

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 6:00 pm Birthday Party - Skate & Celebrate
5 3:00 pm Birthday Party - Swim & Splash	6	7	8	9	10	11 6:00 pm Birthday Party - Skate & Celebrate
12 9:00 am Bronze Medallion and Emergency First Aid 3:00 pm Birthday Party - Swim & Splash	13	14	15	16	17	18 6:00 pm Birthday Party - Skate & Celebrate
19 3:00 pm Birthday Party - Swim & Splash	20	21	22	23	24 8:30 am Home Alone 8:45 am Therapeutic Swim (Lap)	25
26	27 3:30 pm Shinny 11- 13 yrs old	28 3:30 pm Shinny 8 - 10 yrs old 3:30 pm Hockey Skills - 14 yrs and older 4:30 pm Hockey Skills - 13 yrs old and under	29 3:30 pm Shinny 5 - 7 yrs old 4:00 pm Hockey Skills - 14 yrs and older 4:30 pm Hockey Skills - 13 yrs old and under	30 8:30 am 70+ Shinny - GOALIES Only 8:30 am 70+ Shinny 3:00 pm Figure Skating Skills 3:30 pm Shinny 14 - 17 yrs old	31 7:30 am Lane Swim (Pre-registered only) 8:30 am Sport Court Reservation - Alder Saputo Centre 8:30 am 55+ Shinny - GOALIES Only 8:30 am 55+ Shinny 8:45 am Aquafit 9:00 am Walking Track 9:00 am Adult Skate 9:00 am 65+ Shinny - GOALIES Only 9:00 am Zumba® Gold 9:00 am 65+ Shinny 9:30 am Public Swim (Lap pool only) 9:45 am Chair Fitness 10:00 am Tiny Tots 10:00 am Sport	

					Court Reservation - Alder Saputo Centre 10:30 am Swimmer 2-Teen/Adult 10:30 am Swimmer 1- Teen/Adult 10:30 am Swimmer 3 - Teen/Adult 10:45 am Baby & Me Fit 11:00 am Family Skate 11:00 am Walking Track 11:30 am Sport Court Reservation - Alder Saputo Centre 12:00 pm Adult Shinny 12:00 pm Lane Swim 12:00 pm Adult Shinny - GOALIES Only 1:00 pm Sport Court Reservation - Alder Saputo Centre 1:00 pm Lane Swim 1:00 pm Walking Track 2:00 pm Leisure & Splash 2:30 pm Sport Court Reservation - Alder Saputo Centre 3:00 pm Walking Track 4:00 pm Public Skate 4:00 pm Social Pickleball (Ages 18+) 5:00 pm Walking Track 5:30 pm Social Pickleball (Ages 18+) 6:50 pm Semi-Private Sibling Learn to Skate Youth (Ages 6+) 7:00 pm Walking Track 7:00 pm Lane Swim 7:05 pm Basketball Drop-In (Ages 18+) 8:10 pm Sport Court Reservation - Alder Saputo Centre	
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