

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 10:15 am Zumba® Toning 11:00 am Balls & Bands 11:30 am Seniors Holiday Luncheon - SOLD OUT	4	5 1:00 pm Lane Swim - Cancelled 2:00 pm Leisure & Splash - Cancelled	6 6:00 pm Birthday Party - Skate & Celebrate
7 8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Lifesaving Sport 9:00 am Walking Track 9:00 am Preschool 1 9:00 am Preschool 4 9:00 am Swimmer 4	8 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only 8:45 am AquaFitness 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate 9:00 am 65+ Shinny	9 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am 70+ Shinny - GOALIES Only 9:00 am Walking Track 9:00 am 70+ Shinny 9:30 am Public Swim (Lap only)	10 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only 8:45 am Therapeutic Swim (Lap) 9:00 am 65+ Shinny 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate	11 7:00 am Figure Skating Skills / Pre- Registered Only 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba 9:00 am 70+ Shinny 9:00 am 70+ Shinny - GOALIES Only 9:30 am Public Swim (Lap only)	12 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aquafit 9:00 am Zumba® Gold 9:00 am Walking Track - Closed 9:30 am Public Swim (Lap & Leisure pools) 9:45 am Chair Fitness	13 9:00 am Swimmer 3 9:00 am Bronze Star 9:00 am Swimmer 1 9:00 am Swimmer 4 9:00 am Preschool 1 9:00 am Preschool 2 9:00 am Walking Track -

9:00 am Swimmer 3	9:00 am Indoor Nordic Walking	9:30 am Chair Yoga	9:00 am Walking Track	9:30 am Chair Yoga	10:00 am Sport Court Reservation - Alder Saputo Centre	Closed
9:00 am Preschool 5	9:15 am Chair Fitness	10:00 am Dance Fit	9:30 am Gentle Flow Yoga	10:00 am Beginner Line Dance	9:00 am Swimmer 2	
9:00 am Preschool 2	9:30 am Public Swim (Lap only)	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap pool only)	10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Preschool 3	
9:00 am Swimmer 2	10:00 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 1	10:00 am Sport Court Reservation - Alder Saputo Centre	10:20 am Parent & Child (Ages 2 to 5)	9:00 am Preschool 4	
9:00 am Preschool 3	10:00 am Tiny Tots	10:45 am Preschool 2	10:00 am Tiny Tots	10:45 am Parent & Tot 2	9:30 am Swimmer 1	
9:00 am Swimmer 1	10:30 am Sensory Friendly Swim (Lap)	10:45 am Intermediate Line Dance	10:15 am Zumba® Toning	10:45 am Parent & Tot 3	9:30 am Preschool 3	
9:30 am Preschool 2	11:00 am Walking Track	10:45 am Parent & Tot 1	10:30 am Sensory Friendly Swim (Lap)	10:45 am Preschool 3	9:30 am Swimmer 2	
9:30 am Swimmer 1	11:00 am Family Skate	11:15 am Preschool 4	11:00 am Family Skate	10:45 am Preschool 2	9:30 am Social Pickleball (Ages 18+)	
9:30 am Preschool 3	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 3	11:00 am Balls & Bands	11:00 am Semi-Private Learn to Skate Toddler (Age 3)	9:30 am Preschool 1	
9:30 am Preschool 1	11:30 am Gentle Flow Yoga	11:15 am Preschool 3	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Strollercise	9:30 am Breakfast with Santa	
9:30 am Preschool 4	12:00 pm Adult Shinny	11:15 am Parent & Tot 2	12:00 pm Lane Swim	11:15 am Parent & Tot 1	9:30 am Parent & Tot 2	
9:30 am Swimmer 2	12:00 pm Adult Shinny - GOALIES Only	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny - GOALIES Only	11:15 am Preschool 4	9:30 am Additional Parent Ticket - Breakfast with Santa	
9:30 am Parent & Tot 3	12:00 pm Lane Swim	12:15 pm Lane Swim	12:00 pm Adult Shinny	11:15 am Preschool 5	9:30 am Preschool 2	
9:45 am Swimmer 6	12:30 pm Family Skate	12:30 pm Adult Skate	12:30 pm Family Skate	11:15 am Preschool 1	9:30 am Preschool 5	
9:45 am Swimmer 5	1:00 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Inclusive Open Gym	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Preschool 4	
10:00 am Preschool 2	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Leisure & Splash	11:40 am Private Learn to Skate Adult (Ages 18+)	9:30 am Parent & Tot 1	
10:00 am Sport Court Reservation - Alder Saputo Centre	3:00 pm Figure Skating Skills - Cancelled	3:00 pm Figure Skating Skills - Cancelled	2:30 pm Sport Court Reservation - Alder Saputo Centre	12:00 pm Walking Track	9:45 am Swimmer 6	
10:00 am Parent & Tot 2	3:30 pm Hockey Skills - 14 yrs and older	3:30 pm Hockey Skills - 14 yrs and older	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	12:15 pm Lane Swim	9:45 am Swimmer 5	
10:00 am Preschool 4	3:45 pm Shinny 8 - 10 years GOALIE Registration Only	3:45 pm Shinny 8 - 10 yrs old	FULL EQUIPMENT	12:15 pm Private Hockey/Ringette Technical Skating Skills (Adult Ages 18+) FULL EQUIPMENT	10:00 am Swimmer 2	
10:00 am Parent & Tot 1	3:45 pm Shinny 11 - 13 years GOALIE Registration Only	4:30 pm Preschool 4	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	12:30 pm Adult Skate	10:00 am Preschool 3	
10:00 am Preschool 3	3:45 pm Shinny 11-13 yrs old	4:30 pm Hockey Skills - 13 yrs old and under	3:30 pm Shinny 5 - 7 yrs old	1:00 pm Home School Community Open Gym	10:00 am Preschool 1	
10:00 am Preschool 1	4:05 pm Basketball Drop-In (Ages 14-17)	4:30 pm Preschool 1	4:00 pm Hockey Skills - 14 yrs and older	1:15 pm Leisure & Splash	10:00 am Preschool 2	
10:00 am Swimmer 2	4:15 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	4:30 pm Private Swimming Lessons - Preschool	4:05 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Parent & Tot 3	
10:15 am Swimmer 7 - Rookie Patrol	4:30 pm Private Swimming Lessons - Preschool	4:30 pm Social Pickleball Drop-In (Ages 12-17)	4:30 pm Preschool 3	3:45 pm Shinny 14 - 17 yrs old	10:00 am Swimmer 1	
10:15 am Swimmer 8 - Rookie Patrol	4:30 pm Preschool 3	4:30 pm Preschool 3	4:30 pm Preschool 4	3:45 pm Shinny 14 -17 year old GOALIE Registration Only	10:30 am Swimmer 9- Star Patrol	
10:15 am Swimmer 9- Star Patrol	4:30 pm Preschool 4	4:30 pm Preschool 2	4:30 pm Private Swimming Lessons - Preschool	3:50 pm Private Hockey/Ringette	10:30 am Swimmer 8 - Rookie Patrol	
10:45 am Swimmer 2	4:30 pm Preschool 2	4:30 pm Preschool 1			10:30 am Swimmer 7 - Rookie Patrol	
10:45 am Preschool 5					10:45 am Swimmer 4	
10:45 am Swimmer 3					10:45 am	
10:45 am Preschool 2						

10:45 am Preschool 1	4:30 pm Preschool 1	4:30 pm Preschool 2	4:30 pm Private Swimming Lessons - Preschool	Technical Skating Skills (Ages 6+) FULL EQUIPMENT	6:30 pm Private Swimming Lessons - Preschool	Preschool 1
10:45 am Swimmer 1	4:30 pm Mini Movers (Ages 4-5)	4:45 pm Mini Minds (Ages 4-5)	4:30 pm Multi Sports Skills and Drills (Ages 4-5)	4:30 pm Preschool 3	6:30 pm Preschool 2	10:45 am Swimmer 1
10:45 am Preschool 4	5:00 pm Swimmer 5	5:00 pm Preschool 4	4:30 pm Public Skate (sledges available)	4:30 pm Preschool 5	7:00 pm Lane Swim	10:45 am Preschool 5
10:45 am Preschool 3	5:00 pm Preschool 1	5:00 pm Swimmer 1	4:30 pm Private Skate (sledges available)	4:30 pm Preschool 2	7:05 pm Basketball Drop-In (Ages 18+)	10:45 am Swimmer 2
10:45 am Swimmer 4	5:00 pm Swimmer 2	5:00 pm Private Swimming Lessons	4:30 pm Hockey Skills - 13 yrs old and under	4:30 pm Preschool 4	7:15 pm Leisure/ Splash & Slide	10:45 am Preschool 2
11:15 am Preschool 3	5:00 pm Preschool 3	5:00 pm Swimmer 3	5:00 pm Swimmer 6	4:30 pm Private Swimming Lessons - Preschool	8:10 pm Sport Court Reservation - Alder Saputo Centre	10:45 am Swimmer 3
11:15 am Preschool 5	5:00 pm Preschool 2	5:00 pm Preschool 2	5:00 pm Swimmer 1	4:30 pm Mini Artists (Ages 4-5)		10:45 am Preschool 4
11:15 am Preschool 2	5:00 pm Swimmer 1	5:00 pm Hatha Beginner	5:00 pm Swimmer 4	4:30 pm Indoor Soccer Skills and Drills (Ages 4-5)		11:00 am Social Pickleball (Ages 18+)
11:15 am Swimmer 2	5:00 pm Preschool 5	5:00 pm Preschool 5	5:00 pm Private Swimming Lessons	4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT		11:15 am Swimmer 2
11:15 am Preschool 4	5:10 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	5:00 pm Preschool 3	5:00 pm Preschool 3			11:15 am Preschool 1
11:30 am Sport Court Reservation - Alder Saputo Centre	5:10 pm Private Learn to Skate Youth (Ages 4+)	5:00 pm Swimmer 4	5:00 pm Preschool 5			11:15 am Preschool 5
11:30 am Swimmer 5	5:10 pm Basketball Drop-In (Ages 8-10)	5:00 pm Preschool 1	5:00 pm Preschool 2			11:15 am Preschool 3
	5:30 pm Preschool 2	5:00 pm Swimmer 2	5:00 pm Swimmer 2			
		5:30 pm Preschool 1	5:00 pm Cardio Tone			
			5:00 pm Swimmer 3			

11:30 am Swimmer 6	5:30 pm Preschool 4	5:30 pm Preschool 3	5:00 pm Preschool 1	5:00 pm Private Swimming Lessons - Preschool	11:15 am Preschool 2
11:45 am Private Swimming Lessons	5:30 pm Swimmer 1	5:30 pm Private Swimming Lessons	5:20 pm Multi Sports Skills and Drills (Ages 4-5)	5:00 pm Preschool 1	11:30 am Private Swimming Lessons
11:45 am Private Swimming Lessons	5:30 pm Junior Chefs (Ages 9-11)	5:30 pm Swimmer 2	5:30 pm Parent & Tot 1	5:00 pm Preschool 2	11:30 am Swimmer 5
11:45 am Preschool 3	5:30 pm Preschool 3	5:30 pm Preschool 2	5:30 pm Preschool 4	5:00 pm Beginner Yoga Flow	11:30 am Swimmer 6
11:45 am Swimmer 2	5:30 pm Parent & Tot 1	5:30 pm Preschool 4	5:30 pm Parent & Tot 2	5:00 pm Preschool 5	11:45 am Preschool 3
11:45 am Preschool 1	5:30 pm Swimmer 2	5:30 pm Swimmer 1	5:30 pm Swimmer 2	5:00 pm Swimmer 4	11:45 am Swimmer 1
11:45 am Swimmer 1	5:30 pm Preschool 1	5:30 pm Parent & Tot 3	5:30 pm Preschool 2	5:15 pm Swimmer 2	11:45 am Preschool 1
11:45 am Preschool 2	5:30 pm Parent & Tot 2	5:30 pm Preschool 3	5:30 pm Preschool 1	5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)	11:45 am Preschool 2
11:45 am Private Swimming Lessons	5:30 pm Music Club Drop-In (Ages 11 to 17)	5:40 pm Mindfulness Drop-In (Ages 9-13)	5:45 pm Swimmer 3	5:30 pm Little Artists (Ages 6-8)	11:45 am Preschool 4
12:15 pm Private Swimming Lessons	5:45 pm Swimmer 3	5:45 pm Basketball Skills and Drills (Ages 6-8)	5:45 pm Swimmer 5	5:30 pm Private Swimming Lessons - Preschool	12:00 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	5:50 pm Parent & Child (Ages 2 to 5)	5:45 pm Swimmer 6	5:45 pm Swimmer 4	5:30 pm Parent & Tot 3	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	5:50 pm Preschool (Ages 4 to 5)	5:45 pm Swimmer 5	6:00 pm Balls & Bands	5:30 pm Preschool 1	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:00 pm Parent & Tot 3	6:00 pm Parent & Tot 2	6:10 pm Multi Sports Skills and Drills (Ages 6-8)	5:30 pm Swimmer 1	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:00 pm Swimmer 2	6:00 pm Swimmer 2	6:15 pm Preschool 1	5:30 pm Preschool 3	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:00 pm Swimmer 1	6:00 pm Swimmer 1	6:15 pm Preschool 3	5:30 pm Preschool 2	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:15 pm Preschool 1	6:00 pm Private Swimming Lessons	6:15 pm Parent & Tot 3	5:45 pm Swimmer 5	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:15 pm Preschool 3	6:00 pm Parent & Tot 1	6:15 pm Preschool 2	5:45 pm Swimmer 2	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:15 pm Cardio Tone	6:15 pm Preschool 1	6:15 pm Swimmer 1	5:45 pm Swimmer 6	12:15 pm Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:15 pm Basketball Drop-In (Ages 11-13)	6:15 pm Preschool 2	6:15 pm Swimmer 2	6:10 pm Indoor Soccer Skills and Drills (Ages 9-11)	12:15 pm Private Swimming Lessons
1:00 pm Public Swim	6:15 pm Preschool 4	6:15 pm Preschool 4	6:30 pm Swimmer 6	6:15 pm Preschool 4	12:15 pm Private Swimming Lessons
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Preschool 2	6:15 pm Body Blast	6:30 pm Swimmer 3	6:15 pm Preschool 3	12:15 pm Private Swimming Lessons
1:30 pm Sunday FAMILY Skate	6:30 pm Youth (Ages 6 to 17)	6:15 pm Preschool 3	6:30 pm Swimmer 4	6:15 pm Preschool 2	12:15 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 5	6:30 pm Swimmer 4	6:45 pm Private Swimming Lessons	6:15 pm Preschool 1	12:15 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 3	6:30 pm Swimmer 3	6:45 pm Swimmer 2	6:15 pm Private Swimming Lessons - Preschool	12:15 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 4	6:35 pm Basketball Skills and Drills (Ages 9-11)	6:45 pm Preschool 3	6:15 pm Zumba® Toning	12:15 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:45 pm Preschool 4	6:45 pm Private Swimming Lessons	6:45 pm Preschool 2	6:15 pm Parent & Tot 2	12:15 pm Private Swimming Lessons
	6:45 pm Preschool 1		6:45 pm Preschool 5		
	6:45 pm Preschool 3		6:45 pm Preschool 1		
	6:45 pm Preschool 5		7:00 pm Zumba®		

2:15 pm Swimmer 3 - Teen/Adult	6:45 pm Swimmer 1	6:45 pm Swimmer 1	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6:15 pm Parent & Tot 1		Swimming Lessons
2:15 pm Swimmer 1- Teen/Adult	6:45 pm Preschool 2	6:45 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 2		12:15 pm Private Swimming Lessons
2:15 pm Swimmer 2-Teen/Adult	6:45 pm Swimmer 2	6:45 pm Preschool 5	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 4		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	7:00 pm Zumba®	6:45 pm Preschool 1	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 1		12:30 pm Sport Court Reservation - Alder Saputo Centre
2:30 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Preschool 1	6:45 pm Swimmer 2	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 1		1:30 pm Public Swim
2:30 pm Private Swimming Lessons	7:15 pm Preschool 2	6:45 pm Preschool 4	8:00 pm Basketball Drop-In (Ages 18+)	6:45 pm Preschool 5		2:00 pm Sport Court Reservation - Alder Saputo Centre
2:30 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 2		6:45 pm Preschool 4		2:30 pm Leisure & Splash
3:00 pm Birthday Party - Swim & Splash	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Drama & Creative Arts Club (Ages 9-13)		6:45 pm Junior Artists (Ages 9-11)		2:45 pm Lane Swim
4:00 pm Leisure & Splash	7:20 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Dance Fit		6:45 pm Private Swimming Lessons		3:30 pm Sport Court Reservation - Alder Saputo Centre
4:00 pm Sport Court Reservation - Alder Saputo Centre	7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	7:15 pm Private Swimming Lessons		7:00 pm Swimmer 1		5:00 pm Social Pickleball (Ages 18+)
5:00 pm Lane Swim		7:15 pm Preschool 3		7:00 pm Swimmer 2		6:30 pm Social Pickleball (Ages 18+)
5:30 pm Sport Court Reservation - Alder Saputo Centre		7:15 pm Private Swimming Lessons		7:00 pm Sport Court Reservation - Alder Saputo Centre		8:00 pm Sport Court Reservation - Alder Saputo Centre
		7:15 pm Swimmer 2		7:15 pm Preschool 1		
		7:15 pm Swimmer 5		7:15 pm Preschool 3		
		7:15 pm Swimmer 6		7:15 pm Step & Tone		
		7:15 pm Private Swimming Lessons		7:15 pm Preschool 4		
		7:15 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons		
		7:15 pm Swimmer 1		7:15 pm Private Swimming Lessons - Preschool		
		7:15 pm Preschool 5		7:30 pm Swimmer 2-Teen/Adult		
		7:30 pm Basketball Drop-In (Ages 14-17)		7:30 pm Swimmer 1- Teen/Adult		
		7:45 pm Private Swimming Lessons		7:30 pm Swimmer 1		
		7:45 pm Private Swimming Lessons		7:30 pm Swimmer 3 - Teen/Adult		
		7:45 pm Private Swimming Lessons - Preschool		7:45 pm Private Swimming Lessons		
		7:45 pm Private Swimming Lessons		7:45 pm Private Swimming Lessons		
		7:45 pm Private Swimming Lessons		7:45 pm Private Swimming Lessons - Preschool		
		7:45 pm Private Swimming Lessons		7:45 pm Private Swimming Lessons		
		7:45 pm Private Swimming Lessons		8:30 pm Sport Court Reservation - Alder Saputo Centre		
		8:15 pm AquaFitness				
14	15	16	17	18	19	20
8:00 am Lane Swim (Pre-Register)	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered)	7:30 am Lane Swim (Pre-registered only)	7:00 am Figure Skating Skills / Pre-	7:30 am Lane Swim (Pre-registered only)	8:50 am Parent &

8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	only)	8:30 am Sport Court Reservation - Alder Saputo Centre	Registered Only	8:30 am Sport Court Reservation - Alder Saputo Centre	Child (Ages 2 to 5)
9:00 am Lifesaving Sport	8:30 am 55+ Shinny	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am 55+ Shinny	7:30 am Lane Swim (Pre-registered only)	8:30 am 55+ Shinny	8:50 am Private Learn to Skate
9:00 am Walking	8:30 am 55+ Shinny - GOALIES Only	8:45 am Aqua Zumba	8:30 am 55+ Shinny - GOALIES Only	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am 55+ Shinny - GOALIES Only	Youth (Ages 4+)

Track	8:45 am AquaFitness	9:00 am 70+ Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	8:45 am Aqua Zumba	8:45 am Aquafit	9:00 am Swimmer 1
9:00 am Preschool 4	9:00 am 65+ Shinny - GOALIES Only	9:00 am Walking Track	9:00 am 65+ Shinny	9:00 am 70+ Shinny	9:00 am Zumba® Gold	9:00 am Swimmer 3
9:00 am Preschool 1	9:00 am Adult Skate	9:00 am 70+ Shinny	9:00 am 65+ Shinny - GOALIES Only	9:00 am 70+ Shinny - GOALIES Only	9:00 am Walking Track - Closed	9:00 am Bronze Star
9:00 am Preschool 2	9:00 am 65+ Shinny	9:30 am Public Swim (Lap only)	9:00 am Adult Skate	9:30 am Public Swim (Lap only)	9:00 am 65+ Shinny - GOALIES Only	9:00 am Swimmer 4
9:00 am Swimmer 1	9:00 am Indoor Nordic Walking	9:30 am Chair Yoga	9:00 am Walking Track	9:30 am Chair Yoga	9:00 am Adult Skate	9:00 am Preschool 1
9:00 am Preschool 3	9:15 am Chair Fitness	10:00 am Dance Fit	9:30 am Gentle Flow Yoga	10:00 am Beginner Line Dance	9:00 am 65+ Shinny	9:00 am Preschool 2
9:00 am Swimmer 2	9:30 am Public Swim (Lap only)	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap pool only)	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap & Leisure pools)	9:00 am Walking Track - Closed
9:00 am Swimmer 4	10:00 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 1	10:00 am Sport Court Reservation - Alder Saputo Centre	10:20 am Parent & Child (Ages 2 to 5)	9:45 am Chair Fitness	9:00 am Swimmer 2
9:00 am Swimmer 3	10:00 am Tiny Tots	10:45 am Preschool 2	10:00 am Tiny Tots	10:45 am Parent & Tot 2	10:00 am Tiny Tots	9:00 am Swimmer 3
9:00 am Preschool 5	10:30 am Sensory Friendly Swim (Lap)	10:45 am Intermediate Line Dance	10:15 am Zumba® Toning	10:45 am Parent & Tot 3	10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Preschool 4
9:30 am Preschool 2	11:00 am Walking Track	10:45 am Parent & Tot 1	10:30 am Sensory Friendly Swim (Lap)	10:45 am Preschool 3	10:30 am Swimmer 2- Teen/Adult	9:30 am Swimmer 1
9:30 am Swimmer 1	11:00 am Family Skate	11:15 am Preschool 4	11:00 am Family Skate	10:45 am Preschool 2	10:30 am Swimmer 1- Teen/Adult	9:30 am Preschool 3
9:30 am Preschool 3	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 3	11:00 am Balls & Bands	11:00 am Semi-Private Learn to Skate Toddler (Age 3)	10:30 am Swimmer 3- Teen/Adult	9:30 am Swimmer 2
9:30 am Preschool 1	11:30 am Gentle Flow Yoga	11:15 am Preschool 3	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Strollercise	10:45 am Baby & Me Fit	9:30 am Social Pickleball (Ages 18+)
9:30 am Preschool 4	12:00 pm Adult Shinny	11:15 am Parent & Tot 2	12:00 pm Lane Swim	11:15 am Parent & Tot 1	11:00 am Family Skate	9:30 am Preschool 1
9:30 am Swimmer 2	12:00 pm Adult Shinny - GOALIES Only	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny - GOALIES Only	11:15 am Preschool 4	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Parent & Tot 2
9:30 am Parent & Tot 3	12:00 pm Lane Swim	12:15 pm Lane Swim	12:00 pm Adult Shinny	11:15 am Preschool 5	12:00 pm Lane Swim	9:30 am Parent & Tot 1
9:45 am Swimmer 6	12:30 pm Family Skate	12:30 pm Adult Skate	12:30 pm Family Skate	11:15 am Preschool 1	12:00 pm Adult Shinny	9:30 am Parent & Child (Ages 2 to 5)
9:45 am Swimmer 5	1:00 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Inclusive Open Gym	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny - GOALIES Only	9:30 am Preschool 2
10:00 am Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Leisure & Splash	11:40 am Private Learn to Skate Adult (Ages 18+)	1:00 pm Sport Court Reservation - Alder Saputo Centre	9:45 am Swimmer 6
10:00 am Preschool 2	3:00 pm Figure Skating Skills - Cancelled	3:00 pm Figure Skating Skills - Cancelled	2:30 pm Sport Court Reservation - Alder Saputo Centre	12:00 pm Walking Track	1:00 pm Leisure & Splash	9:45 am Swimmer 5
10:00 am Parent & Tot 2	3:30 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	3:30 pm Hockey Skills - 14 yrs and older	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	12:15 pm Lane Swim	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Preschool 3
10:00 am Preschool 4	3:45 pm Shinny 8 - 10 years GOALIE Registration Only	3:45 pm Shinny 8 - 10 yrs old	FULL EQUIPMENT	12:15 pm Private Hockey/Ringette Technical Skating Skills (Adult Ages 18+)	4:00 pm Public Skate	10:00 am Swimmer 2
10:00 am Parent & Tot 1	FULL EQUIPMENT	4:30 pm Preschool 4	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	12:30 pm Adult Skate	4:00 pm Social Pickleball (Ages 18+)	10:00 am Preschool 1
10:00 am Preschool 3	3:45 pm Shinny 11 - 13 years GOALIE Registration Only	4:30 pm Hockey Skills - 13 yrs old and under	3:30 pm Shinny 5 - 7 yrs old	1:00 pm Home School Community Open Gym	4:10 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	10:00 am Parent & Tot 3
10:00 am Preschool 1	3:45 pm Shinny 11-13 yrs old	4:30 pm Preschool 1	4:00 pm Hockey Skills - 14 yrs and older	1:15 pm Leisure & Splash	FULL EQUIPMENT	10:00 am Preschool 2
10:00 am Swimmer 2	4:05 pm Basketball Drop-In (Ages 14-17)	4:30 pm Private Swimming Lessons - Preschool	4:05 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	2:30 pm Sport Court Reservation - Alder Saputo Centre	4:30 pm Preschool 2	10:00 am Swimmer 1
10:15 am Swimmer 7 - Rookie Patrol	4:15 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)		FULL EQUIPMENT		4:30 pm Preschool 3	
10:15 am Swimmer 8 - Rookie Patrol					4:30 pm Preschool 4	
10:15 am Swimmer 9- Star Patrol					5:00 pm Power	
10:45 am Swimmer						

2	FULL EQUIPMENT	4:30 pm Preschool 5	4:30 pm Preschool 3	3:00 pm Figure Skating Skills - Cancelled	Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT	10:10 am Preschool (Ages 4 to 5)
10:45 am Preschool 5	4:30 pm Private Swimming Lessons - Preschool	4:30 pm Social Pickleball Drop-In (Ages 12-17)	4:30 pm Preschool 4	4:30 pm Private Swimming Lessons - Preschool	5:00 pm Preschool 2	10:30 am Swimmer 8 - Rookie Patrol
10:45 am Swimmer 3	4:30 pm Preschool 3	4:30 pm Preschool 3	4:30 pm Preschool 2	3:45 pm Shinny 14 -17 year old GOALIE Registration Only	5:00 pm Parent & Tot 1	10:30 am Swimmer 7 - Rookie Patrol
10:45 am Preschool 2	4:30 pm Preschool 4	4:30 pm Preschool 2	4:30 pm Private Swimming Lessons - Preschool	3:45 pm Shinny 14 - 17 yrs old	5:00 pm Private Swimming Lessons - Preschool	10:30 am Swimmer 9- Star Patrol
10:45 am Preschool 1	4:30 pm Preschool 1	4:45 pm Mini Minds (Ages 4-5)	4:30 pm Multi Sports Skills and Drills (Ages 4-5)	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	5:00 pm Preschool 3	10:45 am Preschool 5
10:45 am Swimmer 1	4:30 pm Mini Movers (Ages 4-5)	5:00 pm Preschool 4	4:30 pm Public Skate (sledges available)	FULL EQUIPMENT	5:00 pm Parent & Tot 2	10:45 am Swimmer 2
10:45 am Preschool 3	5:00 pm Swimmer 5	5:00 pm Swimmer 1	4:30 pm Hockey Skills - 13 yrs old and under	4:30 pm Preschool 3	5:00 pm Private Swimming Lessons - Preschool	10:45 am Preschool 2
10:45 am Preschool 4	5:00 pm Preschool 1	5:00 pm Private Swimming Lessons	5:00 pm Swimmer 6	4:30 pm Preschool 2	5:30 pm Parent & Tot 3	10:45 am Swimmer 3
10:45 am Swimmer 4	5:00 pm Preschool 3	5:00 pm Swimmer 3	5:00 pm Swimmer 1	4:30 pm Preschool 5	5:30 pm Preschool 1	10:45 am Preschool 4
11:15 am Preschool 3	5:00 pm Preschool 2	5:00 pm Preschool 2	5:00 pm Swimmer 4	4:30 pm Private Swimming Lessons - Preschool	5:30 pm Preschool 3	10:45 am Swimmer 4
11:15 am Preschool 5	5:00 pm Swimmer 4	5:00 pm Hatha Beginner	5:00 pm Private Swimming Lessons	4:30 pm Mini Artists (Ages 4-5)	5:30 pm Social Pickleball (Ages 18+)	10:45 am Preschool 1
11:15 am Preschool 2	5:00 pm Preschool 5	5:00 pm Preschool 5	5:00 pm Preschool 3	4:30 pm Indoor Soccer Skills and Drills (Ages 4-5)	6:00 pm Preschool 3	10:45 am Swimmer 1
11:15 am Swimmer 2	5:10 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	5:00 pm Swimmer 4	5:00 pm Preschool 5	4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	6:00 pm Preschool 5	10:45 am Swimmer 1
11:15 am Preschool 4	5:10 pm Private Learn to Skate Youth (Ages 4+)	5:00 pm Preschool 1	5:00 pm Preschool 2	FULL EQUIPMENT	6:00 pm Private Swimming Lessons - Preschool	10:50 am Private Learn to Skate Youth (Ages 6+)
11:30 am Sport Court Reservation - Alder Saputo Centre	5:10 pm Basketball Drop-In (Ages 8-10)	5:30 pm Preschool 1	5:00 pm Swimmer 2	5:00 pm Preschool 3	6:10 pm Parent & Child (Ages 2 to 5)	10:50 am Semi-Private Sibling Learn to Skate Youth (Ages 6+)
11:30 am Swimmer 5	5:30 pm Preschool 2	5:30 pm Preschool 3	5:00 pm Cardio Tone	5:00 pm Preschool 1	6:10 pm Preschool (Ages 4 to 5)	11:00 am Social Pickleball (Ages 18+)
11:30 am Swimmer 6	5:30 pm Preschool 4	5:30 pm Private Swimming Lessons	5:00 pm Swimmer 3	5:20 pm Multi Sports Skills and Drills (Ages 4-5)	6:30 pm Preschool 2	11:15 am Swimmer 2
11:45 am Private Swimming Lessons	5:30 pm Junior Chefs (Ages 9-11)	5:30 pm Swimmer 2	5:00 pm Preschool 4	5:30 pm Parent & Tot 1	6:30 pm Private Swimming Lessons - Preschool	11:15 am Preschool 1
11:45 am Private Swimming Lessons	5:30 pm Swimmer 1	5:30 pm Preschool 2	5:30 pm Parent & Tot 2	5:30 pm Preschool 3	6:30 pm Preschool 4	11:15 am Preschool 2
11:45 am Preschool 3	5:30 pm Preschool 3	5:30 pm Preschool 4	5:30 pm Preschool 1	5:00 pm Preschool 1	6:30 pm Preschool 1	11:15 am Preschool 3
11:45 am Preschool 2	5:30 pm Parent & Tot 1	5:30 pm Swimmer 1	5:45 pm Swimmer 3	5:00 pm Beginner Yoga Flow	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	11:30 am Preschool 5
11:45 am Swimmer 2	5:30 pm Preschool 1	5:30 pm Parent & Tot 3	5:45 pm Swimmer 5	5:00 pm Preschool 2	7:00 pm Lane Swim	11:30 am Youth (Ages 6 to 17)
11:45 am Preschool 1	5:30 pm Parent & Tot 2	5:40 pm Mindfulness Drop-In (Ages 9-13)	5:45 pm Swimmer 4	5:00 pm Swimmer 4	7:05 pm Basketball Drop-In (Ages 18+)	11:30 am
11:45 am Swimmer 1	5:30 pm Music Club Drop-In (Ages 11 to 17)	5:45 pm Basketball Skills and Drills (Ages 6-8)	6:00 pm Balls & Bands	5:15 pm Swimmer 2	7:15 pm Leisure/ Splash & Slide	
11:45 am Preschool 2	5:45 pm Swimmer 3	5:45 pm Swimmer 6	6:10 pm Multi Sports Skills and Drills (Ages 6-8)	5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)	7:30 pm Youth (Ages 6 to 17)	
11:45 am Private Swimming Lessons	5:50 pm Parent & Child (Ages 2 to 5)	5:45 pm Swimmer 5		5:30 pm Little Artists (Ages 6-8)		
12:15 pm Private Swimming Lessons	5:50 pm Preschool (Ages 4 to 5)	6:00 pm Parent & Tot 2		5:30 pm Private Swimming Lessons - Preschool		
12:15 pm Private Swimming Lessons	6:00 pm Parent & Tot 3			5:30 pm Preschool 4		

12:15 pm Private Swimming Lessons	6:00 pm Swimmer 2	6:00 pm Swimmer 2	6:15 pm Preschool 1	5:30 pm Parent & Tot 3	8:10 pm Sport Court Reservation - Alder Saputo Centre	Private Swimming Lessons
12:15 pm Private Swimming Lessons	6:00 pm Swimmer 1	6:00 pm Swimmer 1	6:15 pm Preschool 3	5:30 pm Preschool 1		11:30 am Swimmer 5
12:15 pm Private Swimming Lessons	6:15 pm Preschool 1	6:00 pm Private Swimming Lessons	6:15 pm Parent & Tot 3	5:30 pm Swimmer 1		11:30 am Swimmer 6
12:15 pm Private Swimming Lessons	6:15 pm Preschool 3	6:00 pm Parent & Tot 1	6:15 pm Preschool 2	5:30 pm Preschool 3		11:45 am Preschool 3
12:15 pm Private Swimming Lessons	6:15 pm Cardio Tone	6:15 pm Preschool 1	6:15 pm Swimmer 1	5:30 pm Preschool 2		11:45 am Swimmer 1
12:15 pm Private Swimming Lessons	6:15 pm Basketball Drop-In (Ages 11-13)	6:15 pm Preschool 2	6:15 pm Swimmer 2	5:45 pm Swimmer 5		11:45 am Preschool 1
1:00 pm Public Swim	6:15 pm Preschool 4	6:15 pm Preschool 4	6:15 pm Preschool 4	5:45 pm Swimmer 2		11:45 am Preschool 4
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Preschool 2	6:15 pm Preschool 3	6:30 pm Swimmer 6	5:45 pm Swimmer 6		11:45 am Preschool 2
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:30 pm Youth (Ages 6 to 17)	6:15 pm Body Blast	6:30 pm Swimmer 3	6:10 pm Indoor Soccer Skills and Drills (Ages 9-11)		11:45 am Swimmer 2
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 5	6:15 pm Preschool 3	6:30 pm Swimmer 4	6:15 pm Preschool 4		12:00 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 3	6:30 pm Swimmer 4	6:45 pm Swimmer 2	6:15 pm Preschool 3		12:15 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:30 pm Swimmer 4	6:30 pm Swimmer 3	6:45 pm Preschool 3	6:15 pm Preschool 1		12:15 pm Private Swimming Lessons
2:00 pm Private Swimming Lessons	6:45 pm Preschool 4	6:35 pm Basketball Skills and Drills (Ages 9-11)	6:45 pm Preschool 5	6:15 pm Preschool 2		12:15 pm Private Swimming Lessons
2:15 pm Swimmer 3 - Teen/Adult	6:45 pm Preschool 1	6:45 pm Swimmer 1	6:45 pm Preschool 2	6:15 pm Private Swimming Lessons - Preschool		12:15 pm Private Swimming Lessons
2:15 pm Swimmer 1- Teen/Adult	6:45 pm Preschool 3	6:45 pm Private Swimming Lessons	6:45 pm Preschool 1	6:15 pm Zumba® Toning		12:15 pm Private Swimming Lessons
2:15 pm Swimmer 2-Teen/Adult	6:45 pm Preschool 5	6:45 pm Private Swimming Lessons	7:00 pm Zumba®	6:15 pm Parent & Tot 2		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	6:45 pm Swimmer 1	6:45 pm Private Swimming Lessons	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6:15 pm Parent & Tot 1		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	6:45 pm Preschool 2	6:45 pm Preschool 5	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 2		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	6:45 pm Swimmer 2	6:45 pm Preschool 1	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 4		12:15 pm Private Swimming Lessons
2:30 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Zumba®	6:45 pm Preschool 1	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 3		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	7:15 pm Preschool 1	6:45 pm Swimmer 2	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 1		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	7:15 pm Preschool 2	6:45 pm Preschool 4	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 1		12:15 pm Private Swimming Lessons
2:30 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 2	8:00 pm Basketball Drop-In (Ages 18+)	6:45 pm Preschool 5		12:15 pm Private Swimming Lessons
3:00 pm Birthday Party - Swim & Splash	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Drama & Creative Arts Club (Ages 9-13)		6:45 pm Preschool 4		12:15 pm Private Swimming Lessons
4:00 pm Leisure & Splash	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Junior Artists (Ages 9-11)		6:45 pm Preschool 2		12:15 pm Private Swimming Lessons
4:00 pm Sport Court Reservation - Alder Saputo Centre	7:20 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Dance Fit		6:45 pm Private Swimming Lessons		12:15 pm Private Swimming Lessons
5:00 pm Lane Swim	7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	7:15 pm Private Swimming Lessons		7:00 pm Swimmer 1		12:15 pm Private Swimming Lessons
5:30 pm Sport Court Reservation - Alder Saputo Centre		7:15 pm Preschool 3		7:00 pm Swimmer 2		12:15 pm Private Swimming Lessons
		7:15 pm Private Swimming Lessons		7:00 pm Sport Court Reservation - Alder Saputo Centre		12:15 pm Private Swimming Lessons
		7:15 pm Swimmer 2		7:15 pm Preschool 3		12:15 pm Private Swimming Lessons
		7:15 pm Swimmer 6		7:15 pm Preschool 1		12:15 pm Private Swimming Lessons
		7:15 pm Swimmer 5		7:15 pm Step & Tone		12:15 pm Private Swimming Lessons
		7:15 pm Private Swimming Lessons		7:15 pm Preschool 4		12:30 pm Sport Court Reservation - Alder Saputo Centre
		7:15 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons		1:30 pm Public Swim
		7:15 pm Swimmer 1		7:15 pm Private Swimming Lessons - Preschool		2:00 pm Sport Court
		7:15 pm Preschool 5		7:30 pm Swimmer 2-Teen/Adult		
		7:30 pm Basketball Drop-In (Ages 14-17)				

		7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 8:15 pm AquaFitness		7:30 pm Swimmer 1- Teen/Adult 7:30 pm Swimmer 1 7:30 pm Swimmer 3 - Teen/Adult 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons 8:30 pm Sport Court Reservation - Alder Saputo Centre		Reservation - Alder Saputo Centre 2:30 pm Leisure & Splash 2:45 pm Lane Swim 3:30 pm Sport Court Reservation - Alder Saputo Centre 5:00 pm Social Pickleball (Ages 18+) 6:00 pm Birthday Party - Skate & Celebrate 6:30 pm Social Pickleball (Ages 18+) 7:30 pm Public Skate (sledges available) 8:00 pm Sport Court Reservation - Alder Saputo Centre
21 8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Lifesaving Sport 9:00 am Walking Track 9:00 am Preschool 4 9:00 am Preschool 1 9:00 am Preschool 2 9:00 am Preschool 3 9:00 am Swimmer 1 9:00 am Swimmer 2 9:00 am Swimmer 4 9:00 am Swimmer 3 9:00 am Preschool 5 9:30 am Preschool 2	22 7:30 am Lane Swim (Pre-registered only) 8:00 am Holiday Camp (December 22) 8:00 am Holiday Camp (December 22 AM) 8:00 am Holiday Camp (December 22 AM) 8:00 am Holiday Camp (December 22) 8:30 am 55+ Shinny - GOALIES Only 8:30 am 55+ Shinny 8:30 am Home Alone 8:45 am AquaFitness 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate 9:00 am 65+ Shinny 9:00 am Indoor Nordic Walking 9:15 am Chair Fitness	23 7:30 am Lane Swim (Pre-registered only) 8:00 am Holiday Camp (December 23) 8:00 am Holiday Camp (December 23) 8:00 am Holiday Camp (December 23 AM) 8:00 am Holiday Camp (December 23 AM) 8:45 am Therapeutic Swim (Lap) 9:00 am 70+ Shinny 9:00 am Walking Track 9:00 am 70+ Shinny - GOALIES Only 9:30 am Chair Yoga 9:30 am Public Swim (Lap only) 10:00 am Basketball Drop-In (Ages 11-13) - Holiday Schedule 10:00 am Dance Fit	24 7:30 am Lane Swim (Pre-registered only) 8:45 am Therapeutic Swim (Lap) 9:00 am Holiday Candy Cane Public Skate \$2 9:00 am Walking Track 9:30 am Gentle Flow Yoga 9:30 am Public Swim (Lap only) 10:00 am Holiday Candy Cane Public Skate \$2 10:45 am Lane Swim 11:00 am Holiday Candy Cane Public Skate \$2	25 12:00 pm Walking Track	26 9:00 am Walking Track - Closed	27 8:30 am Lane Swim 9:00 am National Lifeguard 9:00 am Walking Track - Closed 9:00 am Bronze Medallion, Bronze Cross and Standard First Aid CPR C - Combine Courses 9:30 am Leisure Swim 10:45 am Public Swim 11:00 am Holiday Family Skate 11:00 am Holiday Shinny 11-13 years old 12:00 pm Holiday Shinny 5-7 years old

9:30 am Swimmer 1	9:30 am Public Swim (Lap only)	10:45 am Lane Swim			12:00 pm Holiday Family Skate
9:30 am Preschool 3	10:00 am Basketball Drop-In (Ages 11-13) - Holiday Schedule	10:45 am Intermediate Line Dance			12:00 pm Lane Swim
9:30 am Preschool 1	10:00 am Tiny Tots	11:00 am Basketball Drop-In (Ages 14-17) - Holiday Schedule			12:00 pm Leisure Swim
9:30 am Preschool 4	10:30 am Sensory Friendly Swim (Lap)	12:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			1:00 pm Holiday Shinny 14-17 years old
9:30 am Swimmer 2	11:00 am Walking Track	12:15 pm Public Swim			1:00 pm Holiday Family Skate
9:30 am Parent & Tot 3	11:00 am Basketball Drop-In (Ages 14-17) - Holiday Schedule	12:30 pm Holiday Camp (December 23 PM)			2:00 pm Holiday Shinny 8-10 years old
9:45 am Swimmer 6	11:00 am Family Skate	12:30 pm Adult Skate			3:00 pm Holiday Public Skate
9:45 am Swimmer 5	11:30 am Gentle Flow Yoga	12:30 pm Holiday Camp (December 23 PM)			
10:00 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Holiday Shinny 8-10 years old	1:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
10:00 am Preschool 2	12:00 pm Adult Shinny	2:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
10:00 am Parent & Tot 2	12:00 pm Holiday Shinny 8-10 years old - GOALIES only	3:30 pm Hockey Skills - 14 yrs and older			
10:00 am Preschool 4	12:00 pm Adult Shinny - GOALIES Only	4:30 pm Hockey Skills - 13 yrs old and under			
10:00 am Parent & Tot 1	12:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)	5:00 pm Holiday Public Skate			
10:00 am Preschool 3	12:15 pm Leisure/ Splash & Slide	5:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
10:00 am Preschool 1	12:15 pm Lane Swim	6:15 pm Body Blast			
10:00 am Swimmer 2	12:30 pm Holiday Camp (December 22 PM)	6:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
10:15 am Swimmer 7 - Rookie Patrol	12:30 pm Holiday Camp (December 22 PM)	7:00 pm Dance Fit			
10:15 am Swimmer 8 - Rookie Patrol	12:30 pm Family Skate	7:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)			
10:15 am Swimmer 9- Star Patrol	1:00 pm Holiday Shinny 14-17 years old				
10:45 am Swimmer 2	1:00 pm Holiday Shinny 14-17 years old - GOALIES only				
10:45 am Preschool 5	1:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
10:45 am Swimmer 3	2:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
10:45 am Preschool 2					
10:45 am Preschool 1					
10:45 am Swimmer 1					
10:45 am Preschool 3					
10:45 am Preschool 4					
10:45 am Swimmer 4					
11:15 am Preschool 3					
11:15 am Preschool 5					

11:15 am Preschool 2	Shinny 5-7 years old 2:00 pm Holiday Shinny 5-7 years old - GOALIES only						
11:15 am Swimmer 2							
11:15 am Preschool 4	2:30 pm Public Swim						
11:30 am Sport Court Reservation - Alder Saputo Centre	3:00 pm Holiday Shinny 11-13 years old						
11:30 am Swimmer 5	3:00 pm Holiday Shinny 11-13 years old - GOALIES only						
11:30 am Swimmer 6	5:00 pm Lane Swim						
11:45 am Private Swimming Lessons	5:15 pm Leisure/ Splash & Slide						
11:45 am Private Swimming Lessons	5:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)						
11:45 am Preschool 3							
11:45 am Swimmer 2	6:15 pm Public Swim						
11:45 am Preschool 1	6:15 pm Cardio Tone						
11:45 am Swimmer 1	6:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)						
11:45 am Preschool 2							
11:45 am Private Swimming Lessons	7:00 pm Zumba®						
12:15 pm Private Swimming Lessons	7:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)						
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
1:00 pm Public Swim							
1:00 pm Sport Court Reservation - Alder Saputo Centre							
1:30 pm Sunday FAMILY Skate							
2:00 pm Private Swimming Lessons							
2:00 pm Private Swimming Lessons							
2:00 pm Private Swimming Lessons							
2:15 pm Swimmer 3 - Teen/Adult							
2:15 pm Swimmer 1- Teen/Adult							
2:15 pm Swimmer							

2-Teen/Adult 2:30 pm Private Swimming Lessons 2:30 pm Sport Court Reservation - Alder Saputo Centre 2:30 pm Private Swimming Lessons 2:30 pm Private Swimming Lessons 3:00 pm Birthday Party - Swim & Splash 4:00 pm Leisure & Splash 4:00 pm Sport Court Reservation - Alder Saputo Centre 5:00 pm Lane Swim 5:30 pm Sport Court Reservation - Alder Saputo Centre						
28 8:00 am Lane Swim (Pre-Register) 9:00 am Leisure Swim 9:00 am National Lifeguard 9:00 am Walking Track 9:00 am Bronze Medallion, Bronze Cross and Standard First Aid CPR C - Combine Courses 1:30 pm Sunday FAMILY Skate 5:00 pm Lane Swim	29 7:30 am Lane Swim (Pre-registered only) 8:00 am Holiday Camp (December 29) 8:00 am Holiday Camp (December 29 AM) 8:00 am Holiday Camp (December 29) 8:00 am Holiday Camp (December 29 AM) 8:30 am 55+ Shinny - GOALIES Only 8:30 am 55+ Shinny 8:30 am Babysitting Training 8:45 am AquaFitness 9:00 am National Lifeguard 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate 9:00 am Bronze Medallion, Bronze Cross and Standard First Aid CPR C - Combine Courses 9:00 am 65+ Shinny 9:15 am Chair Fitness 9:30 am Public Swim (Lap only) 10:00 am Basketball	30 7:30 am Lane Swim (Pre-registered only) 8:00 am Holiday Camp (December 30 AM) 8:00 am Holiday Camp (December 30 AM) 8:00 am Holiday Camp (December 30) 8:00 am Holiday Camp (December 30) 9:00 am Walking Track 9:00 am 70+ Shinny - GOALIES Only 9:00 am National Lifeguard 9:00 am Bronze Medallion, Bronze Cross and Standard First Aid CPR C - Combine Courses 9:00 am 70+ Shinny 9:30 am Public Swim (Lap only) 9:30 am Chair Yoga 10:00 am Basketball Drop-In (Ages 11-13) - Holiday Schedule 10:00 am Dance Fit 10:45 am Intermediate Line Dance	31 7:30 am Lane Swim (Pre-registered only) 8:45 am Therapeutic Swim (Lap) 9:00 am Bronze Medallion, Bronze Cross and Standard First Aid CPR C - Combine Courses 9:00 am National Lifeguard 9:00 am Walking Track 9:30 am Gentle Flow Yoga 10:00 am Holiday Free Public Skate - Drop In 10:30 am Sensory Friendly Swim (Lap) 11:00 am Holiday Free Public Skate - Drop In 12:00 pm Holiday Free Public Skate - Drop In 1:00 pm Holiday Free Public Skate - Drop In 2:00 pm Holiday Free Public Skate - Drop In 3:00 pm Holiday Free Public Skate - Drop In			

Drop-In (Ages 11-13) - Holiday Schedule	11:00 am Basketball Drop-In (Ages 14-17) - Holiday Schedule				
10:00 am Tiny Tots					
10:30 am Sensory Friendly Swim (Lap)	12:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
11:00 am Walking Track	12:30 pm Holiday Camp (December 30 PM)				
11:00 am Basketball Drop-In (Ages 14-17) - Holiday Schedule	12:30 pm Holiday Camp (December 30 PM)				
11:00 am Family Skate	12:30 pm Adult Skate				
11:30 am Gentle Flow Yoga	1:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
12:00 pm Holiday Shinny 8-10 years old	2:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
12:00 pm Adult Shinny	3:30 pm Hockey Skills - 14 yrs and older				
12:00 pm Holiday Shinny 8-10 years old - GOALIES only	4:30 pm Hockey Skills - 13 yrs old and under				
12:00 pm Adult Shinny - GOALIES Only	5:00 pm Holiday Public Skate				
12:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)	5:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
12:30 pm Holiday Camp (December 29 PM)	6:15 pm Body Blast				
12:30 pm Family Skate	6:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
12:30 pm Holiday Camp (December 29 PM)	7:00 pm Dance Fit				
1:00 pm Holiday Shinny 14-17 years old	7:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)				
1:00 pm Holiday Shinny 14-17 years old - GOALIES only					
1:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)					
2:00 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)					
2:00 pm Holiday Shinny 5-7 years old					
2:00 pm Holiday Shinny 5-7 years old - GOALIES only					
3:00 pm Holiday Shinny 11-13 years old					
3:00 pm Holiday					

Shinny 11-13 years old - GOALIES only					
5:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)					
6:15 pm Cardio Tone					
6:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)					
7:00 pm Zumba®					
7:30 pm Sport Court Reservation - Alder Saputo Centre (Holiday Schedule - 1 hour)					