Lane Swim	11:15 am Parent & Tot 3	4:30 pm Preschool 2	10:30 am Private Swimming Lessons
10:45 am Swimmer 5	4:00 pm Shinny 5-7 years old	1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Parent and Child Mini Hockey Learn to Skate (Ages 2 to 4)	4:30 pm Preschool 3	10:30 am Preschool 3
10:45 am Preschool 2	4:00 pm Shinny 5-7 Years Old GOALIE Registration Only	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	11:30 am Sport Court Reservation - Alder Saputo Centre	4:30 pm Private Swimming Lessons (Preschool 1-5)	
10:45 am Preschool 5	4:05 pm Ages 14-17 Basketball Drop-In	3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)			
11:00 am Walking Track		3:00 pm Walking Track				
11:15 am Preschool						

1	4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	FULL EQUIPMENT	4:20 pm Private Learn to Skate Youth (Ages 4+)	4:20 pm Semi-Private Learn to Skate Youth (6 to 17 years)	4:30 pm Preschool 3	4:30 pm Preschool 1	4:45 pm Preschool 2	4:45 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Preschool 1	5:00 pm Walking Track	5:00 pm Preschool 3	5:00 pm Preschool (Ages 4 to 5)	5:10 pm Ages 8-10 Basketball Drop-In	5:15 pm Parent & Tot 2	5:15 pm Preschool 2	5:30 pm Junior Chefs (Ages 8-11)	5:30 pm Preschool 3	5:30 pm Preschool 1	5:30 pm Music Club	5:40 pm Youth (Ages 6 to 17)	5:45 pm Preschool 2	5:45 pm Parent & Tot 1	6:15 pm Ages 11-13 Basketball Drop-In	6:15 pm Cardio Tone	6:15 pm Preschool 3	6:15 pm Preschool 1	6:30 pm Preschool 2	6:30 pm Parent & Tot 3	6:35 pm Power Skating for Hockey/Ringette (Ages 7 to 10)	FULL EQUIPMENT	6:45 pm Preschool 3	6:45 pm Preschool 1	7:00 pm Private Swimming Lessons (Preschool 1-5)	7:00 pm Preschool 2	7:00 pm Walking											
11:15 am Private Swimming Lessons	11:15 am Preschool 2	11:15 am Swimmer 1	11:15 am Preschool 3	11:15 am Private Swimming Lessons	11:30 am Sport Court Reservation - Alder Saputo Centre	11:45 am Convenience Lessons - Preschool 1-5	11:45 am Private Swimming Lessons	11:45 am Convenience Lessons - Swimmer 1-6	12:15 pm Private Swimming Lessons	12:30 pm Convenience Lessons - Swimmer 1-6	12:30 pm Convenience Lessons - Preschool 1-5	12:45 pm Private Swimming Lessons	1:00 pm Walking Track	1:00 pm Sport Court Reservation - Alder Saputo Centre	1:30 pm Bronze Medallion and Emergency First Aid	1:30 pm Public Skate	2:00 pm Public Swim (Lap & Leisure)	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	3:00 pm Birthday Party - Swim & Splash	3:15 pm Lane Swim	4:00 pm Sport Court Reservation - Alder Saputo Centre	4:00 pm Leisure Swim & Splash																							
3:30 pm Hockey Skills - 14 years old and OVER	4:00 pm Shinny 8-10 Years Old - GOALIE Registration Only	4:00 pm Shinny 8-10 years old	4:30 pm Hockey Skills - 13 years and UNDER	4:30 pm Private Swimming Lessons (Preschool 1-5)	4:30 pm Preschool 3	4:30 pm Preschool 1	4:30 pm Preschool 2	4:30 pm Preschool 3	4:30 pm Multi Sports (3-4)	4:30 pm Preschool 2	4:30 pm Preschool 1	4:30 pm Public Skate	5:00 pm Preschool 2	5:00 pm Preschool 1	5:00 pm Preschool 3	5:00 pm Walking Track	5:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Preschool 1	5:00 pm Preschool 2	5:00 pm Preschool 3	5:15 pm Balls & Bands	5:30 pm Swimmer 2	5:30 pm Preschool 1	5:30 pm Mindful Moments	5:30 pm Swimmer 1	5:30 pm Preschool 2	5:30 pm Parent & Tot 2	5:30 pm Mindful Moments	5:30 pm Parent & Tot 3	5:30 pm Preschool 3	5:45 pm Swimmer 3	5:45 pm Swimmer 4	5:45 pm Basketball (5-7)	6:00 pm Swimmer 2												
FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT	FULL EQUIPMENT								
Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre	Alder Saputo Centre								
4:30 pm Preschool 1	4:30 pm Preschool 4	5:00 pm Preschool 3	5:00 pm Private Swimming Lessons (Preschool 1-5)	5:00 pm Parent & Tot 1	5:00 pm Preschool 2	5:00 pm Preschool 1	5:30 pm Preschool 1	5:30 pm Preschool 2	5:30 pm Private Swimming Lessons (Preschool 1-5)	5:30 pm Friday Night Social (Ages 8 to 13)	5:30 pm Preschool 3	5:30 pm Preschool 1	5:30 pm Adult Social Pickleball	6:00 pm Preschool 1	6:00 pm Preschool 2	6:00 pm Private Swimming Lessons (Preschool 1-5)	6:00 pm Parent & Tot 2	6:00 pm Parent & Tot 3	6:00 pm Preschool 3	6:00 pm Preschool 3	6:45 pm Leisure Splash & Slide	7:00 pm Walking Track	7:05 pm Adult 18+ Basketball Drop-In	7:45 pm Lane Swim	7:45 pm Leisure & Splash	8:10 pm Sport Court Reservation - Alder Saputo Centre	11:00 am Adult Social Pickleball	11:00 am Walking Track	11:15 am Swimmer 1	11:15 am Preschool 2	11:15 am Preschool 1	11:15 am Preschool 3	11:15 am Swimmer 5	11:15 am Private Swimming Lessons	11:15 am Private Swimming Lessons	11:15 am Swimmer 6	11:30 am Swimmer 4	11:30 am Lane Swim	11:45 am Preschool 2	11:45 am Private Swimming Lessons	11:45 am Preschool 1	11:45 am Swimmer 2	11:45 am Preschool 3	12:30 pm Lane Swim	12:30 pm Sport Court Reservation - Alder Saputo Centre	12:45 pm

4:15 pm Shared Lane Swim (Lanes 1-5)	Track	6:00 pm Preschool 3	6:45 pm Preschool 3	5:30 pm Preschool 3	Leisure Swim & Splash
5:00 pm Walking Track	7:15 pm Zumba®	6:00 pm Swimmer 1	6:45 pm Preschool 1	5:30 pm Parent & Tot 1	1:00 pm Walking Track
5:30 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Preschool 4	6:15 pm Preschool 1	7:00 pm Multi Sports (8-11)	5:30 pm Little Artists (5-7)	1:45 pm Public Swim (Lap & Leisure)
7:00 pm Walking Track	7:20 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Preschool 2	7:00 pm Walking Track	5:30 pm Preschool 4	2:00 pm Sport Court Reservation - Alder Saputo Centre
	7:30 pm Swimmer 5	6:15 pm Swimmer 2	7:00 pm Zumba®	5:30 pm Preschool 1	3:00 pm Walking Track
	7:30 pm Swimmer 3	6:15 pm Body Blast	7:15 pm Swimmer 5	5:30 pm Swimmer 2	3:00 pm Lane Swim
	7:30 pm Swimmer 6	6:30 pm Swimmer 5	7:15 pm Swimmer 4	5:45 pm Swimmer 6	3:30 pm Sport Court Reservation - Alder Saputo Centre
	7:30 pm Swimmer 4	6:30 pm Swimmer 6	7:15 pm Swimmer 2	5:45 pm Swimmer 5	5:00 pm Adult Social Pickleball
	7:30 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	6:30 pm Preschool 5	7:15 pm Swimmer 1	6:00 pm Swimmer 1	5:00 pm Walking Track
	8:45 pm Lane Swim	6:30 pm Preschool 5	7:15 pm Swimmer 6	6:00 pm Preschool 5	6:30 pm Adult Social Pickleball
		6:35 pm Basketball (8-11)	7:15 pm Swimmer 3	6:00 pm Swimmer 2	7:00 pm Walking Track
		6:35 pm Ages 11-13 Basketball Drop-In	7:45 pm Private Swimming Lessons	6:10 pm Indoor Soccer (8-11)	8:00 pm Sport Court Reservation - Alder Saputo Centre
		6:45 pm Swimmer 1	7:45 pm Private Swimming Lessons	6:15 pm Preschool 1	
		6:45 pm Preschool 4	8:00 pm Adult 18+ Basketball Drop-In	6:15 pm Swimmer 1	
		6:45 pm Preschool 2	8:15 pm Lane Swim	6:15 pm Pound	
		6:45 pm Drama & Creative Arts Club		6:15 pm Preschool 2	
		6:45 pm Swimmer 2		6:45 pm Swimmer 4	
		6:45 pm Preschool 1		6:45 pm Preschool 1	
		7:00 pm Walking Track		6:45 pm Junior Artists (8-11)	
		7:15 pm Private Swimming Lessons		6:45 pm Swimmer 3	
		7:15 pm Private Swimming Lessons		6:45 pm Preschool 2	
		7:15 pm Swimmer 1		6:45 pm Preschool 5	
		7:15 pm Swimmer 2		6:45 pm Swimmer 2	
		7:15 pm Dance Fit		6:45 pm Swimmer 1	
		7:15 pm Private Swimming Lessons		6:45 pm Preschool 4	
		7:15 pm Private Swimming Lessons		7:00 pm Sport Court Reservation - Alder Saputo Centre	
		7:30 pm Ages 14-17 Basketball Drop-In		7:00 pm Walking Track	
		7:30 pm Swimmer 7 - Rookie Patrol		7:15 pm Private Swimming Lessons	
		7:30 pm Swimmer 9- Star Patrol		7:15 pm Private Swimming Lessons	
		7:30 pm Swimmer 8- Ranger Patrol		7:15 pm Private Swimming Lessons	
		7:45 pm Swimmer 2-Teen/Adult		7:15 pm Private Swimming Lessons	
		7:45 pm Swimmer 1- Teen/Adult		7:15 pm Private Swimming Lessons	
		8:45 pm Lane Swim		7:15 pm Swimmer 2	
				7:15 pm Step & Tone	
				7:15 pm Swimmer 1	
				7:15 pm Private Swimming Lessons	
				7:30 pm Swimmer 7 - Rookie Patrol	
				7:30 pm Swimmer 9- Star Patrol	
				7:30 pm Swimmer 8- Ranger Patrol	
				7:45 pm Swimmer 1- Teen/Adult	
				7:45 pm Swimmer 2-Teen/Adult	

				7:45 pm Swimmer 3 - Teen/Adult		
				8:30 pm Sport Court Reservation - Alder Saputo Centre		
				8:45 pm Lane Swim		
30	31					
8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim					
9:00 am Preschool 3	8:30 am Sport Court Reservation - Alder Saputo Centre					
9:00 am Swimmer 3	8:45 am Therapeutic Swim (Lap)					
9:00 am Preschool 4	9:00 am Indoor Nordic Walking					
9:00 am Parent & Tot 1	9:15 am Zumba®					
9:00 am Preschool 2	9:30 am Public Swim (Lap & Leisure)					
9:00 am Lane Swim- Shared 4 Lanes	10:00 am Sport Court Reservation - Alder Saputo Centre					
9:00 am Swimmer 1	10:30 am Hatha Beginner					
9:00 am Walking Track	10:30 am Leisure & Splash					
9:00 am Preschool 1	11:00 am Walking Track					
9:30 am Preschool 1	11:30 am Sport Court Reservation - Alder Saputo Centre					
9:30 am Swimmer 2	11:45 am Breath & Meditation					
9:30 am Parent & Tot 2	12:00 pm Lane Swim					
9:30 am Preschool 2	12:00 pm Leisure & Splash					
9:30 am Preschool 3	1:00 pm Lane Swim					
9:30 am Preschool 5	1:00 pm Walking Track					
9:45 am Swimmer 4	1:00 pm Sport Court Reservation - Alder Saputo Centre					
10:00 am Preschool 2	2:30 pm Sport Court Reservation - Alder Saputo Centre					
10:00 am Preschool 1	3:00 pm Walking Track					
10:00 am Swimmer 1	4:05 pm Ages 14-17 Basketball Drop-In					
10:00 am Preschool 3	4:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)					
10:00 am Preschool 4	FULL EQUIPMENT					
10:00 am Sport Court Reservation - Alder Saputo Centre	4:20 pm Private Learn to Skate Youth (Ages 4+)					
10:00 am Parent & Tot 3	4:20 pm Semi-					

10:30 am Private Swimming Lessons	Private Learn to Skate Youth (6 to 17 years)				
10:30 am Preschool 1	4:30 pm Preschool 3				
10:30 am Preschool 3	4:30 pm Preschool 1				
10:45 am Swimmer 2	4:45 pm Private Swimming Lessons (Preschool 1-5)				
10:45 am Swimmer 6	4:45 pm Preschool 2				
10:45 am Swimmer 5	5:00 pm Preschool 1				
10:45 am Preschool 2	5:00 pm Walking Track				
10:45 am Preschool 5	5:00 pm Preschool 3				
11:00 am Walking Track	5:00 pm Preschool (Ages 4 to 5)				
11:15 am Preschool 1	5:10 pm Ages 8-10 Basketball Drop-In				
11:15 am Private Swimming Lessons	5:15 pm Parent & Tot 2				
11:15 am Preschool 2	5:15 pm Preschool 2				
11:15 am Swimmer 1	5:30 pm Junior Chefs (Ages 8-11)				
11:15 am Preschool 3	5:30 pm Preschool 3				
11:15 am Private Swimming Lessons	5:30 pm Preschool 1				
11:30 am Sport Court Reservation - Alder Saputo Centre	5:30 pm Music Club				
11:45 am Convenience Lessons - Preschool 1-5	5:40 pm Youth (Ages 6 to 17)				
11:45 am Private Swimming Lessons	5:45 pm Preschool 2				
11:45 am Convenience Lessons - Swimmer 1-6	5:45 pm Parent & Tot 1				
12:15 pm Private Swimming Lessons	6:15 pm Ages 11-13 Basketball Drop-In				
12:30 pm Convenience Lessons - Swimmer 1-6	6:15 pm Cardio Tone				
12:30 pm Convenience Lessons - Preschool 1-5	6:15 pm Preschool 3				
12:45 pm Private Swimming Lessons	6:15 pm Preschool 1				
1:00 pm Walking Track	6:30 pm Preschool 2				
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:30 pm Parent & Tot 3				
2:00 pm Public Swim (Lap & Leisure)	6:35 pm Power Skating for Hockey/Ringette (Ages 7 to 10) FULL EQUIPMENT				
	6:45 pm Preschool 3				
	6:45 pm Preschool 1				
	7:00 pm Private Swimming Lessons (Preschool 1-5)				
	7:00 pm Preschool 2				
	7:00 pm Walking Track				
	7:15 pm Zumba®				
	7:15 pm Preschool 4				
	7:15 pm Preschool 5				
	7:20 pm Sport Court Reservation - Alder Saputo Centre				

2:30 pm Sport Court Reservation - Alder Saputo Centre	7:30 pm Swimmer 5					
3:00 pm Walking Track	7:30 pm Swimmer 3					
3:15 pm Lane Swim	7:30 pm Swimmer 6					
4:00 pm Sport Court Reservation - Alder Saputo Centre	7:30 pm Swimmer 4					
4:00 pm Leisure Swim & Splash	7:30 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT					
4:15 pm Shared Lane Swim (Lanes 1-5)	8:45 pm Lane Swim					
5:00 pm Walking Track						
5:30 pm Sport Court Reservation - Alder Saputo Centre						
7:00 pm Walking Track						