December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 10:15 am Zumba® Toning 11:00 am Balls & Bands 11:30 am Seniors Holiday Luncheon - SOLD OUT	4	5 1:00 pm Lane Swim - Cancelled 2:00 pm Leisure & Splash - Cancelled	6 6:00 pm Birthday Party - Skate & Celebrate
7	8	9	10	11	12	13
8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Lifesaving Sport 9:00 am Walking Track 9:00 am Preschool 1 9:00 am Preschool	7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only 8:45 am AquaFitness 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate	7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am 70+ Shinny - GOALIES Only 9:00 am Walking Track 9:00 am 70+ Shinny	7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only 8:45 am Therapeutic Swim (Lap) 9:00 am 65+ Shinny - GOALIES Only	7:00 am Figure Skating Skills / Pre- Registered Only 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am 70+ Shinny 9:00 am 70+ Shinny - GOALIES Only	7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aquafit 9:00 am Zumba® Gold 9:00 am Walking Track - Closed 9:30 am Public Swim (Lap & Leisure pools)	9:00 am Swimmer 3 9:00 am Bronze Star 9:00 am Swimmer 1 9:00 am Swimmer 4 9:00 am Preschool 1 9:00 am Preschool 2
9:00 am Swimmer 4	9:00 am Adult Skate 9:00 am 65+ Shinny	9:30 am Public Swim (Lap only)	- GOALIES Only 9:00 am Adult Skate	9:30 am Public Swim (Lap only)	9:45 am Chair Fitness	9:00 am Walking Track -

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9:00 am Swimmer	9:00 am Indoor	9:30 am Chair Yoga	9:00 am Walking	9:30 am Chair Yoga	10:00 am Sport	Closed
3 9:00 am Preschool	Nordic Walking 9:15 am Chair	10:00 am Dance Fit	Track 9:30 am Gentle Flow	10:00 am Beginner Line Dance	Court Reservation - Alder Saputo Centre	9:00 am Swimmer 2
5	Fitness 9:30 am Public	10:00 am Sport Court Reservation -	Yoga 9:30 am Public	10:00 am Sport	10:30 am Swimmer 2- Teen/Adult	9:00 am Preschool 3
9:00 am Preschool 2	Swim (Lap only) 10:00 am Sport	Alder Saputo Centre 10:45 am Preschool	Swim (Lap pool only)	Court Reservation - Alder Saputo Centre	10:30 am Swimmer 3- Teen/Adult	9:00 am Preschool 4
9:00 am Swimmer 2	Court Reservation - Alder Saputo Centre	1 10:45 am Preschool	10:00 am Sport Court Reservation -	10:20 am Parent & Child (Ages 2 to 5)	10:30 am Swimmer 1- Teen/Adult	9:30 am Swimmer 1
9:00 am Preschool	10:00 am Tiny Tots	2 10:45 am	Alder Saputo Centre 10:00 am Tiny Tots	10:45 am Parent & Tot 2	10:45 am Baby &	9:30 am
9:00 am Swimmer 1	10:30 am Sensory Friendly Swim	Intermediate Line Dance	10:15 am Zumba®	10:45 am Parent & Tot 3	Me Fit 11:30 am Sport	Preschool 3 9:30 am
9:30 am Preschool	(Lap) 11:00 am Walking	10:45 am Parent &	Toning 10:30 am Sensory	10:45 am Preschool	Court Reservation - Alder Saputo Centre	Swimmer 2 9:30 am
9:30 am Swimmer	Track 11:00 am Family	11:15 am Preschool	Friendly Swim (Lap) 11:00 am Family	10:45 am Preschool	12:00 pm Lane Swim	Social Pickleball
9:30 am Preschool	Skate 11:30 am Sport	11:15 am Parent &	Skate 11:00 am Balls &	11:00 am Semi-	1:00 pm Leisure & Splash	(Ages 18+) 9:30 am
3 9:30 am Preschool	Court Reservation - Alder Saputo Centre	Tot 3 11:15 am Preschool	Bands 11:30 am Sport	Private Learn to Skate Toddler (Age 3)	1:00 pm Sport Court Reservation - Alder	Preschool 1 9:30 am
1 9:30 am Preschool	11:30 am Gentle Flow Yoga	3 11:15 am Parent &	Court Reservation - Alder Saputo Centre	11:00 am Strollercise	Saputo Centre 2:30 pm Sport Court	Breakfast with Santa
4 9:30 am Swimmer	12:00 pm Adult Shinny	Tot 2 11:30 am Sport	12:00 pm Lane Swim	11:15 am Parent &	Reservation - Alder Saputo Centre	9:30 am Parent & Tot
9:30 am Parent & Tot 3	12:00 pm Adult Shinny - GOALIES Only	Court Reservation - Alder Saputo Centre 12:15 pm Lane	12:00 pm Adult Shinny - GOALIES Only	11:15 am Preschool	4:00 pm Social Pickleball (Ages 18+)	9:30 am Additional
9:45 am Swimmer	12:00 pm Lane Swim	Swim 12:30 pm Adult	12:00 pm Adult Shinny	11:15 am Preschool 5	4:30 pm Preschool 2	Parent Ticket - Breakfast with Santa
9:45 am Swimmer 5	12:30 pm Family Skate	Skate 1:00 pm Inclusive	12:30 pm Family Skate	11:15 am Preschool	4:30 pm Preschool 5 4:30 pm Preschool 3	9:30 am
10:00 am Preschool	1:00 pm Sport Court	Open Gym	1:00 pm Sport Court	11:30 am Sport Court Reservation -	4:30 pm Preschool 4	Preschool 2 9:30 am
2 10:00 am Sport	Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	Reservation - Alder Saputo Centre	Alder Saputo Centre	5:00 pm Preschool 2 5:00 pm Parent &	Parent & Tot
Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder	3:00 pm Figure	1:00 pm Leisure & Splash	Learn to Skate Adult (Ages 18+)	Tot 1 5:00 pm Private	9:45 am Swimmer 6
10:00 am Parent & Tot 2	Saputo Centre 3:00 pm Figure	Skating Skills - Cancelled	2:30 pm Sport Court Reservation - Alder	12:00 pm Walking Track	Swimming Lessons - Preschool	9:45 am Swimmer 5
10:00 am Preschool 4	Skating Skills - Cancelled	3:30 pm Hockey Skills - 14 yrs and older	Saputo Centre 3:20 pm Private	12:15 pm Lane Swim	5:00 pm Preschool 3	10:00 am Swimmer 2
10:00 am Parent & Tot 1	3:30 pm Private Hockey/Ringette	3:45 pm Shinny 8 -	Hockey/Ringette Technical Skating	12:15 pm Private	5:00 pm Parent & Tot 2	10:00 am Preschool 3
10:00 am Preschool	Technical Skating Skills (Ages 6+) FULL EQUIPMENT	10 years GOALIE Registration Only	Skills (Ages 6+) FULL EQUIPMENT	Hockey/Ringette Technical Skating Skills (Adult Ages	5:00 pm Private Swimming Lessons - Preschool	10:00 am Preschool 1
10:00 am Preschool	3:45 pm Shinny 11 - 13 years GOALIE	3:45 pm Shinny 8 - 10 yrs old	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	18+) FULL EQUIPMENT	5:30 pm Parent & Tot 3	10:00 am Preschool 2
10:00 am Swimmer	Registration Only 3:45 pm Shinny 11-	4:30 pm Preschool	3:30 pm Shinny 5 - 7 yrs old	12:30 pm Adult Skate	5:30 pm Preschool 1	10:00 am
10:15 am Swimmer	13 yrs old 4:05 pm Basketball	4:30 pm Hockey Skills - 13 yrs old and under	4:00 pm Hockey Skills - 14 yrs and	1:00 pm Home School Community	5:30 pm Preschool 3 5:30 pm Preschool 4	Parent & Tot
7 - Rookie Patrol 10:15 am Swimmer	Drop-In (Ages 14-	4:30 pm Preschool	older	Open Gym 1:15 pm Leisure &	5:30 pm Social Pickleball (Ages	10:00 am Swimmer 1
8 - Rookie Patrol 10:15 am Swimmer	4:15 pm Private Hockey/Ringette	1 4:30 pm Private	4:05 pm Private Hockey/Ringette Technical Skating	Splash 2:30 pm Sport Court	18+)	10:30 am Swimmer 9-
9- Star Patrol 10:45 am Swimmer	Technical Skating Skills (Ages 6+)	Swimming Lessons - Preschool	Skills (Ages 6+) FULL EQUIPMENT	Reservation - Alder Saputo Centre	6:00 pm Preschool 3 6:00 pm Preschool 5	Star Patrol 10:30 am
2	FULL EQUIPMENT 4:30 pm Private	4:30 pm Preschool 5	4:30 pm Preschool 3	3:45 pm Shinny 14 - 17 yrs old	6:00 pm Private Swimming Lessons	Swimmer 8 - Rookie Patrol
10:45 am Preschool 5	Swimming Lessons - Preschool	4:30 pm Social Pickleball Drop-In	4:30 pm Preschool 4 4:30 pm Private	3:45 pm Shinny 14	- Preschool	10:30 am Swimmer 7 -
10:45 am Swimmer 3	4:30 pm Preschool 3	(Ages 12-17) 4:30 pm Preschool	Swimming Lessons - Preschool	-17 year old GOALIE Registration Only	6:00 pm Preschool 2 6:30 pm Preschool 4	Rookie Patrol 10:45 am
10:45 am Preschool 2	4:30 pm Preschool 4 4:30 pm Preschool 2	3	4:30 pm Preschool 2	3:50 pm Private	6:30 pm Preschool 1	Swimmer 4
	1 1	4.30 nm Preschool	1.30 nm Private	Hockev/Ringette	6·30 nm Private	10:45 am

0:45 am Preschool	4:30 pm Preschool 1	2	Swimming Lessons	Technical Skating	Swimming Lessons	Preschool 1
	1		- Preschool	Skills (Ages 6+)	- Preschool	10.45
0.45 G :	4:30 pm Mini	4:45 pm Mini Minds		FULL EQUIPMENT		10:45 am
0:45 am Swimmer	Movers (Ages 4-5)	(Ages 4-5)	4:30 pm Multi		6:30 pm Preschool 2	Swimmer 1
	5:00 pm Swimmer 5	5:00 pm Preschool	Sports Skills and	4:30 pm Preschool 3	7:00 pm Lane Swim	10:45 am
0:45 am Preschool	3.00 pm swimmer 3	3.00 pm r reschool	Drills (Ages 4-5)	4:30 pm Preschool 5	7.00 pm Lane Swim	Preschool 5
	5:00 pm Preschool 1	7	4:30 pm Public	1	7:05 pm Basketball	_
	5.00 Si 2	5:00 pm Swimmer 1	Skate (sledges	4:30 pm Preschool 2	Drop-In (Ages 18+)	10:45 am
0:45 am Preschool	5:00 pm Swimmer 2	5.00 Duizzata	available)	4:30 pm Preschool 4	7:15 pm Leisure/	Swimmer 2
	5:00 pm Preschool 3	5:00 pm Private	avanaoie)	4.50 pm r resenour 4	Splash & Slide	10:45 am
0:45 am Swimmer	•	Swimming Lessons	4:30 pm Hockey	4:30 pm Private	Spiasii & Siluc	Preschool 2
or to will by million	5:00 pm Swimmer 3	5:00 pm Swimmer 3	Skills - 13 yrs old	Swimming Lessons	8:10 pm Sport Court	1 resented 2
	5:00 pm Preschool 2		and under	- Preschool	Reservation - Alder	10:45 am
1:15 am Preschool	_	5:00 pm Preschool	5:00 pm Swimmer 6	4:30 pm Mini Artists	Saputo Centre	Swimmer 3
	5:00 pm Swimmer 4	2	3.00 pm Swimmer 0	(Ages 4-5)		10:45 am
1:15 am Preschool	5:00 pm Swimmer 1	5:00 pm Hatha	5:00 pm Swimmer 1	(Ages 4-3)		Preschool 4
1.15 am i resentor	3.00 pm Swimmer 1	Beginner	5.00 G : 4	4:30 pm Preschool 1		1 Teschool 4
	5:00 pm Preschool 5		5:00 pm Swimmer 4	4 20 7 1		11:00 am
1:15 am Preschool	5:10 pm Semi-	5:00 pm Preschool	5:00 pm Private	4:30 pm Indoor Soccer Skills and		Social
	Private Sibling Learn	5	Swimming Lessons			Pickleball
1:15 am Swimmer	to Skate Youth	5:00 pm Preschool		Drills (Ages 4-5)		(Ages 18+)
1.15 am Swimmer	(Ages 6+)	3	5:00 pm Preschool 3	4:35 pm Private		11:15 am
	(Ages 0+)		5:00 pm Preschool 5	Hockey/Ringette		Swimmer 2
1:15 am Preschool	5:10 pm Private	5:00 pm Swimmer 4	1	Technical Skating		Swiiiiiiei 2
	Learn to Skate	5:00 pm Preschool	5:00 pm Preschool 2	Skills (Ages 6+)		11:15 am
1.20 am Smart	Youth (Ages 4+)	1	5:00 pm Swimmer 2	FULL EQUIPMENT		Preschool 1
1:30 am Sport Court Reservation -	5:10 pm Basketball	_	1	5.00 D		11.15
Alder Saputo Centre	Drop-In (Ages 8-	5:00 pm Swimmer 2	5:00 pm Cardio	5:00 pm Preschool 3		11:15 am
nuci Saputo Centre	Drop-in (Ages 8-	5:30 pm Preschool	Tone	5:00 pm Preschool 4		Preschool 5
1:30 am Swimmer	10)	3.50 pm rreschool	5:00 pm Swimmer 3	1		11:15 am
	5:30 pm Preschool 2	1	5.00 pm Swimmer 3	5:00 pm Swimmer 3		Preschool 3

11:30 am Swimmer	5:30 pm Preschool 4	5:30 pm Preschool	5:00 pm Preschool 1	5:00 pm Private	11:15 am
6	5:30 pm Swimmer 1	3	5:20 pm Multi	Swimming Lessons - Preschool	Preschool 2
11:45 am Private	5:30 pm Junior	5:30 pm Private Swimming Lessons	Sports Skills and Drills (Ages 4-5)	5:00 pm Preschool 1	11:30 am
Swimming Lessons	Chefs (Ages 9-11)	5:30 pm Swimmer 2	5:30 pm Parent &	5:00 pm Preschool 2	Private Swimming
11:45 am Private Swimming Lessons	5:30 pm Preschool 3	5:30 pm Preschool	Tot 1	5:00 pm Beginner	Lessons
11:45 am Preschool	5:30 pm Parent &	2	5:30 pm Preschool 4	Yoga Flow	11:30 am
3	Tot 1	5:30 pm Preschool	5:30 pm Parent &	5:00 pm Preschool 5	Swimmer 5
11:45 am Swimmer	5:30 pm Swimmer 2	4	Tot 2	5:00 pm Swimmer 4	11:30 am Swimmer 6
2	5:30 pm Preschool 1	5:30 pm Swimmer 1	5:30 pm Swimmer 2	5:15 pm Swimmer 2	11:45 am
11:45 am Preschool	5:30 pm Parent & Tot 2	5:30 pm Parent & Tot 3	5:30 pm Preschool 2	5:20 pm Indoor	Preschool 3
11:45 am Swimmer	5:30 pm Music Club	5:40 pm	5:30 pm Preschool 3	Soccer Skills and Drills (Ages 6-8)	11:45 am
1	Drop-In (Ages 11 to	Mindfulness Drop-	5:30 pm Preschool 1	5:30 pm Little	Swimmer 1
11:45 am Preschool	17)	In (Ages 9-13)	5:45 pm Swimmer 3	Artists (Ages 6-8)	11:45 am Preschool 1
2	5:45 pm Swimmer 3	5:45 pm Basketball Skills and Drills	5:45 pm Swimmer 5	5:30 pm Private	11:45 am
11:45 am Private Swimming Lessons	5:50 pm Parent & Child (Ages 2 to 5)	(Ages 6-8)	5:45 pm Swimmer 4	Swimming Lessons - Preschool	Preschool 2
12:15 pm Private	5:50 pm Preschool	5:45 pm Swimmer 6	6:00 pm Balls & Bands	5:30 pm Preschool 4	11:45 am Preschool 4
Swimming Lessons	(Ages 4 to 5)	5:45 pm Swimmer 5	6:10 pm Multi	5:30 pm Parent &	
12:15 pm Private Swimming Lessons	6:00 pm Parent &	6:00 pm Parent &	Sports Skills and	Tot 3	11:45 am Swimmer 2
12:15 pm Private	Tot 3	Tot 2 6:00 pm Swimmer 2	Drills (Ages 6-8)	5:30 pm Preschool 1	12:00 pm
Swimming Lessons	6:00 pm Swimmer 2	1	6:15 pm Preschool 1	5:30 pm Swimmer 1	Private Swimming
12:15 pm Private	6:00 pm Swimmer 1	6:00 pm Swimmer 1	6:15 pm Preschool 3	5:30 pm Preschool 3	Lessons
Swimming Lessons	6:15 pm Preschool 1	6:00 pm Private Swimming Lessons	6:15 pm Parent & Tot 3	5:30 pm Preschool 2	12:15 pm
12:15 pm Private Swimming Lessons	6:15 pm Preschool 3	6:00 pm Parent &	6:15 pm Preschool 2	5:45 pm Swimmer 5	Private Swimming
12:15 pm Private	6:15 pm Cardio Tone	Tot 1	6:15 pm Swimmer 1	5:45 pm Swimmer 2	Lessons
Swimming Lessons	6:15 pm Basketball	6:15 pm Preschool	6:15 pm Swimmer 2	5:45 pm Swimmer 6	12:15 pm
12:15 pm Private	Drop-In (Ages 11-	6:15 pm Preschool	6:15 pm Preschool 4	6:10 pm Indoor	Private Swimming
Swimming Lessons	13)	2	6:30 pm Swimmer 6	Soccer Skills and Drills (Ages 9-11)	Lessons
1:00 pm Public Swim	6:15 pm Preschool 4	6:15 pm Preschool	6:30 pm Swimmer 3	6:15 pm Preschool 4	12:15 pm
1:00 pm Sport	6:15 pm Preschool 2	4	6:30 pm Swimmer 4	6:15 pm Preschool 3	Private Swimming
Court Reservation -	6:30 pm Youth (Ages 6 to 17)	6:15 pm Body Blast	6:45 pm Private	6:15 pm Preschool 2	Lessons
Alder Saputo Centre	6:30 pm Swimmer 5	6:15 pm Preschool	Swimming Lessons	6:15 pm Preschool 1	12:15 pm Private
1:30 pm Sunday FAMILY Skate	6:30 pm Swimmer 3	6:30 pm Swimmer 4	6:45 pm Swimmer 2	6:15 pm Private	Swimming
2:00 pm Private	6:30 pm Swimmer 4	6:30 pm Swimmer 3	6:45 pm Preschool 3	Swimming Lessons	Lessons
Swimming Lessons	6:45 pm Preschool 4	6:35 pm Basketball	6:45 pm Preschool 2	- Preschool	12:15 pm Private
2:00 pm Private	6:45 pm Preschool 1	Skills and Drills	6:45 pm Preschool 5	6:15 pm Zumba® Toning	Swimming
Swimming Lessons	6:45 pm Preschool 3	(Ages 9-11)	6:45 pm Preschool 1	6:15 pm Parent &	Lessons
2:00 pm Private Swimming Lessons	6:45 pm Preschool 5	6:45 pm Private Swimming Lessons	7:00 pm Zumba®	Tot 2	12:15 pm Private
	1	. 8=====	1	' '	'

2:15 pm Swimmer 3 - Teen/Adult 2:15 pm Swimmer 1- Teen/Adult 2:15 pm Swimmer 2-Teen/Adult 2:30 pm Private Swimming Lessons 2:30 pm Sport Court Reservation - Alder Saputo Centre 2:30 pm Private Swimming Lessons 2:30 pm Private Swimming Lessons 3:00 pm Birthday Party - Swim & Splash 4:00 pm Leisure & Splash 4:00 pm Sport Court Reservation - Alder Saputo Centre 5:00 pm Lane Swim 5:30 pm Sport Court Reservation - Alder Saputo Centre	6:45 pm Swimmer 1 6:45 pm Preschool 2 6:45 pm Swimmer 2 7:00 pm Zumba® 7:15 pm Preschool 1 7:15 pm Preschool 2 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:20 pm Sport Court Reservation - Alder Saputo Centre 7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	6:45 pm Swimmer 1 6:45 pm Private Swimming Lessons 6:45 pm Preschool 5 6:45 pm Preschool 1 6:45 pm Swimmer 2 6:45 pm Preschool 4 6:45 pm Preschool 2 6:45 pm Preschool 2 6:45 pm Drama & Creative Arts Club (Ages 9-13) 7:00 pm Dance Fit 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:15 pm Swimmer 2 7:15 pm Swimmer 5 7:15 pm Swimmer 5 7:15 pm Private Swimming Lessons 7:45 pm Private	7:00 pm Multi Sports Skills and Drills (Ages 9-11) 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 8:00 pm Basketball Drop-In (Ages 18+)	6:15 pm Parent & Tot 1 6:30 pm Swimmer 2 6:30 pm Swimmer 4 6:30 pm Swimmer 3 6:30 pm Swimmer 1 6:45 pm Preschool 1 6:45 pm Preschool 5 6:45 pm Preschool 4 6:45 pm Preschool 2 6:45 pm Private Swimming Lessons 7:00 pm Swimmer 1 7:00 pm Swimmer 1 7:00 pm Swimmer 2 7:00 pm Sport Court Reservation - Alder Saputo Centre 7:15 pm Preschool 1 7:15 pm Preschool 3 7:15 pm Preschool 3 7:15 pm Private Swimming Lessons 7:15 pm Swimmer 1 7:30 pm Swimmer 1 7:30 pm Swimmer 1 7:30 pm Swimmer 1 7:30 pm Swimmer 1 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool		Swimming Lessons 12:15 pm Private Swimming Lessons 12:15 pm Private Swimming Lessons 12:15 pm Private Swimming Lessons 12:30 pm Sport Court Reservation - Alder Saputo Centre 1:30 pm Public Swim 2:00 pm Sport Court Reservation - Alder Saputo Centre 2:30 pm Leisure & Splash 2:45 pm Lane Swim 3:30 pm Sport Court Reservation - Alder Saputo Centre 5:00 pm Social Pickleball (Ages 18+) 6:30 pm Social Pickleball (Ages 18+) 8:00 pm Sport Court Reservation - Alder Saputo Centre 5:00 pm Social Pickleball (Ages 18+) 6:30 pm Social Pickleball Centre 5:00 pm Social Pickleball Centre 5:00 pm Social Pickleball Centre 6:30 pm Social Pickleball Centre 6:30 pm Social Pickleball Centre 6:30 pm Social Pickleball Centre
		Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons 7:45 pm Private		- Teen/Adult 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons		Reservation - Alder Saputo
14 8:00 am Lane Swim (Pre-Register)	15 7:30 am Lane Swim (Pre-registered only)	16 7:30 am Lane Swim (Pre-registered	17 7:30 am Lane Swim (Pre-registered only)	18 7:00 am Figure Skating Skills / Pre-	19 7:30 am Lane Swim (Pre-registered only)	20 8:50 am Parent &

0.20 G 4	0.20 5 4.5	only)	0.20 0 40 4	Registered Only	0.20 0 40 4	Child (Ag
8:30 am Sport	8:30 am Sport Court		8:30 am Sport Court		8:30 am Sport Court	to 5)
Court Reservation -	Reservation - Alder	8:30 am Sport Court	Reservation - Alder	7:30 am Lane Swim	Reservation - Alder	(0.5)
Alder Saputo Centre	Saputo Centre	Reservation - Alder	Saputo Centre	(Pre-registered only)	Saputo Centre	8:50 am
		Saputo Centre				Private Le
9:00 am Lifesaving	8:30 am 55+ Shinny	<u> </u>	8:30 am 55+ Shinny	8:30 am Sport Court	8:30 am 55+ Shinny	to Skate
Sport		8:45 am Agua		Reservation - Alder		1
Sport	8:30 am 55+ Shinny	1	8:30 am 55+ Shinny		8:30 am 55+ Shinny	Youth (Ag
9:00 am Walking	- GOALIES Only	Zumba	- GOALIES Only	Saputo Centre	- GOALIES Only	4+)

Track	8:45 am	9:00 am 70+ Shinny	8:45 am Therapeutic	8:45 am Aqua Zumba	8:45 am Aquafit	9:00 am
9:00 am Preschool	AquaFitness	- GOALIES Only 9:00 am Walking	Swim (Lap)	9:00 am 70+ Shinny	9:00 am Zumba®	Swimmer 1
9:00 am Preschool	9:00 am 65+ Shinny - GOALIES Only	Track	9:00 am 65+ Shinny 9:00 am 65+ Shinny	9:00 am 70+ Shinny	Gold 9:00 am Walking	9:00 am Swimmer 3
1	9:00 am Adult Skate	9:00 am 70+ Shinny	- GOALIES Only	- GOALIES Only	Track - Closed	9:00 am Bronze Star
9:00 am Preschool 2	9:00 am 65+ Shinny	9:30 am Public Swim (Lap only)	9:00 am Adult Skate	9:30 am Public Swim (Lap only)	9:00 am 65+ Shinny - GOALIES Only	9:00 am
9:00 am Swimmer	9:00 am Indoor Nordic Walking	9:30 am Chair Yoga	9:00 am Walking Track	9:30 am Chair Yoga	9:00 am Adult Skate	Swimmer 4 9:00 am
9:00 am Preschool	9:15 am Chair Fitness	10:00 am Dance Fit 10:00 am Sport	9:30 am Gentle Flow Yoga	10:00 am Beginner Line Dance	9:00 am 65+ Shinny	Preschool 1
3 9:00 am Swimmer 2	9:30 am Public Swim (Lap only)	Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap pool	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap & Leisure pools)	9:00 am Preschool 2
9:00 am Swimmer 4	10:00 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 1 10:45 am Preschool	only) 10:00 am Sport Court Reservation -	10:20 am Parent & Child (Ages 2 to 5)	9:45 am Chair Fitness	9:00 am Walking Track - Closed
9:00 am Swimmer	10:00 am Tiny Tots	2	Alder Saputo Centre	10:45 am Parent & Tot 2	10:00 am Tiny Tots 10:00 am Sport	9:00 am
9:00 am Preschool	10:30 am Sensory Friendly Swim (Lap)	10:45 am Intermediate Line Dance	10:00 am Tiny Tots 10:15 am Zumba® Toning	10:45 am Parent & Tot 3	Court Reservation - Alder Saputo Centre	Swimmer 2 9:00 am
9:30 am Preschool	11:00 am Walking Track	10:45 am Parent & Tot 1	10:30 am Sensory Friendly Swim (Lap)	10:45 am Preschool	10:30 am Swimmer 2- Teen/Adult	Preschool 3 9:00 am Preschool 4
9:30 am Swimmer 1	11:00 am Family Skate	11:15 am Preschool 4	11:00 am Family Skate	10:45 am Preschool 2	10:30 am Swimmer 1- Teen/Adult	9:30 am Swimmer 1
9:30 am Preschool 3	11:30 am Sport Court Reservation -	11:15 am Parent & Tot 3	11:00 am Balls & Bands	11:00 am Semi- Private Learn to Skate Toddler (Age	10:30 am Swimmer 3- Teen/Adult 10:45 am Baby &	9:30 am Preschool 3
9:30 am Preschool	Alder Saputo Centre 11:30 am Gentle	11:15 am Preschool	11:30 am Sport Court Reservation -	3) 11:00 am	Me Fit 11:00 am Family	9:30 am Swimmer 2
9:30 am Preschool 4	Flow Yoga 12:00 pm Adult	11:15 am Parent & Tot 2	Alder Saputo Centre 12:00 pm Lane	Strollercise 11:15 am Parent &	Skate	9:30 am Social
9:30 am Swimmer 2	Shinny	11:30 am Sport Court Reservation -	Swim	Tot 1	11:30 am Sport Court Reservation -	Pickleball (Ages 18+)
9:30 am Parent & Tot 3	12:00 pm Adult Shinny - GOALIES Only	Alder Saputo Centre 12:15 pm Lane	12:00 pm Adult Shinny - GOALIES Only	11:15 am Preschool	Alder Saputo Centre 12:00 pm Lane Swim	9:30 am Preschool 1
9:45 am Swimmer 6	12:00 pm Lane Swim	Swim 12:30 pm Adult	12:00 pm Adult Shinny	11:15 am Preschool 5	12:00 pm Adult Shinny	9:30 am Parent & Tot
9:45 am Swimmer 5	12:30 pm Family Skate	Skate 1:00 pm Inclusive Open Gym	12:30 pm Family Skate	11:15 am Preschool 1 11:30 am Sport	12:00 pm Adult Shinny - GOALIES	9:30 am
10:00 am Sport Court Reservation - Alder Saputo Centre	1:00 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation -	1:00 pm Sport Court Reservation - Alder Saputo Centre	Court Reservation - Alder Saputo Centre	Only 1:00 pm Sport Court	Parent & Tot 1 9:30 am
10:00 am Preschool	2:30 pm Sport Court Reservation - Alder	Alder Saputo Centre 3:00 pm Figure	1:00 pm Leisure & Splash	11:40 am Private Learn to Skate Adult (Ages 18+)	Reservation - Alder Saputo Centre 1:00 pm Leisure &	Parent & Child (Ages 2 to 5)
10:00 am Parent & Tot 2	Saputo Centre 3:00 pm Figure	Skating Skills - Cancelled	2:30 pm Sport Court Reservation - Alder	12:00 pm Walking Track	Splash 2:30 pm Sport Court	9:30 am Preschool 2
10:00 am Preschool 4	Skating Skills - Cancelled 3:30 pm Private	3:30 pm Hockey Skills - 14 yrs and older	Saputo Centre 3:20 pm Private Hockey/Ringette	12:15 pm Lane Swim	Reservation - Alder Saputo Centre	9:45 am Swimmer 6
10:00 am Parent & Tot 1	Hockey/Ringette Technical Skating	3:45 pm Shinny 8 - 10 years GOALIE	Technical Skating Skills (Ages 6+)	12:15 pm Private Hockey/Ringette	4:00 pm Public Skate	9:45 am Swimmer 5
10:00 am Preschool	Skills (Ages 6+) FULL EQUIPMENT 3:45 pm Shinny 11 -	Registration Only 3:45 pm Shinny 8 - 10 yrs old	FULL EQUIPMENT 3:30 pm Shinny 5 - 7 years GOALIE	Technical Skating Skills (Adult Ages 18+) FULL	4:00 pm Social Pickleball (Ages 18+)	10:00 am Preschool 3
10:00 am Preschool	13 years GOALIE Registration Only	4:30 pm Preschool	Registration Only 3:30 pm Shinny 5 -	EQUIPMENT 12:30 pm Adult	4:10 pm Private Hockey/Ringette	10:00 am Swimmer 2
10:00 am Swimmer 2	3:45 pm Shinny 11- 13 yrs old	4:30 pm Hockey Skills - 13 yrs old	7 yrs old 4:00 pm Hockey	Skate 1:00 pm Home	Technical Skating Skills (Ages 6+) FULL EQUIPMENT	10:00 am Preschool 1
10:15 am Swimmer 7 - Rookie Patrol	4:05 pm Basketball Drop-In (Ages 14-	and under	Skills - 14 yrs and older	School Community Open Gym	4:30 pm Preschool 2	10:00 am Preschool 2
10:15 am Swimmer 8 - Rookie Patrol	17)	4:30 pm Preschool	4:05 pm Private	1:15 pm Leisure & Splash	4:30 pm Preschool 5	10:00 am Parent & Tot
10:15 am Swimmer	4:15 pm Private Hockey/Ringette	4:30 pm Private Swimming Lessons	Hockey/Ringette Technical Skating	2:30 pm Sport Court	4:30 pm Preschool 3	3
9- Star Patrol 10:45 am Swimmer	Technical Skating Skills (Ages 6+)	- Preschool	Skills (Ages 6+) FULL EQUIPMENT	Reservation - Alder Saputo Centre	4:30 pm Preschool 4 5:00 pm Power	10:00 am Swimmer 1

2	TOLL EQUITMENT	4:30 pm Preschool	4:30 pm Preschool 3	3:00 pm Figure	Skating for	10:10 am
10:45 am Preschool	4:30 pm Private Swimming Lessons	5 4:30 pm Social	4:30 pm Preschool 4	Skating Skills - Cancelled	Hockey/Ringette (Ages 9-10) FULL	Preschool (Ages 4 to 5)
10:45 am Swimmer	- Preschool 4:30 pm Preschool 3	Pickleball Drop-In (Ages 12-17)	4:30 pm Private Swimming Lessons	3:45 pm Shinny 14 -17 year old	EQUIPMENT 5:00 pm Preschool 2	10:30 am Swimmer 8 -
10:45 am Preschool	4:30 pm Preschool 4	4:30 pm Preschool	- Preschool 4:30 pm Preschool 2	GOALIE Registration Only	5:00 pm Parent & Tot 1	Rookie Patrol
2	4:30 pm Preschool 2	4:30 pm Preschool	4:30 pm Private	3:45 pm Shinny 14 -		10:30 am
10:45 am Preschool	4:30 pm Preschool 1	2	Swimming Lessons - Preschool	17 yrs old	5:00 pm Private Swimming Lessons - Preschool	Swimmer 7 - Rookie Patrol
10:45 am Swimmer	4:30 pm Mini Movers (Ages 4-5)	4:45 pm Mini Minds		3:50 pm Private Hockey/Ringette		10:30 am
1		(Ages 4-5)	4:30 pm Multi Sports Skills and	Technical Skating	5:00 pm Preschool 3	Swimmer 9- Star Patrol
10:45 am Preschool	5:00 pm Swimmer 5 5:00 pm Preschool 1	5:00 pm Preschool	Drills (Ages 4-5)	Skills (Ages 6+) FULL EQUIPMENT	5:00 pm Parent & Tot 2	10:45 am
	1	5:00 pm Swimmer 1	4:30 pm Public Skate (sledges	4:30 pm Preschool 3	5:00 pm Private	Preschool 5
10:45 am Preschool	5:00 pm Swimmer 2	5:00 pm Private	available)	4:30 pm Preschool 2	Swimming Lessons	10:45 am
	5:00 pm Preschool 3	Swimming Lessons	4:30 pm Hockey		- Preschool	Swimmer 2
10:45 am Swimmer 4	5:00 pm Swimmer 3	5:00 pm Swimmer 3	Skills - 13 yrs old and under	4:30 pm Preschool 5 4:30 pm Preschool 4	5:30 pm Parent & Tot 3	10:45 am Preschool 2
11:15 am Preschool	5:00 pm Preschool 2	5:00 pm Preschool	5:00 pm Swimmer 6	4:30 pm Private	5:30 pm Preschool 1	10:45 am
3	5:00 pm Swimmer 4	2 5:00 pm Hatha	5:00 pm Swimmer 1	Swimming Lessons	5:30 pm Preschool 3	Swimmer 3
11:15 am Preschool 5	5:00 pm Swimmer 1 5:00 pm Preschool 5	Beginner	5:00 pm Swimmer 4	- Preschool	5:30 pm Preschool 4	10:45 am Preschool 4
11:15 am Preschool	1	5:00 pm Preschool	5:00 pm Private	4:30 pm Mini Artists (Ages 4-5)	5:30 pm Social	
2	5:10 pm Semi- Private Sibling Learn	5	Swimming Lessons	4:30 pm Preschool 1	Pickleball (Ages	10:45 am Swimmer 4
11:15 am Swimmer	to Skate Youth (Ages 6+)	5:00 pm Preschool	5:00 pm Preschool 3	4:30 pm Indoor	18+) 6:00 pm Preschool 3	10:45 am
11:15 am Preschool	5:10 pm Private	5:00 pm Swimmer 4	5:00 pm Preschool 5	Soccer Skills and	6:00 pm Preschool 5	Preschool 1
4	Learn to Skate	1	5:00 pm Preschool 2	Drills (Ages 4-5)	•	10:45 am
11:30 am Sport	Youth (Ages 4+)	5:00 pm Preschool	5:00 pm Swimmer 2	4:35 pm Private Hockey/Ringette	6:00 pm Private Swimming Lessons	Swimmer 1
Court Reservation -	5:10 pm Basketball	5:00 pm Swimmer 2	5:00 pm Cardio	Technical Skating	- Preschool	10:50 am Private Learn
Alder Saputo Centre	Drop-In (Ages 8-	1	Tone	Skills (Ages 6+)	6:00 pm Preschool 2	to Skate
11:30 am Swimmer	10)	5:30 pm Preschool	5:00 pm Swimmer 3	FULL EQUIPMENT	6:10 pm Parent &	Youth (Ages
5	5:30 pm Preschool 2	5:30 pm Preschool	5:00 pm Preschool 1	5:00 pm Preschool 3	Child (Ages 2 to 5)	6+)
11:30 am Swimmer	5:30 pm Preschool 4	3	1	5:00 pm Preschool 4	6:10 pm Preschool	10:50 am Semi-Private
6	5:30 pm Junior	5:30 pm Private	5:20 pm Multi Sports Skills and	5:00 pm Swimmer 3	(Ages 4 to 5)	Sibling Learn
11:45 am Private Swimming Lessons	Chefs (Ages 9-11)	Swimming Lessons	Drills (Ages 4-5)	5:00 pm Private	6:30 pm Preschool 2	to Skate
	5:30 pm Swimmer 1	5:30 pm Swimmer 2	5:30 pm Parent &	Swimming Lessons	6:30 pm Private	Youth (Ages 6+)
11:45 am Private Swimming Lessons	5:30 pm Preschool 3	5:30 pm Preschool	Tot 1	- Preschool	Swimming Lessons	
11:45 am Preschool	5:30 pm Parent &	2	5:30 pm Preschool 4	5:00 pm Preschool 1	- Preschool	11:00 am Social
3	Tot 1	5:30 pm Preschool	5:30 pm Parent &	5:00 pm Beginner	6:30 pm Preschool 4	Pickleball
11:45 am Swimmer	5:30 pm Swimmer 2	4	Tot 2	Yoga Flow	6:30 pm Preschool 1	(Ages 18+)
2	5:30 pm Preschool 1	5:30 pm Swimmer 1	5:30 pm Swimmer 2	5:00 pm Preschool 2	6:50 pm Semi-	11:15 am Swimmer 2
11:45 am Preschool	5:30 pm Parent &	5:30 pm Parent &	5:30 pm Preschool 2	5:00 pm Preschool 5	Private Sibling Learn to Skate Youth	
1	Tot 2	Tot 3	5:30 pm Preschool 3	5:00 pm Swimmer 4	(Ages 6+)	11:15 am Preschool 1
11:45 am Swimmer	5:30 pm Music Club Drop-In (Ages 11 to	5:40 pm Mindfulness Drop-	5:30 pm Preschool 1	5:15 pm Swimmer 2	6:50 pm Private	11:15 am
11:45 am Preschool	17)	In (Ages 9-13)	5:45 pm Swimmer 3	5:20 pm Indoor Soccer Skills and	Learn to Skate Youth (Ages 6+)	Preschool 2
2	5:45 pm Swimmer 3	5:45 pm Basketball Skills and Drills	5:45 pm Swimmer 5	Drills (Ages 6-8)	7:00 pm Lane Swim	11:15 am Preschool 3
11:45 am Private Swimming Lessons	5:50 pm Parent &	(Ages 6-8)	5:45 pm Swimmer 4	5:30 pm Little	7:05 pm Basketball	11:15 am
	Child (Ages 2 to 5)	5:45 pm Swimmer 6	6:00 pm Balls &	Artists (Ages 6-8)	Drop-In (Ages 18+)	Preschool 5
12:15 pm Private Swimming Lessons	5:50 pm Preschool (Ages 4 to 5)	5:45 pm Swimmer 5	Bands	5:30 pm Private Swimming Lessons	7:15 pm Leisure/	11:30 am
12:15 pm Private		6:00 pm Parent &	6:10 pm Multi	- Preschool	Splash & Slide	Youth (Ages 6 to 17)
Swimming Lessons	6:00 pm Parent & Tot 3	Tot 2	Sports Skills and Drills (Ages 6-8)	5:30 pm Preschool 4	7:30 pm Youth (Ages 6 to 17)	· /
1	I	I	I	I -	(11gcs 0 to 17)	11:30 am

12:15 pm Private Swimming Lessons	6:00 pm Swimmer 2	6:00 pm Swimmer 2	6:15 pm Preschool 1	5:30 pm Parent & Tot 3	8:10 pm Sport Court	Private Swimming
12:15 pm Private	6:00 pm Swimmer 1	6:00 pm Swimmer 1	6:15 pm Preschool 3	5:30 pm Preschool 1	Reservation - Alder Saputo Centre	Lessons
Swimming Lessons	6:15 pm Preschool 1 6:15 pm Preschool 3	6:00 pm Private Swimming Lessons	6:15 pm Parent & Tot 3	5:30 pm Swimmer 1		11:30 am Swimmer 5
2:15 pm Private Swimming Lessons	6:15 pm Cardio	6:00 pm Parent & Tot 1	6:15 pm Preschool 2	5:30 pm Preschool 3		11:30 am
2:15 pm Private Swimming Lessons	Tone	6:15 pm Preschool	6:15 pm Swimmer 1	5:30 pm Preschool 2		Swimmer 6
2:15 pm Private	6:15 pm Basketball Drop-In (Ages 11-	1	6:15 pm Swimmer 2	5:45 pm Swimmer 5		11:45 am Preschool 3
Swimming Lessons	13)	6:15 pm Preschool 2	6:15 pm Preschool 4 6:30 pm Swimmer 6	5:45 pm Swimmer 2		11:45 am
:00 pm Public Swim	6:15 pm Preschool 4	6:15 pm Preschool	6:30 pm Swimmer 3	5:45 pm Swimmer 6 6:10 pm Indoor		Swimmer 1 11:45 am
:00 pm Sport	6:15 pm Preschool 2	4	6:30 pm Swimmer 4	Soccer Skills and		Preschool 1
Court Reservation -	6:30 pm Youth (Ages 6 to 17)	6:15 pm Body Blast	6:45 pm Private	Drills (Ages 9-11) 6:15 pm Preschool 4		11:45 am Preschool 4
2:00 pm Private	6:30 pm Swimmer 5	6:15 pm Preschool	Swimming Lessons	6:15 pm Preschool 3		11:45 am
Swimming Lessons	6:30 pm Swimmer 3	6:30 pm Swimmer 4	6:45 pm Swimmer 2	6:15 pm Preschool 1		Preschool 2
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 4	6:30 pm Swimmer 3	6:45 pm Preschool 3 6:45 pm Preschool 5	6:15 pm Preschool 2		11:45 am Swimmer 2
2:00 pm Private	6:45 pm Preschool 4	6:35 pm Basketball Skills and Drills	6:45 pm Preschool 2	6:15 pm Private		12:00 pm
Swimming Lessons	6:45 pm Preschool 1	(Ages 9-11)	6:45 pm Preschool 1	Swimming Lessons - Preschool		Private
2:15 pm Swimmer - Teen/Adult	6:45 pm Preschool 3	6:45 pm Swimmer 1	7:00 pm Zumba®	6:15 pm Zumba®		Swimming Lessons
:15 pm Swimmer	6:45 pm Preschool 5 6:45 pm Swimmer 1	6:45 pm Private Swimming Lessons	7:00 pm Multi	Toning		12:15 pm
- Teen/Adult	6:45 pm Preschool 2	6:45 pm Private	Sports Skills and Drills (Ages 9-11)	6:15 pm Parent & Tot 2		Private Swimming
2:15 pm Swimmer 2-Teen/Adult	6:45 pm Swimmer 2	Swimming Lessons	7:15 pm Private	6:15 pm Parent &		Lessons
:30 pm Private	7:00 pm Zumba®	6:45 pm Preschool	Swimming Lessons - Preschool	Tot 1		12:15 pm Private
Swimming Lessons	7:15 pm Preschool 1	5 6:45 pm Preschool	7:15 pm Private	6:30 pm Swimmer 2		Swimming
:30 pm Sport	7:15 pm Preschool 2	1	Swimming Lessons	6:30 pm Swimmer 4		Lessons
Court Reservation - Alder Saputo Centre	7:15 pm Private	6:45 pm Swimmer 2	- Preschool	6:30 pm Swimmer 3		12:15 pm Private
:30 pm Private	Swimming Lessons - Preschool	6:45 pm Preschool	7:15 pm Private Swimming Lessons	6:30 pm Swimmer 1 6:45 pm Preschool 1		Swimming Lessons
Swimming Lessons 2:30 pm Private	7:15 pm Private	6:45 pm Preschool	- Preschool	6:45 pm Preschool 5		12:15 pm
Swimming Lessons	Swimming Lessons - Preschool	2	8:00 pm Basketball Drop-In (Ages 18+)	6:45 pm Preschool 4		Private Swimming
3:00 pm Birthday Party - Swim &	7:15 pm Private	6:45 pm Drama & Creative Arts Club		6:45 pm Junior		Lessons
Splash	Swimming Lessons - Preschool	(Ages 9-13)		Artists (Ages 9-11)		12:15 pm Private
1:00 pm Leisure &	7:20 pm Sport Court	7:00 pm Dance Fit		6:45 pm Preschool 2 6:45 pm Private		Swimming Lessons
Splash H:00 pm Sport	Reservation - Alder Saputo Centre	7:15 pm Private Swimming Lessons		Swimming Lessons		12:15 pm
Court Reservation -	7:25 pm Power	7:15 pm Preschool		7:00 pm Swimmer 1		Private Swimming
Alder Saputo Centre	Skating for Hockey/Ringette	3		7:00 pm Swimmer 2		Lessons
5:00 pm Lane Swim 5:30 pm Sport	(Ages 11+) FULL EQUIPMENT	7:15 pm Private Swimming Lessons		7:00 pm Sport Court Reservation - Alder		12:15 pm Private
Court Reservation - Alder Saputo Centre		7:15 pm Swimmer 2		Saputo Centre		Swimming
наст варию сение		7:15 pm Swimmer 6		7:15 pm Preschool 3		Lessons 12:15 pm
		7:15 pm Swimmer 5		7:15 pm Preschool 1		Private
		7:15 pm Private Swimming Lessons		7:15 pm Step & Tone		Swimming Lessons
		7:15 pm Private		7:15 pm Preschool 4		12:30 pm
		Swimming Lessons		7:15 pm Private		Sport Court Reservation
		7:15 pm Swimmer 1		Swimming Lessons 7:15 pm Private		Alder Saput Centre
		7:15 pm Preschool 5		Swimming Lessons - Preschool		1:30 pm
		7:30 pm Basketball		7:30 pm Swimmer		Public Swin
		Drop-In (Ages 14- 17)		2-Teen/Adult		2:00 pm Sp Court

		7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 8:15 pm AquaFitness		7:30 pm Swimmer 1- Teen/Adult 7:30 pm Swimmer 1 7:30 pm Swimmer 3 - Teen/Adult 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons 8:30 pm Sport Court Reservation - Alder Saputo Centre		Reservation - Alder Saputo Centre 2:30 pm Leisure & Splash 2:45 pm Lane Swim 3:30 pm Sport Court Reservation - Alder Saputo Centre 5:00 pm Social Pickleball (Ages 18+) 6:00 pm Birthday Party - Skate & Celebrate 6:30 pm Social Pickleball (Ages 18+) 7:30 pm Public Skate (sledges available) 8:00 pm Sport Court Reservation - Alder Saputo Centre
21	22	22	24	25	26	
21 8:00 am Lane Swim (Pre-Register)	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered	7:30 am Lane Swim (Pre-registered only)	25 12:00 pm Walking Track	9:00 am Walking Track - Closed	8:30 am Lane Swim
8:30 am Sport Court Reservation - Alder Saputo Centre	8:00 am Holiday Camp (December 22)	only) 8:00 am Holiday Camp (December	8:45 am Therapeutic Swim (Lap)			9:00 am National Lifeguard
9:00 am Lifesaving Sport	8:00 am Holiday Camp (December 22 AM)	8:00 am Holiday Camp (December	9:00 am Holiday Candy Cane Public Skate \$2			9:00 am Walking Track -
9:00 am Walking Track	8:00 am Holiday Camp (December	23) 8:00 am Holiday	9:00 am Walking Track			Closed 9:00 am
9:00 am Preschool 4 9:00 am Preschool	22 AM) 8:00 am Holiday	Camp (December 23 AM)	9:30 am Gentle Flow Yoga 9:30 am Public			Bronze Medallion, Bronze Cross
1 9:00 am Preschool 2	Camp (December 22) 8:30 am 55+ Shinny	8:00 am Holiday Camp (December 23 AM)	Swim (Lap only) 10:00 am Holiday Candy Cane Public			and Standard First Aid CPR C - Combine Courses
9:00 am Preschool	- GOALIES Only 8:30 am 55+ Shinny	8:45 am Therapeutic Swim (Lap)	Skate \$2 10:45 am Lane			9:30 am
9:00 am Swimmer	8:30 am Home Alone	9:00 am 70+ Shinny 9:00 am Walking	Swim			Leisure Swim 10:45 am
9:00 am Swimmer 2	8:45 am AquaFitness	Track 9:00 am 70+ Shinny	11:00 am Holiday Candy Cane Public Skate \$2			Public Swim 11:00 am
9:00 am Swimmer	9:00 am 65+ Shinny - GOALIES Only	- GOALIES Only 9:30 am Chair Yoga				Holiday Family Skate
9:00 am Swimmer	9:00 am Adult Skate	9:30 am Public Swim (Lap only)				11:00 am Holiday Shinny 11-13
9:00 am Preschool	9:00 am 65+ Shinny 9:00 am Indoor	10:00 am Basketball Drop-In (Ages 11-				years old 12:00 pm
5	Nordic Walking	13) - Holiday				Holiday

9:30 am Swimmer 1	9:30 am Public Swim (Lap only)	10:45 am Lane Swim		12:00 pm Holiday
9:30 am Preschool 3	10:00 am Basketball Drop-In (Ages 11- 13) - Holiday	10:45 am Intermediate Line		Family Skate 12:00 pm Lane Swim
9:30 am Preschool	Schedule	Dance 11:00 am Basketball		12:00 pm
9:30 am Preschool	10:00 am Tiny Tots 10:30 am Sensory	Drop-In (Ages 14- 17) - Holiday		Leisure Swim 1:00 pm
9:30 am Swimmer 2	Friendly Swim (Lap)	Schedule 12:00 pm Sport		Holiday Shinny 14-17
9:30 am Parent & Tot 3	11:00 am Walking Track	Court Reservation - Alder Saputo Centre (Holiday Schedule -		years old 1:00 pm Holiday
9:45 am Swimmer 6	11:00 am Basketball Drop-In (Ages 14- 17) - Holiday	1 hour) 12:15 pm Public		Family Skate 2:00 pm
9:45 am Swimmer 5	Schedule 11:00 am Family	Swim 12:30 pm Holiday		Holiday Shinny 8-10
10:00 am Sport Court Reservation -	Skate	Camp (December 23 PM)		years old 3:00 pm
Alder Saputo Centre 10:00 am Preschool	11:30 am Gentle Flow Yoga	12:30 pm Adult Skate		Holiday Public Skate
2 10:00 am Parent &	12:00 pm Holiday Shinny 8-10 years old	12:30 pm Holiday Camp (December		
Tot 2 10:00 am Preschool	12:00 pm Adult Shinny	23 PM) 1:00 pm Sport		
4 10:00 am Parent & Tot 1	12:00 pm Holiday Shinny 8-10 years old - GOALIES only	Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)		
10:00 am Preschool	12:00 pm Adult Shinny - GOALIES Only	2:00 pm Sport Court Reservation -		
10:00 am Preschool	12:00 pm Sport Court Reservation -	Alder Saputo Centre (Holiday Schedule - 1 hour)		
10:00 am Swimmer 2	Alder Saputo Centre (Holiday Schedule - 1 hour)	3:30 pm Hockey Skills - 14 yrs and		
10:15 am Swimmer 7 - Rookie Patrol	12:15 pm Leisure/ Splash & Slide	older 4:30 pm Hockey Skills - 13 yrs old		
10:15 am Swimmer 8 - Rookie Patrol	12:15 pm Lane	and under		
10:15 am Swimmer 9- Star Patrol	Swim 12:30 pm Holiday	5:00 pm Holiday Public Skate		
10:45 am Swimmer 2	Camp (December 22 PM)	5:30 pm Sport Court Reservation - Alder Saputo Centre		
10:45 am Preschool 5	12:30 pm Holiday Camp (December 22 PM)	(Holiday Schedule - 1 hour)		
10:45 am Swimmer 3	12:30 pm Family Skate	6:15 pm Body Blast 6:30 pm Sport		
10:45 am Preschool 2	1:00 pm Holiday Shinny 14-17 years	Court Reservation - Alder Saputo Centre		
10:45 am Preschool	old 1:00 pm Holiday	(Holiday Schedule - 1 hour)		
10:45 am Swimmer	Shinny 14-17 years old - GOALIES only	7:00 pm Dance Fit 7:30 pm Sport		
10:45 am Preschool	1:00 pm Sport Court Reservation - Alder Saputo Centre	Court Reservation - Alder Saputo Centre (Holiday Schedule -		
10:45 am Preschool 4	(Holiday Schedule - 1 hour)	1 hour)		
10:45 am Swimmer 4	2:00 pm Sport Court Reservation - Alder			
11:15 am Preschool	Saputo Centre (Holiday Schedule - 1 hour)			
11:15 am Preschool 5	2:00 pm Holiday			

				i
11:15 am Preschool	Shinny 5-7 years old			
2 11:15 am Swimmer	2:00 pm Holiday Shinny 5-7 years old - GOALIES only			
2 11:15 am Preschool	2:30 pm Public Swim			
4	3:00 pm Holiday			
11:30 am Sport Court Reservation - Alder Saputo Centre	Shinny 11-13 years old			
11:30 am Swimmer 5	3:00 pm Holiday Shinny 11-13 years old - GOALIES only			
11:30 am Swimmer	5:00 pm Lane Swim			
11:45 am Private Swimming Lessons	5:15 pm Leisure/ Splash & Slide			
11:45 am Private Swimming Lessons	5:30 pm Sport Court Reservation - Alder Saputo Centre			
11:45 am Preschool 3	(Holiday Schedule - 1 hour)			
11:45 am Swimmer 2	6:15 pm Public Swim			
11:45 am Preschool	6:15 pm Cardio Tone			
11:45 am Swimmer 1 11:45 am Preschool	6:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule -			
2	1 hour)			
11:45 am Private Swimming Lessons	7:00 pm Zumba® 7:30 pm Sport Court			
12:15 pm Private Swimming Lessons	Reservation - Alder Saputo Centre			
12:15 pm Private Swimming Lessons	(Holiday Schedule - 1 hour)			
12:15 pm Private Swimming Lessons				
12:15 pm Private Swimming Lessons				
12:15 pm Private Swimming Lessons				
12:15 pm Private Swimming Lessons				
12:15 pm Private Swimming Lessons				
1:00 pm Public Swim				
1:00 pm Sport Court Reservation - Alder Saputo Centre				
1:30 pm Sunday FAMILY Skate				
2:00 pm Private Swimming Lessons				
2:00 pm Private Swimming Lessons				
2:00 pm Private Swimming Lessons				
2:15 pm Swimmer 3 - Teen/Adult				
2:15 pm Swimmer 1- Teen/Adult				
2:15 pm Swimmer				

2-Teen/Adult					
2:30 pm Private Swimming Lessons					
2:30 pm Sport Court Reservation - Alder Saputo Centre					
2:30 pm Private Swimming Lessons					
2:30 pm Private Swimming Lessons					
3:00 pm Birthday Party - Swim & Splash					
4:00 pm Leisure & Splash					
4:00 pm Sport Court Reservation - Alder Saputo Centre					
5:00 pm Lane Swim					
5:30 pm Sport Court Reservation - Alder Saputo Centre					
28	29	30	31		
8:00 am Lane Swim (Pre-Register)	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered	7:30 am Lane Swim (Pre-registered only)		
9:00 am Leisure Swim	8:00 am Holiday Camp (December	only) 8:00 am Holiday	8:45 am Therapeutic Swim (Lap)		
9:00 am National	29)	Camp (December 30 AM)	9:00 am Bronze		
Lifeguard 9:00 am Walking	8:00 am Holiday Camp (December 29 AM)	8:00 am Holiday Camp (December	Medallion, Bronze Cross and Standard First Aid CPR C -		
Track 9:00 am Bronze	8:00 am Holiday	30 AM)	Combine Courses		
Medallion, Bronze Cross and Standard	Camp (December 29)	8:00 am Holiday Camp (December 30)	9:00 am National Lifeguard		
First Aid CPR C - Combine Courses	8:00 am Holiday Camp (December	8:00 am Holiday	9:00 am Walking Track		
1:30 pm Sunday FAMILY Skate	29 AM) 8:30 am 55+ Shinny	Camp (December 30)	9:30 am Gentle Flow Yoga		
5:00 pm Lane Swim	- GOALIES Only	9:00 am Walking Track	10:00 am Holiday		
	8:30 am 55+ Shinny 8:30 am Babysitting	9:00 am 70+ Shinny - GOALIES Only	Free Public Skate - Drop In		
	Training 8:45 am	9:00 am National Lifeguard	10:30 am Sensory Friendly Swim (Lap)		
	AquaFitness 9:00 am National	9:00 am Bronze	11:00 am Holiday Free Public Skate -		
	Lifeguard 9:00 am 65+ Shinny	Medallion, Bronze Cross and Standard First Aid CPR C -	Drop In 12:00 pm Holiday		
	- GOALIES Only	Combine Courses	Free Public Skate - Drop In		
	9:00 am Adult Skate	9:00 am 70+ Shinny	1:00 pm Holiday		
	9:00 am Bronze Medallion, Bronze	9:30 am Public Swim (Lap only)	Free Public Skate - Drop In		
	Cross and Standard First Aid CPR C - Combine Courses	9:30 am Chair Yoga 10:00 am Basketball	2:00 pm Holiday Free Public Skate -		
	9:00 am 65+ Shinny	Drop-In (Ages 11- 13) - Holiday	Drop In 3:00 pm Holiday		
	9:15 am Chair Fitness	Schedule 10:00 am Dance Fit	Free Public Skate - Drop In		
	9:30 am Public Swim (Lap only)	10:45 am Intermediate Line			
	10:00 am Basketball	Dance			

Drop-In (Ages 11- 13) - Holiday Schedule	11:00 am Basketball Drop-In (Ages 14-		
10:00 am Tiny Tots	17) - Holiday Schedule		
10:30 am Sensory Friendly Swim (Lap) 11:00 am Walking	12:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)		
Track 11:00 am Basketball Drop-In (Ages 14- 17) - Holiday	12:30 pm Holiday Camp (December 30 PM)		
Schedule 11:00 am Family Skate	12:30 pm Holiday Camp (December 30 PM)		
11:30 am Gentle Flow Yoga	12:30 pm Adult Skate		
12:00 pm Holiday Shinny 8-10 years old	1:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)		
12:00 pm Adult Shinny 12:00 pm Holiday Shinny 8-10 years	2:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule -		
old - GOALIES only 12:00 pm Adult Shinny - GOALIES Only	1 hour) 3:30 pm Hockey Skills - 14 yrs and older		
12:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule -	4:30 pm Hockey Skills - 13 yrs old and under		
1 hour) 12:30 pm Holiday Camp (December 29 PM)	5:00 pm Holiday Public Skate 5:30 pm Sport Court Reservation -		
12:30 pm Family Skate	Alder Saputo Centre (Holiday Schedule - 1 hour)		
12:30 pm Holiday Camp (December 29 PM)	6:15 pm Body Blast 6:30 pm Sport		
1:00 pm Holiday Shinny 14-17 years old	Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)		
1:00 pm Holiday Shinny 14-17 years old - GOALIES only	7:00 pm Dance Fit 7:30 pm Sport		
1:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)	Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)		
2:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
2:00 pm Holiday Shinny 5-7 years old			
2:00 pm Holiday Shinny 5-7 years old - GOALIES only			
3:00 pm Holiday Shinny 11-13 years old			

Shinny 11-13 years old - GOALIES only	7		
5:30 pm Sport Cour Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
6:15 pm Cardio Tone			
6:30 pm Sport Cour Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
7:00 pm Zumba®			
7:30 pm Sport Cour Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			

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