March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 am Lane Swim
2 3:00 pm Birthday Party - Swim & Splash	3 11:00 am Walking Track 1:00 pm Walking Track 4:00 pm Lane Swim 5:00 pm Lane Swim	4	5	6 3:50 pm Private Hockey Technical Skating Skills (Ages 7-11) FULL EQUIPMENT 4:20 pm Private Hockey Technical Skating Skills (Ages 11-12) FULL EQUIPMENT 4:50 pm Private Hockey Technical Skating Skills (Ages 11+1) FULL EQUIPMENT	7 4:00 pm Lane Swim 5:00 pm Lane Swim	8 6:00 pm Birthday Party - Skate & Celebrate
9 10:00 am Lifesaving Swim Instructors 3:00 pm Birthday Party - Swim & Splash	8:00 am March Break Camp Monday (Ages 6 to 13) 8:00 am March Break Camp Monday (Ages 4 to 5) 8:30 am Home Alone 10:45 am Lane Swim 5:45 pm Lane Swim 6:45 pm Lane Swim	8:00 am March Break Camp Tuesday (Ages 4 to 5) 8:00 am March Break Camp Tuesday (Ages 6 to 13)	8:00 am March Break Camp Wednesday (Ages 6 to 13) 8:00 am March Break Camp Wednesday (Ages 4 to 5)	8:00 am March Break Camp Thursday (Ages 4 to 5) 8:00 am March Break Camp Thursday (Ages 6 to 13) 2:45 pm Lane Swim 8:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)	7:30 am Lane Swim 8:00 am March Break Camp Monday-Friday (Ages 4 to 5) 8:00 am March Break Camp Friday (Ages 4 to 5) 8:00 am March Break Camp Friday (Ages 4 to 5) 8:00 am March Break Camp Monday-Friday (Ages 6 to 13) 8:00 am March Break Camp Friday (Ages 6 to 13) 8:30 am 55+ Shinny - GOALIE Registration Only 8:45 am Aquafit 9:00 am Walking Track 9:00 am 65+ Shinny - GOALIE Registration Only 9:00 am Zumba® Gold 9:00 am 65+ Shinny 9:30 am Public Swim (Lap &	8:00 am Lane Swim 9:00 am Preschool 1 9:00 am Preschool 4 9:00 am Lane Swim- Shared (3 Lanes) 9:00 am Preschool 2 9:00 am Swimmer 3 9:00 am Preschool 3 9:00 am Preschool 3 9:00 am Preschool 1 9:00 am Swimmer 1 9:00 am Parent & Tot 1 9:00 am Bronze Star 9:30 am Adult Social Pickleball (March Break Schedule) 9:30 am Preschool 1

		9:45 am Chair Fitness	9:30 am Preschool 2
		9:45 am Sun Salutation	9:30 am Preschool 3
		10:00 am Tiny Tots Skate	9:30 am Swimmer 2
		10:45 am Lane Swim	9:30 am Preschool 5
		10:45 am Leisure & Splash/ Slide	9:30 am Parent & Tot 2
		11:00 am Walking Track	9:45 am Swimmer 4
		11:00 am Restorative Yoga	10:00 am Preschool 4
		11:00 am Family Skate	10:00 am Preschool 1
		12:00 pm Adult Shinny	10:00 am Preschool 2
		12:00 pm Adult Shinny - GOALIE Registration Only	10:00 am Preschool 3
		12:30 pm Public Swim	10:00 am Swimmer 1
		1:00 pm Walking Track	10:00 am Parent & Tot
		3:00 pm Walking Track	10:15 am Swimmer 7 -
		4:00 pm Public Skate	Rookie Patrol 10:15 am
		4:20 pm March Break Hockey	Swimmer 8- Ranger Patrol
		Development Camp (Ages 7 & 8)	10:15 am Swimmer 9-
		4:30 pm Preschool 2	Star Patrol
		4:30 pm Preschool 3	10:30 am Private
		4:30 pm Lane Swim	Swimming
		4:30 pm Private Swimming Lessons (Preschool 1-5)	Lessons 10:30 am Preschool 3
		4:30 pm Preschool 1 4:30 pm Preschool 4	10:30 am Preschool 1
		5:00 pm Preschool 3	10:45 am Swimmer 2
		5:00 pm Private Swimming Lessons (Preschool 1-5)	10:45 am Swimmer 3
		5:00 pm Parent & Tot 1	10:45 am Preschool 5
		5:00 pm Preschool 2	10:45 am Preschool 2
		5:00 pm Preschool 1 5:00 pm Walking	11:00 am
		Track	Adult Social Pickleball (March Break
		5:30 pm Lane Swim	Schedule)
		5:30 pm Private Swimming Lessons (Preschool 1-5)	11:00 am Walking Track
		5:30 pm Preschool 1	11:15 am
		5:30 pm Preschool 2	Swimmer 1
		5:30 pm Private Swimming Lessons	11:15 am Preschool 2

		(Preschool 1-5)	11:15 am
		5:30 pm Preschool 3	Preschool 1
		5:30 pm Adult Social Pickleball	11:15 am Preschool 3
		(March Break Schedule)	11:15 am Swimmer 5
		5:35 pm March Break REP Hockey Development Camp (Ages 9 & 10)	11:15 am Private Swimming Lessons
		6:00 pm Parent & Tot 2	11:15 am Private
		6:00 pm Preschool 3	Swimming Lessons
		6:00 pm Parent & Tot 3	11:15 am Swimmer 6
		6:00 pm Preschool 2	11:30 am
		6:00 pm Preschool 1	Swimmer 4
		6:00 pm Private Swimming Lessons (Preschool 1-5)	11:30 am Lane Swim
		6:45 pm Public Swim	11:45 am Private Swimming
		6:50 pm March Break REP Hockey Development Camp	Lessons 11:45 am
		(Ages 11+) 7:00 pm Walking	Preschool 2 11:45 am
		Track	Preschool 1 11:45 am
		7:05 pm Adult 18+ Basketball Drop-In (March Break	Private Swimming Lessons
		Schedule) 8:10 pm Sport Court	11:45 am
		Reservation - Alder Saputo Centre	Swimmer 2 11:45 am
		(March Break Schedule)	Preschool 3 12:30 pm Lane Swim
			12:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)
			12:45 pm Leisure Swim & Splash
			1:00 pm Walking Track
			1:45 pm Public Swim (Lap & Leisure)
			2:00 pm Sport Court Reservation -
			Alder Saputo Centre (March Break Schedule)
			3:00 pm Walking Track
			3:00 pm Lane

						Swim
						3:30 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)
						5:00 pm Adult Social Pickleball (March Break Schedule)
						5:00 pm Walking Track
						6:30 pm Adult Social Pickleball (March Break Schedule)
						7:00 pm Walking Track
						7:30 pm Public Skate
						8:00 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)
16	17	18	19	20	21	22
8:30 am Sport	7:30 am Lane Swim	8:05 am				

Court Documention	I	I	I	I	I	D.:
Court Reservation - Alder Saputo Centre	8:30 am Sport Court	8:30 am Sport Court	8:30 am 55+ Shinny	8:05 am Private	8:30 am Sport Court	Private Learn to Skate
(March Break	Reservation - Alder	Reservation - Alder	- GOALIE	Hockey/Ringette	Reservation - Alder	Youth (Ages
Schedule)	Saputo Centre (March Break	Saputo Centre (March Break	Registration Only	Technical Skating Skills (Ages 6+)	Saputo Centre (March Break	4+)
9:00 am Preschool	Schedule)	Schedule)	8:30 am Sport Court		Schedule)	8:05 am
3	8:30 am 55+ Shinny	8:45 am Aqua	Reservation - Alder Saputo Centre	8:30 am 70+ Shinny - GOALIE	8:30 am 55+ Shinny	Private
9:00 am Swimmer	- GOALIE	Zumba	(March Break	Registration Only	- GOALIE	Hockey
3	Registration Only		Schedule)		Registration Only	Technical Skating Skills
9:00 am Preschool	8:30 am 55+ Shinny	9:00 am Walking Track	8:30 am 55+ Shinny	8:30 am Sport Court Reservation - Alder	8:30 am 55+ Shinny	(Ages 6+)
4	_			Saputo Centre		FULL
9:00 am Parent &	8:45 am Therapeutic Swim (Lap)	9:00 am 70+ Shinny - GOALIE	8:45 am AquaFitness	(March Break	8:45 am Aquafit	EQUIPMENT
Tot 1		Registration Only	9:00 am 65+ Shinny	Schedule)	9:00 am Walking	8:05 am
0.00 D11	9:00 am Adult Skate		9:00 am 65+ Shinny	8:30 am 70+ Shinny	Track	Semi-Private
9:00 am Preschool 2	9:00 am Indoor	9:00 am 70+ Shinny	- GOALIE	8:35 am Private	9:00 am Adult Skate	Learn to Skate Youth
0.00 1	Nordic Walking	9:30 am Public	Registration Only	Learn to Skate Adult	9:00 am 65+ Shinny	(6 to 17
9:00 am Lane Swim- Shared 4	9:00 am 65+ Shinny	Swim (Lap & Leisure)	9:00 am Adult Skate	(Ages 18+)	- GOALIE	years)
Lanes	- GOALIE	,	9:00 am Walking	8:35 am Adult	Registration Only	8:45 am Small
9:00 am Swimmer	Registration Only	10:00 am Sport Court Reservation -	Track	Private Hockey	9:00 am 65+ Shinny	Group Learn
1	9:00 am 65+ Shinny	Alder Saputo Centre	9:30 am Public	Technical Skating Skills (Adult 18+)	9:00 am Zumba®	to Skate
9:00 am Walking	9:15 am Zumba®	(March Break	Swim (Lap &	,	Gold	Preschool (Ages 4 to 5)
Track	9:30 am Public	Schedule)	Leisure)	8:45 am Aqua	9:30 am Public	, ,
9:00 am Preschool	Swim (Lap &	10:00 am Dance Fit	10:00 am Sport	Zumba	Swim (Lap &	8:45 am
1	Leisure)	10:30 am Hatha	Court Reservation -	9:20 am Private	Leisure)	Parent & Child (Ages 2
9:30 am Preschool	10:00 am Sport	Intermediate	Alder Saputo Centre (March Break	Learn to Skate Adult (Ages 18+)	9:45 am Chair	to 5)
9:30 am Preschool	Court Reservation -	10:30 am	Schedule)	` ` '	Fitness	9:00 am
	Alder Saputo Centre	Therapeutic Swim	<u> </u>	9:20 am Small Group Learn to	9:45 am Sun	Bronze Star
9:30 am Swimmer 2	(March Break Schedule)	(Lap)	10:00 am Tiny Tots Skate	Skate Toddler (Age	Salutation	9:00 am
_	<u> </u>	10:45 am Preschool		3)	10:00 am Tiny Tots	Walking
9:30 am Parent & Tot 2	10:00 am Tiny Tots Skate	2	10:15 am Zumba® Toning	9:30 am Public	Skate	Track
		10:45 am Parent &		Swim (Lap &	10:00 am Sport	9:00 am
9:30 am Preschool 2	10:30 am Hatha Beginner	Tot 1	10:30 am Sensory Friendly Swim (Lap	Leisure)	Court Reservation -	Preschool 3
_		10:45 am	& Leisure)	10:00 am Beginner	Alder Saputo Centre	9:00 am
9:30 am Preschool	10:30 am Leisure & Splash	Intermediate Line	10:30 am Chair Yoga	Line Dancing	(March Break Schedule)	Swimmer 3
	1	Dance		10:00 am Sport		9:00 am
9:30 am Preschool 5	11:00 am Family Skate	10:45 am Preschool	11:00 am Walking Track	Court Reservation -	10:30 am Leisure & Splash	Parent & Tot
		1		Alder Saputo Centre (March Break	1	1
9:45 am Swimmer 4	11:00 am Walking Track	11:00 am Walking	11:00 am Family Skate	Schedule)	11:00 am Restorative Yoga	9:00 am
		Track		10:00 am Small		Swimmer 1
10:00 am Preschool 2	11:30 am Sport Court Reservation -	11:15 am Preschool	11:00 am Balls & Bands	Group Learn to	11:00 am Family Skate	9:00 am
	Alder Saputo Centre	4		Skate Toddler (Age		Preschool 2
10:00 am Preschool	(March Break	11:15 am Parent &	11:30 am Sport	3)	11:00 am Walking	9:00 am Lane
1	Schedule)	Tot 3	Court Reservation - Alder Saputo Centre	10:00 am Parent &	Track	Swim- Shared
10:00 am Swimmer	11:45 am Breath &	11:15 am Preschool	(March Break	Child (Ages 2 to 5)	11:30 am Sport	(3 Lanes)
1	Meditation	1	Schedule)	10:30 am Yin Yoga	Court Reservation - Alder Saputo Centre	9:00 am
10:00 am Preschool	12:00 pm Adult	11:15 am Parent &	11:45 am Vinyasa	10:40 am Parent &	(March Break	Preschool 4
3	Shinny - GOALIE	Tot 2	11:45 am Leisure &	Child (Ages 2 to 5)	Schedule)	9:00 am
10:00 am Preschool	Registration Only	11:15 am Preschool	Splash	10:40 am Small	11:30 am	Preschool 1
4	12:00 pm Adult	3	12:00 pm Adult	Group Learn to	Therapeutic Swim	9:25 am
10:00 am Sport	Shinny	11:30 am Sport	Shinny - GOALIE	Skate Preschool	(Lap)	Preschool
Court Reservation - Alder Saputo Centre	12:00 pm Lane	Court Reservation -	Registration Only	(Ages 4 to 5)	12:00 pm Adult	(Ages 4 to 5)
(March Break	Swim	Alder Saputo Centre	12:00 pm	10:45 am Parent &	Shinny - GOALIE	9:30 am
Schedule)	12:00 pm Leisure	(March Break Schedule)	Therapeutic Swim	Tot 1	Registration Only	Parent & Tot 2
10:00 am Parent &	Swim	,	(Lap)	10:45 am Preschool	1:00 pm Sport Court	
Tot 3	12:30 pm Family	12:00 pm Lane Swim	12:00 pm Adult	2	Reservation - Alder Saputo Centre	9:30 am Preschool 5
10:30 am Private	Skate		Shinny	10:45 am Preschool	(March Break	
Swimming Lessons	1:00 pm Lane Swim	12:00 pm Leisure Swim	12:30 pm Family	1	Schedule)	9:30 am Preschool 3
10:30 am Preschool	1:00 pm Sport Court		Skate	11:00 am Walking	1:00 pm Lane Swim	
1	Reservation - Alder	12:00 pm Adult Shinny	1:00 pm Leisure	Track	1:00 pm Walking	9:30 am Swimmer 2
10:30 am Preschool	Saputo Centre		Swim	11:15 am Preschool	Track	
3	(March Break Schedule)	12:00 pm Adult Shinny - GOALIE	1:00 pm Walking	5	2:00 pm Lane Swim	9:30 am Adult Social
10:45 am Swimmer	ŕ	Registration Only	Track	11:15 am Preschool		Pickleball
2	1:00 pm Walking Track	12:30 pm Adult	1:00 pm Lane Swim	4	2:30 pm Sport Court Reservation - Alder	(March Break
10.45 0 :		Chate	100 0 10 1	11:15 am Parent &	Sanuta Centre	Schedule)

10:45 am Swimmer	1 2 20	DRAIL	1:00 pm Sport Court	1 -	рарию сепис	ı I
6	2:30 pm Sport Court	1.00 W-11-:	Reservation - Alder	Tot 2	(March Break	9:30 am
10.15	Reservation - Alder Saputo Centre	1:00 pm Walking Track	Saputo Centre	11:15 am Preschool	Schedule)	Preschool 1
10:45 am Swimmer	(March Break	Track	(March Break	3	3:00 pm Walking	0.20
5	Schedule)	1:00 pm Lane Swim	Schedule)	3	Track	9:30 am
10:45 am Preschool	Schedule)	_	Í	11:15 am Parent &	Track	Junior Chefs
2	3:00 pm Figure	1:00 pm Inclusive	2:00 pm Lane Swim	Tot 3	4:00 pm Adult	(Ages 8-11)
	Skating Skills	Open Gym	2:30 pm Sport Court	11:30 am Parent and	Social Pickleball	9:30 am
10:45 am Preschool		2:30 pm Sport	Reservation - Alder	Child Mini Hockey	1.20	Preschool 2
5	3:00 pm Walking	Court Reservation -	Saputo Centre	Learn to Skate	4:30 pm Private	
11:00 am Walking	Track	Alder Saputo Centre	(March Break		Swimming Lessons	9:45 am
Track	4:00 pm Shinny 5-7	(March Break	Schedule)	(Ages 2 to 4)	(Preschool 1-5)	Swimmer 4
Hack	years old	Schedule)	,	11:30 am Sport	4:30 pm Preschool 1	10:00 am
11:15 am Preschool	-	ĺ	3:00 pm Walking	Court Reservation -		Preschool 4
1	4:00 pm Shinny 5-7	3:00 pm Figure	Track	Alder Saputo Centre	4:30 pm Preschool 4	
11.15 D: 4	Years Old GOALIE	Skating Skills	3:20 pm Private	(March Break	4:30 pm Preschool 2	10:00 am
11:15 am Private	Registration Only	3:00 pm Walking	Hockey/Ringette	Schedule)	4.50 pm r resenou 2	Preschool 1
Swimming Lessons	4:05 pm Ages 14-17	Track	Technical Skating	12.00	4:30 pm Preschool 3	10:00 am
11:15 am Preschool	Basketball Drop-In	Track	Skills (Ages 6+)	12:00 pm	4.45 Duizzata	Preschool 2
2	Busketoun Brop III	3:30 pm Hockey	FULL EQUIPMENT	Therapeutic Swim	4:45 pm Private	1 Teschool 2
	4:20 pm Private	Skills - 14 years old	TOLL LOCK MENT	(Lap)	Hockey/Ringette Technical Skating	10:00 am
11:15 am Swimmer	Hockey/Ringette	and OVER	3:30 pm Shinny 14-	12:10 pm Adult	Skills (Ages 6+)	Swimmer 1
1	Technical Skating	4:00 pm Shinny 8-	17 Years Old -	Private Hockey	Skills (Ages 0+)	10:00 am
11:15 am Preschool	Skills (Ages 6+)	10 Years Old -	GOALIE	Technical Skating	4:45 pm Semi-	Parent & Tot
3	FULL EQUIPMENT	GOALIE	Registration Only	Skills (Adult 18+)	Private Learn to	3
	4:20 pm Private	Registration Only	3:30 pm Shinny 14-	1.2.10	Skate Youth (6 to 17	3
11:15 am Private	Learn to Skate	Registration Only	17 years old	12:10 pm Private	years)	10:00 am
Swimming Lessons	Youth (Ages 4+)	4:00 pm Shinny 8-	17 years old	Learn to Skate Adult	4.45 Duizzata	Preschool 3
11:30 am Sport	Touth (Ages 41)	10 years old	3:50 pm Private	(Ages 18+)	4:45 pm Private	10.05
Court Reservation -	4:20 pm Semi-	4.20 111	Hockey/Ringette	12:30 pm Adult	Learn to Skate	10:05 am
Alder Saputo Centre	Private Learn to	4:30 pm Hockey	Technical Skating	Skate	Youth (Ages 4+)	Parent &
(March Break	Skate Youth (6 to 17	Skills - 13 years and UNDER	Skills (Ages 6+)		5:00 pm Preschool 1	Child (Ages 2
Schedule)	years)	UNDER	FULL EQUIPMENT	1:00 pm Walking		to 5)
,	4:30 pm Preschool 3	4:30 pm Private	4:20 pm Private	Track	5:00 pm Preschool 2	10:15 am
11:45 am	4.50 pm r reschool 5	Swimming Lessons	Hockey/Ringette	1:00 pm Home	5:00 pm Parent &	Swimmer 8-
Convenience	4:30 pm Preschool 1	(Preschool 1-5)	Technical Skating	School Community	Tot 1	Ranger Patrol
Lessons -	4.45 D	4.20 D1	Skills (Ages 6+)	Open Gym		10.15
Preschool 1-5	4:45 pm Preschool 2	4:30 pm Preschool	FULL EQUIPMENT		5:00 pm Walking	10:15 am Swimmer 7 -
11:45 am Private	4:45 pm Private	3		1:30 pm Lane Swim	Track	Rookie Patrol
Swimming Lessons	Swimming Lessons	4:30 pm Youth	4:30 pm Preschool 3	2:30 pm Sport Court	5:00 pm Preschool 3	Rookie Pairoi
	(Preschool 1-5)	Social Pickleball	4:30 pm Multi	Reservation - Alder	1	10:15 am
11:45 am	5.00 P 1 11	Ages 12-17 - Drop-	Sports (3-4)	Saputo Centre	5:00 pm Private	Swimmer 9-
Convenience	5:00 pm Preschool 1	In	Sports (3-4)	(March Break	Swimming Lessons	Star Patrol
Lessons - Swimmer	5:00 pm Preschool 3	4:30 pm Preschool	4:30 pm Preschool 2	Schedule)	(Preschool 1-5)	10.20 -
1-6		1 *	4.20 D.::	ĺ ,	5:25 pm NEW	10:30 am
12:15 pm Private	5:00 pm Walking	1	4:30 pm Private Swimming Lessons	3:00 pm Figure	Parent and Player	Preschool 3
Swimming Lessons	Track	4:30 pm Preschool	(Preschool 1-5)	Skating Skills	Pre-Power (Ages 4	10:30 am
	5:00 pm Preschool	2	(1100010011-3)	3:00 pm Walking	to 5)	Private
12:30 pm	(Ages 4 to 5)	5.00 P 1 1	4:30 pm Preschool 1	Track	, ,	Swimming
Convenience		5:00 pm Preschool	4-20 mm D 11		5:25 pm Semi-	Lessons
Lessons - Swimmer	5:10 pm Ages 8-10	3	4:30 pm Public	3:30 pm Hockey	Private Power	10.20
1-6	Basketball Drop-In	5:00 pm Parent &	Skate	Skills - 14 years old	Skating (Age 6)	10:30 am
12:30 pm	5:15 pm Parent &	Tot 1	5:00 pm Preschool 2	and OVER	FULL EQUIPMENT	Preschool 1
1 P.M.	, p	Į.		Į.	Į.	'

Convenience	Tot 2			4:00 pm Shinny 11-	5:30 pm Preschool 3	10:45 am
Lessons -	5:15 pm Preschool 2	5:00 pm Walking Track	5:00 pm Preschool 1	13 Years Old -	5:30 pm Adult	Swimmer 2
Preschool 1-5	5:30 pm Junior	5:00 pm Private	5:00 pm Preschool 3	GOALIE Registration Only	Social Pickleball	10:45 am
12:45 pm Private Swimming Lessons	Chefs (Ages 8-11)	Swimming Lessons	5:00 pm Parent & Tot 2	4:00 pm Shinny 11-	(March Break Schedule)	Swimmer 3
1:00 pm Walking	5:30 pm Preschool 3	(Preschool 1-5)	5:00 pm Walking	13 years old	5:30 pm Private	10:45 am Preschool 5
Track	5:30 pm Preschool 1	5:00 pm Preschool	Track	4:30 pm Mini Artists	Swimming Lessons	10:45 am
1:00 pm Sport	5:30 pm Music Club	5:00 pm Preschool	5:20 pm Multi	(3-4)	(Preschool 1-5)	Youth (Ages 6
Court Reservation - Alder Saputo Centre	5:40 pm Youth	2	Sports (3-4)	4:30 pm Hockey Skills - 13 years and	5:30 pm Preschool 2	to 17)
(March Break	(Ages 6 to 17)	5:15 pm Balls &	5:30 pm Preschool 1	UNDER UNDER	5:30 pm Private Swimming Lessons	10:45 am Preschool 2
Schedule)	5:45 pm Preschool 2	Bands	5:30 pm Parent & Tot 1	4:30 pm Private	(Preschool 1-5)	11:00 am
1:30 pm Bronze Medallion and	5:45 pm Parent &	5:30 pm Swimmer 2	5:30 pm Private	Swimming Lessons (Preschool 1-5)	5:30 pm Preschool 1	Adult Social
Emergency First	Tot 1	5:30 pm Preschool	Swimming Lessons	4:30 pm Preschool 2	6:00 pm Parent &	Pickleball (March Break
Aid	6:15 pm Ages 11-13 Basketball Drop-In	5:30 pm Mindful	(Preschool 1-5)	4:30 pm Indoor	Tot 2	Schedule)
1:30 pm Public Skate	6:15 pm Cardio	Moments	5:30 pm Preschool 2	Soccer (3-4)	6:00 pm Parent & Tot 3	11:00 am
2:00 pm Public	Tone	5:30 pm Swimmer 1	5:30 pm Preschool 3	4:30 pm Preschool 3	6:00 pm Preschool 3	Walking Track
Swim (Lap &	6:15 pm Preschool 3	5:30 pm Preschool	6:00 pm Cardio Tone	4:30 pm Preschool 1	6:00 pm Private	11:15 am
Leisure)	6:15 pm Preschool 1	2	6:00 pm Private	5:00 pm Preschool 3	Swimming Lessons	Swimmer 1
2:30 pm Sport Court Reservation -	6:30 pm Preschool 2	5:30 pm Parent & Tot 2	Swimming Lessons	5:00 pm Preschool 2	(Preschool 1-5)	11:15 am
Alder Saputo Centre	6:30 pm Parent &	5:30 pm Mindful	(Preschool 1-5)	5:00 pm Preschool 4	6:00 pm Preschool 2	Preschool 2
(March Break Schedule)	Tot 3	Moments	6:10 pm Multi Sports (5-7)	5:00 pm Walking	6:00 pm Preschool 1	11:15 am Preschool 1
3:00 pm Walking	6:35 pm Power Skating for	5:30 pm Parent &	6:15 pm Parent &	Track	6:05 pm Parent & Child (Ages 2 to 5)	11:15 am
Track	Hockey/Ringette	Tot 3	Tot 3	5:00 pm Private Swimming Lessons	6:05 pm Preschool	Preschool 3
3:00 pm Birthday Party - Swim &	(Ages 7 to 10) FULL EQUIPMENT	5:30 pm Preschool	6:15 pm Preschool 2	(Preschool 1-5)	(Ages 4 to 5)	11:15 am
Splash	6:45 pm Preschool 3	5:45 pm Swimmer 3	6:15 pm Preschool 1	5:00 pm Private	6:45 pm Semi-	Swimmer 5
3:00 pm National	6:45 pm Preschool 1	5:45 pm Swimmer 4	6:15 pm Preschool 3	Swimming Lessons (Preschool 1-5)	Private Learn to Skate Youth (6 to 17	11:15 am Private
Lifeguard - Recert	7:00 pm Private	5:45 pm Basketball	6:30 pm Private	5:20 pm Indoor	years)	Swimming Lessons
4:00 pm Leisure Swim & Splash	Swimming Lessons	(5-7)	Swimming Lessons (Preschool 1-5)	Soccer (5-7)	6:45 pm Private	11:15 am
4:00 pm Sport	(Preschool 1-5) 7:00 pm Preschool 2	6:00 pm Swimmer 2	6:45 pm Preschool 5	5:30 pm Preschool 2	Learn to Skate Youth (Ages 4+)	Swimmer 6
Court Reservation -	7:00 pm Treschool 2	6:00 pm Preschool	6:45 pm Preschool 4	5:30 pm Preschool 3	6:45 pm Leisure	11:15 am
Alder Saputo Centre (March Break	Track	3	6:45 pm Preschool 3	5:30 pm Parent &	Splash & Slide	Private Swimming
Schedule)	7:15 pm Zumba®	6:00 pm Swimmer 1	6:45 pm Preschool 1	Tot 1	7:00 pm Walking Track	Lessons
5:00 pm Walking	7:15 pm Preschool 4	6:15 pm Preschool	7:00 pm Multi	5:30 pm Little Artists (5-7)	7:05 pm Adult 18+	11:30 am
Track	7:15 pm Preschool 5	6:15 pm Preschool	Sports (8-11)	5:30 pm Preschool 4	Basketball Drop-In	Swimmer 4
5:30 pm Sport Court Reservation -	7:20 pm Sport Court	2	7:00 pm Zumba®	5:30 pm Swimmer 2	(March Break Schedule)	11:30 am Lane Swim
Alder Saputo Centre (March Break	Reservation - Alder Saputo Centre	6:15 pm Swimmer 2	7:00 pm Walking	5:30 pm Preschool 1	7:35 pm Youth	11:40 am
Schedule)	7:30 pm Swimmer 5	6:15 pm Body Blast	Track	5:45 pm Swimmer 6	(Ages 6 to 17)	Semi-Private
7:00 pm Walking	7:30 pm Swimmer 3	6:30 pm Swimmer 5	7:15 pm Swimmer 5	5:45 pm Swimmer 5	7:45 pm Leisure &	Learn to Skate Youth
Track	7:30 pm Swimmer 6	6:30 pm Swimmer 6	7:15 pm Swimmer 4	6:00 pm Swimmer 1	Splash	(6 to 17 years)
	7:30 pm Swimmer 4	6:30 pm Preschool	7:15 pm Swimmer 2	6:00 pm Preschool 5	7:45 pm Lane Swim	11:40 am
	7:30 pm Swimmer 4		7:15 pm Swimmer 1	6:00 pm Swimmer 2	8:10 pm Sport Court Reservation - Alder	Private
	Skating for	6:35 pm Basketball (8-11)	7:15 pm Swimmer 6	6:10 pm Indoor	Saputo Centre	Hockey Technical
	Hockey/Ringette (Ages 11+) FULL	6:35 pm Ages 11-13	7:15 pm Swimmer 3	Soccer (8-11)	(March Break Schedule)	Skating Skills
	EQUIPMENT	Basketball Drop-In	7:45 pm Private Swimming Lessons	6:15 pm Preschool 1		(Ages 6+) FULL
	8:45 pm Lane Swim	6:45 pm Swimmer 1	7:45 pm Private	6:15 pm Swimmer 1		EQUIPMENT
		6:45 pm Preschool	Swimming Lessons	6:15 pm Pound		11:40 am Private Learn
			8:00 pm Adult 18+	6:15 pm Preschool 2		to Skate
		6:45 pm Preschool 2	Basketball Drop-In	6:45 pm Swimmer 4		Youth (Ages 4+)
		6:45 pm Drama &	8:15 pm Lane Swim	6:45 pm Preschool 1		11:45 am
		Creative Arts Club		6:45 pm Junior		Preschool 3
		6:45 pm Swimmer 2		Artists (8-11)		11:45 am
1		6:45 pm Preschool		6:45 pm Swimmer 3		Swimmer 2

1	6:45 pm Preschool 2	11:45 am
7:00 pm Walking	6:45 pm Preschool 5	Private
Track	6:45 pm Swimmer 2	Swimming Lessons
7:15 pm Private Swimming Lessons	6:45 pm Swimmer 1	11:45 am
7:15 pm Private	6:45 pm Preschool 4	Private Swimming
Swimming Lessons	7:00 pm Sport Court	Lessons
7:15 pm Swimmer 1	Reservation - Alder Saputo Centre	11:45 am
7:15 pm Swimmer 2	7:00 pm Walking	Preschool 2 11:45 am
7:15 pm Dance Fit	Track	Preschool 1
7:15 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons	12:30 pm
7:15 pm Private	7:15 pm Private	Sport Court Reservation -
Swimming Lessons	Swimming Lessons	Alder Saputo Centre
7:30 pm Ages 14-17 Basketball Drop-In	7:15 pm Private	(March Break
7:30 pm Swimmer 7	Swimming Lessons 7:15 pm Swimmer 2	Schedule)
- Rookie Patrol	7:15 pm Step &	12:30 pm Lane Swim
7:30 pm Swimmer 9- Star Patrol	Tone	12:45 pm
7:30 pm Swimmer	7:15 pm Swimmer 1	Leisure Swim & Splash
8- Ranger Patrol 7:45 pm Swimmer	7:15 pm Private Swimming Lessons	1:00 pm Walking
2-Teen/Adult	7:30 pm Swimmer 7 - Rookie Patrol	Track
7:45 pm Swimmer 1- Teen/Adult	7:30 pm Swimmer	1:45 pm Public Swim
8:45 pm Lane Swim	9- Star Patrol	(Lap & Leisure)
	7:30 pm Swimmer 8- Ranger Patrol	2:00 pm Sport
	7:45 pm Swimmer 1- Teen/Adult	Court Reservation -
	7:45 pm Swimmer 2-Teen/Adult	Alder Saputo Centre (March Break
	7:45 pm Swimmer 3	Schedule) 3:00 pm
	- Teen/Adult 8:30 pm Sport Court	Walking Track
	Reservation - Alder Saputo Centre	3:00 pm Lane
	8:45 pm Lane Swim	Swim
	o. 15 più zane 5 min	3:30 pm Sport Court
		Reservation -
		Alder Saputo Centre
		(March Break Schedule)
		5:00 pm Adult
		Social Pickleball
		(March Break Schedule)
		5:00 pm
		Walking Track
		6:30 pm Adult
		Social Pickleball
		(March Break Schedule)
		7:00 pm
		Walking Track
		7:30 pm Public Skate
		1 done Skate

						8:00 pm Sport Court Reservation - Alder Saputo Centre (March Break Schedule)
23	24	25	26	27	28	29
8:30 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule) 9:00 am Preschool 3 9:00 am Swimmer 3	7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule) 8:30 am 55+ Shinny - GOALIE Registration Only	7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule) 8:45 am Aqua Zumba 9:00 am Walking	7:30 am Lane Swim 8:30 am 55+ Shinny - GOALIE Registration Only 8:30 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule)	7:30 am Lane Swim 8:05 am Private Hockey/Ringette Technical Skating Skills (Ages 6+) 8:30 am 70+ Shinny - GOALIE Registration Only 8:30 am Sport Court	7:30 am Lane Swim 8:30 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule) 8:30 am 55+ Shinny - GOALIE Registration Only	9:00 am Swimmer 3 9:00 am Preschool 3 9:00 am Walking Track 9:00 am Swimmer 1

9:00 am Preschool	8:30 am 55+ Shinny	Track	8:30 am 55+ Shinny	Reservation - Alder	8:30 am 55+ Shinny	
4	8:45 am Therapeutic	9:00 am 70+ Shinny	8:45 am AquaFitness	Saputo Centre (March Break	8:45 am Aquafit	9:00 am Parent & Tot
9:00 am Parent & Tot 1	Swim (Lap)	- GOALIE Registration Only	9:00 am 65+ Shinny	Schedule)	9:00 am Adult Skate	1
9:00 am Preschool	9:00 am Adult Skate	9:00 am 70+ Shinny	9:00 am 65+ Shinny	8:30 am 70+ Shinny	9:00 am Walking	9:00 am Bronze Star
2	9:00 am Indoor Nordic Walking	9:30 am Public	- GOALIE Registration Only	8:35 am Adult	Track	9:00 am
9:00 am Lane	9:00 am 65+ Shinny	Swim (Lap &	9:00 am Adult Skate	Private Hockey Technical Skating	9:00 am 65+ Shinny - GOALIE	Preschool 1
Swim- Shared 4 Lanes	- GOALIE	Leisure)	9:00 am Walking	Skills (Adult 18+)	Registration Only	9:00 am
9:00 am Swimmer	Registration Only	10:00 am Sport Court Reservation -	Track	8:35 am Private Learn to Skate Adult	9:00 am 65+ Shinny	Preschool 4
1	9:00 am 65+ Shinny	Alder Saputo Centre (March Break	9:30 am Public	(Ages 18+)	9:00 am Zumba®	9:00 am Lane Swim- Shared
9:00 am Walking Track	9:15 am Zumba®	Schedule)	Swim (Lap & Leisure)	8:45 am Aqua	Gold	(3 Lanes)
9:00 am Preschool	9:30 am Public Swim (Lap &	10:00 am Dance Fit	10:00 am Sport	Zumba	9:30 am Public Swim (Lap &	9:00 am Preschool 2
1	Leisure)	10:30 am Hatha	Court Reservation - Alder Saputo Centre	9:20 am Private Learn to Skate Adult	Leisure)	9:30 am
9:30 am Preschool	10:00 am Sport Court Reservation -	Intermediate	(March Break	(Ages 18+)	9:45 am Chair Fitness	Preschool 5
1	Alder Saputo Centre	10:30 am Therapeutic Swim	Schedule)	9:20 am Small Group Learn to	9:45 am Sun	9:30 am
9:30 am Swimmer 2	(March Break Schedule)	(Lap)	10:00 am Tiny Tots Skate	Skate Toddler (Age	Salutation	Parent & Tot 2
9:30 am Parent &	10:00 am Tiny Tots	10:45 am Preschool	10:15 am Zumba®	3)	10:00 am Tiny Tots	9:30 am Adult
Tot 2	Skate	10:45 am Parent &	Toning	9:30 am Public Swim (Lap &	Skate	Social Pickleball
9:30 am Preschool	10:30 am Hatha Beginner	Tot 1	10:30 am Sensory Friendly Swim (Lap	Leisure)	10:00 am Sport Court Reservation -	(March Break
9:30 am Preschool	10:30 am Leisure &	10:45 am	& Leisure)	10:00 am Beginner	Alder Saputo Centre (March Break	Schedule)
3	Splash	Intermediate Line Dance	10:30 am Chair Yoga	Line Dancing 10:00 am Sport	Schedule)	9:30 am Preschool 1
9:30 am Preschool	11:00 am Family	10:45 am Preschool	11:00 am Walking	Court Reservation -	10:30 am Leisure &	9:30 am
9:45 am Swimmer	Skate	1	Track	Alder Saputo Centre (March Break	Splash 11:00 am	Junior Chefs (Ages 8-11)
9:43 am Swimmer 4	11:00 am Walking Track	11:00 am Walking Track	11:00 am Family Skate	Schedule)	Restorative Yoga	9:30 am
10:00 am Preschool	11:30 am Sport	11:15 am Preschool	11:00 am Balls &	10:00 am Small Group Learn to	11:00 am Family	Preschool 2
2	Court Reservation - Alder Saputo Centre	4	Bands	Skate Toddler (Age	Skate	9:30 am
10:00 am Preschool	(March Break	11:15 am Parent & Tot 3	11:30 am Sport Court Reservation -	3)	11:00 am Walking Track	Preschool 3
10:00 am Swimmer	Schedule) 11:45 am Breath &	11:15 am Preschool	Alder Saputo Centre (March Break	10:00 am Parent & Child (Ages 2 to 5)	11:30 am Sport	9:30 am Swimmer 2
1	Meditation	11.13 am Freschool	Schedule)	10:30 am Yin Yoga	Court Reservation - Alder Saputo Centre	9:45 am
10:00 am Preschool	12:00 pm Adult	11:15 am Parent &	11:45 am Vinyasa	10:40 am Parent &	(March Break	Swimmer 4
10:00 am Preschool	Shinny - GOALIE Registration Only	Tot 2	11:45 am Leisure &	Child (Ages 2 to 5)	Schedule)	10:00 am Preschool 4
4	12:00 pm Adult	11:15 am Preschool	Splash	10:40 am Small Group Learn to	11:30 am Therapeutic Swim	10:00 am
10:00 am Sport	Shinny	11:30 am Sport	12:00 pm Adult Shinny - GOALIE	Skate Preschool	(Lap)	Preschool 1
Court Reservation - Alder Saputo Centre	12:00 pm Lane Swim	Court Reservation - Alder Saputo Centre	Registration Only	(Ages 4 to 5)	12:00 pm Adult Shinny	10:00 am Preschool 2
(March Break Schedule)	12:00 pm Leisure	(March Break	12:00 pm Therapeutic Swim	10:45 am Parent & Tot 1	12:00 pm Adult	10:00 am
10:00 am Parent &	Swim	Schedule)	(Lap)	10:45 am Preschool	Shinny - GOALIE	Preschool 3
Tot 3	12:30 pm Family Skate	12:00 pm Lane Swim	12:00 pm Adult	2	Registration Only 1:00 pm Sport Court	10:00 am Swimmer 1
10:30 am Private Swimming Lessons	1:00 pm Lane Swim	12:00 pm Leisure	Shinny 12:30 pm Family	10:45 am Preschool	Reservation - Alder	10:00 am
10:30 am Preschool	1:00 pm Lane Swim	Swim	Skate	11:00 am Walking	Saputo Centre (March Break	Parent & Tot
10.30 am Freschool	Reservation - Alder	12:00 pm Adult Shinny	1:00 pm Leisure	Track	Schedule)	3
10:30 am Preschool	Saputo Centre (March Break	12:00 pm Adult	Swim	11:15 am Preschool	1:00 pm Walking Track	10:15 am Swimmer 7 -
3	Schedule)	Shinny - GOALIE Registration Only	1:00 pm Walking Track	11:15 am Preschool	1:00 pm Lane Swim	Rookie Patrol
10:45 am Swimmer 2	1:00 pm Walking Track	12:30 pm Adult	1:00 pm Lane Swim	4	2:00 pm Lane Swim	10:15 am Swimmer 8-
10:45 am Swimmer	2:30 pm Sport Court	Skate Skate	1:00 pm Sport Court	11:15 am Parent & Tot 2	2:30 pm Sport Court	Ranger Patrol
6	Reservation - Alder	1:00 pm Walking	Reservation - Alder Saputo Centre	1 ot 2 11:15 am Preschool	Reservation - Alder	10:15 am
10:45 am Swimmer 5	Saputo Centre (March Break	Track	(March Break	3 am Preschool	Saputo Centre (March Break	Swimmer 9- Star Patrol
10:45 am Preschool	Schedule)	1:00 pm Lane Swim	Schedule)	11:15 am Parent &	Schedule)	10:30 am
2	3:00 pm Figure Skating Skills	1:00 pm Inclusive Open Gym	2:00 pm Lane Swim 2:30 pm Sport Court	Tot 3	3:00 pm Walking Track	Private Swimming
10:45 am Preschool	3:00 pm Walking	2:30 pm Sport	Reservation - Alder	11:30 am Parent and Child Mini Hockey	4:00 pm Adult	Lessons
"	Track	Court Reservation -	Saputo Centre	Learn to Skate	Social Pickleball	10·30 am

	1100K				DOCIAL L ICKICOALI	10.50 am
11:00 am Walking		Alder Saputo Centre	(March Break	(Ages 2 to 4)		Preschool 3
Track	4:00 pm Shinny 5-7 years old	(March Break Schedule)	Schedule)	11:30 am Sport	4:00 pm Public Skate	10:30 am
11:15 am Preschool		ĺ , , , , , , , , , , , , , , , , , , ,	3:00 pm Walking	Court Reservation -		Preschool 1
1	4:00 pm Shinny 5-7 Years Old GOALIE	3:00 pm Figure	Track	Alder Saputo Centre	4:30 pm Preschool 2	
11:15 am Private	Registration Only	Skating Skills	3:20 pm Private	(March Break	4:30 pm Preschool 3	10:45 am Swimmer 2
Swimming Lessons		3:00 pm Walking	Hockey/Ringette	Schedule)	4:30 pm Preschool 1	
11:15 am Preschool	4:05 pm Ages 14-17 Basketball Drop-In	Track	Technical Skating Skills (Ages 6+)	12:00 pm	1	10:45 am Swimmer 3
2	1	3:30 pm Hockey	FULL EQUIPMENT	Therapeutic Swim (Lap)	4:30 pm Private Swimming Lessons	_
11:15 am Swimmer	4:20 pm Private Hockey/Ringette	Skills - 14 years old and OVER	3:30 pm Shinny 14-		(Preschool 1-5)	10:45 am Preschool 5
1	Technical Skating		17 Years Old -	12:10 pm Adult Private Hockey	4:30 pm Preschool 4	
11:15 am Preschool	Skills (Ages 6+)	4:00 pm Shinny 8- 10 Years Old -	GOALIE	Technical Skating	_	10:45 am Preschool 2
3	FULL EQUIPMENT	GOALIE	Registration Only	Skills (Adult 18+)	5:00 pm Preschool 3	
11:15 am Private	4:20 pm Private	Registration Only	3:30 pm Shinny 14-	12:10 pm Private	5:00 pm Private	11:00 am
Swimming Lessons	Learn to Skate	4:00 pm Shinny 8-	17 years old	Learn to Skate Adult	Swimming Lessons (Preschool 1-5)	Adult Social Pickleball
11:30 am Sport	Youth (Ages 4+)	10 years old	3:50 pm Private	(Ages 18+)		(March Break
Court Reservation -	4:20 pm Semi-	4:30 pm Hockey	Hockey/Ringette	12:30 pm Adult	5:00 pm Walking	Schedule)
Alder Saputo Centre	Private Learn to	Skills - 13 years and	Technical Skating	Skate	Track	11:00 am
(March Break	Skate Youth (6 to 17 years)	UNDER	Skills (Ages 6+) FULL EQUIPMENT	1:00 pm Walking	5:00 pm Parent &	Walking
Schedule)	4:30 pm Preschool 3	4:30 pm Private		Track	Tot 1	Track
11:45 am	1	Swimming Lessons	4:20 pm Private Hockey/Ringette	1:00 pm Home	5:00 pm Preschool 2	11:15 am
Convenience Lessons -	4:30 pm Preschool 1	(Preschool 1-5)	Technical Skating	School Community	5:00 pm Preschool 1	Swimmer 1
Preschool 1-5	4:45 pm Preschool 2	4:30 pm Preschool	Skills (Ages 6+)	Open Gym	5:30 pm Preschool 1	11:15 am
11:45 am Private	4:45 pm Private	3	FULL EQUIPMENT	1:30 pm Lane Swim	5:30 pm Preschool 2	Preschool 2
Swimming Lessons	Swimming Lessons	4:30 pm Youth	4:30 pm Preschool 3	2:30 pm Sport Court	_	11:15 am
11:45 am	(Preschool 1-5)	Social Pickleball	4:30 pm Multi	Reservation - Alder	5:30 pm Private	Preschool 1
Convenience	5:00 pm Preschool 1	Ages 12-17 - Drop- In	Sports (3-4)	Saputo Centre (March Break	Swimming Lessons (Preschool 1-5)	11:15 am
Lessons - Swimmer	5:00 pm Walking		4:30 pm Preschool 2	Schedule)		Preschool 3
1-6	Track	4:30 pm Preschool	4:30 pm Private	<u> </u>	5:30 pm Private Swimming Lessons	11:15 am
12:15 pm Private	5:00 pm Preschool 3		Swimming Lessons	3:00 pm Figure Skating Skills	(Preschool 1-5)	Swimmer 5
Swimming Lessons	5:00 pm Preschool	4:30 pm Preschool	(Preschool 1-5)		5:30 pm Friday	11:15 am
12:30 pm	(Ages 4 to 5)		4:30 pm Preschool 1	3:00 pm Walking Track	Night Social (Ages 8	Private
Convenience Lessons - Swimmer	5:10 pm Ages 8-10	5:00 pm Preschool	4:30 pm Public	3:30 pm Hockey	to 13)	Swimming Lessons
1-6	Basketball Drop-In		Skate	Skills - 14 years old	5:30 pm Preschool 3	
12:30 pm	5:15 pm Parent &	5:00 pm Parent & Tot 1	5:00 pm Preschool 2	and OVER	5:30 pm Adult	11:15 am Swimmer 6
Convenience	Tot 2			4:00 pm Shinny 11-	Social Pickleball	_
Lessons -	5:15 pm Preschool 2	5:00 pm Walking Track	5:00 pm Preschool 1	13 Years Old -	(March Break	11:15 am Private
Preschool 1-5			5:00 pm Preschool 3	GOALIE	Schedule)	Swimming
12:45 pm Private	5:30 pm Junior Chefs (Ages 8-11)	5:00 pm Private Swimming Lessons	5:00 pm Parent &	Registration Only	6:00 pm Preschool 2	Lessons
Swimming Lessons		(Preschool 1-5)	Tot 2	4:00 pm Shinny 11-	6:00 pm Preschool 1	11:30 am
1:00 pm Walking	5:30 pm Preschool 3	5:00 pm Preschool	5:00 pm Walking	13 years old	6:00 pm Private	Swimmer 4
Track	5:30 pm Preschool 1	1	Track	4:30 pm Mini Artists	Swimming Lessons	11:30 am
1:00 pm Sport	5:30 pm Music Club	5:00 pm Preschool	5:20 pm Multi	(3-4)	(Preschool 1-5)	Lane Swim
Court Reservation -	5:40 pm Youth	2	Sports (3-4)	4:30 pm Hockey	6:00 pm Parent &	11:45 am
Alder Saputo Centre (March Break	(Ages 6 to 17)	5:15 pm Balls &	5:30 pm Preschool 1	Skills - 13 years and UNDER	Tot 2	Private
Schedule)	5:45 pm Preschool 2	Bands	5:30 pm Parent &		6:00 pm Parent &	Swimming Lessons
1:30 pm Bronze		5:30 pm Swimmer 2	Tot 1	4:30 pm Private Swimming Lessons	Tot 3	
Medallion and	5:45 pm Parent & Tot 1	1	5:30 pm Private	(Preschool 1-5)	6:00 pm Preschool 3	11:45 am Preschool 2
Emergency First		5:30 pm Preschool	Swimming Lessons	4:30 pm Preschool 2	6:45 pm Leisure	
Aid	6:15 pm Ages 11-13 Basketball Drop-In		(Preschool 1-5)		Splash & Slide	11:45 am Preschool 1
1:30 pm Public	1	5:30 pm Mindful Moments	5:30 pm Preschool 2	4:30 pm Indoor Soccer (3-4)	7:00 pm Walking	
Skate	6:15 pm Cardio Tone	5:30 pm Swimmer 1	5:30 pm Preschool 3		Track	11:45 am Private
2:00 pm Public			6:00 pm Cardio	4:30 pm Preschool 3	7:05 pm Adult 18+	Swimming
Swim (Lap & Leisure)	6:15 pm Preschool 3	5:30 pm Preschool	Tone	4:30 pm Preschool 1	Basketball Drop-In	Lessons
ĺ ,	6:15 pm Preschool 1		6:00 pm Private	5:00 pm Preschool 3	(March Break	11:45 am
2:30 pm Sport Court Reservation -	6:30 pm Preschool 2	5:30 pm Parent & Tot 2	Swimming Lessons	5:00 pm Preschool 2	Schedule)	Swimmer 2
Alder Saputo Centre	6:30 pm Parent &		(Preschool 1-5)	5:00 pm Preschool 4	7:45 pm Lane Swim	11:45 am
(March Break	Tot 3	5:30 pm Mindful Moments	6:10 pm Multi		7:45 pm Leisure &	Preschool 3
Schedule)	6:35 pm Power		Sports (5-7)	5:00 pm Walking Track	Splash	12:30 pm
3:00 pm Walking	Skating for	5:30 pm Parent & Tot 3	6:15 pm Parent &		8:10 pm Sport Court	Lane Swim
Track	Hockey/Ringette		Tot 3	5:00 pm Private Swimming Lessons	Reservation - Alder	12:30 pm
3:00 pm Birthday	(Ages 7 to 10) FULL EQUIPMENT	5:30 pm Preschool	6:15 pm Preschool 2	(Preschool 1-5)	Saputo Centre (March Break	Sport Court
Partv - Swim &	1	ı ~	I	I ´	I haran	Reservation -

Splash	6:45 pm Preschool 3	l	6:15 pm Preschool 1	5:00 pm Private	Schedule)	Alder Saputo
3:15 pm Lane Swim	6:45 pm Preschool 1	5:45 pm Swimmer 3	6:15 pm Preschool 3	Swimming Lessons		Centre
4:00 pm Sport	7:00 pm Private	5:45 pm Swimmer 4	6:30 pm Private	(Preschool 1-5)		(March Break Schedule)
Court Reservation -	Swimming Lessons	5:45 pm Basketball (5-7)	Swimming Lessons	5:20 pm Indoor Soccer (5-7)		12:45 pm
Alder Saputo Centre (March Break	(Preschool 1-5)	6:00 pm Swimmer 2	(Preschool 1-5)	5:30 pm Preschool 2		Leisure Swim
Schedule)	7:00 pm Preschool 2	6:00 pm Preschool	6:45 pm Preschool 5	5:30 pm Preschool 3		1:00 pm
4:00 pm Leisure Swim & Splash	7:00 pm Walking Track	3	6:45 pm Preschool 4	5:30 pm Parent &		Walking
4:15 pm Shared	7:15 pm Zumba®	6:00 pm Swimmer 1	6:45 pm Preschool 3	Tot 1		Track
Lane Swim (Lanes	7:15 pm Preschool 4	6:15 pm Preschool	6:45 pm Preschool 1	5:30 pm Little Artists (5-7)		1:45 pm Public Swim
1-5)	7:15 pm Preschool 5	6:15 pm Preschool	7:00 pm Multi Sports (8-11)	5:30 pm Preschool 4		(Lap &
5:00 pm Walking Track	7:20 pm Sport Court	2	7:00 pm Walking	5:30 pm Swimmer 2		Leisure)
5:30 pm Sport	Reservation - Alder Saputo Centre	6:15 pm Swimmer 2	Track	5:30 pm Preschool 1		2:00 pm Sport Court
Court Reservation - Alder Saputo Centre	7:30 pm Swimmer 5	6:15 pm Body Blast	7:00 pm Zumba®	5:45 pm Swimmer 6		Reservation - Alder Saputo
(March Break	7:30 pm Swimmer 3	6:30 pm Swimmer 5	7:15 pm Swimmer 5	5:45 pm Swimmer 5		Centre
Schedule)	7:30 pm Swimmer 6	6:30 pm Swimmer 6	7:15 pm Swimmer 4	6:00 pm Swimmer 1		(March Break Schedule)
7:00 pm Walking Track	7:30 pm Swimmer 4	6:30 pm Preschool	7:15 pm Swimmer 2	6:00 pm Preschool 5		3:00 pm
	7:30 pm Power	6:35 pm Basketball	7:15 pm Swimmer 1	6:00 pm Swimmer 2		Walking Track
	Skating for	(8-11)	7:15 pm Swimmer 6 7:15 pm Swimmer 3	6:10 pm Indoor		3:00 pm Lane
	Hockey/Ringette (Ages 11+) FULL	6:35 pm Ages 11-13	7:45 pm Private	Soccer (8-11)		Swim
	EQUIPMENT	Basketball Drop-In	Swimming Lessons	6:15 pm Preschool 1		3:30 pm Sport Court
	8:45 pm Lane Swim	6:45 pm Swimmer 1	7:45 pm Private	6:15 pm Swimmer 1		Reservation -
		6:45 pm Preschool	Swimming Lessons	6:15 pm Pound		Alder Saputo Centre
		6:45 pm Preschool	8:00 pm Adult 18+ Basketball Drop-In	6:15 pm Preschool 2		(March Break
		2	8:15 pm Lane Swim	6:45 pm Swimmer 4		Schedule)
		6:45 pm Drama & Creative Arts Club		6:45 pm Preschool 1 6:45 pm Junior		5:00 pm Adult Social
		6:45 pm Swimmer 2		Artists (8-11)		Pickleball (March Break
		6:45 pm Preschool		6:45 pm Swimmer 3		Schedule)
		1		6:45 pm Preschool 2		5:00 pm Walking
		7:00 pm Walking Track		6:45 pm Preschool 5		Track
		7:15 pm Private		6:45 pm Swimmer 2		6:30 pm Adult
		Swimming Lessons		6:45 pm Preschool 4		Social Pickleball
		7:15 pm Private Swimming Lessons		6:45 pm Swimmer 1		(March Break Schedule)
		7:15 pm Swimmer 1		7:00 pm Sport Court Reservation - Alder		7:00 pm
		7:15 pm Swimmer 2		Saputo Centre		Walking
		7:15 pm Dance Fit		7:00 pm Walking		Track
		7:15 pm Private		Track 7:15 pm Private		8:00 pm Sport Court
		Swimming Lessons		Swimming Lessons		Reservation - Alder Saputo
		7:15 pm Private Swimming Lessons		7:15 pm Private		Centre (March Break
		7:30 pm Ages 14-17		Swimming Lessons		Schedule)
		Basketball Drop-In		7:15 pm Private Swimming Lessons		
		7:30 pm Swimmer 7 - Rookie Patrol		7:15 pm Swimmer 2		
		7:30 pm Swimmer		7:15 pm Step &		
		9- Star Patrol		Tone		
		7:30 pm Swimmer		7:15 pm Swimmer 1		
		8- Ranger Patrol		7:15 pm Private Swimming Lessons		
		7:45 pm Swimmer 2-Teen/Adult		7:30 pm Swimmer 7		
		7:45 pm Swimmer		- Rookie Patrol		
I		1- Teen/Adult		7:30 pm Swimmer	I	

				9- Star Patrol	
		8:45 pm Lane Swim		7:30 pm Swimmer 8- Ranger Patrol	
				7:45 pm Swimmer 1- Teen/Adult	
				7:45 pm Swimmer 2-Teen/Adult	
				7:45 pm Swimmer 3 - Teen/Adult	
				8:30 pm Sport Court Reservation - Alder Saputo Centre	
				8:45 pm Lane Swim	
30	31				
8:30 am Sport	7:30 am Lane Swim				
Court Reservation - Alder Saputo Centre (March Break Schedule) 9:00 am Preschool	8:30 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule)				
9:00 am Swimmer	8:45 am Therapeutic Swim (Lap)				
9:00 am Preschool	9:00 am Indoor Nordic Walking				
9:00 am Parent &	9:15 am Zumba®				
Tot 1 9:00 am Preschool	9:30 am Public Swim (Lap & Leisure)				
9:00 am Lane Swim- Shared 4 Lanes	10:00 am Sport Court Reservation - Alder Saputo Centre (March Break Schedule)				
9:00 am Swimmer 1	10:30 am Hatha Beginner				
9:00 am Walking Track	10:30 am Leisure & Splash				
9:00 am Preschool	11:00 am Walking Track				
9:30 am Preschool	11:30 am Sport				
9:30 am Swimmer 2	Court Reservation - Alder Saputo Centre (March Break				
9:30 am Parent & Tot 2	Schedule)				
9:30 am Preschool	11:45 am Breath & Meditation				
9:30 am Preschool	12:00 pm Lane Swim				
9:30 am Preschool	12:00 pm Leisure Swim				
9:45 am Swimmer	1:00 pm Lane Swim				
4	1:00 pm Walking Track				
10:00 am Preschool 2	1:00 pm Sport Court Reservation - Alder				
10:00 am Preschool	Saputo Centre (March Break Schedule)				
10:00 am Swimmer	2:30 pm Sport Court				
10:00 am Preschool	Reservation - Alder Saputo Centre (March Break				
10:00 am Preschool	Schedule)				

10:00 am Sport	3:00 pm Walking Track			
Court Reservation - Alder Saputo Centre	4:05 pm Ages 14-17			
(March Break	Basketball Drop-In			
Schedule)	4:20 pm Private			
10:00 am Parent &	Hockey/Ringette Technical Skating			
Tot 3	Skills (Ages 6+)			
10:30 am Private	FULL EQUIPMENT			
Swimming Lessons	4:20 pm Private			
10:30 am Preschool	Learn to Skate Youth (Ages 4+)			
10:30 am Preschool	4:20 pm Semi-			
3	Private Learn to Skate Youth (6 to 17			
10:45 am Swimmer	years)			
2	4:30 pm Preschool 3			
10:45 am Swimmer	4:30 pm Preschool 1			
6	1			
10:45 am Swimmer	4:45 pm Private Swimming Lessons			
5	(Preschool 1-5)			
10:45 am Preschool	4:45 pm Preschool 2			
10:45 am Preschool	5:00 pm Preschool 1			
10:45 am Preschool	5:00 pm Walking			
11:00 am Walking	Track			
Track	5:00 pm Preschool 3			
11:15 am Preschool	5:00 pm Preschool			
1	(Ages 4 to 5)			
11:15 am Private Swimming Lessons	5:10 pm Ages 8-10 Basketball Drop-In			
11:15 am Preschool 2	5:15 pm Parent & Tot 2			
11:15 am Swimmer	5:15 pm Preschool 2			
1 11:15 am Preschool	5:30 pm Junior Chefs (Ages 8-11)			
3	5:30 pm Preschool 3			
11:15 am Private	5:30 pm Preschool 1			
Swimming Lessons				
11:30 am Sport Court Reservation -	5:30 pm Music Club			
Alder Saputo Centre (March Break	5:40 pm Youth (Ages 6 to 17)			
Schedule)	5:45 pm Preschool 2			
11:45 am Convenience	5:45 pm Parent & Tot 1			
Lessons - Preschool 1-5	6:15 pm Ages 11-13 Basketball Drop-In			
11:45 am Private Swimming Lessons	6:15 pm Cardio Tone			
11:45 am Convenience	6:15 pm Preschool 3			
Lessons - Swimmer	6:15 pm Preschool 1			
1-6	6:30 pm Preschool 2			
12:15 pm Private Swimming Lessons	6:30 pm Parent & Tot 3			
12:30 pm				
Convenience	6:35 pm Power Skating for			
Lessons - Swimmer 1-6	Hockey/Ringette			
12:30 pm	(Ages 7 to 10)			
Convenience	FULL EQUIPMENT			
Lessons -	6:45 pm Preschool 3			
Preschool 1-5	6:45 pm Preschool 1			

12:45 pm Private Swimming Lessons 1:00 pm Walking	7:00 pm Private Swimming Lessons (Preschool 1-5)			
rack	7:00 pm Preschool 2			
00 pm Sport ourt Reservation - der Saputo Centre	7:00 pm Walking Track			
arch Break	7:15 pm Zumba®			
edule)	7:15 pm Preschool 4			
pm Public 1 (Lap &	7:15 pm Preschool 5			
pm Sport	7:20 pm Sport Court Reservation - Alder Saputo Centre			
rt Reservation - r Saputo Centre	7:30 pm Swimmer 5			
ch Break dule)	7:30 pm Swimmer 3			
pm Walking	7:30 pm Swimmer 6			
ck	7:30 pm Swimmer 4			
15 pm Lane Swim	7:30 pm Power			
000 pm Sport ourt Reservation - Ider Saputo Centre March Break chedule)	Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT			
00 pm Leisure	8:45 pm Lane Swim			
m & Splash				
15 pm Shared ane Swim (Lanes 5)				
:00 pm Walking rack				
5:30 pm Sport Court Reservation - Alder Saputo Centre March Break Schedule)				
7:00 pm Walking Track				

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