## November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
3:00 pm Birthday Party - Swim & Splash		4:15 pm Mini Movers (Ages 4-5)	7:00 pm Multi Sports Skills and Drills (Ages 9-11)			6:00 pm Birthday Party - Skate & Celebrate
9	10	11	12	13	14	15
3:00 pm Birthday Party - Swim & Splash	9:00 am Indoor Nordic Walking 4:30 pm Preschool 4 4:30 pm Preschool 2 4:30 pm Private Swimming Lessons - Preschool 4:30 pm Preschool 1 4:30 pm Preschool 3 5:00 pm Private Swimming Lessons 5:00 pm Preschool 1 5:00 pm Preschool 2 5:00 pm Preschool 5	8:45 am Aqua Zumba  10:45 am Preschool 2  10:45 am Parent & Tot 1  10:45 am Preschool 1  11:15 am Preschool 4  11:15 am Preschool 5  11:15 am Preschool 3  11:15 am Preschool 4  4:30 pm Preschool 4  4:30 pm Preschool 1  4:30 pm Preschool 1  4:30 pm Preschool 2  4:30 pm Preschool 2  4:30 pm Preschool 1	4:30 pm Private Swimming Lessons - Preschool 4:30 pm Preschool 4 4:30 pm Preschool 1 4:30 pm Preschool 2 4:30 pm Preschool 3 5:00 pm Swimmer 2 5:00 pm Swimmer 2 5:00 pm Cardio Tone 5:00 pm Swimmer 1 5:00 pm Parent & Tot 1 5:00 pm Preschool 1 5:00 pm Preschool 2 5:15 pm Swimmer 2	9:45 am Strollercise 10:45 am Preschool 1 10:45 am Preschool 2 10:45 am Parent & Tot 1 11:15 am Preschool 4 11:15 am Preschool 5 11:15 am Parent & Tot 3 11:15 am Preschool 3 11:15 am Preschool 4 4:30 pm Preschool 4 4:30 pm Preschool 1 4:30 pm Preschool 2 4:30 pm Preschool 2 4:30 pm Preschool	10:30 am Swimmer 3 - Teen/Adult 10:30 am Swimmer 2-Teen/Adult 10:30 am Swimmer 1- Teen/Adult 10:45 am Baby & Me Fit 1:00 pm Closed for maintenance 4:30 pm Preschool 2 4:30 pm Private Swimming Lessons - Preschool 4:30 pm Preschool 4:30 pm Preschool 5:00 pm Preschool 1 5:00 pm Preschool 5:00 pm Preschool 5	8:20 am Power Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT 9:00 am Swimmer 9-Star Patrol 9:00 am Private Swimming Lessons - Preschool 9:00 am Preschool 4 9:00 am Preschool 2 9:00 am Preschool 3 9:00 am Preschool 3 9:00 am Preschool 3 9:00 am Preschool 3 9:00 am Swimmer 7 - Rookie Patrol 9:00 am Bronze Star 9:15 am Private Swimming

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		5:15 pm Swimmer 3	5:00 pm Preschool		9:15 am Swimmer 3
5:15 pm Swimmer 3	5:00 pm Swimmer 2	5:30 pm Swimmer 6	3	5:00 pm Parent & Tot 2	9:15 am
5:15 pm Swimmer	5:00 pm Preschool	5:30 pm Parent & Tot 3	5:00 pm Preschool 5	5:00 pm Parent & Tot 1	Swimmer 1
	_	5:30 pm Preschool	5:00 pm Preschool		9:30 am Private Swimming
5:30 pm Preschool	5:00 pm Preschool	1		5:30 pm Preschool	Lessons -
5:30 pm Parent &	5:00 pm Swimmer	5:30 pm Swimmer 5	5:00 pm Preschool	5:30 pm Preschool	Preschool
Tot 3	1	5:30 pm Parent &	5:00 pm Parent &	1	9:30 am Preschool 2
5:30 pm Preschool	5:00 pm Preschool	Tot 2 5:30 pm Preschool	Tot 2	5:30 pm Parent & Tot 3	9:30 am
5:30 pm Swimmer	5:00 pm Lifesaving Sport	3 5:45 pm Swimmer 1	5:00 pm Parent & Tot 1	5:30 pm Preschool	Preschool 5 9:30 am
5:30 pm Parent &	5:00 pm Preschool	5:45 pm Preschool	5:15 pm Swimmer	5:30 pm Preschool	Preschool 1
Tot 2	2	4	5:15 pm Swimmer	3	9:30 am Preschool 4
5:30 pm Swimmer	5:00 pm Parent & Tot 3	5:45 pm Swimmer 2	2	6:00 pm Preschool	9:45 am
5:45 pm Swimmer	5:15 pm Swimmer	5:45 pm Preschool	5:15 pm Swimmer	6:00 pm Preschool	Swimmer 2
2 3:43 pm Swimmer 2	3:13 pm Swimmer 3	6:00 pm Swimmer 5		3	9:45 am Private
5:45 pm Preschool	5:15 pm Swimmer	6:15 pm Preschool	5:15 pm Swimmer 5	6:00 pm Private	Swimming Lessons
2	5	3	5:15 pm Swimmer	Swimming Lessons	10:00 am
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5:45 pm Swimmer	5:30 pm Swimmer	6:15 pm Preschool	5:30 pm Preschool 4	5	10:00 am Preschool 3
6:00 pm Swimmer	5:30 pm Preschool	6:15 pm Private	5:30 pm Preschool	6:00 pm Preschool	10:00 am Parent & Tot 1
5	1	Swimming Lessons 6:15 pm Swimmer 4	5:30 pm Preschool	6:30 pm Preschool	10:00 am
6:15 pm Preschool	5:30 pm Parent & Tot 2	6:15 pm Preschool	3	6:30 pm Private	Preschool 1
6:15 pm Private	5:30 pm Swimmer	2	5:45 pm Preschool	Swimming Lessons - Preschool	10:00 am Swimmer 4
Swimming Lessons 6:15 pm Preschool	5:45 pm Preschool	6:15 pm Preschool 5	5:45 pm Swimmer	6:30 pm Preschool	10:00 am Preschool 3
1	4	6:30 pm Swimmer 4	5:45 pm Preschool	2	10:15 am
6:15 pm Swimmer	5:45 pm Preschool	6:30 pm Swimmer 3	2	6:30 pm Preschool	Swimmer 1
6:15 pm Preschool	6:00 pm Swimmer	6:45 pm Preschool	5:45 pm Swimmer 2	6:30 pm Preschool	10:15 am Private
5	4	6:45 pm Preschool	6:00 pm Swimmer		Swimming
6:15 pm Preschool	6:00 pm Swimmer	4	3	6:50 pm Semi- Private Sibling	Lessons
6:15 pm Swimmer	6:00 pm Swimmer	6:45 pm Preschool	6:00 pm Swimmer 4	Learn to Skate Youth (Ages 6+)	10:15 am Swimmer 5
2	2	6:45 pm Preschool	6:00 pm Swimmer	7:15 pm Leisure/	10:15 am Swimmer 6
6:30 pm Swimmer 4	6:00 pm Swimmer	5 6:45 pm Preschool	6 6:15 pm Preschool	Splash & Slide	10:30 am
6:30 pm Swimmer	6:00 pm Swimmer	3	6:13 pm Preschool		Preschool 4 10:45 am
	(15 m P 1 1	7:00 pm Swimmer 2	6:15 pm Preschool		Preschool 3
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6:45 pm Preschool	6:15 pm Preschool	7:15 pm Private Swimming Lessons	6:15 pm Preschool		Preschool 2
3 6:45 pm Preschool	6:15 pm Preschool	- Preschool	6:15 pm Swimmer 2		10:45 am Parent & Tot 3
4	5	7:15 pm Private Swimming Lessons	6:15 pm Parent &		10:45 am Parent & Tot 2
6:45 pm Preschool 2	6:15 pm Preschool 2	- Preschool 7:15 pm Private	Tot 3 6:15 pm Preschool		11:00 am
7:00 pm Swimmer	6:45 pm Swimmer	Swimming Lessons	2		Private Swimming
1	1	- Preschool	6:15 pm Swimmer		Lessons

	7:00 pm Swimmer 2 7:00 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons Preschool	6:45 pm Swimmer 1 6:45 pm Swimmer 2 6:45 pm Preschool 1 6:45 pm Preschool 3 6:45 pm Preschool 2 6:45 pm Preschool 4 7:00 pm Swimmer 4 7:00 pm Swimmer 5 7:00 pm Swimmer 3 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Swimmer 1 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Swimmer 2 7:15 pm Private Swimming Lessons - Preschool 7:45 pm Swimmer 4 8:00 pm AquaFitness	7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:45 pm Leisure Swim	1 6:45 pm Preschool 3 6:45 pm Preschool 5 6:45 pm Preschool 4 6:45 pm Swimmer 2 6:45 pm Preschool 2 6:45 pm Preschool 1 7:00 pm Swimmer 3 7:00 pm Swimmer 1 7:00 pm Swimmer 4 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:30 pm Swimmer 2 7:30 pm Swimmer 1 7:30 pm Swimmer 2 7:30 pm Swimmer 3 8:00 pm Swimmer 4 7:45 pm Swimmer 3 8:00 pm Swimmer 3 8:00 pm Swimmer 1 7:Teen/Adult 8:00 pm Swimmer 1-Teen/Adult		11:00 am Swimmer 2 11:00 am Swimmer 3 11:15 am Preschool 3 11:15 am Preschool 4 11:15 am Private Swimming Lessons - Preschool 11:15 am Swimmer 6 11:15 am Private Only on Private Swimming Lessons 11:30 am Private Swimming Lessons 11:30 am Private Swimming Lessons 11:30 am Private Swimming Lessons 11:45 am Preschool 2 11:45 am Preschool 1 11:45 am Preschool 1 11:45 am Preschool 1 11:45 am Private Swimming Lessons - 11:45 am Private Swimming Lessons - 1:00 pm Swimmer 2 12:00 pm Private Swimming Lessons 1:00 pm Private Swimming Lessons 1:00 pm Private Swimming Lessons 1:100 pm Private Swimming Lessons 1:100 pm Private Swimming Lessons 1:00 pm Private Swimming Lessons
16	17	18	19	20	21	22
9:00 am Swimmer 1	10:45 am Lane Swim	8:45 am Therapeutic Swim	8:45 am Therapeutic Swim (Lap)	7:00 am Figure Skating Skills / Pre-	7:30 am Lane Swim (Pre-registered	8:50 am Parent & Child (Ages 2

9:00 am Swimmer	11:45 am Lane	(Lap)	10:30 am Sensory	Registered Only	only)	to 5)
9- Star Patrol 9:00 am Preschool	Swim  4:30 pm Leisure/ Splash & Slide	10:45 am Leisure & Splash 11:00 am Walking	Friendly Swim (Lap) 11:00 am Walking	7:30 am Lane Swim (Pre-registered only)	8:30 am Sport Court Reservation - Alder Saputo Centre	8:50 am Private Learn to Skate Youth (Ages 4+)
9:00 am Swimmer	5:30 pm Public	Track	Track	8:30 am Sport Court Reservation -	8:30 am 55+ Shinny	9:00 am Walking Track
9:00 am Private	Swim 6:30 pm Leisure &	5:30 pm Shared Lane Swim (Lanes 1-4)	5:15 pm Public Swim	Alder Saputo Centre 8:45 am Aqua	8:30 am 55+ Shinny - GOALIES Only	9:30 am Social Pickleball (Ages
Swimming Lessons - Preschool	Splash	5:45 pm Leisure/	6:30 pm Leisure/ Splash & Slide	Zumba	8:45 am Aquafit 9:00 am Walking	18+)
9:00 am Preschool 2		Splash & Slide 6:45 pm Public	6:30 pm Lane Swim	9:00 am 70+ Shinny - GOALIES Only	Track  9:00 am 65+ Shinny	9:30 am Parent & Child (Ages 2 to 5)
9:00 am Swimmer 7 - Rookie Patrol		Swim 8:00 pm Lane		9:00 am 70+ Shinny 9:30 am Chair Yoga	9:00 am 65+ Shinny	10:10 am
9:00 am Preschool		Swim		9:30 am Public Swim (Lap &	- GOALIES Only 9:00 am Adult Skate	Preschool (Ages 4 to 5)
9:00 am Swimmer				Leisure Pools)	9:00 am Zumba® Gold	10:50 am Private Learn to Skate Youth
9:00 am Swimmer				10:00 am Beginner Line Dance	9:30 am Public	(Ages 6+)
8 - Rookie Patrol 9:00 am Preschool				10:00 am Sport Court Reservation -	Swim (Lap & Leisure Pools)	10:50 am Semi- Private Sibling Learn to Skate
9:30 am Swimmer				Alder Saputo Centre 10:20 am Parent &	9:45 am Chair Fitness	Youth (Ages 6+)
2				Child (Ages 2 to 5) 11:00 am Walking	10:00 am Tiny Tots 10:00 am Sport	11:00 am Social Pickleball (Ages 18+)
9:30 am Preschool 2				Track 11:00 am Semi-	Court Reservation - Alder Saputo Centre	11:00 am Walking Track
9:30 am Preschool				Private Learn to Skate Toddler (Age	10:30 am Sensory Friendly Swim	11:30 am Youth
9:30 am Preschool 5				3) 11:15 am Lane	11:00 am Walking Track	(Ages 6 to 17) 12:30 pm Sport
9:30 am Preschool				Swim 11:30 am Sport	11:00 am Family Skate	Court Reservation - Alder Saputo
9:30 am Parent & Tot 1				Court Reservation - Alder Saputo Centre	11:30 am Sport	Centre
9:45 am Swimmer				11:40 am Private Learn to Skate	Court Reservation - Alder Saputo Centre	1:00 pm Walking Track
9:45 am Swimmer				Adult (Ages 18+) 12:15 pm Private	12:00 pm Lane Swim	2:00 pm Sport Court
10:00 am Lifesaving Society				Hockey/Ringette Technical Skating Skills (Adult Ages	12:00 pm Adult Shinny - GOALIES Only	Reservation - Alder Saputo Centre
Swim/Lifesaving & Emergency First Aid Instructors				18+) FULL EQUIPMENT	12:00 pm Adult Shinny	2:15 pm Public Swim
10:00 am Private				12:15 pm Lane Swim	1:00 pm Lane Swim	3:00 pm Walking Track
Swimming Lessons 10:00 am Parent &				12:30 pm Adult Skate	1:00 pm Sport Court Reservation - Alder Saputo Centre	3:30 pm Sport Court
Tot 3 10:00 am Swimmer				1:00 pm Home School Community	1:00 pm Walking Track	Reservation - Alder Saputo Centre
10:00 am Preschool				Open Gym  1:00 pm Walking  Track	2:00 pm Leisure & Splash	3:30 pm Lane Swim
10:00 am Preschool				1:15 pm Leisure & Splash	2:30 pm Sport Court Reservation -	5:00 pm Walking Track
10:00 am Preschool				2:30 pm Sport Court Reservation -	Alder Saputo Centre 3:00 pm Walking Track	5:00 pm Social Pickleball (Ages 18+)
10:00 am Preschool				Alder Saputo Centre 3:00 pm Walking	4:00 pm Respect Your Rec - Free	6:00 pm Birthday Party -
10:00 am Parent & Tot 2				Track 3:45 pm Shinny 14	Public Skate	Skate & Celebrate
10:45 am Swimmer				- 17 yrs old	4:00 pm Social Pickleball (Ages	6:30 pm Social

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10.45 an Preschool   2	5			18+)	
No.15 am Preschool   2					
3.50 pm Priving   10.45 am Preschool   2	Swimming Lessons				
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FULL EQUENCIAN   FULL					
2				Track	
Artisat (Ages 4-5)   Author (Ages 4-6)   Aut			4:30 pm Mini		
3					
10.45 am Private   Solo pan Leisure'   Splash & Shide   Solo pan Leisure'   Splash   S			4:30 pm Indoor	(Ages 9-10) FULL	Centre
1045 um Private   4.35 pm Private   5.00 pm Validade   5.00 pm Valid	10:45 am Swimmer			EQUIPMENT	
10-45 am Private   10-day Ringeste   12-day Ri	3		, , ,		
Technical Skating   Skillat (Ages   First   Skillat (Ages   First   Ages   First   Skillat   Ages   First   Ages   F	10:45 am Private			_	
10.45 am Preschool   FILI FOLIPMENT   5.00 pm Walking   1.115 am Preschool   1   1.115 am Preschool   1   1.115 am Preschool   1   1.115 am Preschool   1   1.115 am Preschool   2   2   2.1115 am Preschool   4   1.115 am Preschool   5.30 pm Linke   5.30 pm Shared   Lame Swim (Lanes Swimmer (					
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11:15 am Preschool   11:15 a			_	6:10 pm Parent &	
11:15 am Preschool   1					
11:15 am Preschool   1				6:10 pm Preschool	
Drills (Ages 6-8)   5.30 pm Little   Splash & Silde   Splash & Spla				(Ages 4 to 5)	
11:15 am Preschool   2   2   2   3:30 pm Bilared   4   4   4   4   4   4   4   4   4					
11:15 am Preschool   4	11:15 am Preschool		5:30 pm Little	Splash & Slide	
11:15 am Preschool   1-45 am Preschool   2-30 pm Palared   Lane Swim (Lanes   1-4)   1-15 am Private   11:15 am Private   11:30 am Swimmer   4   6-15 pm Zumbaio   7-00 pm Walking   7-00 pm W	2		Artists (Ages 6-8)		
11:15 am Preschool   3   5:45 pm Leisure & Splash   1-4)   5:45 pm Leisure & Splash   11:15 am Private   5:45 pm Leisure & Splash   7:00 pm Indoor Soccer Skills and Drills (Ages 9-1)   6:15 pm Zumbas   7:00 pm Walking Track   7:00 pm Sport Court Reservation - Alder Saputo Centre   7:00 pm Sport Court Reservation - Alder Saputo Centre   7:00 pm Sport Court Reservation - Alder Saputo Centre   7:00 pm Sport Court Reservation - Alder Saputo Centre   7:00 pm Sport   7:	11:15 am Preschool				
11:15 am Preschool   3	4				
11:15 am Private   Splash   Splash   Score Skills and Drills (Ages 9-11)   Score Skills and Drills (Ages 9			ĺ		
11:15 am Private   Swimming Lessons   11:15 am Private   Swimming Lessons   11:30 am Swimmer   4   6:15 pm Zumba@ Toning   6:45 pm Public   Swim   6:45 pm Junior   Artists (Ages 9-11)   7:30 pm Walking   Track   7:30 pm Walk					
11:15 am Private   Soccers (Allis and Drills (Ages 9-11)   7:00 pm Walking Track   7:30 pm Saketball   Drop-In (Ages 18+)   7:30 pm Saketball   Drop-In (Ages 18+)   7:30 pm Walking Track   7:30 pm			1	, ,	
11:30 am Swimmer   11:45 am Private   11:45 am Preschool   11:45 am Preschool   12:30 pm Yeach   13:45 am Preschool   11:45 am Preschool   13:45 am Preschool   11:45 am Preschool   11				7:00 pm Lane Swim	
11:30 am Swimmer			Drills (Ages 9-11)		
11:30 am Swimmer   6   6:45 pm Public   Swim   6:45 pm Junior   Artists (Ages 9-11)   7:30 pm Youth (Ages 6 to 17)   8:10 pm Sport   Court Reservation - Alder Saputo Centre   Swimming Lessons   7 reschool   11:45 am Preschool   3   8:30 pm Sport   Court Reservation - Alder Saputo Centre   Swimming Lessons   11:45 am Preschool   12:30 pm Public   Swim   2:00 pm Swimmer   2   2   2   2   2   2   2   2   2					
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6:45 pm Junior Artists (Ages 9-11) 8:10 pm Sport Court Reservation - Alder Saputo Centre  11:45 am Preschool 11:45 am Preschool 5 11:45 am Preschool 3 11:45 am Preschool 3 11:45 am Preschool 11:45 am Preschool 11:45 am Preschool 2 11:45 am Private Swimming Lessons - Preschool 11:45 am Preschool 11:45 am Preschool 2 12:30 pm Public Swim 2:00 pm Swimmer 3 - Teen/Adult 2:00 pm Private Swimming Lessons - Preschool 2 10:20 pm Private Swimming Lessons - Preschool 2 2:00 pm Private Swimming Lessons - Preschool 2:00 pm Private Swimming Lessons - Preschool	11:30 am Swimmer				
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7:00 pm Sport Court Reservation - Alder Saputo Centre 8:00 pm Lane Swim 11:45 am Private Swimming Lessons - Preschool 11:45 am Preschool 2 12:30 pm Public Swim 2:00 pm Pwinte Swimming Lessons - Preschool 2 12:00 pm Private Swimming Lessons - Preschool 2:00 pm Private Swimming Lessons - Preschool 2:00 pm Private Swimming Lessons - Preschool				Alder Saputo Centre	
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Swim  2:00 pm Swimmer 3 - Teen/Adult  2:00 pm Private Swimming Lessons - Preschool  2:00 pm Private Swimming Lessons	12:30 pm Public				
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- Preschool 2:00 pm Private Swimming Lessons					
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	- Preschool				

2:00 pm Swimmer 2-Teen/Adult						
2:00 pm Private Swimming Lessons - Preschool						
2:00 pm Swimmer 1- Teen/Adult						
2:30 pm Private Swimming Lessons - Preschool						
2:30 pm Private Swimming Lessons - Preschool						
2:30 pm Private Swimming Lessons - Preschool						
3:00 pm Birthday Party - Swim & Splash						
23	24	25	26	27	28	29
8:00 am Lane Swim (Pre-Register)	7:30 am Lane Swim (Pre-registered	7:30 am Lane Swim (Pre-	7:30 am Lane Swim (Pre-registered	7:00 am Figure Skating Skills / Pre-	7:30 am Lane Swim (Pre-registered	8:50 am Parent & Child (Ages 2
8:30 am Sport	only)	registered only)	only)	Registered Only	only)	to 5)
Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation -	8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim (Pre-registered only)	8:30 am Sport Court Reservation -	8:50 am Private Learn to Skate Youth (Ages 4+)
9:00 am Walking Track	Alder Saputo Centre 8:30 am 55+ Shinny	Centre	8:30 am 55+ Shinny	8:30 am Sport	Alder Saputo Centre 8:30 am Babysitting	9:00 am
9:00 am Bronze	8:30 am 55+ Shinny	8:45 am Aqua	8:30 am 55+ Shinny	Court Reservation -	Training	Swimmer 1
Cross and Standard	- GOALIES Only	Zumba	- GOALIES Only	Alder Saputo Centre	8:30 am 55+ Shinny	9:00 am

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9:00 am Lane Swim	8:45 am AquaFitness	Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	Zumba	8:30 am 55+ Shinny - GOALIES Only	9:00 am Bronze
10:00 am Sport	9:00 am 65+ Shinny	9:00 am 70+	9:00 am 65+ Shinny	9:00 am 70+ Shinny	8:45 am Aquafit	Star
Court Reservation - Alder Saputo Centre	- GOALIES Only 9:00 am Adult Skate	Shinny	9:00 am 65+ Shinny - GOALIES Only	9:00 am 70+ Shinny - GOALIES Only	9:00 am Zumba® Gold	9:00 am Preschool 1
10:15 am Public Swim	9:00 am 65+ Shinny	9:30 am Public Swim (Lap only)	9:00 am Adult Skate	9:30 am Public Swim (Lap only)	9:00 am 65+ Shinny - GOALIES Only	9:00 am Swimmer 4
11:00 am Walking Track	9:00 am Indoor Nordic Walking	9:30 am Chair Yoga 10:00 am Dance Fit	9:30 am Gentle Flow Yoga	9:30 am Chair Yoga	9:00 am Adult Skate	9:00 am Preschool 2
	9:15 am Chair		9:30 am Public	10:00 am Beginner	9:00 am Walking	
11:15 am Sensory Friendly Swim	Fitness	10:00 am Sport Court Reservation -	Swim (Lap pool only)	Line Dance 10:00 am Sport	Track	9:00 am Swimmer 2
11:30 am Sport	9:30 am Public Swim (Lap only)	Alder Saputo Centre	10:00 am Sport	Court Reservation -	9:00 am 65+ Shinny	9:00 am
Court Reservation - Alder Saputo Centre	10:00 am Sport	10:45 am Preschool	Court Reservation -	Alder Saputo Centre	9:30 am Public Swim (Lap &	Preschool 3
12:15 pm Leisure/	Court Reservation -	1	Alder Saputo Centre 10:00 am Tiny Tots	10:20 am Parent & Child (Ages 2 to 5)	Leisure pools)	9:00 am Walking Track
Splash & Slide 1:00 pm Sport	Alder Saputo Centre 10:00 am Tiny Tots	10:45 am Preschool 2	10:00 am Tiny Tots 10:15 am Zumba®	10:45 am Parent & Tot 2	9:45 am Chair Fitness	9:00 am Preschool 4
Court Reservation -	10:30 am Sensory	10:45 am	Toning		10:00 am Tiny Tots	
Alder Saputo Centre	Friendly Swim	Intermediate Line Dance	10:30 am Sensory	10:45 am Parent & Tot 3	10:00 am Sport	9:30 am Swimmer 1
1:00 pm Walking Track	(Lap)	10:45 am Parent &	Friendly Swim (Lap)	10:45 am Preschool	Court Reservation -	9:30 am
	11:00 am Family Skate	Tot 1	11:00 am Family	3	Alder Saputo Centre	Preschool 3
1:30 pm Sunday FAMILY Skate	11:30 am Sport	11:15 am Preschool	Skate	10:45 am Preschool	10:30 am Swimmer 2- Teen/Adult	9:30 am Social Pickleball (Ages
2:30 pm Sport	Court Reservation - Alder Saputo Centre	4	11:00 am Balls & Bands	11:00 am Semi-	10:30 am Swimmer	18+)
Court Reservation - Alder Saputo Centre	11:30 am Gentle	11:15 am Preschool	11:30 am Sport	Private Learn to	1- Teen/Adult	9:30 am
3:00 pm Walking	Flow Yoga	11:15 am Parent &	Court Reservation -	Skate Toddler (Age 3)	10:30 am Swimmer 3- Teen/Adult	Swimmer 2
Track	12:00 pm Adult	Tot 3	Alder Saputo Centre	11:00 am Walking	10:45 am Baby &	9:30 am Preschool 1
3:00 pm Birthday	Shinny	11:15 am Preschool	12:00 pm Lane Swim	Track	Me Fit	9:30 am Parent
Party - Swim & Splash	12:00 pm Adult Shinny - GOALIES		12:00 pm Adult	11:00 am	11:00 am Family	& Tot 2
3:00 pm Lane Swim	Only	11:15 am Parent & Tot 2	Shinny - GOALIES	Strollercise	Skate	9:30 am Parent
4:00 pm Sport	12:00 pm Lane	11:30 am Sport	Only	11:15 am Parent & Tot 1	11:00 am Walking Track	& Tot 1
Court Reservation - Alder Saputo Centre	Swim	Court Reservation - Alder Saputo	12:00 pm Adult Shinny	11:15 am Preschool	11:30 am Sport	9:30 am Parent & Child (Ages 2
4:00 pm Leisure/	12:30 pm Family Skate	Centre	12:30 pm Family	5	Court Reservation -	to 5)
Splash & Slide	1:00 pm Sport	12:15 pm Lane	Skate	11:15 am Preschool	Alder Saputo Centre	9:30 am Preschool 2
5:00 pm Walking	Court Reservation - Alder Saputo Centre	Swim	1:00 pm Sport Court Reservation -	11:15 am Preschool	12:00 pm Lane Swim	9:45 am
Track		12:30 pm Adult Skate	Alder Saputo Centre	11:13 am Preschool	12:00 pm Adult	Swimmer 6
5:00 pm Leisure & Splash	2:30 pm Sport Court Reservation -	1:00 pm Inclusive	1:00 pm Leisure &	11:30 am Sport	Shinny	9:45 am
5:00 pm Lane Swim	Alder Saputo Centre	Open Gym	Splash	Court Reservation - Alder Saputo Centre	12:00 pm Adult	Swimmer 5
5:30 pm Sport	3:00 pm Figure Skating Skills	2:30 pm Sport	2:30 pm Sport Court Reservation -	11:40 am Private	Shinny - GOALIES Only	10:00 am Swimmer 2
Court Reservation -	3:30 pm Private	Court Reservation - Alder Saputo	Alder Saputo Centre	Learn to Skate	1:00 pm Sport	10:00 am
Alder Saputo Centre	Hockey/Ringette	Centre	3:20 pm Private	Adult (Ages 18+)	Court Reservation - Alder Saputo Centre	Preschool 3
7:00 pm Walking Track	Technical Skating Skills (Ages 6+)	3:00 pm Figure	Hockey/Ringette Technical Skating	12:15 pm Private Hockey/Ringette	1:00 pm Lane Swim	10:00 am
	FULL EQUIPMENT	Skating Skills	Skills (Ages 6+)	Technical Skating	1:00 pm Lane Swim	Preschool 1
	3:45 pm Shinny 11 -	3:30 pm Hockey Skills - 14 yrs and	FULL EQUIPMENT	Skills (Adult Ages 18+) FULL	Track	10:00 am Preschool 2
	13 years GOALIE Registration Only	older	3:30 pm Shinny 5 - 7 years GOALIE	EQUIPMENT	2:00 pm Leisure &	10:00 am Parent
	3:45 pm Shinny 11-	3:45 pm Shinny 8 - 10 years GOALIE	Registration Only	12:15 pm Lane Swim	Splash	& Tot 3
	13 yrs old	Registration Only	3:30 pm Shinny 5 - 7 yrs old	12:30 pm Adult	2:30 pm Sport Court Reservation -	10:00 am
	4:05 pm Basketball Drop-In (Ages 14-	3:45 pm Shinny 8 -	4:00 pm Hockey	Skate Skate	Alder Saputo Centre	Swimmer 1
	17)	10 yrs old	Skills - 14 yrs and	1:00 pm Home	3:00 pm Walking	10:10 am Preschool (Ages
	4:15 pm Private	4:30 pm Preschool	older	School Community Open Gym	Track	4 to 5)
	Hockey/Ringette Technical Skating	4:30 pm Hockey	4:05 pm Private Hockey/Ringette	1:00 pm Walking	4:00 pm Respect Your Rec - Free	10:30 am Swimmer 8 -
	Skills (Ages 6+)	Skills - 13 yrs old	Technical Skating	Track	Public Skate	Rookie Patrol
	FULL EQUIPMENT	and under	Skills (Ages 6+) FULL EQUIPMENT	1:15 pm Leisure &	4:00 pm Social Pickleball (Ages	10:30 am
	4:30 pm Private Swimming Lessons	4:30 pm Private Swimming Lessons	4:30 pm Preschool	Splash	18+)	Swimmer 7 - Rookie Patrol
	- Preschool	- Preschool	3	2:30 pm Sport	4:10 pm Private	10.20

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4:30 pm Preschool	4:30 pm Preschool	4:30 pm Preschool	Alder Saputo Centre	Hockey/Ringette	Swimmer 9-
3	1	4	3:00 pm Walking	Technical Skating Skills (Ages 6+)	Star Patrol
4:30 pm Preschool	4:30 pm Preschool	4:30 pm Private Swimming Lessons	Track	FULL EQUIPMENT	10:45 am
	4:30 pm Social	- Preschool	3:45 pm Shinny 14	4:30 pm Preschool	Swimmer 2
4:30 pm Preschool 2	Pickleball Drop-In	4:30 pm Preschool	- 17 yrs old	2	10:45 am Swimmer 3
4:30 pm Preschool	(Ages 12-17)	2	3:45 pm Shinny 14 -17 year old	4:30 pm Preschool	10:45 am
1	4:30 pm Preschool	4:30 pm Private	GOALIE	4:30 pm Preschool	Preschool 5
4:30 pm Mini	2	Swimming Lessons - Preschool	Registration Only	3	10:45 am
Movers (Ages 4-5)	4:30 pm Preschool	4:30 pm Multi	3:50 pm Private Hockey/Ringette	4:30 pm Preschool	Preschool 2
5:00 pm Swimmer 5	4:45 pm Mini	Sports Skills and	Technical Skating	4	10:45 am
	Minds (Ages 4-5)	Drills (Ages 4-5)	Skills (Ages 6+) FULL EQUIPMENT	5:00 pm Power	Preschool 4
5:00 pm Swimmer 2	5:00 pm Preschool	4:30 pm Public Skate (sledges	4:30 pm Preschool	Skating for Hockey/Ringette	10:45 am Swimmer 4
5:00 pm Preschool	4	available)	3	(Ages 9-10) FULL	10:45 am
1	5:00 pm Swimmer	4:30 pm Hockey	4:30 pm Preschool	EQUIPMENT	Preschool 1
5:00 pm Preschool	1	Skills - 13 yrs old	5	5:00 pm Preschool 2	10:45 am
3	5:00 pm Private Swimming Lessons	and under	4:30 pm Preschool		Swimmer 1
5:00 pm Vinyasa		5:00 pm Swimmer 6	2	5:00 pm Parent & Tot 1	10:50 am
5:00 pm Swimmer	5:00 pm Swimmer 3	5:00 pm Swimmer 1	4:30 pm Preschool	5:00 pm Walking	Private Learn to Skate Youth
3	5:00 pm Preschool	5:00 pm Swimmer 4	•	Track	(Ages 6+)
5:00 pm Preschool	2	5:00 pm Private	4:30 pm Private Swimming Lessons	5:00 pm Private	10:50 am Semi-
5:00 pm Swimmer	5:00 pm Hatha	Swimming Lessons	- Preschool	Swimming Lessons - Preschool	Private Sibling Learn to Skate
4	Beginner	5:00 pm Preschool	4:30 pm Mini	5:00 pm Preschool	Youth (Ages 6+)
5:00 pm Swimmer	5:00 pm Preschool	5:00 pm Preschool	Artists (Ages 4-5)	3.00 pm r reschool	11:00 am Social
1	5:00 pm Preschool	5	4:30 pm Preschool	5:00 pm Parent &	Pickleball (Ages 18+)
5:00 pm Preschool	3	5:00 pm Preschool	4:30 pm Indoor	Tot 2	· ·
5	5:00 pm Swimmer	2	Soccer Skills and	5:30 pm Parent &	11:00 am Walking Track
5:10 pm Semi- Private Sibling	4	5:00 pm Swimmer 2	Drills (Ages 4-5)	Tot 3	11:15 am
Learn to Skate	5:00 pm Preschool	5:00 pm Cardio	4:35 pm Private	5:30 pm Preschool	Preschool 1
Youth (Ages 6+)	1	Tone	Hockey/Ringette Technical Skating	5:30 pm Preschool	11:15 am
5:10 pm Private Learn to Skate	5:00 pm Swimmer 2	5:00 pm Swimmer 3	Skills (Ages 6+)	3.30 pm r reschool	Swimmer 2
Youth (Ages 4+)	5:30 pm Preschool	5:00 pm Preschool	FULL EQUIPMENT	5:30 pm Youth	11:15 am Preschool 2
5:10 pm Basketball	1		5:00 pm Preschool	Night (Ages 6 to	11:15 am
Drop-In (Ages 8- 10)	5:30 pm Preschool	5:20 pm Multi Sports Skills and	5:00 pm Preschool	13)	Preschool 3
5:30 pm Preschool	3	Drills (Ages 4-5)	4	5:30 pm Preschool 4	11:15 am
4	5:30 pm Private	5:30 pm Parent &	5:00 pm Walking	5:30 pm Social	Preschool 5
5:30 pm Preschool	Swimming Lessons	Tot 1	Track	Pickleball (Ages	11:30 am Youth
2	5:30 pm Swimmer 2	5:30 pm Preschool	5:00 pm Swimmer	18+)	(Ages 6 to 17)
5:30 pm Junior	5:30 pm Preschool	5:30 pm Parent &		6:00 pm Preschool	11:30 am Private
Chefs (Ages 9-11)	2	Tot 2	5:00 pm Private Swimming Lessons	6:00 pm Preschool	Swimming
5:30 pm Swimmer	5:30 pm Preschool	5:30 pm Swimmer 2	- Preschool	5	Lessons
5:30 pm Preschool	4	5:30 pm Swimmer 2	5:00 pm Preschool	6:00 pm Preschool	11:30 am Swimmer 5
3.50 pm r resencer	5:30 pm Parent & Tot 3	5:30 pm Preschool	1	2	11:30 am
5:30 pm Swimmer		2	5:00 pm Preschool 5	6:00 pm Private	Swimmer 6
2	5:30 pm Swimmer	5:30 pm Preschool	5:00 pm Preschool	Swimming Lessons - Preschool	11:45 am
5:30 pm Parent &	5:40 pm	3	2	6:10 pm Parent &	Preschool 3
Tot 1	Mindfulness Drop-	5:30 pm Preschool	5:00 pm Swimmer	Child (Ages 2 to 5)	11:45 am
5:30 pm Preschool	In (Ages 9-13)	5:45 pm Swimmer 3	4	6:10 pm Preschool	Swimmer 1
5:30 pm Music Club	5:45 pm Basketball Skills and Drills	5:45 pm Swimmer 5	5:15 pm Swimmer 2	(Ages 4 to 5)	11:45 am Preschool 1
Drop-In (Ages 11 to	(Ages 6-8)	5:45 pm Swimmer 4		6:30 pm Private Swimming Lessons	11:45 am
17)	5:45 pm Swimmer	_	5:20 pm Indoor Soccer Skills and	- Preschool	Swimmer 2
5:30 pm Parent & Tot 2	6	6:00 pm Balls & Bands	Drills (Ages 6-8)	6:30 pm Preschool	11:45 am
5:45 pm Swimmer	5:45 pm Swimmer 5	6:10 pm Multi	5:30 pm Little	2	Preschool 2
3:43 pm Swimmer 3	6:00 nm Parent &	Sports Skills and	Artists (Ages 6-8)	6:30 pm Preschool	11:45 am
	Estem A		****		

:50 pm Parent &	Tot 2	Drills (Ages 6-8)	5:30 pm Private Swimming Lessons	(-20 mm Dunnah1	12.00
Child (Ages 2 to 5)	6:00 pm Swimmer	6:15 pm Preschool	- Preschool	6:30 pm Preschool	12:00 pm Private
5:50 pm Preschool	6:00 pm Swimmer 2	I	520 P 1 1	1	Swimming
(Ages 4 to 5)	6:00 pm Swimmer	6:15 pm Preschool	5:30 pm Preschool 4	6:50 pm Semi- Private Sibling	Lessons
6:00 pm Parent &	1		5:30 pm Parent &	Learn to Skate	12:15 pm
Tot 3	6:00 pm Private	6:15 pm Parent &	Tot 3	Youth (Ages 6+)	Private
6:00 pm Swimmer	Swimming Lessons	Tot 3		6:50 pm Private	Swimming
2	Swittining Lessons	6:15 pm Preschool	5:30 pm Preschool	Learn to Skate	Lessons
	6:00 pm Parent &	2	1	Youth (Ages 6+)	12:15 pm
6:00 pm Swimmer	Tot 1	(.15 Ci	5:30 pm Swimmer		Private
1	6:15 pm Preschool	6:15 pm Swimmer 1	1 1	7:00 pm Lane Swim	Swimming
6:15 pm Preschool	1	6:15 pm Preschool	5:30 pm Preschool	7:00 pm Walking	Lessons
1		4	3:30 pm Preschool	Track	12.15
6.15 D 1 1	6:15 pm Preschool	6:15 pm Swimmer 2			12:15 pm Private
6:15 pm Preschool	2	•	5:30 pm Preschool	7:05 pm Basketball	Swimming
3	6:15 pm Preschool	6:30 pm Swimmer 6	2	Drop-In (Ages 18+)	Lessons
6:15 pm Cardio	4	6:30 pm Swimmer 3	5:45 pm Swimmer	7:15 pm Leisure/	
Tone	6.15 mm Dody D14	1	5	Splash & Slide	12:15 pm
6:15 pm Basketball	6:15 pm Body Blast	6:30 pm Swimmer 4		7:30 pm Youth	Private
Drop-In (Ages 11-	6:15 pm Preschool	6:45 pm Swimmer 1	5:45 pm Swimmer	(Ages 6 to 17)	Swimming
13)	3	<u> </u>	2	` ` ` '	Lessons
,	6:30 pm Swimmer	6:45 pm Private	5:45 pm Swimmer	8:10 pm Sport	12:15 pm
6:15 pm Preschool	4	Swimming Lessons	6	Court Reservation -	Private
4	•	6:45 pm Swimmer 2	6:10 pm Indoor	Alder Saputo Centre	Swimming
6:15 pm Preschool	6:30 pm Swimmer	•	Soccer Skills and		Lessons
2	3	6:45 pm Preschool	Drills (Ages 9-11)		12:15 pm
(-20 V1-	6:35 pm Basketball	3			Private
6:30 pm Youth	Skills and Drills	6:45 pm Preschool	6:15 pm Preschool		Swimming
(Ages 6 to 17)	(Ages 9-11)	5	4		Lessons
6:30 pm Swimmer	6.45 mm D	6:45 pm Preschool	6:15 pm Preschool		12.15
5	6:45 pm Private Swimming Lessons	1 0:43 pm Preschool	3		12:15 pm Private
6:30 pm Swimmer	Swimming Lessons	_	(15 P 1 1		Swimming
3	6:45 pm Private	6:45 pm Preschool	6:15 pm Preschool		Lessons
_	Swimming Lessons	2	<sup>1</sup>		Lessons

6:30 pm Swimmer	6:45 pm Swimmer	7:00 pm Zumba®	6:15 pm Preschool	12:15 pm Private
6:45 pm Preschool	6:45 pm Preschool	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6:15 pm Private Swimming Lessons	Swimming Lessons 12:30 pm Sport
6:45 pm Preschool 1 6:45 pm Preschool	6:45 pm Preschool 5	7:15 pm Private Swimming Lessons - Preschool	- Preschool 6:15 pm Zumba® Toning	Court Reservation - Alder Saputo
3 6:45 pm Preschool	6:45 pm Swimmer	7:15 pm Private Swimming Lessons	6:15 pm Parent & Tot 2	Centre 1:00 pm
5 6:45 pm Preschool	6:45 pm Preschool 4 6:45 pm Preschool	- Preschool 7:15 pm Private	6:15 pm Parent & Tot 1	Walking Track 1:30 pm Public
6:45 pm Swimmer	6:45 pm Drama &	Swimming Lessons - Preschool	6:30 pm Swimmer 4	Swim 2:00 pm Sport
6:45 pm Swimmer	Creative Arts Club (Ages 9-13)	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 2	Court Reservation - Alder Saputo
7:00 pm Zumba®	7:00 pm Dance Fit 7:15 pm Private	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 3 6:30 pm Swimmer	Centre 2:30 pm Leisure & Splash
7:15 pm Preschool 2 7:15 pm Private	Swimming Lessons 7:15 pm Preschool 3	7:15 pm Private Swimming Lessons	1 6:45 pm Preschool	2:45 pm Lane Swim
Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons	- Preschool 7:15 pm Private	1 6:45 pm Preschool	3:00 pm Walking Track
7:15 pm Private Swimming Lessons - Preschool	7:15 pm Swimmer 2	Swimming Lessons - Preschool	6:45 pm Preschool	3:30 pm Sport Court Reservation -
7:15 pm Private Swimming Lessons	7:15 pm Swimmer 6	8:00 pm Basketball Drop-In (Ages 18+)	6:45 pm Junior Artists (Ages 9-11)	Alder Saputo Centre
- Preschool 7:20 pm Sport Court Reservation -	7:15 pm Swimmer 5		6:45 pm Preschool 2	5:00 pm Walking Track
Alder Saputo Centre 7:25 pm Power	7:15 pm Private Swimming Lessons 7:15 pm Private		6:45 pm Private Swimming Lessons	5:00 pm Social Pickleball (Ages 18+)
Skating for Hockey/Ringette (Ages 11+) FULL	Swimming Lessons 7:15 pm Swimmer		7:00 pm Swimmer 2	6:00 pm Birthday Party -
EQUIPMENT	7:15 pm Preschool		7:00 pm Swimmer 1 7:00 pm Sport	Skate & Celebrate 6:30 pm Social
	7:30 pm Basketball Drop-In (Ages 14-		Court Reservation - Alder Saputo Centre	Pickleball (Ages 18+)
	17) 7:45 pm Private		7:00 pm Walking Track	7:00 pm Walking Track
	Swimming Lessons 7:45 pm Private		7:15 pm Swimmer 5 7:15 pm Preschool	7:30 pm Public Skate (sledges available)
	7:45 pm Private Swimming Lessons		7.15 pm Step &	8:00 pm Sport Court Reservation -
	- Preschool 7:45 pm Private		Tone 7:15 pm Preschool	Alder Saputo Centre
	Swimming Lessons 7:45 pm Private		7:15 pm Preschool	
	7:45 pm Private Swimming Lessons		7:15 pm Private Swimming Lessons	
	7:45 pm Private Swimming Lessons		7:15 pm Swimmer 6	
	7:45 pm Private Swimming Lessons - Preschool		7:30 pm Swimmer 1	
	8:15 pm AquaFitness		7:45 pm Private Swimming Lessons 7:45 pm Private	
			Swimming Lessons	
	I	I	7:45 pm Private	I

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		Swimming Lessons - Preschool		
		7:45 pm Private Swimming Lessons - Preschool		
		7:45 pm Private Swimming Lessons - Preschool		
		8:00 pm Swimmer 2-Teen/Adult		
		8:00 pm Swimmer 1- Teen/Adult		
		8:00 pm Swimmer 3 - Teen/Adult		
		8:30 pm Sport Court Reservation - Alder Saputo Centre		
30		Aidel Sapulo Centre		
8:00 am Lane Swim (Pre-Register)				
8:30 am Sport Court Reservation - Alder Saputo Centre				
9:00 am Lifesaving Sport				
9:00 am Preschool				
9:00 am Walking Track				
9:00 am Preschool				
9:00 am Swimmer 2				
9:00 am Preschool				
9:00 am Swimmer 1				
9:00 am Preschool 2				
9:00 am Swimmer 4				
9:00 am Swimmer 3				
9:00 am Preschool 5				
9:30 am Preschool 2				
9:30 am Swimmer 1				
9:30 am Preschool				
9:30 am Preschool				
9:30 am Preschool 4				
9:30 am Swimmer 2				
9:30 am Parent & Tot 3				
9:45 am Swimmer				

9:45 am Swimmer 5				
10:00 am Sport Court Reservation - Alder Saputo Centre				
10:00 am Preschool				
10:00 am Parent & Tot 2				
10:00 am Parent & Tot 1				
10:00 am Preschool				
10:00 am Preschool				
10:00 am Preschool				
10:00 am Swimmer 2				
10:15 am Swimmer 7 - Rookie Patrol				
10:15 am Swimmer 8 - Rookie Patrol				
10:15 am Swimmer 9- Star Patrol				
10:45 am Swimmer 2				
10:45 am Preschool 5				
10:45 am Swimmer 3				
10:45 am Preschool 2				
10:45 am Preschool				
10:45 am Swimmer				
10:45 am Preschool				
10:45 am Preschool				
10:45 am Swimmer 4				
11:00 am Walking Track				
11:15 am Preschool 4				
11:15 am Swimmer 2				
11:15 am Preschool 5				
11:15 am Preschool 3				
11:15 am Preschool 2				
11:30 am Sport Court Reservation - Alder Saputo Centre				
11:30 am Swimmer 5				
11:30 am Swimmer				

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11:45 am						
Swimmir 11:45 am	ng Lessons Private					
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1:00 pm l Swim	Public					
1:00 pm V Track	Walking					
	Sport servation - outo Centre					
1:30 pm S FAMILY	Sunday Skate					
2:00 pm l Swimmir	Private ng Lessons					
2:00 pm l Swimmir	Private ng Lessons					
2:00 pm l Swimmir	Private ng Lessons					
2:15 pm 3 3 - Teen/2	Swimmer Adult					
2:15 pm 3 1- Teen/A	Swimmer Adult					
2:15 pm 3 2-Teen/A	Swimmer dult					
2:30 pm l Swimmir	Private ng Lessons					
	Sport servation - outo Centre					
2:30 pm l Swimmir	Private ng Lessons					
2:30 pm l Swimmir	Private ng Lessons					

3:00 pm Birthday Party - Swim & Splash			
3:00 pm Walking Track			
4:00 pm Sport Court Reservation - Alder Saputo Centre			
4:00 pm Leisure & Splash			
5:00 pm Walking Track			
5:00 pm Lane Swim			
5:30 pm Sport Court Reservation - Alder Saputo Centre			
7:00 pm Walking Track			

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