

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 3:00 pm Birthday Party - Swim & Splash	3 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre	4 7:30 am Lane Swim (Pre- registered only) 8:30 am Sport Court Reservation - Alder Saputo	5 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre	6 7:00 am Figure Skating Skills / Pre- Registered Only 7:30 am Lane Swim (Pre-registered only)	7 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre	8 8:20 am Power Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT

8:30 am 55+ Shinny	Centre	8:30 am 55+ Shinny	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am 55+ Shinny	9:00 am Swimmer 9- Star Patrol
8:30 am 55+ Shinny - GOALIES Only	8:30 am 70+ Shinny	8:30 am 55+ Shinny - GOALIES Only		8:30 am 55+ Shinny - GOALIES Only	9:00 am Private Swimming Lessons - Preschool
8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny	8:45 am Aquafit	
9:00 am Indoor Nordic Walking	8:45 am Aqua Zumba	9:00 am Walking Track	8:30 am 70+ Shinny - GOALIES Only	9:00 am Walking Track	9:00 am Swimmer 8- Ranger Patrol
9:00 am 65+ Shinny - GOALIES Only	9:00 am Walking Track	9:00 am 65+ Shinny - GOALIES Only	9:30 am Public Swim (Lap pool only)	9:00 am 65+ Shinny - GOALIES Only	9:00 am Walking Track
9:00 am Adult Skate	9:30 am Public Swim (Lap pool only)	9:00 am Adult Skate	9:30 am Chair Yoga	9:00 am Adult Skate	9:00 am Preschool 4
9:00 am 65+ Shinny	9:30 am Chair Yoga	9:30 am Public Swim (Lap pool only)	9:45 am Strollercise	9:00 am Zumba® Gold	9:00 am Preschool 2
9:15 am Chair Fitness	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Gentle Flow Yoga	10:00 am Beginner Line Dance	9:30 am Public Swim (Lap pool only)	9:00 am Preschool 3
9:30 am Public Swim (Lap pool only)	10:00 am Dance Fit	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Sport Court Reservation - Alder Saputo Centre	9:45 am Chair Fitness	9:00 am Bronze Star
10:00 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 2	10:00 am Tiny Tots	10:45 am Preschool 1	10:00 am Tiny Tots	9:00 am Swimmer 7 - Rookie Patrol
10:00 am Tiny Tots	10:45 am Parent & Tot 1	10:15 am Zumba® Toning	10:45 am Parent & Tot 1	10:30 am Swimmer 2-Teen/Adult	9:15 am Private Swimming Lessons
10:45 am Lane Swim	10:45 am Intermediate Line Dance	10:30 am Sensory Friendly Swim (Lap)	10:45 am Preschool 2	10:30 am Swimmer 1- Teen/Adult	9:15 am Swimmer 3
11:00 am Family Skate	10:45 am Preschool 1	11:00 am Family Skate	11:00 am Walking Track	10:30 am Swimmer 3 - Teen/Adult	9:15 am Swimmer 1
11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Walking Track	11:00 am Walking Track	11:15 am Parent & Tot 2	10:45 am Baby & Me Fit	9:30 am Preschool 2
11:30 am Gentle Flow Yoga	11:15 am Preschool 3	11:00 am Balls & Bands	11:15 am Parent & Tot 3	11:00 am Family Skate	9:30 am Private Swimming Lessons - Preschool
11:45 am Lane Swim	11:15 am Parent & Tot 2	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 3	11:00 am Walking Track	9:30 am Preschool 5
12:00 pm Adult Shinny	11:15 am Preschool 4	12:00 pm Adult Shinny	11:15 am Preschool 5	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Social Pickleball (Ages 18+)
12:00 pm Adult Shinny - GOALIES Only	11:15 am Parent & Tot 3	12:00 pm Adult Shinny - GOALIES Only	11:15 am Preschool 4	12:00 pm Lane Swim	9:30 am Preschool 1
12:30 pm Family Skate	11:15 am Preschool 5	12:15 pm Lane Swim	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny	9:30 am Preschool 4
1:00 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo Centre	12:30 pm Family Skate	12:15 pm Lane Swim	12:00 pm Adult Shinny - GOALIES Only	9:45 am Swimmer 2
1:15 pm Leisure & Splash	12:00 pm Lane Swim	1:00 pm Sport Court Reservation - Alder Saputo Centre	12:30 pm Adult Skate	1:00 pm Sport Court Reservation - Alder Saputo Centre	9:45 am Private Swimming Lessons
2:30 pm Sport Court Reservation - Alder Saputo Centre	12:30 pm Adult Skate	1:00 pm Walking Track	1:00 pm Home School Community Open Gym	1:00 pm Lane Swim	10:00 am Preschool 2
3:00 pm Figure Skating Skills	1:00 pm Walking Track	1:15 pm Leisure & Splash	1:00 pm Walking Track	1:00 pm Walking Track	10:00 am Preschool 3
3:00 pm Walking Track	1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder Saputo Centre	1:15 pm Leisure & Splash	2:00 pm Leisure & Splash	10:00 am Parent & Tot 1
3:30 pm Shinny 11-13 yrs old	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Lifesaving Society Swim/Lifesaving & Emergency First Aid
3:30 pm Shinny 11 - 13 years GOALIE Registration Only	3:00 pm Walking Track	3:30 pm Shinny 5 - 7 yrs old	3:00 pm Figure Skating Skills	3:00 pm Walking Track	
4:05 pm Basketball Drop-In (Ages 14-17)	3:00 pm Figure Skating Skills	3:30 pm Shinny 5 - 7 years GOALIE	3:30 pm Shinny 14 -17 year old	4:00 pm Public Skate	

	4:30 pm Preschool 2	3:30 pm Shinny 8 - 10 years GOALIE Registration Only	Registration Only 4:00 pm Hockey Skills - 14 yrs and	GOALIE Registration Only 3:30 pm Shinny 14	4:00 pm Social Pickleball (Ages 18+)	Instructors 10:00 am Preschool 1
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4	3:30 pm Hockey Skills - 14 yrs and older	older	- 17 yrs old	4:30 pm Preschool 3	10:00 am Swimmer 4
4:30 pm Preschool 1		4:30 pm Preschool 1	4:30 pm Preschool 1	4:30 pm Preschool 4	10:00 am Preschool 3
4:30 pm Private Swimming Lessons - Preschool	3:30 pm Shinny 8 - 10 yrs old	4:30 pm Private Swimming Lessons - Preschool	4:30 pm Preschool 4	4:30 pm Preschool 1	10:15 am Swimmer 1
4:30 pm Preschool 3	4:15 pm Mini Movers (Ages 4-5)	4:30 pm Preschool 4	4:30 pm Preschool 3	4:30 pm Preschool 2	10:15 am Private Swimming Lessons
5:00 pm Preschool 1	4:30 pm Social Pickleball Drop-In (Ages 12-17)	4:30 pm Preschool 2	4:30 pm Preschool 2	4:30 pm Private Swimming Lessons - Preschool	10:15 am Swimmer 5
5:00 pm Vinyasa	4:30 pm Private Swimming Lessons - Preschool	4:30 pm Preschool 3	4:30 pm Private Swimming Lessons - Preschool	5:00 pm Parent & Tot 2	10:15 am Swimmer 6
5:00 pm Private Swimming Lessons		4:30 pm Preschool 3	5:00 pm Preschool 3	5:00 pm Preschool 2	10:30 am Preschool 4
5:00 pm Preschool 2	4:30 pm Preschool 4	4:30 pm Hockey Skills - 13 yrs old and under	5:00 pm Preschool 5	5:00 pm Parent & Tot 1	10:45 am Preschool 3
5:00 pm Preschool 5	4:30 pm Hockey Skills - 13 yrs old and under	5:00 pm Cardio Tone	5:00 pm Preschool 1	5:00 pm Preschool 1	10:45 am Preschool 1
5:00 pm Parent & Tot 1		5:00 pm Swimmer 2	5:00 pm Walking Track	5:00 pm Preschool 5	10:45 am Preschool 2
5:00 pm Private Swimming Lessons	4:30 pm Preschool 2	5:00 pm Preschool 5	5:00 pm Parent & Tot 1	5:00 pm Preschool 3	10:45 am Parent & Tot 3
5:00 pm Walking Track	4:30 pm Preschool 1	5:00 pm Parent & Tot 1	5:00 pm Preschool 2	5:00 pm Walking Track	10:45 am Parent & Tot 2
5:00 pm Preschool 3	5:00 pm Preschool 5	5:00 pm Swimmer 1	5:00 pm Parent & Tot 2	5:30 pm Preschool 1	11:00 am Social Pickleball (Ages 18+)
5:10 pm Basketball Drop-In (Ages 8-10)	5:00 pm Lifesaving Sport	5:00 pm Preschool 3	5:15 pm Swimmer 4	5:30 pm Parent & Tot 3	11:00 am Private Swimming Lessons
5:15 pm Swimmer 1	5:00 pm Preschool 2	5:00 pm Preschool 2	5:15 pm Swimmer 2	5:30 pm Preschool 2	11:00 am Walking Track
5:15 pm Swimmer 3	5:00 pm Parent & Tot 3	5:00 pm Preschool 1	5:15 pm Swimmer 3	5:30 pm Preschool 3	11:00 am Swimmer 2
5:15 pm Swimmer 2	5:00 pm Swimmer 2	5:00 pm Walking Track	5:15 pm Swimmer 5	5:30 pm Social Pickleball (Ages 18+)	11:00 am Swimmer 3
5:30 pm Preschool 1	5:00 pm Preschool 1	5:15 pm Swimmer 2	5:15 pm Swimmer 1	5:30 pm Preschool 4	11:15 am Preschool 3
5:30 pm Parent & Tot 3	5:00 pm Preschool 3	5:15 pm Swimmer 1	5:30 pm Swimmer 6	6:00 pm Private Swimming Lessons - Preschool	11:15 am Preschool 2
5:30 pm Preschool 3	5:00 pm Hatha Beginner	5:30 pm Parent & Tot 3	5:30 pm Preschool 4	6:00 pm Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors	11:15 am Private Swimming Lessons - Preschool
5:30 pm Parent & Tot 2	5:00 pm Swimmer 1	5:30 pm Preschool 1	5:30 pm Preschool 3	6:00 pm Preschool 2	11:15 am Swimmer 6
5:30 pm Swimmer 5	5:00 pm Walking Track	5:30 pm Swimmer 5	5:45 pm Preschool 1	6:00 pm Preschool 3	11:15 am Preschool 1
5:30 pm Music Club Drop-In (Ages 11 to 17)	5:15 pm Swimmer 3	5:30 pm Parent & Tot 2	5:45 pm Swimmer 1	6:00 pm Preschool 5	11:15 am Preschool 4
5:30 pm Swimmer 6	5:15 pm Swimmer 5	5:30 pm Preschool 3	5:45 pm Preschool 2	6:00 pm Preschool 1	11:30 am Private Swimming Lessons
5:45 pm Swimmer 2	5:30 pm Preschool 3	5:45 pm Swimmer 1	5:45 pm Swimmer 2	6:30 pm Preschool 1	11:30 am Swimmer 1
5:45 pm Preschool 2	5:30 pm Swimmer 2	5:45 pm Preschool 4	6:00 pm Swimmer 3	6:30 pm Private Swimming Lessons - Preschool	11:45 am Preschool 2
5:45 pm Swimmer 1	5:30 pm Parent & Tot 2	5:45 pm Preschool 2	6:00 pm Swimmer 4	6:30 pm Preschool 2	11:45 am Preschool 1
5:45 pm Preschool 4	5:30 pm Swimmer 1	6:00 pm Swimmer 5	6:15 pm Preschool 3	6:30 pm Preschool 3	11:45 am Swimmer 4
6:00 pm Swimmer 5	5:40 pm Mindfulness Drop-In (Ages 9-13)	6:00 pm Balls & Bands	6:15 pm Zumba® Toning		
6:15 pm Preschool 2	5:45 pm Preschool	6:15 pm Preschool 3	6:15 pm Preschool		

6:15 pm Cardio Tone	2	6:15 pm Preschool 1	5	6:30 pm Preschool 4	11:45 am Preschool 3
6:15 pm Basketball Drop-In (Ages 11-13)	5:45 pm Preschool 4	6:15 pm Private Swimming Lessons	6:15 pm Parent & Tot 2	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	11:45 am Private Swimming Lessons - Preschool
6:15 pm Private Swimming Lessons	6:00 pm Swimmer 3	6:15 pm Swimmer 4	6:15 pm Preschool 1	7:00 pm Walking Track	11:45 am Private Swimming Lessons
6:15 pm Preschool 1	6:00 pm Swimmer 2	6:15 pm Preschool 5	6:15 pm Swimmer 2	7:00 pm Lane Swim	12:00 pm Swimmer 2
6:15 pm Swimmer 1	6:00 pm Swimmer 6	6:15 pm Preschool 2	6:15 pm Parent & Tot 3	7:05 pm Basketball Drop-In (Ages 18+)	12:00 pm Private Swimming Lessons
6:15 pm Preschool 5	6:00 pm Swimmer 1	6:30 pm Swimmer 4	6:15 pm Preschool 2	7:15 pm Leisure/Splash & Slide	12:30 pm Sport Court
6:15 pm Preschool 3	6:00 pm Swimmer 4	6:30 pm Swimmer 3	6:45 pm Preschool 1	8:10 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Walking Track
6:15 pm Swimmer 2	6:15 pm Preschool 5	6:45 pm Preschool 4	6:45 pm Preschool 3		1:00 pm Public Swim
6:30 pm Swimmer 4	6:15 pm Preschool 2	6:45 pm Preschool 2	6:45 pm Preschool 5		2:00 pm Sport Court
6:30 pm Swimmer 3	6:15 pm Preschool 3	6:45 pm Preschool 4	6:45 pm Preschool 4		Reservation - Alder Saputo Centre
6:45 pm Private Swimming Lessons	6:15 pm Preschool 4	6:45 pm Preschool 5	6:45 pm Swimmer 2		2:15 pm Lane Swim
6:45 pm Preschool 1	6:15 pm Body Blast	6:45 pm Preschool 3	6:45 pm Preschool 2		3:00 pm Walking Track
6:45 pm Preschool 3	6:15 pm Preschool 4	7:00 pm Swimmer 2	6:45 pm Preschool 2		3:15 pm Leisure & Splash
6:45 pm Preschool 4	6:45 pm Preschool 1	7:00 pm Private Swimming Lessons	7:00 pm Swimmer 3		3:30 pm Sport Court
6:45 pm Preschool 2	6:45 pm Preschool 2	7:00 pm Walking Track	7:00 pm Swimmer 2		Reservation - Alder Saputo Centre
7:00 pm Zumba®	6:45 pm Swimmer 2	7:00 pm Swimmer 1	7:00 pm Swimmer 1		5:00 pm Walking Track
7:00 pm Swimmer 1	6:45 pm Swimmer 1	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	7:00 pm Sport Court Reservation - Alder Saputo Centre		5:00 pm Social Pickleball (Ages 18+)
7:00 pm Walking Track	6:45 pm Preschool 1	7:00 pm Zumba®	7:00 pm Walking Track		6:00 pm Birthday Party - Skate & Celebrate
7:00 pm Swimmer 2	6:45 pm Preschool 3	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 4		6:30 pm Social Pickleball (Ages 18+)
7:00 pm Private Swimming Lessons	6:45 pm Preschool 4	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons		7:00 pm Walking Track
7:15 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 5	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Step & Tone		7:30 pm Public Skate (sledges available)
7:15 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 3	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons		8:00 pm Sport Court
7:15 pm Private Swimming Lessons - Preschool	7:00 pm Walking Track	7:45 pm Leisure Swim	7:30 pm Swimmer 2		Reservation - Alder Saputo Centre
7:20 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Dance Fit	8:00 pm Basketball Drop-In (Ages 18+)	7:30 pm Swimmer 1		
	7:15 pm Swimmer 2		7:30 pm Swimmer 5		
	7:15 pm Private Swimming Lessons - Preschool		7:45 pm Swimmer 4		
	7:15 pm Private Swimming Lessons - Preschool		7:45 pm Swimmer 3		
	7:15 pm Private Swimming Lessons - Preschool		8:00 pm Swimmer 3 - Teen/Adult		
	7:15 pm Private Swimming Lessons - Preschool		8:00 pm Swimmer 2-Teen/Adult		
	7:15 pm Swimmer 1				

		7:15 pm Private Swimming Lessons - Preschool 7:30 pm Basketball Drop-In (Ages 14- 17) 7:45 pm Swimmer 4 8:00 pm AquaFitness		8:00 pm Swimmer 1- Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre 8:45 pm Lane Swim		
9 8:00 am Lane Swim (Pre-Register)	10 7:30 am Lane Swim (Pre-registered	11 7:30 am Lane Swim (Pre-	12 7:30 am Lane Swim (Pre-registered	13 7:00 am Figure Skating Skills / Pre-	14 7:30 am Lane Swim (Pre-registered	15 8:20 am Power Skating for

8:30 am Sport Court Reservation - Alder Saputo Centre	only)	registered only)	only)	Registered Only	only)	Hockey/Ringette (Ages 9-10) FULL EQUIPMENT
9:00 am Preschool 1	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim (Pre-registered only)	8:30 am Sport Court Reservation - Alder Saputo Centre	9:00 am Swimmer 9- Star Patrol
9:00 am Swimmer 3	8:30 am 55+ Shinny	8:30 am 70+ Shinny	8:30 am 55+ Shinny - GOALIES Only	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am 55+ Shinny - GOALIES Only	9:00 am Swimmer 8- Ranger Patrol
9:00 am Walking Track	8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny - GOALIES Only	8:45 am Aquafit	9:00 am Private Swimming Lessons - Preschool
9:00 am Private Swimming Lessons - Preschool	9:00 am Indoor Nordic Walking	8:45 am Aqua Zumba	9:00 am Walking Track	8:45 am Aqua Zumba	9:00 am Walking Track	9:00 am Private Swimming Lessons - Preschool
9:00 am Swimmer 9- Star Patrol	9:00 am 65+ Shinny - GOALIES Only	9:00 am Walking Track	9:00 am 65+ Shinny - GOALIES Only	9:30 am Public Swim (Lap pool only)	9:00 am 65+ Shinny - GOALIES Only	9:00 am Walking Track
9:00 am Swimmer 1	9:00 am Adult Skate	9:30 am Public Swim (Lap pool only)	9:00 am Adult Skate	9:30 am Chair Yoga	9:00 am Adult Skate	9:00 am Preschool 4
9:00 am Bronze Cross and Standard First Aid CPR-C	9:00 am 65+ Shinny	9:30 am Chair Yoga	9:30 am Public Swim (Lap pool only)	9:45 am Strollercise	9:00 am Zumba® Gold	9:00 am Preschool 2
9:00 am Preschool 4	9:15 am Chair Fitness	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Gentle Flow Yoga	10:00 am Beginner Line Dance	9:30 am Public Swim (Lap pool only)	9:00 am Preschool 3
9:00 am Swimmer 8 - Rookie Patrol	9:30 am Public Swim (Lap pool only)	10:00 am Dance Fit	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Sport Court Reservation - Alder Saputo Centre	9:45 am Chair Fitness	9:00 am Bronze Star
9:00 am Swimmer 7 - Rookie Patrol	10:00 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 2	10:00 am Tiny Tots	10:45 am Preschool 1	10:00 am Tiny Tots	9:00 am Swimmer 7 - Rookie Patrol
9:00 am Preschool 2	10:00 am Tiny Tots	10:45 am Parent & Tot 1	10:15 am Zumba® Toning	10:45 am Parent & Tot 1	10:30 am Swimmer 2-Teen/Adult	9:15 am Private Swimming Lessons
9:00 am Preschool 3	10:45 am Lane Swim	10:45 am Intermediate Line Dance	10:30 am Sensory Friendly Swim (Lap)	10:45 am Preschool 2	10:30 am Swimmer 1- Teen/Adult	9:15 am Swimmer 3
9:00 am Swimmer 5	11:00 am Family Skate	10:45 am Preschool 1	11:00 am Family Skate	11:00 am Walking Track	10:30 am Swimmer 3 - Teen/Adult	9:15 am Swimmer 1
9:30 am Preschool 2	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Walking Track	11:00 am Walking Track	11:15 am Parent & Tot 3	10:45 am Baby & Me Fit	9:30 am Preschool 2
9:30 am Swimmer 2	11:30 am Gentle Flow Yoga	11:15 am Preschool 3	11:00 am Balls & Bands	11:15 am Preschool 3	11:00 am Family Skate	9:30 am Private Swimming Lessons - Preschool
9:30 am Parent & Tot 1	11:45 am Lane Swim	11:15 am Parent & Tot 2	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4	11:00 am Walking Track	9:30 am Preschool 5
9:30 am Preschool 5	12:00 pm Adult Shinny	11:15 am Preschool 4	12:00 pm Adult Shinny	11:15 am Preschool 5	11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Social Pickleball (Ages 18+)
9:30 am Preschool 3	12:00 pm Adult Shinny - GOALIES Only	11:15 am Parent & Tot 3	12:00 pm Adult Shinny - GOALIES Only	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Lane Swim	9:30 am Preschool 1
9:30 am Preschool 1	12:30 pm Family Skate	11:15 am Preschool 5	12:15 pm Lane Swim	12:15 pm Lane Swim	12:00 pm Adult Shinny	9:30 am Preschool 4
9:45 am Swimmer 6	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo Centre	12:30 pm Family Skate	12:30 pm Adult Skate	12:00 pm Adult Shinny - GOALIES Only	9:45 am Swimmer 2
9:45 am Swimmer 4	1:15 pm Leisure & Splash	12:00 pm Lane Swim	1:00 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Home School Community Open Gym	1:00 pm Sport Court Reservation - Alder Saputo Centre	9:45 am Private Swimming Lessons
10:00 am Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors	2:30 pm Sport Court Reservation - Alder Saputo Centre	12:30 pm Adult Skate	1:00 pm Walking Track	1:00 pm Walking Track	1:00 pm Lane Swim	10:00 am Preschool 2
10:00 am Preschool 4	3:00 pm Figure Skating Skills	1:00 pm Walking Track	1:15 pm Leisure & Splash	1:15 pm Leisure & Splash	1:00 pm Walking Track	10:00 am Preschool 3
10:00 am Preschool 3	3:00 pm Walking Track	1:00 pm Inclusive Open Gym	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:00 pm Leisure & Splash	10:00 am Parent & Tot 1
10:00 am Private Swimming Lessons	3:30 pm Shinny 11- 13 yrs old	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	3:00 pm Walking Track	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Lifesaving Society Swim/Lifesaving & Emergency
10:00 am Parent & Tot 3	3:30 pm Shinny 11 - 13 years GOALIE Registration Only	3:00 pm Walking Track	3:30 pm Shinny 5 - 7 yrs old	3:30 pm Shinny 14 - 17 yrs old	3:00 pm Walking Track	
10:00 am Swimmer 1	4:05 pm Basketball Drop-In (Ages 14- 17)	3:00 pm Figure	3:30 pm Shinny 5 -	3:30 pm Shinny 14	4:00 pm Public	

10:00 am Preschool 1	1 /) 4:30 pm Preschool 2	Skating Skills 3:30 pm Shinny 8 - 10 years GOALIE Registration Only	7 years GOALIE Registration Only 4:00 pm Hockey Skills - 14 yrs and	-17 year old GOALIE Registration Only 4:30 pm Preschool	Skate 4:00 pm Social Pickleball (Ages 18+)	First Aid Instructors 10:00 am Preschool 1
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Alder Saputo Centre	4	3:30 pm Hockey	older	2	4:30 pm Preschool	10:00 am
10:00 am Parent & Tot 2	4:30 pm Preschool 1	Skills - 14 yrs and older	4:30 pm Preschool 1	4:30 pm Private Swimming Lessons - Preschool	3	Swimmer 4
10:00 am Preschool 2	4:30 pm Private Swimming Lessons - Preschool	3:30 pm Shinny 8 - 10 yrs old	4:30 pm Preschool 4	4:30 pm Preschool 1	4	10:00 am Preschool 3
10:45 am Swimmer 5	4:30 pm Preschool 3	4:30 pm Preschool 4	4:30 pm Private Swimming Lessons - Preschool	4:30 pm Preschool 4	1	10:15 am Swimmer 1
10:45 am Preschool 1	5:00 pm Preschool 1	4:30 pm Preschool 3	4:30 pm Preschool 2	4:30 pm Preschool 3	2	10:15 am Private Swimming Lessons
10:45 am Preschool 2	5:00 pm Private Swimming Lessons	4:30 pm Hockey Skills - 13 yrs old and under	4:30 pm Preschool 3	5:00 pm Walking Track	4:30 pm Private Swimming Lessons - Preschool	10:15 am Swimmer 5
10:45 am Private Swimming Lessons	5:00 pm Vinyasa	4:30 pm Preschool 2	4:30 pm Public Skate (sledges available)	5:00 pm Parent & Tot 1	5:00 pm Parent & Tot 2	10:15 am Swimmer 6
10:45 am Swimmer 2	5:00 pm Preschool 2	4:30 pm Preschool 1	4:30 pm Hockey Skills - 13 yrs old and under	5:00 pm Preschool 2	5:00 pm Preschool 2	10:30 am Preschool 4
10:45 am Preschool 3	5:00 pm Preschool 5	4:30 pm Social Pickleball Drop-In (Ages 12-17)	5:00 pm Cardio Tone	5:00 pm Parent & Tot 2	5:00 pm Parent & Tot 1	10:45 am Preschool 3
10:45 am Swimmer 3	5:00 pm Parent & Tot 1	4:30 pm Private Swimming Lessons - Preschool	5:00 pm Swimmer 2	5:00 pm Preschool 3	5:00 pm Preschool 1	10:45 am Preschool 1
10:45 am Private Swimming Lessons - Preschool	5:00 pm Private Swimming Lessons	5:00 pm Swimmer 2	5:00 pm Preschool 5	5:00 pm Preschool 5	5:00 pm Preschool 5	10:45 am Preschool 2
10:45 am Preschool 5	5:00 pm Walking Track	5:00 pm Preschool 1	5:00 pm Parent & Tot 1	5:00 pm Preschool 1	5:00 pm Preschool 3	10:45 am Parent & Tot 3
11:00 am Walking Track	5:00 pm Preschool 3	5:00 pm Preschool 3	5:00 pm Swimmer 1	5:15 pm Swimmer 1	5:00 pm Walking Track	10:45 am Parent & Tot 2
11:15 am Private Swimming Lessons	5:10 pm Basketball Drop-In (Ages 8-10)	5:00 pm Preschool 1	5:00 pm Preschool 3	5:15 pm Swimmer 5	5:30 pm Preschool 1	11:00 am Social Pickleball (Ages 18+)
11:15 am Private Swimming Lessons	5:15 pm Swimmer 1	5:00 pm Walking Track	5:00 pm Preschool 2	5:15 pm Swimmer 2	5:30 pm Parent & Tot 3	11:00 am Private Swimming Lessons
11:15 am Preschool 4	5:15 pm Swimmer 3	5:00 pm Hatha Beginner	5:00 pm Walking Track	5:15 pm Swimmer 4	5:30 pm Preschool 2	11:00 am Walking Track
11:15 am Preschool 3	5:15 pm Swimmer 2	5:00 pm Preschool 5	5:00 pm Preschool 1	5:15 pm Swimmer 3	5:30 pm Preschool 3	11:00 am Swimmer 2
11:15 am Preschool 1	5:30 pm Preschool 1	5:00 pm Lifesaving Sport	5:15 pm Swimmer 2	5:30 pm Preschool 1	5:30 pm Social Pickleball (Ages 18+)	11:00 am Swimmer 3
11:15 am Swimmer 1	5:30 pm Parent & Tot 3	5:00 pm Parent & Tot 3	5:15 pm Swimmer 1	5:30 pm Preschool 4	5:30 pm Preschool 4	11:15 am Preschool 3
11:15 am Preschool 2	5:30 pm Preschool 3	5:00 pm Preschool 2	5:15 pm Swimmer 3	5:30 pm Preschool 3	6:00 pm Private Swimming Lessons - Preschool	11:15 am Preschool 2
11:30 am Sport Court Reservation - Alder Saputo Centre	5:30 pm Parent & Tot 2	5:15 pm Swimmer 3	5:30 pm Swimmer 6	5:45 pm Preschool 1	6:00 pm Preschool 2	11:15 am Private Swimming Lessons - Preschool
11:30 am Swimmer 6	5:30 pm Swimmer 5	5:15 pm Swimmer 5	5:30 pm Parent & Tot 2	5:45 pm Swimmer 1	6:00 pm Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors	11:15 am Swimmer 6
11:30 am Swimmer 4	5:30 pm Music Club Drop-In (Ages 11 to 17)	5:30 pm Preschool 3	5:30 pm Preschool 3	5:45 pm Preschool 2	6:00 pm Preschool 3	11:15 am Preschool 1
11:45 am Preschool 5	5:30 pm Swimmer 6	5:30 pm Swimmer 2	5:45 pm Swimmer 1	5:45 pm Swimmer 2	6:00 pm Preschool 5	11:15 am Preschool 4
11:45 am Private Swimming Lessons - Preschool	5:45 pm Preschool 2	5:30 pm Preschool 1	5:45 pm Preschool 4	6:00 pm Swimmer 4	6:00 pm Preschool 1	11:30 am Private Swimming Lessons
11:45 am Swimmer 2	5:45 pm Swimmer 2	5:30 pm Parent & Tot 2	5:45 pm Swimmer 2	6:00 pm Swimmer 6	6:30 pm Preschool 1	11:30 am Swimmer 1
11:45 am Preschool 3	5:45 pm Swimmer 1	5:30 pm Swimmer 1	6:00 pm Swimmer 5	6:15 pm Preschool 3	6:30 pm Private Swimming Lessons - Preschool	11:45 am Preschool 2
11:45 am Private Swimming Lessons - Preschool	5:45 pm Preschool 4	5:40 pm Mindfulness Drop-In (Ages 9-13)	6:00 pm Balls & Bands	6:15 pm Zumba® Toning	6:30 pm Preschool 2	11:45 am Preschool 1
11:45 am Preschool 2	6:00 pm Swimmer 5	5:45 pm Preschool 2	6:15 pm Preschool 3	6:15 pm Preschool 5	6:30 pm Preschool 3	11:45 am Swimmer 4
11:45 am Preschool	6:15 pm Preschool 2	5:45 pm Preschool	6:15 pm Swimmer 1	6:15 pm Parent & Tot 2		

1	6:15 pm Basketball Drop-In (Ages 11-13)	4	6:15 pm Preschool 1	lot 2	6:30 pm Preschool 4	11:45 am Preschool 3
12:30 pm Public Swim	6:15 pm Cardio Tone	6:00 pm Swimmer 3	6:15 pm Private Swimming Lessons	6:15 pm Preschool 1	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	11:45 am Private Swimming Lessons - Preschool
1:00 pm Walking Track	6:15 pm Private Swimming Lessons	6:00 pm Swimmer 2	6:15 pm Swimmer 4	6:15 pm Swimmer 2	7:00 pm Walking Track	11:45 am Private Swimming Lessons
1:00 pm Sport Court Reservation - Alder Saputo Centre	6:15 pm Preschool 1	6:00 pm Swimmer 6	6:15 pm Preschool 5	6:15 pm Parent & Tot 3	7:00 pm Lane Swim	12:00 pm Private Swimming Lessons
1:30 pm Sunday FAMILY Skate	6:15 pm Swimmer 1	6:00 pm Swimmer 1	6:15 pm Preschool 2	6:15 pm Preschool 2	7:05 pm Basketball Drop-In (Ages 18+)	12:00 pm Swimmer 2
2:00 pm Swimmer 1- Teen/Adult	6:15 pm Preschool 5	6:00 pm Swimmer 4	6:30 pm Swimmer 4	6:15 pm Swimmer 1	7:15 pm Leisure/ Splash & Slide	12:30 pm Sport Court Reservation - Alder Saputo Centre
2:00 pm Swimmer 2-Teen/Adult	6:15 pm Preschool 3	6:15 pm Preschool 5	6:30 pm Swimmer 3	6:45 pm Preschool 3	8:10 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Walking Track
2:00 pm Private Swimming Lessons - Preschool	6:15 pm Preschool 2	6:15 pm Preschool 2	6:45 pm Preschool 1	6:45 pm Swimmer 2		1:00 pm Public Swim
2:00 pm Private Swimming Lessons - Preschool	6:15 pm Swimmer 2	6:15 pm Preschool 3	6:45 pm Preschool 2	6:45 pm Preschool 4		2:00 pm Sport Court Reservation - Alder Saputo Centre
2:00 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 4	6:15 pm Preschool 4	6:45 pm Preschool 5	6:45 pm Preschool 5		2:00 pm National Lifeguard - Recert
2:00 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 3	6:15 pm Body Blast	6:45 pm Preschool 2	6:45 pm Preschool 2		2:15 pm Lane Swim
2:00 pm Swimmer 3 - Teen/Adult	6:45 pm Private Swimming Lessons	6:15 pm Preschool 1	6:45 pm Preschool 3	6:45 pm Preschool 3		3:00 pm Walking Track
2:30 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 1	6:45 pm Preschool 2	7:00 pm Swimmer 2	7:00 pm Swimmer 3		3:15 pm Leisure & Splash
2:30 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 3	6:45 pm Preschool 4	7:00 pm Private Swimming Lessons	7:00 pm Walking Track		3:30 pm Sport Court Reservation - Alder Saputo Centre
2:30 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 4	6:45 pm Swimmer 1	7:00 pm Walking Track	7:00 pm Swimmer 2		5:00 pm Walking Track
2:30 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 2	6:45 pm Swimmer 2	7:00 pm Swimmer 1	7:00 pm Swimmer 1		5:00 pm Social Pickleball (Ages 18+)
2:30 pm Private Swimming Lessons - Preschool	7:00 pm Zumba®	6:45 pm Swimmer 1	7:00 pm Zumba®	7:00 pm Sport Court Reservation - Alder Saputo Centre		6:00 pm Birthday Party - Skate & Celebrate
2:30 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Swimmer 1	6:45 pm Preschool 1	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Walking Track		6:30 pm Social Pickleball (Ages 18+)
3:00 pm Birthday Party - Swim & Splash	7:00 pm Walking Track	6:45 pm Preschool 3	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 4		7:00 pm Walking Track
3:00 pm Walking Track	7:00 pm Swimmer 2	7:00 pm Swimmer 4	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons		7:30 pm Public Skate (sledges available)
3:00 pm Lane Swim	7:00 pm Private Swimming Lessons	7:00 pm Swimmer 5	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Step & Tone		8:00 pm Sport Court Reservation - Alder Saputo Centre
4:00 pm Leisure/ Splash & Slide	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 3	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons		
4:00 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Walking Track	7:45 pm Leisure Swim	7:15 pm Private Swimming Lessons		
5:00 pm Walking Track	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Dance Fit	8:00 pm Basketball Drop-In (Ages 18+)	7:30 pm Swimmer 2		
5:00 pm Leisure & Splash	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Swimmer 2		7:30 pm Swimmer 1		
5:00 pm Lane Swim	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons - Preschool		7:30 pm Swimmer 5		
5:30 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Private Swimming Lessons - Preschool	7:15 pm Private Swimming Lessons - Preschool		7:45 pm Swimmer 4		
7:00 pm Walking Track	7:20 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Private Swimming Lessons - Preschool		7:45 pm Swimmer 3		
		7:15 pm Swimmer 1		8:00 pm Swimmer 3 - Teen/Adult		
		7:15 pm Private Swimming Lessons - Preschool		8:00 pm Swimmer 2-Teen/Adult		
				8:00 pm Swimmer 1- Teen/Adult		
				8:30 pm Sport		

		7:30 pm Basketball Drop-In (Ages 14-17) 7:45 pm Swimmer 4 8:00 pm AquaFitness		Court Reservation - Alder Saputo Centre 8:45 pm Lane Swim		
16 8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Preschool 1 9:00 am Swimmer 3	17 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only	18 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 70+ Shinny	19 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only	20 7:00 am Figure Skating Skills / Pre-Registered Only 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre	21 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny 8:30 am 55+ Shinny - GOALIES Only	22 8:50 am Parent & Child (Ages 2 to 5) 8:50 am Private Learn to Skate Youth (Ages 4+) 9:00 am Walking Track 9:30 am Social

9:00 am Walking Track	8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny - GOALIES Only	8:45 am Aquafit	Pickleball (Ages 18+)
9:00 am Private Swimming Lessons - Preschool	9:00 am 65+ Shinny - GOALIES Only	8:45 am Therapeutic Swim (Lap)	9:00 am Walking Track	8:30 am 70+ Shinny - GOALIES Only	9:00 am Walking Track	9:30 am Parent & Child (Ages 2 to 5)
9:00 am Swimmer 9- Star Patrol	9:00 am Adult Skate	9:00 am Walking Track	9:00 am 65+ Shinny - GOALIES Only	8:45 am Aqua Zumba	9:00 am 65+ Shinny	10:50 am Private Learn to Skate Youth (Ages 6+)
9:00 am Swimmer 1	9:00 am 65+ Shinny	9:00 am Public Swim (Lap pool only)	9:00 am Adult Skate	9:30 am Public Swim (Lap pool only)	9:00 am Adult Skate	10:50 am Preschool (Ages 4 to 5)
9:00 am Bronze Cross and Standard First Aid CPR-C	9:15 am Chair Fitness	9:30 am Public Swim (Lap pool only)	9:00 am 65+ Shinny	9:30 am Chair Yoga	9:00 am Zumba® Gold	10:50 am Semi-Private Sibling Learn to Skate Youth (Ages 6+)
9:00 am Preschool 4	9:30 am Public Swim (Lap pool only)	9:30 am Chair Yoga	9:30 am Public Swim (Lap pool only)	10:00 am Beginner Line Dance	9:30 am Public Swim (Lap pool only)	11:00 am Social Pickleball (Ages 18+)
9:00 am Swimmer 8 - Rookie Patrol	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Gentle Flow Yoga	10:00 am Sport Court Reservation - Alder Saputo Centre	9:45 am Chair Fitness	11:00 am Walking Track
9:00 am Swimmer 7 - Rookie Patrol	10:00 am Tiny Tots	10:00 am Dance Fit	10:00 am Sport Court Reservation - Alder Saputo Centre	10:20 am Parent & Child (Ages 2 to 5)	10:00 am Tiny Tots	11:30 am Youth (Ages 6 to 17)
9:00 am Preschool 2	10:45 am Lane Swim	10:45 am Leisure & Splash	10:00 am Tiny Tots	11:00 am Walking Track	10:00 am Sport Court Reservation - Alder Saputo Centre	12:30 pm Sport Court Reservation - Alder Saputo Centre
9:00 am Preschool 3	11:00 am Family Skate	10:45 am Intermediate Line Dance	10:15 am Zumba® Toning	11:00 am Semi-Private Learn to Skate Toddler (Age 3)	10:30 am Sensory Friendly Swim	1:00 pm Walking Track
9:00 am Swimmer 5	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Walking Track	10:30 am Sensory Friendly Swim (Lap)	11:15 am Lane Swim	11:00 am Walking Track	2:00 pm Sport Court Reservation - Alder Saputo Centre
9:30 am Preschool 2	11:30 am Gentle Flow Yoga	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Family Skate	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Family Skate	2:00 pm Sport Court Reservation - Alder Saputo Centre
9:30 am Swimmer 2	11:45 am Lane Swim	12:00 pm Lane Swim	11:00 am Walking Track	11:40 am Private Learn to Skate Adult (Ages 18+)	11:30 am Sport Court Reservation - Alder Saputo Centre	2:15 pm Public Swim
9:30 am Parent & Tot 1	12:00 pm Adult Shinny	12:30 pm Adult Skate	11:00 am Balls & Bands	12:15 pm Private Hockey/Ringette Technical Skating Skills (Adult Ages 18+) FULL EQUIPMENT	12:00 pm Lane Swim	3:00 pm Walking Track
9:30 am Preschool 5	12:00 pm Adult Shinny - GOALIES Only	1:00 pm Walking Track	11:30 am Sport Court Reservation - Alder Saputo Centre	12:15 pm Lane Swim	12:00 pm Adult Shinny - GOALIES Only	3:30 pm Lane Swim
9:30 am Preschool 3	12:30 pm Family Skate	1:00 pm Inclusive Open Gym	12:00 pm Adult Shinny - GOALIES Only	12:30 pm Adult Skate	12:00 pm Adult Shinny	3:30 pm Sport Court Reservation - Alder Saputo Centre
9:30 am Preschool 1	1:00 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	12:15 pm Lane Swim	12:30 pm Family Skate	1:00 pm Lane Swim	5:00 pm Walking Track
9:45 am Swimmer 6	1:15 pm Leisure & Splash	3:00 pm Walking Track	12:30 pm Family Skate	1:00 pm Home School Community Open Gym	1:00 pm Sport Court Reservation - Alder Saputo Centre	5:00 pm Social Pickleball (Ages 18+)
9:45 am Swimmer 4	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Figure Skating Skills	1:00 pm Sport Court Reservation - Alder Saputo Centre	1:00 pm Walking Track	1:00 pm Walking Track	6:00 pm Birthday Party - Skate & Celebrate
10:00 am Lifesaving Society Swim/Lifesaving & Emergency First Aid Instructors	3:00 pm Figure Skating Skills	3:30 pm Shinny 8 - 10 years GOALIE Registration Only	1:00 pm Walking Track	1:15 pm Leisure & Splash	2:00 pm Leisure & Splash	6:30 pm Social Pickleball (Ages 18+)
10:00 am Preschool 4	3:00 pm Walking Track	3:30 pm Hockey Skills - 14 yrs and older	1:15 pm Leisure & Splash	2:30 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	7:00 pm Walking Track
10:00 am Preschool 3	3:30 pm Shinny 11-13 yrs old	3:30 pm Shinny 8 - 10 yrs old	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:00 pm Walking Track	3:00 pm Walking Track	7:30 pm Public Skate (sledges available)
10:00 am Private Swimming Lessons	3:30 pm Shinny 11 - 13 years GOALIE Registration Only	4:30 pm Hockey Skills - 13 yrs old and under	3:00 pm Walking Track	3:30 pm Shinny 14 - 17 yrs old	4:00 pm Public Skate	8:00 pm Sport Court Reservation - Alder Saputo Centre
10:00 am Parent & Tot 3	3:30 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	4:30 pm Social Pickleball Drop-In (Ages 12-17)	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	3:30 pm Shinny 14 - 17 year old GOALIE Registration Only	4:00 pm Social Pickleball (Ages 18+)	
10:00 am Swimmer 1	FULL EQUIPMENT	4:45 pm Mini Minds (Ages 4-5)	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	4:10 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	
10:00 am Preschool 1	4:05 pm Basketball Drop-In (Ages 14-17)	5:00 pm Walking Track	3:30 pm Shinny 5 - 7 yrs old	FULL EQUIPMENT	FULL EQUIPMENT	
10:00 am Sport Court Reservation - Alder Saputo Centre	4:15 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	5:00 pm Hatha Beginner		4:30 pm Mini Artists (Ages 4-5)	5:00 pm Walking Track	

10:00 am Preschool 2	Swims (Ages 9-11) FULL EQUIPMENT	5:30 pm Shared Lane Swim (Lanes 1-4)	4:00 pm Hockey Skills - 14 yrs and older	4:30 pm Indoor Soccer Skills and Drills (Ages 4-5)	(Ages 9-10) FULL EQUIPMENT	Centre
10:45 am Swimmer 5	4:30 pm Leisure/ Splash & Slide	5:40 pm Mindfulness Drop-In (Ages 9-13)	4:05 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	5:00 pm Leisure/ Splash & Slide	
10:45 am Preschool 1	4:30 pm Mini Movers (Ages 4-5)	5:45 pm Basketball Skills and Drills (Ages 6-8)	FULL EQUIPMENT	FULL EQUIPMENT	5:30 pm Social Pickleball (Ages 18+)	
10:45 am Preschool 2	5:00 pm Vinyasa	5:45 pm Leisure/ Splash & Slide	4:30 pm Multi Sports Skills and Drills (Ages 4-5)	5:00 pm Walking Track	6:10 pm Parent & Child (Ages 2 to 5)	
10:45 am Private Swimming Lessons	5:00 pm Walking Track	6:15 pm Body Blast	4:30 pm Public Skate (sledges available)	5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)	6:10 pm Preschool (Ages 4 to 5)	
10:45 am Swimmer 2	5:10 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	6:35 pm Basketball Skills and Drills (Ages 9-11)	4:30 pm Hockey Skills - 13 yrs old and under	5:30 pm Little Artists (Ages 6-8)	6:15 pm Leisure/ Splash & Slide	
10:45 am Preschool 3	5:10 pm Basketball Drop-In (Ages 8-10)	6:45 pm Drama & Creative Arts Club (Ages 9-13)	5:00 pm Walking Track	5:30 pm Shared Lane Swim (Lanes 1-4)	6:50 pm Private Learn to Skate Youth (Ages 6+)	
10:45 am Swimmer 3	5:10 pm Private Learn to Skate Youth (Ages 4+)	6:45 pm Public Swim	5:15 pm Public Swim	5:45 pm Leisure & Splash	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	
10:45 am Private Swimming Lessons - Preschool	5:30 pm Junior Chefs (Ages 9-11)	7:00 pm Walking Track	5:20 pm Multi Sports Skills and Drills (Ages 4-5)	6:10 pm Indoor Soccer Skills and Drills (Ages 9-11)	7:00 pm Lane Swim	
10:45 am Preschool 5	5:30 pm Public Swim	7:00 pm Dance Fit	6:00 pm Balls & Bands	6:15 pm Zumba® Toning	7:00 pm Walking Track	
11:00 am Walking Track	5:30 pm Music Club Drop-In (Ages 11 to 17)	7:30 pm Basketball Drop-In (Ages 14-17)	6:10 pm Multi Sports Skills and Drills (Ages 6-8)	6:45 pm Public Swim	7:05 pm Basketball Drop-In (Ages 18+)	
11:15 am Private Swimming Lessons	5:50 pm Parent & Child (Ages 2 to 5)	8:00 pm Lane Swim	6:30 pm Leisure/ Splash & Slide	6:45 pm Junior Artists (Ages 9-11)	7:30 pm Youth (Ages 6 to 17)	
11:15 am Private Swimming Lessons	5:50 pm Preschool (Ages 4 to 5)		6:30 pm Lane Swim	7:00 pm Walking Track	8:10 pm Sport Court Reservation - Alder Saputo Centre	
11:15 am Preschool 4	6:15 pm Basketball Drop-In (Ages 11-13)		7:00 pm Walking Track	7:00 pm Sport Court Reservation - Alder Saputo Centre		
11:15 am Preschool 3	6:15 pm Cardio Tone		7:00 pm Zumba®	8:00 pm Lane Swim		
11:15 am Preschool 1	6:30 pm Youth (Ages 6 to 17)		7:00 pm Multi Sports Skills and Drills (Ages 9-11)	8:30 pm Sport Court Reservation - Alder Saputo Centre		
11:15 am Swimmer 1	6:30 pm Leisure & Splash		8:00 pm Basketball Drop-In (Ages 18+)			
11:15 am Preschool 2	7:00 pm Zumba®					
11:30 am Sport Court Reservation - Alder Saputo Centre	7:00 pm Walking Track					
11:30 am Swimmer 6	7:20 pm Sport Court Reservation - Alder Saputo Centre					
11:30 am Swimmer 4	7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT					
11:45 am Preschool 5						
11:45 am Private Swimming Lessons - Preschool						
11:45 am Swimmer 2						
11:45 am Preschool 3						
11:45 am Private Swimming Lessons - Preschool						
11:45 am Preschool 2						
11:45 am Preschool 1						
12:30 pm Public Swim						

1:00 pm Walking Track 1:00 pm Sport Court Reservation - Alder Saputo Centre 1:30 pm Sunday FAMILY Skate 2:00 pm Swimmer 1- Teen/Adult 2:00 pm Swimmer 2-Teen/Adult 2:00 pm Private Swimming Lessons - Preschool 2:00 pm Private Swimming Lessons - Preschool 2:00 pm Private Swimming Lessons - Preschool 2:00 pm Swimmer 3 - Teen/Adult 2:30 pm Private Swimming Lessons - Preschool 2:30 pm Private Swimming Lessons - Preschool 2:30 pm Private Swimming Lessons - Preschool 2:30 pm Sport Court Reservation - Alder Saputo Centre 3:00 pm Walking Track 3:00 pm Lane Swim 3:00 pm Birthday Party - Swim & Splash 4:00 pm Sport Court Reservation - Alder Saputo Centre 4:00 pm Leisure/ Splash & Slide 5:00 pm Walking Track 5:00 pm Lane Swim 5:00 pm Leisure & Splash 5:30 pm Sport Court Reservation - Alder Saputo Centre 7:00 pm Walking Track						
23 8:00 am Lane Swim (Pre-Register) 8:30 am Sport Court Reservation - Alder Saputo Centre	24 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation -	25 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation -	26 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder	27 7:00 am Figure Skating Skills / Pre-Registered Only 7:30 am Lane Swim (Pre-registered	28 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation -	29 8:50 am Parent & Child (Ages 2 to 5) 8:50 am Private Learn to Skate

9:00 am Walking Track	Alder Saputo Centre 8:30 am 55+ Shinny	Alder Saputo Centre 8:30 am 70+ Shinny	Saputo Centre 8:30 am 55+ Shinny	only) 8:30 am Sport Court Reservation - Alder Saputo Centre	Alder Saputo Centre 8:30 am Babysitting Training 8:30 am 55+ Shinny	Youth (Ages 4+) 9:00 am Swimmer 1 9:00 am
9:00 am Bronze Cross and Standard	8:30 am 55+ Shinny - GOALIES Only		8:30 am 55+ Shinny - GOALIES Only			

First Aid CPR-C	9:00 am Indoor Nordic Walking	8:30 am 70+ Shinny - GOALIES Only	9:00 am Walking Track	8:30 am 70+ Shinny	8:30 am 55+ Shinny - GOALIES Only	Swimmer 3
9:00 am Lane Swim				8:30 am 70+ Shinny - GOALIES Only		9:00 am Bronze Star
10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am 65+ Shinny - GOALIES Only	8:45 am Aqua Zumba	9:00 am 65+ Shinny - GOALIES Only		8:45 am Aquafit	9:00 am Preschool 1
10:15 am Public Swim	9:00 am Adult Skate	9:00 am Walking Track	9:00 am Adult Skate	9:30 am Public Swim (Lap pool only)	9:00 am Zumba® Gold	9:00 am Swimmer 4
11:00 am Walking Track	9:00 am 65+ Shinny		9:00 am 65+ Shinny	9:30 am Chair Yoga	9:00 am 65+ Shinny - GOALIES Only	9:00 am Preschool 2
11:15 am Sensory Friendly Swim	9:15 am Chair Fitness	9:30 am Public Swim (Lap pool only)	9:30 am Public Swim (Lap pool only)	10:00 am Beginner Line Dance	9:00 am Adult Skate	9:00 am Swimmer 2
11:30 am Sport Court Reservation - Alder Saputo Centre	9:30 am Public Swim (Lap pool only)	9:30 am Chair Yoga	9:30 am Gentle Flow Yoga	10:00 am Sport Court Reservation - Alder Saputo Centre	9:00 am Walking Track	9:00 am Swimmer 2
12:15 pm Leisure/ Splash & Slide	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Dance Fit	10:00 am Sport Court Reservation - Alder Saputo Centre	10:20 am Parent & Child (Ages 2 to 5)	9:00 am 65+ Shinny	9:00 am Walking Track
1:00 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Tiny Tots	10:00 am Sport Court Reservation - Alder Saputo Centre	10:00 am Tiny Tots	10:45 am Parent & Tot 2	9:30 am Public Swim (Lap pool only)	9:00 am Preschool 3
1:00 pm Walking Track	11:00 am Family Skate	10:45 am Preschool 1	10:15 am Zumba® Toning	10:45 am Parent & Tot 3	9:45 am Chair Fitness	9:00 am Preschool 4
1:30 pm Sunday FAMILY Skate	11:30 am Sport Court Reservation - Alder Saputo Centre	10:45 am Preschool 2	11:00 am Family Skate	10:45 am Preschool 3	10:00 am Tiny Tots	9:30 am Swimmer 1
2:30 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Gentle Flow Yoga	10:45 am Intermediate Line Dance	11:00 am Walking Track	10:45 am Preschool 2	10:00 am Sport Court Reservation - Alder Saputo Centre	9:30 am Preschool 3
3:00 pm Walking Track	12:00 pm Adult Shinny	10:45 am Parent & Tot 1	11:00 am Balls & Bands	11:00 am Semi-Private Learn to Skate Toddler (Age 3)	10:30 am Swimmer 2- Teen/Adult	9:30 am Swimmer 2
3:00 pm Birthday Party - Swim & Splash	12:00 pm Adult Shinny - GOALIES Only	11:00 am Walking Track	11:30 am Sport Court Reservation - Alder Saputo Centre	11:00 am Walking Track	10:30 am Swimmer 1- Teen/Adult	9:30 am Social Pickleball (Ages 18+)
3:00 pm Lane Swim	12:30 pm Family Skate	11:15 am Preschool 3	12:00 pm Adult Shinny - GOALIES Only	11:00 am Strollercise	10:30 am Swimmer 3- Teen/Adult	9:30 am Preschool 1
4:00 pm Leisure/ Splash & Slide	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 2	12:00 pm Adult Shinny	11:15 am Parent & Tot 1	10:45 am Baby & Me Fit	9:30 am Parent & Tot 2
4:00 pm Sport Court Reservation - Alder Saputo Centre	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 4	12:30 pm Family Skate	11:15 am Preschool 4	11:00 am Family Skate	9:30 am Parent & Tot 1
5:00 pm Walking Track	3:00 pm Figure Skating Skills	11:15 am Preschool 5	1:00 pm Sport Court Reservation - Alder Saputo Centre	11:15 am Preschool 5	11:00 am Walking Track	9:30 am Parent & Child (Ages 2 to 5)
5:00 pm Leisure & Splash	3:00 pm Walking Track	11:30 am Sport Court Reservation - Alder Saputo Centre	1:00 pm Walking Track	11:15 am Preschool 1	12:00 pm Adult Shinny	9:30 am Preschool 2
5:30 pm Sport Court Reservation - Alder Saputo Centre	3:30 pm Shinny 11-13 yrs old	12:30 pm Adult Skate	2:30 pm Sport Court Reservation - Alder Saputo Centre	11:30 am Sport Court Reservation - Alder Saputo Centre	12:00 pm Adult Shinny - GOALIES Only	9:45 am Swimmer 6
7:00 pm Walking Track	3:30 pm Shinny 11 - 13 years GOALIE Registration Only	1:00 pm Inclusive Open Gym	3:00 pm Walking Track	11:40 am Private Learn to Skate Adult (Ages 18+)	1:00 pm Sport Court Reservation - Alder Saputo Centre	9:45 am Swimmer 5
	3:30 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	1:00 pm Walking Track	3:20 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	12:15 pm Private Hockey/Ringette Technical Skating Skills (Adult Ages 18+) FULL EQUIPMENT	1:00 pm Walking Track	10:00 am Swimmer 2
	FULL EQUIPMENT	2:30 pm Sport Court Reservation - Alder Saputo Centre	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	12:30 pm Adult Skate	2:30 pm Sport Court Reservation - Alder Saputo Centre	10:00 am Preschool 3
	4:05 pm Basketball Drop-In (Ages 14-17)	3:00 pm Walking Track	3:30 pm Shinny 5 - 7 yrs old	1:00 pm Home School Community Open Gym	3:00 pm Walking Track	10:00 am Preschool 1
	4:15 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	3:00 pm Figure Skating Skills	4:00 pm Hockey Skills - 14 yrs and older	1:00 pm Walking Track	4:00 pm Public Skate	10:00 am Preschool 2
	FULL EQUIPMENT	3:30 pm Shinny 8 - 10 years GOALIE Registration Only	4:05 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	2:30 pm Sport Court Reservation - Alder Saputo Centre	4:00 pm Social Pickleball (Ages 18+)	10:00 am Parent & Tot 3
	4:30 pm Private Swimming Lessons - Preschool	3:30 pm Hockey Skills - 14 yrs and older	FULL EQUIPMENT	3:00 pm Walking Track	4:10 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	10:00 am Swimmer 1
	4:30 pm Preschool 3	3:30 pm Shinny 8 - 10 yrs old	4:30 pm Preschool 3	3:30 pm Shinny 14 - 17 yrs old	FULL EQUIPMENT	10:30 am Swimmer 9- Star Patrol
					4:30 pm Preschool 2	10:30 am Swimmer 8 - Rookie Patrol
						10:30 am Swimmer 7 - Rookie Patrol

4:30 pm Preschool 4	4:30 pm Preschool 4	4:30 pm Preschool 4	7-17 yrs old 3:30 pm Shinny 14-17 year old GOALIE Registration Only	4:30 pm Preschool 5	10:45 am Swimmer 4
4:30 pm Preschool 2	4:30 pm Hockey Skills - 13 yrs old and under	4:30 pm Preschool 1		4:30 pm Preschool 3	10:45 am Preschool 1
4:30 pm Preschool 1	4:30 pm Preschool 1	4:30 pm Preschool 2		4:30 pm Preschool 1	10:45 am Swimmer 1
4:30 pm Mini Movers (Ages 4-5)	4:30 pm Private Swimming Lessons - Preschool	4:30 pm Private Swimming Lessons - Preschool	3:50 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+) FULL EQUIPMENT	4:30 pm Preschool 4	10:45 am Swimmer 2
5:00 pm Swimmer 5	4:30 pm Social Pickleball Drop-In (Ages 12-17)	4:30 pm Multi Sports Skills and Drills (Ages 4-5)	4:30 pm Preschool 3	5:00 pm Power Skating for Hockey/Ringette (Ages 9-10) FULL EQUIPMENT	10:45 am Preschool 2
5:00 pm Swimmer 2		4:30 pm Public Skate (sledges available)	4:30 pm Preschool 2		10:45 am Swimmer 3
5:00 pm Preschool 1	4:30 pm Preschool 2		4:30 pm Preschool 5	5:00 pm Preschool 2	10:45 am Preschool 5

	5:00 pm Preschool 3	4:30 pm Preschool 3	4:30 pm Hockey Skills - 13 yrs old and under	4:30 pm Preschool 4	5:00 pm Parent & Tot 1	10:45 am Preschool 4
	5:00 pm Vinyasa	4:30 pm Preschool 5	5:00 pm Swimmer 6	4:30 pm Private Swimming Lessons - Preschool	5:00 pm Preschool 1	10:50 am Preschool (Ages 4 to 5)
	5:00 pm Swimmer 3	4:45 pm Mini Minds (Ages 4-5)	5:00 pm Swimmer 1	4:30 pm Mini Artists (Ages 4-5)	5:00 pm Walking Track	10:50 am Private Learn to Skate Youth (Ages 6+)
	5:00 pm Preschool 2	5:00 pm Preschool 4	5:00 pm Private Swimming Lessons	4:30 pm Preschool 1	5:00 pm Private Swimming Lessons - Preschool	10:50 am Semi-Private Sibling Learn to Skate Youth (Ages 6+)
	5:00 pm Walking Track	5:00 pm Swimmer 1	5:00 pm Preschool 3	4:30 pm Indoor Soccer Skills and Drills (Ages 4-5)	5:00 pm Preschool 3	
	5:00 pm Swimmer 1	5:00 pm Private Swimming Lessons	5:00 pm Preschool 5	4:35 pm Private Hockey/Ringette Technical Skating Skills (Ages 6+)	5:00 pm Parent & Tot 2	11:00 am Social Pickleball (Ages 18+)
	5:00 pm Swimmer 4	5:00 pm Swimmer 3	5:00 pm Preschool 2	FULL EQUIPMENT	5:30 pm Preschool 1	11:00 am Walking Track
	5:00 pm Preschool 5	5:00 pm Preschool 3	5:00 pm Cardio Tone	5:00 pm Preschool 3	5:30 pm Parent & Tot 3	11:15 am Preschool 1
	5:10 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	5:00 pm Swimmer 4	5:00 pm Swimmer 2	5:00 pm Preschool 4	5:30 pm Preschool 3	11:15 am Swimmer 1
	5:10 pm Private Learn to Skate Youth (Ages 4+)	5:00 pm Preschool 1	5:00 pm Swimmer 3	5:00 pm Swimmer 3	5:30 pm Preschool 4	11:15 am Swimmer 2
	5:10 pm Basketball Drop-In (Ages 8-10)	5:00 pm Swimmer 2	5:00 pm Walking Track	5:00 pm Walking Track	5:30 pm Youth Night (Ages 6 to 13)	11:15 am Preschool 2
	5:30 pm Preschool 4	5:00 pm Preschool 2	5:20 pm Multi Sports Skills and Drills (Ages 4-5)	5:00 pm Private Swimming Lessons - Preschool	5:30 pm Preschool 2	11:15 am Preschool 3
	5:30 pm Preschool 2	5:00 pm Hatha Beginner	5:30 pm Swimmer 1	5:00 pm Preschool 1	5:30 pm Social Pickleball (Ages 18+)	11:15 am Preschool 5
	5:30 pm Junior Chefs (Ages 9-11)	5:00 pm Walking Track	5:30 pm Parent & Tot 1	5:00 pm Preschool 5	6:00 pm Preschool 3	11:30 am Youth (Ages 6 to 17)
	5:30 pm Swimmer 1	5:00 pm Preschool 5	5:30 pm Preschool 4	5:00 pm Preschool 2	6:00 pm Preschool 5	11:30 am Private Swimming Lessons
	5:30 pm Preschool 3	5:30 pm Preschool 1	5:30 pm Swimmer 2	5:00 pm Preschool 4	6:00 pm Preschool 1	11:30 am Swimmer 5
	5:30 pm Parent & Tot 1	5:30 pm Preschool 3	5:30 pm Parent & Tot 2	5:15 pm Swimmer 1	6:00 pm Private Swimming Lessons - Preschool	11:30 am Swimmer 6
	5:30 pm Swimmer 2	5:30 pm Private Swimming Lessons	5:30 pm Preschool 2	5:15 pm Swimmer 2	6:00 pm Preschool 2	11:45 am Preschool 3
	5:30 pm Preschool 1	5:30 pm Swimmer 2	5:30 pm Preschool 3	5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)	6:10 pm Parent & Child (Ages 2 to 5)	11:45 am Swimmer 1
	5:30 pm Music Club Drop-In (Ages 11 to 17)	5:30 pm Preschool 2	5:30 pm Preschool 1	5:30 pm Little Artists (Ages 6-8)	6:10 pm Preschool (Ages 4 to 5)	11:45 am Preschool 1
	5:30 pm Parent & Tot 2	5:30 pm Preschool 4	5:45 pm Swimmer 3	5:30 pm Private Swimming Lessons - Preschool	6:30 pm Private Swimming Lessons - Preschool	11:45 am Preschool 2
	5:45 pm Swimmer 4	5:30 pm Parent & Tot 3	5:45 pm Swimmer 5	6:00 pm Balls & Bands	6:30 pm Preschool 2	11:45 am Preschool 4
	5:45 pm Swimmer 6	5:30 pm Swimmer 1	5:45 pm Swimmer 4	6:10 pm Multi Sports Skills and Drills (Ages 6-8)	6:30 pm Preschool 3	11:45 am Swimmer 2
	5:45 pm Swimmer 3	5:40 pm Mindfulness Drop-In (Ages 9-13)	6:00 pm Balls & Bands	6:15 pm Preschool 1	6:30 pm Preschool 1	12:00 pm Private Swimming Lessons
	5:50 pm Parent & Child (Ages 2 to 5)	5:45 pm Basketball Skills and Drills (Ages 6-8)	6:15 pm Preschool 3	6:15 pm Preschool 3	6:30 pm Preschool 4	12:15 pm Private Swimming Lessons
	5:50 pm Preschool (Ages 4 to 5)	5:45 pm Swimmer 6	6:15 pm Parent & Tot 3	6:15 pm Parent & Tot 3	6:50 pm Private Learn to Skate Youth (Ages 6+)	12:15 pm Private Swimming Lessons
	6:00 pm Swimmer 2	5:45 pm Swimmer 5	6:15 pm Preschool 2	6:15 pm Preschool 2	6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+)	12:15 pm Private Swimming Lessons
	6:00 pm Swimmer 1	6:00 pm Parent & Tot 2	6:15 pm Swimmer 1	5:45 pm Swimmer 5	7:00 pm Lane Swim	
	6:15 pm Preschool 1	6:00 pm Swimmer 2	6:15 pm Swimmer 2	5:45 pm Swimmer 1		
		6:00 pm Preschool 2	6:15 pm Preschool 4			
		6:00 pm Swimmer 1				

6:15 pm Parent & Tot 3	6:00 pm Private Swimming Lessons	6:30 pm Swimmer 6	5:45 pm Swimmer 2	7:00 pm Late Swimmer	Swimming Lessons
6:15 pm Preschool 3	6:00 pm Parent & Tot 1	6:30 pm Swimmer 3	5:45 pm Swimmer 6	7:00 pm Walking Track	12:15 pm Private Swimming Lessons
6:15 pm Basketball Drop-In (Ages 11-13)	6:15 pm Preschool 1	6:30 pm Swimmer 4	6:10 pm Indoor Soccer Skills and Drills (Ages 9-11)	7:05 pm Basketball Drop-In (Ages 18+)	12:15 pm Private Swimming Lessons
6:15 pm Cardio Tone	6:15 pm Preschool 2	6:45 pm Swimmer 1	6:15 pm Preschool 3	7:30 pm Youth (Ages 6 to 17)	12:15 pm Private Swimming Lessons
6:15 pm Preschool 4	6:15 pm Preschool 4	6:45 pm Preschool 3	6:15 pm Preschool 4	8:10 pm Sport Court Reservation - Alder Saputo Centre	12:15 pm Private Swimming Lessons
6:15 pm Preschool 2	6:15 pm Body Blast	6:45 pm Preschool 1	6:15 pm Preschool 2		12:15 pm Private Swimming Lessons
6:30 pm Youth (Ages 6 to 17)	6:15 pm Preschool 3	6:45 pm Preschool 2	6:15 pm Preschool 1		12:15 pm Private Swimming Lessons
6:30 pm Swimmer 5	6:30 pm Swimmer 4	6:45 pm Preschool 5	6:15 pm Parent & Tot 1		12:15 pm Private Swimming Lessons
6:30 pm Swimmer 3	6:30 pm Swimmer 3	7:00 pm Walking Track	6:15 pm Private Swimming Lessons - Preschool		12:15 pm Private Swimming Lessons
6:30 pm Swimmer 4	6:35 pm Basketball Skills and Drills (Ages 9-11)	7:00 pm Zumba®	6:15 pm Zumba® Toning		12:30 pm Sport Court Reservation - Alder Saputo Centre
6:45 pm Preschool 3	6:45 pm Swimmer 1	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6:15 pm Parent & Tot 2		1:00 pm Walking Track
6:45 pm Preschool 1	6:45 pm Private Swimming Lessons	7:15 pm Preschool 4	6:30 pm Swimmer 2		2:00 pm Sport Court Reservation - Alder Saputo Centre
6:45 pm Preschool 4	6:45 pm Preschool 1	7:15 pm Private Swimming Lessons - Preschool	6:30 pm Swimmer 4		3:00 pm Walking Track
6:45 pm Preschool 5	6:45 pm Preschool 5	7:15 pm Preschool 3	6:30 pm Swimmer 3		3:30 pm Sport Court Reservation - Alder Saputo Centre
6:45 pm Swimmer 1	6:45 pm Swimmer 2	7:15 pm Preschool 2	6:30 pm Swimmer 1		5:00 pm Walking Track
6:45 pm Preschool 2	6:45 pm Preschool 4	7:15 pm Preschool 5	6:45 pm Preschool 3		5:00 pm Social Pickleball (Ages 18+)
6:45 pm Swimmer 2	6:45 pm Preschool 3	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 1		6:00 pm Birthday Party - Skate & Celebrate
7:00 pm Zumba®	6:45 pm Preschool 2	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 5		6:30 pm Social Pickleball (Ages 18+)
7:00 pm Walking Track	6:45 pm Drama & Creative Arts Club (Ages 9-13)	7:15 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 4		7:00 pm Walking Track
7:15 pm Preschool 5	7:00 pm Walking Track	7:15 pm Preschool 1	6:45 pm Junior Artists (Ages 9-11)		7:30 pm Public Skate (sledges available)
7:15 pm Preschool 2	7:00 pm Dance Fit	7:45 pm Private Swimming Lessons - Preschool	6:45 pm Preschool 2		8:00 pm Sport Court Reservation - Alder Saputo Centre
7:15 pm Preschool 3	7:15 pm Preschool 3	7:45 pm Private Swimming Lessons - Preschool	6:45 pm Private Swimming Lessons		
7:15 pm Preschool 4	7:15 pm Preschool 2	7:45 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 2		
7:15 pm Preschool 1	7:15 pm Preschool 4	7:45 pm Private Swimming Lessons - Preschool	7:00 pm Swimmer 1		
7:15 pm Private Swimming Lessons - Preschool	7:15 pm Preschool 1	7:45 pm Private Swimming Lessons - Preschool	7:00 pm Sport Court Reservation - Alder Saputo Centre		
7:15 pm Private Swimming Lessons - Preschool	7:15 pm Swimmer 5	7:45 pm Private Swimming Lessons - Preschool	7:00 pm Walking Track		
7:20 pm Sport Court Reservation - Alder Saputo Centre	7:15 pm Swimmer 6	7:45 pm Private Swimming Lessons - Preschool	7:15 pm Swimmer 5		
7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	7:15 pm Swimmer 2	8:00 pm Basketball Drop-In (Ages 18+)	7:15 pm Preschool 4		
	7:15 pm Private Swimming Lessons		7:15 pm Preschool 5		
	7:15 pm Swimmer 1		7:15 pm Step &		

	7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool	7:15 pm Preschool 5 7:30 pm Basketball Drop-In (Ages 14-17) 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool		Tone 7:15 pm Preschool 3 7:15 pm Preschool 1 7:15 pm Preschool 2 7:15 pm Private Swimming Lessons 7:15 pm Swimmer 6 7:30 pm Swimmer 2 7:30 pm Swimmer 1 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 7:45 pm Private Swimming Lessons - Preschool 8:00 pm Swimmer 2-Teen/Adult 8:00 pm Swimmer 1- Teen/Adult 8:00 pm Swimmer 3 - Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre		
30 8:30 am Sport Court Reservation - Alder Saputo Centre 9:00 am Lifesaving Sport 9:00 am Walking Track 9:00 am Preschool 4 9:00 am Preschool 1 9:00 am Swimmer 2 9:00 am Swimmer 1 9:00 am Preschool 3 9:00 am Preschool 2 9:00 am Swimmer						

4							
9:00 am Preschool 5							
9:00 am Swimmer 3							
9:30 am Preschool 2							
9:30 am Swimmer 1							
9:30 am Preschool 1							
9:30 am Preschool 3							
9:30 am Preschool 4							
9:30 am Swimmer 2							
9:30 am Parent & Tot 3							
9:45 am Swimmer 6							
9:45 am Swimmer 5							
10:00 am Parent & Tot 2							
10:00 am Preschool 2							
10:00 am Sport Court Reservation - Alder Saputo Centre							
10:00 am Swimmer 1							
10:00 am Preschool 4							
10:00 am Parent & Tot 1							
10:00 am Preschool 3							
10:00 am Preschool 1							
10:00 am Swimmer 2							
10:15 am Swimmer 7 - Rookie Patrol							
10:15 am Swimmer 8 - Rookie Patrol							
10:15 am Swimmer 9- Star Patrol							
10:45 am Swimmer 2							
10:45 am Preschool 5							
10:45 am Swimmer 3							
10:45 am Preschool 2							
10:45 am Preschool 1							
10:45 am Swimmer 1							
10:45 am Preschool							

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Swimming Lessons						
12:15 pm Private Swimming Lessons						
1:00 pm Sport Court Reservation - Alder Saputo Centre						
1:00 pm Walking Track						
1:30 pm Sunday FAMILY Skate						
2:00 pm Private Swimming Lessons						
2:00 pm Private Swimming Lessons						
2:00 pm Private Swimming Lessons						
2:15 pm Swimmer 3 - Teen/Adult						
2:15 pm Swimmer 1- Teen/Adult						
2:15 pm Swimmer 2-Teen/Adult						
2:30 pm Private Swimming Lessons						
2:30 pm Sport Court Reservation - Alder Saputo Centre						
2:30 pm Private Swimming Lessons						
2:30 pm Private Swimming Lessons						
3:00 pm Birthday Party - Swim & Splash						
3:00 pm Swimmer 2-Teen/Adult						
3:00 pm Swimmer 3 - Teen/Adult						
3:00 pm Swimmer 1- Teen/Adult						
3:00 pm Walking Track						
4:00 pm Sport Court Reservation - Alder Saputo Centre						
5:00 pm Walking Track						
5:30 pm Sport Court Reservation - Alder Saputo Centre						
7:00 pm Walking Track						