

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 3:00 pm Birthday Party - Swim & Splash	3	4 4:15 pm Mini Movers (Ages 4-5)	5 7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6	7	8 6:00 pm Birthday Party - Skate & Celebrate
9 3:00 pm Birthday Party - Swim & Splash	10 9:00 am Indoor Nordic Walking 4:30 pm Preschool 4 4:30 pm Preschool 2 4:30 pm Private Swimming Lessons - Preschool 4:30 pm Preschool 1 4:30 pm Preschool 3 5:00 pm Private Swimming Lessons 5:00 pm Preschool 1 5:00 pm Preschool 2 5:00 pm Preschool 5 5:00 pm Parent & Tot 1 5:00 pm Private Swimming Lessons 5:00 pm Preschool 3 5:15 pm Swimmer	11 8:45 am Aqua Zumba 10:45 am Preschool 2 10:45 am Parent & Tot 1 10:45 am Preschool 1 11:15 am Preschool 4 11:15 am Parent & Tot 3 11:15 am Preschool 5 11:15 am Preschool 3 11:15 am Parent & Tot 2 4:30 pm Preschool 4 4:30 pm Preschool 3 4:30 pm Preschool 1 4:30 pm Preschool 2 4:30 pm Private Swimming Lessons	12 4:30 pm Private Swimming Lessons - Preschool 4:30 pm Preschool 4 4:30 pm Preschool 1 4:30 pm Preschool 2 4:30 pm Preschool 3 5:00 pm Swimmer 2 5:00 pm Preschool 5 5:00 pm Cardio Tone 5:00 pm Swimmer 1 5:00 pm Parent & Tot 1 5:00 pm Preschool 1 5:00 pm Preschool 3 5:00 pm Preschool 2 5:15 pm Swimmer 2 5:15 pm Swimmer 1	13 9:45 am Strollercise 10:45 am Preschool 1 10:45 am Preschool 2 10:45 am Parent & Tot 1 11:15 am Preschool 4 11:15 am Preschool 5 11:15 am Parent & Tot 3 11:15 am Preschool 3 11:15 am Parent & Tot 2 4:30 pm Preschool 4 4:30 pm Preschool 3 4:30 pm Preschool 1 4:30 pm Preschool 2 4:30 pm Private Swimming Lessons - Preschool	14 10:30 am Swimmer 3 - Teen/Adult 10:30 am Swimmer 2-Teen/Adult 10:30 am Swimmer 1- Teen/Adult 10:45 am Baby & Me Fit 1:00 pm Closed for maintenance 4:30 pm Preschool 2 4:30 pm Private Swimming Lessons - Preschool 4:30 pm Preschool 4 4:30 pm Preschool 3 4:30 pm Preschool 1 5:00 pm Preschool 1 5:00 pm Preschool 5 5:00 pm Preschool 3 5:00 pm Preschool	15 8:20 am Power Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT 9:00 am Swimmer 9-Star Patrol 9:00 am Swimmer 8-Ranger Patrol 9:00 am Private Swimming Lessons - Preschool 9:00 am Preschool 4 9:00 am Preschool 2 9:00 am Preschool 3 9:00 am Swimmer 7 - Rookie Patrol 9:00 am Bronze Star 9:15 am Private Swimming Lessons

1	- Preschool	5:15 pm Swimmer 3	5:00 pm Preschool 3	2	9:15 am Swimmer 3
5:15 pm Swimmer 3	5:00 pm Swimmer 2	5:30 pm Swimmer 6	5:00 pm Preschool 3	5:00 pm Parent & Tot 2	9:15 am Swimmer 1
5:15 pm Swimmer 2	5:00 pm Preschool 1	5:30 pm Parent & Tot 3	5:00 pm Preschool 5	5:00 pm Parent & Tot 1	9:30 am Private Swimming Lessons - Preschool
5:30 pm Preschool 1	5:00 pm Preschool 3	5:30 pm Preschool 1	5:00 pm Preschool 1	5:30 pm Preschool 4	9:30 am Preschool 2
5:30 pm Parent & Tot 3	5:00 pm Swimmer 1	5:30 pm Parent & Tot 2	5:00 pm Parent & Tot 2	5:30 pm Parent & Tot 3	9:30 am Preschool 5
5:30 pm Preschool 3	5:00 pm Preschool 5	5:30 pm Preschool 3	5:00 pm Parent & Tot 1	5:30 pm Preschool 2	9:30 am Preschool 1
5:30 pm Swimmer 5	5:00 pm Lifesaving Sport	5:45 pm Swimmer 1	5:15 pm Swimmer 4	5:30 pm Preschool 3	9:30 am Preschool 4
5:30 pm Parent & Tot 2	5:00 pm Preschool 2	5:45 pm Preschool 4	5:15 pm Swimmer 2	6:00 pm Preschool 2	9:45 am Swimmer 2
5:30 pm Swimmer 6	5:00 pm Parent & Tot 3	5:45 pm Swimmer 2	5:15 pm Swimmer 3	6:00 pm Preschool 3	9:45 am Private Swimming Lessons
5:45 pm Swimmer 2	5:15 pm Swimmer 3	6:00 pm Swimmer 5	5:15 pm Swimmer 5	6:00 pm Private Swimming Lessons - Preschool	10:00 am Preschool 2
5:45 pm Preschool 2	5:15 pm Swimmer 5	6:15 pm Preschool 3	5:15 pm Swimmer 1	6:00 pm Preschool 5	10:00 am Preschool 3
5:45 pm Preschool 4	5:30 pm Preschool 3	6:15 pm Swimmer 1	5:30 pm Preschool 4	6:00 pm Preschool 1	10:00 am Parent & Tot 1
5:45 pm Swimmer 1	5:30 pm Swimmer 2	6:15 pm Preschool 1	5:30 pm Preschool 1	6:30 pm Preschool 1	10:00 am Preschool 1
6:00 pm Swimmer 5	5:30 pm Preschool 1	6:15 pm Private Swimming Lessons	5:30 pm Preschool 3	6:30 pm Private Swimming Lessons - Preschool	10:00 am Swimmer 4
6:15 pm Preschool 2	5:30 pm Parent & Tot 2	6:15 pm Swimmer 4	5:45 pm Preschool 1	6:30 pm Preschool 2	10:00 am Preschool 3
6:15 pm Private Swimming Lessons	5:30 pm Swimmer 1	6:15 pm Preschool 5	5:45 pm Swimmer 1	6:30 pm Preschool 3	10:15 am Swimmer 1
6:15 pm Preschool 1	5:45 pm Preschool 4	6:30 pm Swimmer 4	5:45 pm Preschool 2	6:30 pm Preschool 4	10:15 am Private Swimming Lessons
6:15 pm Swimmer 1	5:45 pm Preschool 2	6:30 pm Swimmer 3	5:45 pm Swimmer 2	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	10:15 am Swimmer 5
6:15 pm Preschool 5	6:00 pm Swimmer 4	6:45 pm Preschool 1	6:00 pm Swimmer 3	7:15 pm Leisure/Splash & Slide	10:15 am Swimmer 6
6:15 pm Preschool 3	6:00 pm Swimmer 3	6:45 pm Preschool 2	6:00 pm Swimmer 4		10:30 am Preschool 4
6:15 pm Swimmer 2	6:00 pm Swimmer 2	6:45 pm Preschool 5	6:00 pm Swimmer 6		10:45 am Preschool 3
6:30 pm Swimmer 4	6:00 pm Swimmer 6	6:45 pm Preschool 3	6:15 pm Preschool 3		10:45 am Preschool 1
6:30 pm Swimmer 3	6:00 pm Swimmer 1	7:00 pm Swimmer 2	6:15 pm Preschool 5		10:45 am Preschool 2
6:45 pm Private Swimming Lessons	6:15 pm Preschool 3	7:00 pm Private Swimming Lessons	6:15 pm Parent & Tot 2		10:45 am Parent & Tot 3
6:45 pm Preschool 1	6:15 pm Preschool 4	7:00 pm Swimmer 1	6:15 pm Preschool 1		10:45 am Parent & Tot 2
6:45 pm Preschool 3	6:15 pm Preschool 1	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Swimmer 2		11:00 am Private Swimming Lessons
6:45 pm Preschool 4	6:15 pm Preschool 5	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Parent & Tot 3		
6:45 pm Preschool 2	6:15 pm Preschool 2	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Preschool 2		
7:00 pm Swimmer 1	6:45 pm Swimmer 1	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Swimmer		

9:00 am Swimmer 9- Star Patrol	11:45 am Lane Swim	(Lap) 10:45 am Leisure & Splash	10:30 am Sensory Friendly Swim (Lap)	Registered Only 7:30 am Lane Swim (Pre-registered only)	only)	to 5)
9:00 am Preschool 1	4:30 pm Leisure/ Splash & Slide	11:00 am Walking Track	11:00 am Walking Track	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:50 am Private Learn to Skate Youth (Ages 4+)
9:00 am Swimmer 3	5:30 pm Public Swim	5:30 pm Shared Lane Swim (Lanes 1-4)	5:15 pm Public Swim	8:45 am Aqua Zumba	8:30 am 55+ Shinny	9:00 am Walking Track
9:00 am Private Swimming Lessons - Preschool	6:30 pm Leisure & Splash	5:45 pm Leisure/ Splash & Slide	6:30 pm Leisure/ Splash & Slide	9:00 am 70+ Shinny - GOALIES Only	8:30 am 55+ Shinny - GOALIES Only	9:30 am Social Pickleball (Ages 18+)
9:00 am Preschool 2		6:45 pm Public Swim	6:30 pm Lane Swim	9:00 am 70+ Shinny	8:45 am Aquafit	9:30 am Parent & Child (Ages 2 to 5)
9:00 am Swimmer 7 - Rookie Patrol		8:00 pm Lane Swim		9:30 am Chair Yoga	9:00 am Walking Track	10:10 am Preschool (Ages 4 to 5)
9:00 am Preschool 3				9:30 am Public Swim (Lap & Leisure Pools)	9:00 am 65+ Shinny - GOALIES Only	10:50 am Private Learn to Skate Youth (Ages 6+)
9:00 am Swimmer 5				10:00 am Beginner Line Dance	9:00 am Adult Skate	
9:00 am Swimmer 8 - Rookie Patrol				10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Zumba® Gold	10:50 am Semi- Private Sibling Learn to Skate Youth (Ages 6+)
9:00 am Preschool 4				10:20 am Parent & Child (Ages 2 to 5)	9:30 am Public Swim (Lap & Leisure Pools)	
9:30 am Swimmer 2				11:00 am Walking Track	9:45 am Chair Fitness	11:00 am Social Pickleball (Ages 18+)
9:30 am Preschool 2				11:00 am Semi- Private Learn to Skate Toddler (Age 3)	10:00 am Tiny Tots	11:00 am Walking Track
9:30 am Preschool 1				11:15 am Lane Swim	10:00 am Sport Court Reservation - Alder Saputo Centre	11:30 am Youth (Ages 6 to 17)
9:30 am Preschool 5				11:30 am Sport Court Reservation - Alder Saputo Centre	10:30 am Sensory Friendly Swim	12:30 pm Sport Court Reservation - Alder Saputo Centre
9:30 am Preschool 3				11:40 am Private Learn to Skate Adult (Ages 18+)	11:00 am Walking Track	1:00 pm Walking Track
9:30 am Parent & Tot 1				12:15 pm Private Hockey/Ringette Technical Skating Skills (Adult Ages 18+) FULL EQUIPMENT	11:00 am Family Skate	2:00 pm Sport Court Reservation - Alder Saputo Centre
9:45 am Swimmer 4				12:15 pm Lane Swim	11:30 am Sport Court Reservation - Alder Saputo Centre	2:15 pm Public Swim
9:45 am Swimmer 6				12:30 pm Adult Skate	12:00 pm Lane Swim	3:00 pm Walking Track
10:00 am Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors				1:00 pm Home School Community Open Gym	12:00 pm Adult Shinny - GOALIES Only	3:30 pm Sport Court Reservation - Alder Saputo Centre
10:00 am Private Swimming Lessons				1:00 pm Walking Track	12:00 pm Adult Shinny	5:00 pm Walking Track
10:00 am Parent & Tot 3				1:15 pm Leisure & Splash	1:00 pm Lane Swim	5:00 pm Social Pickleball (Ages 18+)
10:00 am Swimmer 1				2:30 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Sport Court Reservation - Alder Saputo Centre	6:00 pm Walking Track
10:00 am Preschool 4				3:00 pm Walking Track	1:00 pm Walking Track	6:00 pm Walking Track
10:00 am Preschool 3				3:45 pm Shinny 14 - 17 yrs old	2:00 pm Leisure & Splash	6:00 pm Walking Track
10:00 am Preschool 1					2:30 pm Sport Court Reservation - Alder Saputo Centre	5:00 pm Social Pickleball (Ages 18+)
10:00 am Preschool 2					3:00 pm Walking Track	6:00 pm Walking Track
10:00 am Parent & Tot 2					4:00 pm Respect Your Rec - Free Public Skate	5:00 pm Social Pickleball (Ages 18+)
10:45 am Swimmer					4:00 pm Social Pickleball (Ages	6:00 pm Walking Track

5				3:45 pm Shinny 14 -17 year old GOALIE Registration Only	18+)	Pickleball (Ages 18+)
10:45 am Private Swimming Lessons					4:10 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	7:00 pm Walking Track
10:45 am Preschool 2				3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT		7:30 pm Public Skate (sledges available)
10:45 am Preschool 1					5:00 pm Walking Track	
10:45 am Swimmer 2				4:30 pm Mini Artists (Ages 4-5)	5:00 pm Power Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT	8:00 pm Sport Court Reservation - Alder Saputo Centre
10:45 am Preschool 3				4:30 pm Indoor Soccer Skills and Drills (Ages 4-5)		
10:45 am Swimmer 3				4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	5:00 pm Leisure/ Splash & Slide	
10:45 am Private Swimming Lessons - Preschool					5:30 pm Social Pickleball (Ages 18+)	
10:45 am Preschool 5				5:00 pm Walking Track	6:10 pm Parent & Child (Ages 2 to 5)	
11:15 am Swimmer 1				5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)	6:10 pm Preschool (Ages 4 to 5)	
11:15 am Preschool 1					6:15 pm Leisure/ Splash & Slide	
11:15 am Preschool 2				5:30 pm Little Artists (Ages 6-8)	6:50 pm Private Learn to Skate Youth (Ages 6+)	
11:15 am Preschool 4				5:30 pm Shared Lane Swim (Lanes 1-4)	6:50 pm Semi- Private Sibling Learn to Skate Youth (Ages 6+)	
11:15 am Preschool 3				5:45 pm Leisure & Splash	7:00 pm Lane Swim	
11:15 am Private Swimming Lessons				6:10 pm Indoor Soccer Skills and Drills (Ages 9-11)	7:00 pm Walking Track	
11:15 am Private Swimming Lessons				6:15 pm Zumba® Toning	7:05 pm Basketball Drop-In (Ages 18+)	
11:30 am Swimmer 4				6:45 pm Public Swim	7:30 pm Youth (Ages 6 to 17)	
11:30 am Swimmer 6				6:45 pm Junior Artists (Ages 9-11)	8:10 pm Sport Court Reservation - Alder Saputo Centre	
11:45 am Private Swimming Lessons - Preschool				7:00 pm Walking Track		
11:45 am Swimmer 2				7:00 pm Sport Court Reservation - Alder Saputo Centre		
11:45 am Preschool 5						
11:45 am Preschool 3				8:00 pm Lane Swim		
11:45 am Private Swimming Lessons - Preschool				8:30 pm Sport Court Reservation - Alder Saputo Centre		
11:45 am Preschool 1						
11:45 am Preschool 2						
12:30 pm Public Swim						
2:00 pm Swimmer 3 - Teen/Adult						
2:00 pm Private Swimming Lessons - Preschool						
2:00 pm Private Swimming Lessons - Preschool						

2:00 pm Swimmer 2-Teen/Adult 2:00 pm Private Swimming Lessons - Preschool 2:00 pm Swimmer 1- Teen/Adult 2:30 pm Private Swimming Lessons - Preschool 2:30 pm Private Swimming Lessons - Preschool 2:30 pm Private Swimming Lessons - Preschool 3:00 pm Birthday Party - Swim & Splash						
23 8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Walking Track 9:00 am Bronze Cross and Standard	24 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only	25 7:30 am Lane Swim (Pre- registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:45 am Aqua Zumba	26 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only	27 7:00 am Figure Skating Skills / Pre- Registered Only 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre	28 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am Babysitting Training 8:30 am 55+ Shinny	29 8:50 am Parent & Child (Ages 2 to 5) 8:50 am Private Learn to Skate Youth (Ages 4+) 9:00 am Swimmer 1 9:00 am

9:00 am Lane Swim	8:45 am AquaFitness	9:00 am 60+ Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	9:00 am Aqua Zumba	8:30 am 55+ Shinny - GOALIES Only	9:00 am Bronze Star
10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am 65+ Shinny - GOALIES Only	9:00 am 70+ Shinny	9:00 am 65+ Shinny	9:00 am 70+ Shinny - GOALIES Only	8:45 am Aquafit	9:00 am Preschool 1
10:15 am Public Swim	9:00 am Adult Skate	9:30 am Public Swim (Lap only)	9:00 am 65+ Shinny - GOALIES Only	9:30 am Public Swim (Lap only)	9:00 am Zumba® Gold	9:00 am Swimmer 4
11:00 am Walking Track	9:00 am 65+ Shinny	9:30 am Chair Yoga	9:00 am Adult Skate	9:30 am Chair Yoga	9:00 am 65+ Shinny - GOALIES Only	9:00 am Preschool 2
11:15 am Sensory Friendly Swim	9:00 am Indoor Nordic Walking	10:00 am Dance Fit	9:30 am Gentle Flow Yoga	10:00 am Beginner Line Dance	9:00 am Adult Skate	9:00 am Preschool 2
11:30 am Sport Court Reservation - Alder Saputo Centre	9:15 am Chair Fitness	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap pool only)	10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Walking Track	9:00 am Swimmer 2
12:15 pm Leisure/ Splash & Slide	9:30 am Public Swim (Lap only)	10:45 am Preschool 1	10:00 am Sport Court Reservation - Alder Saputo Centre	10:20 am Parent & Child (Ages 2 to 5)	9:00 am 65+ Shinny	9:00 am Preschool 3
1:00 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 2	10:00 am Tiny Tots	10:45 am Parent & Tot 2	9:30 am Public Swim (Lap & Leisure pools)	9:00 am Walking Track
1:00 pm Walking Track	10:00 am Tiny Tots	10:45 am Intermediate Line Dance	10:15 am Zumba® Toning	10:45 am Parent & Tot 3	9:45 am Chair Fitness	9:00 am Preschool 4
1:30 pm Sunday FAMILY Skate	10:30 am Sensory Friendly Swim (Lap)	10:45 am Parent & Tot 1	10:30 am Sensory Friendly Swim (Lap)	10:45 am Parent & Tot 3	10:00 am Tiny Tots	9:30 am Swimmer 1
2:30 pm Sport Court Reservation - Alder Saputo Centre	11:00 am Family Skate	11:15 am Preschool 4	11:00 am Family Skate	10:45 am Preschool 3	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Preschool 3
3:00 pm Walking Track	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 5	11:00 am Balls & Bands	10:45 am Preschool 2	10:30 am Swimmer 2- Teen/Adult	9:30 am Social Pickleball (Ages 18+)
3:00 pm Birthday Party - Swim & Splash	11:30 am Gentle Flow Yoga	11:15 am Parent & Tot 3	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Semi-Private Learn to Skate Toddler (Age 3)	10:30 am Swimmer 1- Teen/Adult	9:30 am Swimmer 2
3:00 pm Lane Swim	12:00 pm Adult Shinny	11:15 am Preschool 3	12:00 pm Lane Swim	11:00 am Walking Track	10:30 am Swimmer 3- Teen/Adult	9:30 am Preschool 1
4:00 pm Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny - GOALIES Only	11:15 am Parent & Tot 2	12:00 pm Adult Shinny - GOALIES Only	11:00 am Strollercise	10:45 am Baby & Me Fit	9:30 am Parent & Tot 2
4:00 pm Leisure/ Splash & Slide	12:00 pm Lane Swim	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny	11:15 am Parent & Tot 1	11:00 am Family Skate	9:30 am Parent & Tot 1
5:00 pm Walking Track	12:30 pm Family Skate	12:15 pm Lane Swim	12:30 pm Family Skate	11:15 am Preschool 5	11:00 am Walking Track	9:30 am Parent & Child (Ages 2 to 5)
5:00 pm Leisure & Splash	1:00 pm Sport Court Reservation - Alder Saputo Centre	12:30 pm Adult Skate	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Preschool 2
5:00 pm Lane Swim	2:30 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Inclusive Open Gym	1:00 pm Leisure & Splash	11:15 am Preschool 1	12:00 pm Lane Swim	9:45 am Swimmer 6
5:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Figure Skating Skills	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny	9:45 am Swimmer 5
7:00 pm Walking Track	3:30 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	11:40 am Private Learn to Skate Adult (Ages 18+)	12:00 pm Adult Shinny - GOALIES Only	10:00 am Swimmer 2
	FULL EQUIPMENT	3:30 pm Hockey Skills - 14 yrs and older	3:30 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	12:15 pm Private Hockey/Ringette Technical Skating Skills (Adult Ages 18+)	1:00 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Preschool 3
	3:45 pm Shinny 11 - 13 years GOALIE Registration Only	3:45 pm Shinny 8 - 10 years GOALIE Registration Only	FULL EQUIPMENT	12:15 pm Lane Swim	1:00 pm Lane Swim	10:00 am Preschool 1
	3:45 pm Shinny 11-13 yrs old	3:45 pm Shinny 8 - 10 yrs old	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	12:30 pm Adult Skate	1:00 pm Walking Track	10:00 am Preschool 2
	4:05 pm Basketball Drop-In (Ages 14-17)	4:30 pm Preschool 4	3:30 pm Shinny 5 - 7 yrs old	1:00 pm Home School Community Open Gym	2:00 pm Leisure & Splash	10:00 am Parent & Tot 3
	4:15 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	4:30 pm Hockey Skills - 13 yrs old and under	4:00 pm Hockey Skills - 14 yrs and older	1:00 pm Walking Track	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Swimmer 1
	FULL EQUIPMENT	4:30 pm Private Swimming Lessons - Preschool	4:05 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	1:15 pm Leisure & Splash	3:00 pm Walking Track	10:10 am Preschool (Ages 4 to 5)
			FULL EQUIPMENT	2:30 pm Sport Court Reservation - Alder Saputo Centre	4:00 pm Respect Your Rec - Free Public Skate	10:30 am Swimmer 8 - Rookie Patrol
			4:30 pm Preschool 3		4:00 pm Social Pickleball (Ages 18+)	10:30 am Swimmer 7 - Rookie Patrol
					4:10 pm Private	10:30 am Swimmer 6 - Rookie Patrol

	4:30 pm Preschool 3	4:30 pm Preschool 1	4:30 pm Preschool 4	Alder Saputo Centre	Hockey/Ringette Technical Skating Skills (Ages 6+)	10:30 am Swimmer 9- Star Patrol
	4:30 pm Preschool 4	4:30 pm Preschool 5	4:30 pm Private Swimming Lessons - Preschool	3:00 pm Walking Track	FULL EQUIPMENT	10:45 am Swimmer 2
	4:30 pm Preschool 2	4:30 pm Social Pickleball Drop-In (Ages 12-17)	4:30 pm Preschool 2	3:45 pm Shinny 14 - 17 yrs old	4:30 pm Preschool 2	10:45 am Swimmer 3
	4:30 pm Preschool 1	4:30 pm Preschool 2	4:30 pm Private Swimming Lessons - Preschool	3:45 pm Shinny 14 -17 year old GOALIE Registration Only	4:30 pm Preschool 5	10:45 am Preschool 5
	4:30 pm Mini Movers (Ages 4-5)	4:30 pm Preschool 3	4:30 pm Multi Sports Skills and Drills (Ages 4-5)	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	4:30 pm Preschool 3	10:45 am Preschool 2
	5:00 pm Swimmer 5	4:45 pm Mini Minds (Ages 4-5)	4:30 pm Public Skate (sledges available)	FULL EQUIPMENT	4:30 pm Preschool 4	10:45 am Preschool 4
	5:00 pm Swimmer 2	5:00 pm Preschool 4	4:30 pm Hockey Skills - 13 yrs old and under	4:30 pm Preschool 3	5:00 pm Power Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT	10:45 am Swimmer 4
	5:00 pm Preschool 1	5:00 pm Swimmer 1	5:00 pm Swimmer 6	4:30 pm Preschool 5	5:00 pm Preschool 2	10:45 am Preschool 1
	5:00 pm Preschool 3	5:00 pm Private Swimming Lessons	5:00 pm Swimmer 1	4:30 pm Preschool 2	5:00 pm Parent & Tot 1	10:45 am Swimmer 1
	5:00 pm Vinyasa	5:00 pm Swimmer 3	5:00 pm Swimmer 4	4:30 pm Preschool 4	5:00 pm Walking Track	10:50 am Private Learn to Skate Youth (Ages 6+)
	5:00 pm Swimmer 3	5:00 pm Preschool 2	5:00 pm Private Swimming Lessons	4:30 pm Private Swimming Lessons - Preschool	5:00 pm Private Swimming Lessons - Preschool	10:50 am Semi-Private Sibling Learn to Skate Youth (Ages 6+)
	5:00 pm Preschool 2	5:00 pm Hatha Beginner	5:00 pm Preschool 3	4:30 pm Mini Artists (Ages 4-5)	5:00 pm Preschool 3	11:00 am Social Pickleball (Ages 18+)
	5:00 pm Swimmer 4	5:00 pm Preschool 5	5:00 pm Preschool 5	4:30 pm Preschool 1	5:00 pm Parent & Tot 2	11:00 am Walking Track
	5:00 pm Swimmer 1	5:00 pm Preschool 3	5:00 pm Preschool 2	4:30 pm Indoor Soccer Skills and Drills (Ages 4-5)	5:30 pm Parent & Tot 3	11:15 am Preschool 1
	5:00 pm Preschool 5	5:00 pm Swimmer 4	5:00 pm Swimmer 2	4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	5:30 pm Preschool 1	11:15 am Swimmer 2
	5:10 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	5:00 pm Preschool 1	5:00 pm Cardio Tone	FULL EQUIPMENT	5:30 pm Preschool 3	11:15 am Preschool 2
	5:10 pm Private Learn to Skate Youth (Ages 4+)	5:30 pm Preschool 1	5:20 pm Multi Sports Skills and Drills (Ages 4-5)	5:00 pm Preschool 3	5:30 pm Youth Night (Ages 6 to 13)	11:15 am Preschool 3
	5:10 pm Basketball Drop-In (Ages 8-10)	5:30 pm Preschool 3	5:30 pm Parent & Tot 1	5:00 pm Preschool 4	5:30 pm Preschool 4	11:15 am Preschool 5
	5:30 pm Preschool 4	5:30 pm Private Swimming Lessons	5:30 pm Preschool 4	5:00 pm Walking Track	5:30 pm Social Pickleball (Ages 18+)	11:30 am Youth (Ages 6 to 17)
	5:30 pm Preschool 2	5:30 pm Swimmer 2	5:30 pm Parent & Tot 2	5:00 pm Swimmer 3	6:00 pm Preschool 3	11:30 am Private Swimming Lessons
	5:30 pm Junior Chefs (Ages 9-11)	5:30 pm Preschool 2	5:30 pm Swimmer 2	5:00 pm Private Swimming Lessons - Preschool	6:00 pm Preschool 5	11:30 am Swimmer 5
	5:30 pm Swimmer 1	5:30 pm Preschool 4	5:30 pm Preschool 2	5:00 pm Preschool 1	6:00 pm Preschool 2	11:30 am Swimmer 6
	5:30 pm Preschool 3	5:30 pm Parent & Tot 3	5:30 pm Preschool 3	5:00 pm Preschool 2	6:00 pm Private Swimming Lessons - Preschool	11:45 am Preschool 3
	5:30 pm Swimmer 2	5:30 pm Swimmer 1	5:30 pm Preschool 1	5:00 pm Swimmer 4	6:10 pm Parent & Child (Ages 2 to 5)	11:45 am Swimmer 1
	5:30 pm Parent & Tot 1	5:40 pm Mindfulness Drop-In (Ages 9-13)	5:45 pm Swimmer 3	5:15 pm Swimmer 2	6:10 pm Preschool (Ages 4 to 5)	11:45 am Preschool 1
	5:30 pm Preschool 1	5:45 pm Basketball Skills and Drills (Ages 6-8)	5:45 pm Swimmer 5	5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)	6:30 pm Private Swimming Lessons - Preschool	11:45 am Swimmer 2
	5:30 pm Music Club Drop-In (Ages 11 to 17)	5:45 pm Swimmer 6	6:00 pm Balls & Bands	5:30 pm Little Artists (Ages 6-8)	6:30 pm Preschool 2	11:45 am Preschool 2
	5:30 pm Parent & Tot 2	5:45 pm Swimmer 5	6:10 pm Multi Sports Skills and Drills (Ages 6-8)		6:30 pm Preschool 4	11:45 am Preschool 4

5:50 pm Parent & Child (Ages 2 to 5)	5:50 pm Parent & Tot 2	Drills (Ages 6-8)	5:30 pm Private Swimming Lessons - Preschool	7	Preschool 7
5:50 pm Preschool (Ages 4 to 5)	6:00 pm Swimmer 2	6:15 pm Preschool 1	5:30 pm Preschool 4	6:30 pm Preschool 1	12:00 pm Private Swimming Lessons
6:00 pm Parent & Tot 3	6:00 pm Swimmer 1	6:15 pm Preschool 3	5:30 pm Parent & Tot 3	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	12:15 pm Private Swimming Lessons
6:00 pm Swimmer 2	6:00 pm Private Swimming Lessons	6:15 pm Parent & Tot 3	5:30 pm Preschool 1	6:50 pm Private Learn to Skate Youth (Ages 6+)	12:15 pm Private Swimming Lessons
6:00 pm Swimmer 1	6:00 pm Parent & Tot 1	6:15 pm Preschool 2	5:30 pm Swimmer 1	7:00 pm Lane Swim	12:15 pm Private Swimming Lessons
6:15 pm Preschool 1	6:15 pm Preschool 1	6:15 pm Preschool 4	5:30 pm Preschool 3	7:00 pm Walking Track	12:15 pm Private Swimming Lessons
6:15 pm Preschool 3	6:15 pm Preschool 2	6:15 pm Swimmer 2	5:30 pm Preschool 2	7:05 pm Basketball Drop-In (Ages 18+)	12:15 pm Private Swimming Lessons
6:15 pm Cardio Tone	6:15 pm Preschool 4	6:30 pm Swimmer 6	5:45 pm Swimmer 5	7:15 pm Leisure/Splash & Slide	12:15 pm Private Swimming Lessons
6:15 pm Basketball Drop-In (Ages 11-13)	6:15 pm Body Blast	6:30 pm Swimmer 3	5:45 pm Swimmer 2	7:30 pm Youth (Ages 6 to 17)	12:15 pm Private Swimming Lessons
6:15 pm Preschool 4	6:15 pm Preschool 3	6:45 pm Swimmer 1	5:45 pm Swimmer 6	8:10 pm Sport Court Reservation - Alder Saputo Centre	12:15 pm Private Swimming Lessons
6:15 pm Preschool 2	6:30 pm Swimmer 4	6:45 pm Swimmer 2	6:10 pm Indoor Soccer Skills and Drills (Ages 9-11)		12:15 pm Private Swimming Lessons
6:30 pm Youth (Ages 6 to 17)	6:30 pm Swimmer 3	6:45 pm Preschool 3	6:15 pm Preschool 4		12:15 pm Private Swimming Lessons
6:30 pm Swimmer 5	6:35 pm Basketball Skills and Drills (Ages 9-11)	6:45 pm Preschool 5	6:15 pm Preschool 3		12:15 pm Private Swimming Lessons
6:30 pm Swimmer 3	6:45 pm Private Swimming Lessons	6:45 pm Preschool 1	6:15 pm Preschool 1		
	6:45 pm Private Swimming Lessons	6:45 pm Preschool 2			

6:30 pm Swimmer 4	6:45 pm Swimmer 1	7:00 pm Zumba®	6:15 pm Preschool 2	12:15 pm Private Swimming Lessons
6:45 pm Preschool 4	6:45 pm Preschool 1	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6:15 pm Private Swimming Lessons - Preschool	12:30 pm Sport Court Reservation - Alder Saputo Centre
6:45 pm Preschool 1	6:45 pm Preschool 5	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Zumba® Toning	1:00 pm Walking Track
6:45 pm Preschool 3	6:45 pm Swimmer 2	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Parent & Tot 2	1:30 pm Public Swim
6:45 pm Preschool 5	6:45 pm Preschool 4	7:15 pm Private Swimming Lessons - Preschool	6:15 pm Parent & Tot 1	2:00 pm Sport Court Reservation - Alder Saputo Centre
6:45 pm Preschool 2	6:45 pm Preschool 2	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 4	2:30 pm Leisure & Splash
6:45 pm Swimmer 1	6:45 pm Drama & Creative Arts Club (Ages 9-13)	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 2	2:45 pm Lane Swim
6:45 pm Swimmer 2	7:00 pm Dance Fit	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 3	3:00 pm Walking Track
7:00 pm Zumba®	7:15 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 1	3:30 pm Sport Court Reservation - Alder Saputo Centre
7:15 pm Preschool 2	7:15 pm Preschool 3	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 1	5:00 pm Walking Track
7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons	8:00 pm Basketball Drop-In (Ages 18+)	6:45 pm Preschool 5	5:00 pm Social Pickleball (Ages 18+)
7:15 pm Private Swimming Lessons - Preschool	7:15 pm Swimmer 2		6:45 pm Preschool 4	6:00 pm Birthday Party - Skate & Celebrate
7:15 pm Private Swimming Lessons - Preschool	7:15 pm Swimmer 6		6:45 pm Junior Artists (Ages 9-11)	6:30 pm Social Pickleball (Ages 18+)
7:20 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Swimmer 5		6:45 pm Preschool 2	7:00 pm Walking Track
7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	7:15 pm Private Swimming Lessons		6:45 pm Private Swimming Lessons	7:30 pm Public Skate (sledges available)
	7:15 pm Private Swimming Lessons		7:00 pm Swimmer 2	8:00 pm Sport Court Reservation - Alder Saputo Centre
	7:15 pm Swimmer 1		7:00 pm Swimmer 1	
	7:15 pm Preschool 5		7:00 pm Sport Court Reservation - Alder Saputo Centre	
	7:30 pm Basketball Drop-In (Ages 14-17)		7:00 pm Walking Track	
	7:45 pm Private Swimming Lessons		7:15 pm Swimmer 5	
	7:45 pm Private Swimming Lessons		7:15 pm Preschool 4	
	7:45 pm Private Swimming Lessons - Preschool		7:15 pm Step & Tone	
	7:45 pm Private Swimming Lessons		7:15 pm Preschool 3	
	7:45 pm Private Swimming Lessons		7:15 pm Preschool 1	
	7:45 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons	
	7:45 pm Private Swimming Lessons		7:15 pm Swimmer 6	
	7:45 pm Private Swimming Lessons - Preschool		7:30 pm Swimmer 1	
	8:15 pm AquaFitness		7:45 pm Private Swimming Lessons	
			7:45 pm Private Swimming Lessons	
			7:45 pm Private	

				Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 8:00 pm Swimmer 2-Teen/Adult 8:00 pm Swimmer 1- Teen/Adult 8:00 pm Swimmer 3 - Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre		
30 8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Lifesaving Sport 9:00 am Preschool 4 9:00 am Walking Track 9:00 am Preschool 1 9:00 am Swimmer 2 9:00 am Preschool 3 9:00 am Swimmer 1 9:00 am Preschool 2 9:00 am Swimmer 4 9:00 am Swimmer 3 9:00 am Preschool 5 9:30 am Preschool 2 9:30 am Swimmer 1 9:30 am Preschool 1 9:30 am Preschool 3 9:30 am Preschool 4 9:30 am Swimmer 2 9:30 am Parent & Tot 3 9:45 am Swimmer 6						

9:45 am Swimmer 5							
10:00 am Sport Court Reservation - Alder Saputo Centre							
10:00 am Preschool 2							
10:00 am Parent & Tot 2							
10:00 am Parent & Tot 1							
10:00 am Preschool 4							
10:00 am Preschool 3							
10:00 am Preschool 1							
10:00 am Swimmer 2							
10:15 am Swimmer 7 - Rookie Patrol							
10:15 am Swimmer 8 - Rookie Patrol							
10:15 am Swimmer 9- Star Patrol							
10:45 am Swimmer 2							
10:45 am Preschool 5							
10:45 am Swimmer 3							
10:45 am Preschool 2							
10:45 am Preschool 1							
10:45 am Swimmer 1							
10:45 am Preschool 3							
10:45 am Preschool 4							
10:45 am Swimmer 4							
11:00 am Walking Track							
11:15 am Preschool 4							
11:15 am Swimmer 2							
11:15 am Preschool 5							
11:15 am Preschool 3							
11:15 am Preschool 2							
11:30 am Sport Court Reservation - Alder Saputo Centre							
11:30 am Swimmer 5							
11:30 am Swimmer							

6							
11:45 am Private Swimming Lessons							
11:45 am Private Swimming Lessons							
11:45 am Preschool 3							
11:45 am Swimmer 2							
11:45 am Preschool 1							
11:45 am Swimmer 1							
11:45 am Preschool 2							
11:45 am Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
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12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
12:15 pm Private Swimming Lessons							
1:00 pm Public Swim							
1:00 pm Walking Track							
1:00 pm Sport Court Reservation - Alder Saputo Centre							
1:30 pm Sunday FAMILY Skate							
2:00 pm Private Swimming Lessons							
2:00 pm Private Swimming Lessons							
2:00 pm Private Swimming Lessons							
2:15 pm Swimmer 3 - Teen/Adult							
2:15 pm Swimmer 1- Teen/Adult							
2:15 pm Swimmer 2-Teen/Adult							
2:30 pm Private Swimming Lessons							
2:30 pm Sport Court Reservation - Alder Saputo Centre							
2:30 pm Private Swimming Lessons							
2:30 pm Private Swimming Lessons							

3:00 pm Birthday Party - Swim & Splash						
3:00 pm Walking Track						
4:00 pm Sport Court Reservation - Alder Saputo Centre						
4:00 pm Leisure & Splash						
5:00 pm Walking Track						
5:00 pm Lane Swim						
5:30 pm Sport Court Reservation - Alder Saputo Centre						
7:00 pm Walking Track						