October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 6:00 pm Birthday Party - Skate & Celebrate
5 3:00 pm Birthday Party - Swim & Splash	6	7	8	9	10	6:00 pm Birthday Party - Skate & Celebrate
9:00 am Bronze Medallion and	13 3:00 pm Walking Track	14 7:30 am Lane Swim (Pre-registered	15 7:30 am Lane Swim (Pre-registered	16 7:00 am Figure Skating Skills / Pre-	17 7:30 am Lane Swim (Pre-registered	18 8:20 am Power Skating for

| Emergency First | Only | Only | Registered Only | Only | Hackey/Ringette |

Linergency 1 not	5:00 pm Walking	omy)	omy)	Registered Only	— — — — — — — — — — — — — — — — — — —	Hockey/Kingem
Aid 3:00 pm Birthday Party - Swim &	Track 7:00 pm Walking	8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim (Pre-registered only)	8:30 am Sport Court Reservation - Alder Saputo Centre	(Ages 9-10) FULL EQUIPMENT
Splash	Track	Centre 8:30 am 70+	8:30 am 55+ Shinny 8:30 am 55+ Shinny	8:30 am Sport Court Reservation - Alder	8:30 am 55+ Shinny - GOALIES Only	8:50 am Parent & Child (Ages 2 to 5)
		Shinny - GOALIES Only	- GOALIES Only	Saputo Centre 8:30 am 70+ Shinny	8:30 am 55+ Shinny	9:00 am
		8:30 am 70+	8:45 am Therapeutic Swim (Lap)	- GOALIES Only	8:45 am Aquafit	Swimmer 7 - Rookie Patrol
		Shinny 8:45 am Aqua	9:00 am 65+ Shinny	8:30 am 70+ Shinny	9:00 am Walking Track	9:00 am Bronze
		Zumba	9:00 am Walking Track	8:45 am Aqua Zumba	9:00 am Adult Skate	Star 9:00 am
		9:00 am Walking Track	9:00 am Adult Skate	9:30 am Public Swim (Lap &	9:00 am 65+ Shinny - GOALIES Only	Preschool 2
		9:30 am Public Swim (Lap &	9:00 am 65+ Shinny - GOALIES Only	Leisure pools only) 9:30 am Chair Yoga	9:00 am Zumba® Gold	9:00 am Preschool 3
		Leisure pools only) 9:30 am Chair Yoga	9:30 am Public	9:45 am Strollercise	9:00 am 65+ Shinny	9:00 am Preschool 4
		10:00 am Sport Court Reservation -	Swim (Lap pool only) 9:30 am Gentle	10:00 am Beginner Line Dance	9:30 am Public Swim (Lap &	9:00 am Swimmer 9-
		Alder Saputo Centre	Flow Yoga 10:00 am Sport	10:00 am Sport Court Reservation -	Leisure pools only) 9:45 am Chair Fitness	Star Patrol 9:00 am Private
		10:00 am Dance Fit	Court Reservation - Alder Saputo Centre	Alder Saputo Centre 10:20 am Parent &	10:00 am Tiny Tots	Swimming Lessons - Preschool
		10:45 am Preschool 2	10:00 am Tiny Tots	Child (Ages 2 to 5)	10:00 am Sport Court Reservation -	9:00 am
		10:45 am Parent & Tot 1	10:15 am Zumba® Toning	10:45 am Preschool	Alder Saputo Centre 10:30 am Swimmer	Swimmer 8- Ranger Patrol
		10:45 am Intermediate Line	10:30 am Sensory Friendly Swim	10:45 am Parent & Tot 1	2-Teen/Adult	9:00 am Walking Track
		Dance 10:45 am Preschool	(Lap) 11:00 am Family	10:45 am Preschool 2	10:30 am Swimmer 1- Teen/Adult	9:15 am Swimmer 1
		1 11:00 am Walking	Skate 11:00 am Walking	11:00 am Semi- Private Learn to	10:30 am Swimmer 3 - Teen/Adult	9:15 am Private Swimming
		Track	Track	Skate Toddler (Age 3)	10:45 am Baby & Me Fit	Lessons 9:15 am
		11:15 am Preschool 3 11:15 am Parent &	11:00 am Balls & Bands	11:00 am Walking Track	11:00 am Family Skate	Swimmer 3 9:30 am
		Tot 2 11:15 am Preschool	11:30 am Sport Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 2	11:00 am Walking Track	Preschool 1 9:30 am
		4 11:15 am Preschool	12:00 pm Adult Shinny	11:15 am Parent & Tot 3	11:30 am Sport Court Reservation -	Preschool 4 9:30 am Privat
		5	12:00 pm Adult	11:15 am Preschool	Alder Saputo Centre 12:00 pm Adult	Swimming Lessons -
		11:15 am Parent & Tot 3	Shinny - GOALIES Only	11:15 am Preschool	Shinny	Preschool
		11:30 am Sport Court Reservation -	12:15 pm Lane Swim	11:15 am Preschool	12:00 pm Lane Swim	9:30 am Preschool 2
		Alder Saputo Centre	12:30 pm Family Skate	11:30 am Sport	12:00 pm Adult Shinny - GOALIES Only	9:30 am Preschool 5
		12:00 pm Lane Swim	1:00 pm Sport Court Reservation -	Court Reservation - Alder Saputo Centre	1:00 pm Sport Court Reservation -	9:30 am Social Pickleball (Age 18+)
		12:30 pm Adult Skate	Alder Saputo Centre 1:00 pm Walking	11:40 am Private Learn to Skate Adult (Ages 18+)	Alder Saputo Centre 1:00 pm Lane Swim	9:30 am Parent & Child (Ages
		1:00 pm Walking Track	Track 1:15 pm Leisure &	12:15 pm Lane Swim	1:00 pm Walking Track	to 5) 9:45 am
		1:00 pm Inclusive Open Gym	Splash 2:30 pm Sport	12:15 pm Private Hockey/Ringette	2:00 pm Leisure & Splash	Swimmer 2
		2:30 pm Sport Court Reservation -	Court Reservation - Alder Saputo Centre	Technical Skating Skills (Adult Ages	2:30 pm Sport Court Reservation -	9:45 am Privat Swimming Lessons
		Alder Saputo Centre	3:00 pm Walking Track	18+) FULL EQUIPMENT	Alder Saputo Centre	10:00 am Preschool 2
		3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette	12:30 pm Adult Skate	3:00 pm Walking Track	10:00 am Preschool 3
		3:00 pm Walking	Technical Skating Skills (Ages 6+)	1:00 pm Home	4:00 pm Public Skate	10:00 am Paren

11aca	FULL EQUIPMENT	Open Gym		& Tot 1
3:30 pm Shinny 8 - 10 yrs old	3:30 pm Shinny 5 - 7 years GOALIE	1:00 pm Walking	4:00 pm Social Pickleball (Ages	10:00 am
3:30 pm Shinny 8 - 10 years GOALIE	Registration Only	Track 1:15 pm Leisure &	18+) 4:10 pm Private	Preschool 1 10:00 am
Registration Only	3:30 pm Shinny 5 - 7 yrs old	Splash	Hockey/Ringette Technical Skating	Swimmer 4
3:30 pm Hockey Skills - 14 yrs and	4:00 pm Hockey	2:30 pm Sport Court Reservation -	Skills (Ages 6+) FULL EQUIPMENT	10:00 am Preschool 3
older	Skills - 14 yrs and older	Alder Saputo Centre	4:30 pm Private	10:10 am Preschool (Ages
4:15 pm Mini Movers (Ages 4-5)	4:05 pm Private Hockey/Ringette	3:00 pm Figure Skating Skills	Swimming Lessons - Preschool	4 to 5)
4:30 pm Hockey Skills - 13 yrs old and under	Technical Skating Skills (Ages 6+) FULL EQUIPMENT	3:00 pm Walking Track	4:30 pm Preschool 2	10:15 am Swimmer 1
4:30 pm Social	4:30 pm Multi	3:30 pm Shinny 14 - 17 yrs old	4:30 pm Preschool	10:15 am Private
Pickleball Drop-In (Ages 12-17)	Sports Skills and Drills (Ages 4-5)	3:30 pm Shinny 14 -17 year old	4:30 pm Preschool	Swimming Lessons
4:30 pm Private Swimming Lessons	4:30 pm Preschool	GOALIE Registration Only	4:30 pm Preschool	10:15 am Swimmer 6
- Preschool 4:30 pm Preschool	4:30 pm Private Swimming Lessons	3:50 pm Private Hockey/Ringette	5:00 pm Preschool	10:15 am Swimmer 5
3	- Preschool	Technical Skating Skills (Ages 6+)	1	10:30 am
4:30 pm Preschool	4:30 pm Preschool	FULL EQUIPMENT	5:00 pm Preschool 5	Preschool 4 10:45 am
4:30 pm Preschool	4:30 pm Preschool	4:30 pm Mini Artists (Ages 4-5)	5:00 pm Preschool	Preschool 3
4:30 pm Preschool	4:30 pm Preschool	4:30 pm Preschool	5:00 pm Walking Track	10:45 am Preschool 1
4:50 pm Mini	4:30 pm Hockey	4:30 pm Preschool	5:00 pm Power	10:45 am Preschool 2
Minds (Ages 4-5) 5:00 pm Swimmer	Skills - 13 yrs old and under	4:30 pm Preschool	Skating for Hockey/Ringette	10:45 am Parent & Tot 3
2	4:30 pm Public Skate	3 4:30 pm Preschool	(Ages 7-8) FULL EQUIPMENT	10:45 am Parent
5:00 pm Preschool	5:00 pm Cardio	2	5:00 pm Preschool 2	& Tot 2 10:50 am Semi-
5:00 pm Preschool	Tone 5:00 pm Swimmer 2	4:30 pm Indoor Soccer Skills and	5:00 pm Parent &	Private Sibling Learn to Skate
5:00 pm Hatha	5:00 pm Preschool	Drills (Ages 4-5) 4:30 pm Private	Tot 2 5:00 pm Parent &	Youth (Ages 6+)
Beginner	5	Swimming Lessons - Preschool	Tot 1	10:50 am Private Learn to
5:00 pm Walking Track	5:00 pm Swimmer 1 5:00 pm Parent &	4:35 pm Private	5:30 pm Preschool 4	Skate Youth (Ages 4+)
5:00 pm Swimmer	Tot 1	Hockey/Ringette Technical Skating	5:30 pm Parent & Tot 3	11:00 am Swimmer 2
5:00 pm Preschool	5:00 pm Preschool	Skills (Ages 6+) FULL EQUIPMENT	5:30 pm Preschool	11:00 am Swimmer 3
5:00 pm Parent & Tot 3	5:00 pm Preschool 2	5:00 pm Walking Track	5:30 pm Preschool	11:00 am
5:00 pm Lifesaving	5:00 pm Walking Track	5:00 pm Parent & Tot 1	5:30 pm Preschool	Walking Track 11:00 am Social
Sport 5:00 pm Preschool	5:00 pm Preschool	5:00 pm Preschool	5:30 pm Social	Pickleball (Ages 18+)
2	5:15 pm Swimmer 2	5:00 pm Parent &	Pickleball (Ages 18+)	11:00 am Private
5:15 pm Swimmer 3	5:15 pm Swimmer 1	Tot 2 5:00 pm Preschool	6:00 pm Private	Swimming Lessons
5:15 pm Swimmer 5	5:15 pm Swimmer 3 5:20 pm Multi	3	Swimming Lessons - Preschool	11:15 am
5:30 pm Preschool	Sports Skills and Drills (Ages 4-5)	5:00 pm Preschool 5	6:00 pm Preschool 2	Preschool 4 11:15 am
5:30 pm Swimmer	5:30 pm Swimmer 5	5:00 pm Preschool	6:00 pm Preschool	Preschool 2
2 5:30 pm Preschool	5:30 pm Parent & Tot 2	5:15 pm Swimmer 1	6:00 pm Preschool	11:15 am Private
1	5:30 pm Preschool	5:15 pm Swimmer 5	5	Swimming Lessons -

5:30 pm Parent &	3	5:15 pm Swimmer 2	6:00 pm Preschool	Preschool
Tot 2	5:30 pm Preschool	5:15 pm Swimmer 4	1	11:15 am
5:30 pm Swimmer	1	5:15 pm Swimmer 3	6:10 pm Preschool (Ages 4 to 5)	Preschool 1
1	5:30 pm Swimmer 6	5:20 pm Indoor	6:10 pm Parent &	11:15 am Swimmer 6
5:40 pm Mindfulness Drop- In (Ages 9-13)	5:30 pm Parent & Tot 3	Soccer Skills and Drills (Ages 6-8)	Child (Ages 2 to 5) 6:30 pm Preschool	11:15 am Preschool 3
5:45 pm Preschool	5:45 pm Swimmer 2 5:45 pm Preschool	5:30 pm Preschool	4 6:30 pm Preschool	11:30 am Swimmer 1
5:45 pm Basketball Skills and Drills	2 5:45 pm Swimmer 1	5:30 pm Preschool 4	2 6:30 pm Preschool	11:30 am Youth (Ages 6 to 17)
(Ages 6-8)	5:45 pm Preschool	5:30 pm Little Artists (Ages 6-8)	3	11:30 am
5:45 pm Preschool	6:00 pm Balls & Bands	5:30 pm Preschool	6:30 pm Private Swimming Lessons - Preschool	Private Swimming Lessons
6:00 pm Swimmer 3	6:00 pm Swimmer 5	5:45 pm Preschool	6:30 pm Preschool	11:45 am Preschool 3
6:00 pm Swimmer 2	6:10 pm Multi	5:45 pm Swimmer 1	1 6:50 pm Private	11:45 am
6:00 pm Swimmer	Sports Skills and Drills (Ages 6-8)	5:45 pm Preschool 2	Learn to Skate Youth (Ages 4+)	Private Swimming
6:00 pm Swimmer	6:15 pm Swimmer 1	5:45 pm Swimmer 2	6:50 pm Semi-	Lessons - Preschool
1	6:15 pm Preschool	6:00 pm Swimmer 3	Private Sibling Learn to Skate	11:45 am
6:00 pm Swimmer 4	6:15 pm Preschool	6:00 pm Swimmer 4	Youth (Ages 6+)	Private Swimming
6:15 pm Preschool	6:15 pm Private	6:00 pm Swimmer 6	7:00 pm Walking Track	Lessons
5	Swimming Lessons	6:10 pm Indoor Soccer Skills and	7:00 pm Lane Swim	11:45 am Swimmer 4
6:15 pm Preschool 2	6:15 pm Swimmer 4	Drills (Ages 9-11)	7:05 pm Basketball Drop-In (Ages 18+)	11:45 am
6:15 pm Preschool	6:15 pm Preschool	6:15 pm Swimmer 2 6:15 pm Parent &	7:15 pm Leisure/ Splash & Slide	Preschool 1
6:15 pm Body Blast	6:15 pm Preschool 5	Tot 2	7:30 pm Youth	Preschool 2 12:00 pm
6:15 pm Preschool	6:30 pm Swimmer 4	6:15 pm Preschool	(Ages 6 to 17)	Swimmer 2
6:15 pm Preschool	6:30 pm Swimmer 3	6:15 pm Swimmer 1	8:10 pm Sport Court Reservation -	12:00 pm Private
1	6:45 pm Preschool	6:15 pm Parent & Tot 3	Alder Saputo Centre	Swimming Lessons
6:35 pm Basketball Skills and Drills (Ages 9-11)	6:45 pm Preschool	6:15 pm Preschool 2		12:30 pm Sport
6:45 pm Preschool	6:45 pm Preschool 2	6:15 pm Preschool		Reservation - Alder Saputo Centre
6:45 pm Preschool 1	6:45 pm Preschool	6:15 pm Zumba® Toning		1:00 pm Walking Track
6:45 pm Swimmer 1	6:45 pm Preschool 5	6:15 pm Preschool 5		1:00 pm Public Swim
6:45 pm Swimmer 2	7:00 pm Swimmer 2	6:45 pm Junior Artists (Ages 9-11)		2:00 pm Sport
6:45 pm Swimmer	7:00 pm Private Swimming Lessons	6:45 pm Preschool		Court Reservation - Alder Saputo
6:45 pm Preschool	7:00 pm Walking Track	6:45 pm Preschool		Centre
6:45 pm Drama &	7:00 pm Swimmer 1	l 6:45 pm Preschool		2:15 pm Lane Swim
Creative Arts Club (Ages 9-13)	7:00 pm Multi Sports Skills and Drills (Ages 9-11)	6:45 pm Preschool 6:45 pm Preschool		3:00 pm Walking Track
6:45 pm Preschool	7:00 pm Zumba®	4		3:15 pm Leisure & Splash
7:00 pm Dance Fit	7:15 pm Private Swimming Lessons	6:45 pm Swimmer 2		3:30 pm Sport
7:00 pm Walking	- Preschool	6:45 pm Preschool 5		Court Reservation -
Track 7:00 pm Swimmer 4	7:15 pm Private Swimming Lessons - Preschool	7:00 pm Sport Court Reservation -		Alder Saputo Centre
1	Tresencer	Alder Saputo Centre		5:00 pm

		7:00 pm Swimmer 5 7:00 pm Swimmer 3 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Swimmer 1 7:15 pm Private Swimming Lessons - Preschool 7:30 pm Basketball Drop-In (Ages 14-17) 7:45 pm Swimmer 4 8:00 pm AquaFitness	7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:45 pm Leisure Swim 8:00 pm Basketball Drop-In (Ages 18+)	7:00 pm Walking Track 7:00 pm Swimmer 4 7:00 pm Swimmer 2 7:00 pm Swimmer 3 7:00 pm Swimmer 1 7:15 pm Step & Tone 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons 7:30 pm Swimmer 5 7:30 pm Swimmer 5 7:30 pm Swimmer 1 7:45 pm Swimmer 3 7:45 pm Swimmer 3 7:45 pm Swimmer 3 - Teen/Adult 8:00 pm Swimmer 3 - Teen/Adult 8:00 pm Swimmer 1 - Teen/Adult		Walking Track 5:00 pm Social Pickleball (Ages 18+) 6:00 pm Birthday Party Skate & Celebrate 6:30 pm Social Pickleball (Ages 18+) 7:00 pm Walking Track 7:30 pm Public Skate 8:00 pm Sport Court Reservation - Alder Saputo Centre
8:00 am Lane Swim (Pre- Register)	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered only)	7:00 am Figure Skating Skills / Pre- Registered Only	7:30 am Lane Swim (Pre-registered only)	8:20 am Power Skating for Hockey/Ringett
8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim (Pre-registered only)	8:30 am Sport Court Reservation - Alder Saputo Centre	(Ages 9-10) FULL EQUIPMENT
Centre 9:00 am Preschool	8:30 am 55+ Shinny - GOALIES Only	Centre 8:30 am 70+ Shinny	8:30 am 55+ Shinny 8:30 am 55+ Shinny	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Home Alone	8:50 am Parent & Child (Ages to 5)
9:00 am Swimmer 3	8:30 am 55+ Shinny 8:45 am Therapeutic Swim	8:30 am 70+ Shinny - GOALIES	- GOALIES Only 8:45 am Therapeutic Swim (Lap)	8:30 am 70+ Shinny - GOALIES Only	8:30 am 55+ Shinny - GOALIES Only 8:30 am 55+ Shinny	9:00 am Walking Track
9:00 am Walking	(Lap) 9:00 am 65+ Shinny	Only 8:45 am Aqua Zumba	9:00 am 65+ Shinny 9:00 am Walking	8:30 am 70+ Shinny 8:45 am Aqua	9:00 am Zumba® Gold	9:30 am Social Pickleball (Age 18+)
Track			Track	Zumba	9:00 am 65+ Shinny	9:30 am Parent & Child (Ages
Track 9:00 am Private Swimming Lessons - Preschool	9:00 am Indoor Nordic Walking	9:00 am Walking Track	9:00 am Adult Skate	9:30 am Public Swim (Lap &	9:00 am Walking	to 5)
9:00 am Private Swimming Lessons	Nordic Walking 9:00 am 65+ Shinny - GOALIES Only	Track 9:30 am Chair Yoga	9:00 am Adult Skate 9:00 am 65+ Shinny - GOALIES Only	Swim (Lap & Leisure pools only)	9:00 am Walking Track 9:00 am Adult Skate	to 5) 9:30 am Preschool 4
9:00 am Private Swimming Lessons - Preschool 9:00 am Swimmer	Nordic Walking 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate 9:15 am Chair	Track	9:00 am 65+ Shinny - GOALIES Only 9:30 am Public Swim (Lap pool	Swim (Lap & Leisure pools only) 9:30 am Chair Yoga 9:45 am Strollercise	Track	9:30 am Preschool 4 10:10 am
9:00 am Private Swimming Lessons - Preschool 9:00 am Swimmer 1 9:00 am Swimmer 9- Star Patrol 9:00 am Bronze	Nordic Walking 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate	Track 9:30 am Chair Yoga 9:30 am Public Swim (Lap & Leisure pools only) 10:00 am Sport	9:00 am 65+ Shinny - GOALIES Only 9:30 am Public	Swim (Lap & Leisure pools only) 9:30 am Chair Yoga 9:45 am Strollercise 10:00 am Beginner	Track 9:00 am Adult Skate 9:00 am 65+ Shinny	9:30 am Preschool 4
9:00 am Private Swimming Lessons - Preschool 9:00 am Swimmer 1 9:00 am Swimmer 9- Star Patrol	Nordic Walking 9:00 am 65+ Shinny - GOALIES Only 9:00 am Adult Skate 9:15 am Chair	Track 9:30 am Chair Yoga 9:30 am Public Swim (Lap & Leisure pools only)	9:00 am 65+ Shinny - GOALIES Only 9:30 am Public Swim (Lap pool	Swim (Lap & Leisure pools only) 9:30 am Chair Yoga 9:45 am Strollercise	Track 9:00 am Adult Skate 9:00 am 65+ Shinny - GOALIES Only	9:30 am Preschool 4 10:10 am Preschool (Ago

9:00 am Swimmer	Court Reservation -	10:45 am Preschool	Alder Saputo Centre	10:20 am Parent &	10:00 am Tiny Tots	10:50 am
8 - Rookie Patrol	Alder Saputo Centre	2	10:00 am Tiny Tots	Child (Ages 2 to 5)	10:00 am Sport	Private Learn to Skate Youth
9:00 am Preschool	10:00 am Tiny Tots	10:45 am Parent &	10:15 am Zumba®	10:45 am Preschool	Court Reservation -	(Ages 4+)
3	10:45 am Lane Swim	Tot 1	Toning	10:45 am Parent &	Alder Saputo Centre	11:00 am
9:00 am Preschool	11:00 am Family	10:45 am Intermediate Line	10:30 am Sensory Friendly Swim	Tot 1	10:30 am Swimmer 1- Teen/Adult	Walking Track
9:00 am Swimmer	Skate	Dance	(Lap)	10:45 am Preschool		11:00 am Social
7 - Rookie Patrol	11:30 am Sport	10:45 am Preschool	11:00 am Family	2	10:45 am Baby & Me Fit	Pickleball (Ages 18+)
9:00 am Swimmer	Court Reservation - Alder Saputo Centre	1	Skate	11:00 am Semi- Private Learn to	11:00 am Family	11:30 am Youth
5		11:00 am Walking Track	11:00 am Walking	Skate Toddler (Age	Skate	(Ages 6 to 17)
9:30 am Preschool	11:30 am Gentle Flow Yoga	11:15 am Preschool	Track	3)	11:00 am Walking	12:30 pm Sport
	11:45 am Lane	3 am Preschool	11:00 am Balls & Bands	11:00 am Walking	Track	Court Reservation -
9:30 am Swimmer 2	Swim	11:15 am Parent &	11:30 am Sport	Track	11:30 am Sport Court Reservation -	Alder Saputo
9:30 am Parent &	12:00 pm Adult	Tot 2	Court Reservation -	11:15 am Parent & Tot 2	Alder Saputo Centre	Centre
Tot 1	Shinny - GOALIES Only	11:15 am Preschool	Alder Saputo Centre	11:15 am Parent &	12:00 pm Adult	1:00 pm Walking Track
9:30 am Preschool	12:00 pm Adult	4	12:00 pm Adult Shinny	Tot 3	Shinny	2:00 pm Sport
5	Shinny	11:15 am Preschool	12:00 pm Adult	11:15 am Preschool	12:00 pm Adult Shinny - GOALIES	Court
9:30 am Preschool	12:30 pm Family	11:15 am Parent &	Shinny - GOALIES	3	Only	Reservation - Alder Saputo
9:30 am Preschool	Skate	Tot 3	Only	11:15 am Preschool	1:00 pm Sport	Centre
1	1:00 pm Sport Court Reservation -	11:30 am Sport	12:15 pm Lane Swim	11:15 am Preschool	Court Reservation - Alder Saputo Centre	3:00 pm
9:45 am Swimmer	Alder Saputo Centre	Court Reservation - Alder Saputo	12:30 pm Family	5	1:00 pm Walking	Walking Track
6	1:15 pm Leisure &	Centre	Skate	11:30 am Sport	Track	3:30 pm Sport Court
9:45 am Swimmer	Splash	12:00 pm Lane	1:00 pm Sport	Court Reservation - Alder Saputo Centre	2:30 pm Sport	Reservation -
10:00 am	2:30 pm Sport Court Reservation -	Swim	Court Reservation - Alder Saputo Centre	11:40 am Private	Court Reservation - Alder Saputo Centre	Alder Saputo Centre
Preschool 4	Alder Saputo Centre	12:30 pm Adult Skate	1:00 pm Walking	Learn to Skate Adult	3:00 pm Walking	5:00 pm
10:00 am	3:00 pm Figure	1:00 pm Walking	Track	(Ages 18+)	Track	Walking Track
Preschool 3	Skating Skills	Track	1:15 pm Leisure &	12:15 pm Lane Swim	4:00 pm Public	5:00 pm Social
10:00 am Private	3:00 pm Walking Track	1:00 pm Inclusive	Splash	12:15 pm Private	Skate	Pickleball (Ages 18+)
Swimming Lessons 10:00 am Parent &		Open Gym	2:30 pm Sport Court Reservation -	Hockey/Ringette	4:00 pm Social	6:30 pm Social
Tot 3	3:30 pm Shinny 11- 13 yrs old	2:30 pm Sport Court Reservation -	Alder Saputo Centre	Technical Skating Skills (Adult Ages	Pickleball (Ages 18+)	Pickleball (Ages
10:00 am Swimmer	3:30 pm Shinny 11 -	Alder Saputo	3:00 pm Walking	18+) FULL	4:10 pm Private	18+)
1	13 years GOALIE	Centre	Track	EQUIPMENT	Hockey/Ringette	7:00 pm

Registration Only Samp Private Scaling Sellin Sca							
1.000 am Sport Proceedings 1.000 am Proceding 1.0000 am Proceding 1.0000 am Proceding 1.0000 am Proceding 1.0000 am Proce			1 0			Skills (Ages 6+)	
Adder Sprain Adder Adder Adder Address Adder Address	1	Hockey/Ringette Technical Skating	1 0	Technical Skating Skills (Ages 6+)	School Community	5:00 pm Power	
10.00 am Percebacol 1 10 years of Action 1 1 1 1 1 1 1 1 1	•	FULL EQUIPMENT		3:30 pm Shinny 5 -	1	Hockey/Ringette	Reservation -
179. Section 1 1 179. Section 1 1 1 1 1 1 1 1 1		Drop-In (Ages 14-	1 .	Registration Only		_	
10.45 am Private 10.45 am Swimmer 10.45 am Swimmer 10.45 am Swimmer 10.45 am Private 10.45 am Swimmer 11.55 am Preschool 10.65 am Swimmer 11.55 am Preschool 10.65 am Swimmer 11.55 am Preschool 10.65 am Swimmer 11.55 am Preschool 11.55 am Pre			,	7 yrs old			
4.45 pm Prieschool 3		Skills (Ages 6+)	Skills - 14 yrs and	Skills - 14 yrs and	Court Reservation -	Pickleball (Ages	
\$\frac{4.30 \text{ pm Preschool}}{\frac{1}{1.05 \text{ smming Lessons}}{\frac{1}{1.05 smming Lesson		4:30 pm Preschool	-		1 0	-	
10.45 am Freschool 2			Pickleball Drop-In	Technical Skating Skills (Ages 6+)	1 .	-	
10.45 am Swimmer 2 Perschool 4.30 pm Preschool 2 3 30 pm Preschool 3 30 pm Preschool 4.30 pm Preschool 4.30 pm Preschool 4.30 pm Preschool 5 4.30 pm Preschool 4.30 pm Preschool 5 5.00 pm Preschool 4 5.00 pm Preschool 5 5.00 pm Preschool 5 5.00 pm Preschool 4 5.00 pm Preschool 5 5.00 pm Preschool 5 5.00 pm Preschool 4 5.00 pm Preschool 5 5.00 pm			4:30 pm Private	4:30 pm Multi		Private Sibling	
10.45 am Swimming Lasons Swimming La		- Preschool	- Preschool	Drills (Ages 4-5)	-17 year old	Youth (Ages 6+)	
10.45 am Swimmer		2	3	Swimming Lessons	Registration Only	Learn to Skate	
10-45 am Private Swimming Lessons 7-97 cschool 5 5-00 pm Preschool 5 5-00 pm Preschool 5 1-100 am Walking Track 1-115 am Private Swimming Lessons 11-15 am Preschool 4 5-00 pm Private Swimming Lessons 11-15 am Preschool 5 5-00 pm Private Swimming Lessons 11-15 am Preschool 4 5-00 pm Private Swimming Lessons 11-15 am Preschool 5 5-00 pm Private Swimming Lessons 11-15 am Preschool 4 5-00 pm Private Swimming Lessons 11-15 am Preschool 5 5-00 pm Private Swimming Lessons 11-15 am Preschool 1 5-00 pm Private Swimming Lessons 11-15 am Preschool 1 5-00 pm Private Swimming Lessons 11-15 am Preschool 1 5-00 pm Private Swimming Lessons 11-15 am Preschool 1 5-00 pm Private Swimming Lessons 11-15 am Preschool 1 5-00 pm Private Swimming Lessons 11-15 am Preschool 1 5-00 pm Private Swimming Lessons 5-00 pm Preschool 2 5-00 pm Swimmer 1 5-00 pm Preschool 3 5-00 pm Preschool 1 5-00 pm Preschool 1 5-00 pm Preschool 2 5-00 pm Preschool 3 5-00		4	4	4:30 pm Preschool	Hockey/Ringette	7:00 pm Walking	
10.45 am Preschool 5 5 2 2 4.30 pm Preschool 3 3 30 pm Preschool 3 3 30 pm Preschool 3 3 30 pm Preschool 1 30 pm Walking 11.5 am Preschool 3 11.15 am Preschool 1 30 pm Private 5.00 pm Private 5.00 pm Private 5.00 pm Preschool 2 4.30 pm Hockey 4.30 pm Hockey 4.30 pm Preschool 5.00 pm Swimmer 5.00 pm Preschool 5.00 pm Pr	Swimming Lessons	3	1	4:30 pm Preschool	Skills (Ages 6+)	7:05 pm Basketball	
11:00 am Walking Track 1 5:00 pm Preschool 1 5:00 pm Preschool 2 4:30 pm Hockey 4:30 pm Preschool 4 3:30 pm Preschool 5 3:30 pm Preschool 5 5:30 pm Preschool 5 5:30	10:45 am	5	2			1	
11:15 am Private 5:00 pm Vinyasa 5:00 pm Preschool 11:15 am Preschool 4 3:00 pm Preschool 3 4:30 pm Preschool 4:30 pm Preschool 5:00 pm Preschool 5:00 pm Swimmer 5:00 pm Preschool 7:00 p		Tot 1	Minds (Ages 4-5)		_		
11:15 am Private Swimming Lessons 5:00 pm Preschool 1 1:15 am Preschool 2 2 5:00 pm Preschool 3 5:00 pm Preschool 3 4:30 pm Preschool 4:30		1	2			Alder Saputo Centre	
11:15 am Preschool 2	Swimming Lessons		_		l *		
11:15 am Preschool 3	Swimming Lessons	Swimming Lessons			4:30 pm Preschool		
11:15 am Swimmer 2		2			4:30 pm Indoor		
11:15 am Preschool 1			5:00 pm Walking	_	Drills (Ages 4-5)		
11:15 am Preschool 1			5:00 pm Swimmer	5	Swimming Lessons		
11:15 am Preschool 2		Learn to Skate	5:00 pm Preschool	5:00 pm Parent &	4:35 pm Private		
11:30 am Sport Court Reservation - Alder Saputo S:10 pm Basketball Drop-In (Ages 8-10) S:15 pm Swimmer Sind pm Basketball Drop-In (Ages 8-10) S:15 pm Swimmer Sind pm Preschool Si		5:10 pm Semi-			Skills (Ages 6+)		
Silo pm Basketball Drop-In (Ages 8-10)	Court Reservation -				5:00 pm Walking		
5:15 pm Swimmer 11:30 am Swimmer 4 5:15 pm Swimmer 11:45 am Preschool 5:15 pm Swimmer 5:10 pm Preschool 3 5:10 pm Preschool 5:10 pm Preschool 3 5:10 pm Preschool 5:10 pm Preschool 5:10 pm Preschool 1 5:10 pm Preschool 5:	Centre	Drop-In (Ages 8-		1 .	5:00 pm Parent &		
4 5:15 pm Swimmer 5:00 pm Parent & Tot 2 11:45 am Private Swimming Lessons - Preschool 5:30 pm Parent & Tot 3 5:30 pm Preschool 5:30 pm Swimmer 5:20 pm Multi Sports Skills and Drills (Ages 4-5) 5:00 pm Preschool 5:00 pm Preschool 11:45 am Swimmer 5:30 pm Preschool 5:30 pm Parent & Tot 2 11:45 am Preschool 5:30 pm Preschool 5:30 pm Parent & Tot 2 5:15 pm Swimmer 2 5:00 pm Preschool 5:00 pm Preschool 5:30 pm Preschool 5:30 pm Parent & Tot 2 5:30 pm Parent & Tot 2 5:15 pm Swimmer 3 5:00 pm Preschool	6	,		-	5:00 pm Preschool		
5:30 pm Preschool 11:45 am Private Swimming Lessons - Preschool 11:45 am Swimmer 2 5:30 pm Parent & Tot 3 5:30 pm Preschool 11:45 am Preschool 1 11:45 am Preschool 2 5:30 pm Preschool 1 5:30 pm Preschool 5:30 pm Swimmer 5	4		_	1	5:00 pm Parent &		
11:45 am Private 2 5:30 pm Parent & 5:30 pm Preschool 5:30 pm Preschool 1 5:30 pm Preschool 5:30 pm Preschool 5:30 pm Preschool 5:30 pm Preschool 5:30 pm Parent & 5:30 pm Paren	5			1	5:00 pm Preschool		
11:45 am Swimmer 2 5:30 pm Preschool 1 11:45 am Preschool 2 5:30 pm Preschool 1 5:30 pm Preschool 5:30 pm Parent & 5:30 pm Pa	Swimming Lessons	5:30 pm Parent &	5:30 pm Swimmer	5:20 pm Multi Sports Skills and	5:00 pm Preschool		
11:45 am Preschool 5:30 pm Preschool 5:30 pm Parent & 5:30 pm Parent & 5:15 pm Swimmer 5		5:30 pm Preschool			5:00 pm Preschool		
		•	5:30 pm Parent &				

11:45 am Private Swimming Lessons	5:30 pm Junior	5:30 pm Swimmer	5:30 pm Preschool	5:15 pm Swimmer 1
- Preschool	Chefs (Ages 9-11)	1	5:30 pm Preschool	5:15 pm Swimmer 2
11:45 am Preschool	5:30 pm Parent &	5:40 pm Mindfulness Drop-	1	5:15 pm Swimmer 4
1	Tot 2	In (Ages 9-13)	5:30 pm Swimmer 6	5:15 pm Swimmer 3
11:45 am Preschool 2	5:30 pm Swimmer 5	5:45 pm Preschool 2	5:30 pm Parent & Tot 3	5:20 pm Indoor Soccer Skills and Drills (Ages 6-8)
12:30 pm Public Swim	5:30 pm Music Club Drop-In (Ages 11 to 17)	5:45 pm Basketball Skills and Drills	5:45 pm Swimmer 2	5:30 pm Preschool
1:00 pm Walking	5:30 pm Swimmer	(Ages 6-8)	5:45 pm Preschool	
Track	6 S.30 pin Swilliner	5:45 pm Preschool	5:45 pm Swimmer 1	5:30 pm Preschool
1:00 pm Sport Court Reservation - Alder Saputo	5:45 pm Preschool	6:00 pm Swimmer	5:45 pm Preschool	5:30 pm Little Artists (Ages 6-8)
Centre	5:45 pm Swimmer	3	6:00 pm Balls &	5:30 pm Preschool
1:30 pm Sunday FAMILY Skate	2	6:00 pm Swimmer 2	Bands	3
2:00 pm Swimmer	5:45 pm Preschool	6:00 pm Swimmer	6:00 pm Swimmer 5	5:45 pm Preschool
1- Teen/Adult	5:45 pm Swimmer	6	6:10 pm Multi	5:45 pm Swimmer 1
2:00 pm Swimmer	1	6:00 pm Swimmer	Sports Skills and Drills (Ages 6-8)	5:45 pm Preschool
2-Teen/Adult	5:50 pm Preschool	6:00 pm Swimmer	6:15 pm Swimmer 1	2
2:00 pm Private Swimming Lessons	(Ages 4 to 5)	4	6:15 pm Preschool	5:45 pm Swimmer 2
- Preschool	5:50 pm Parent & Child (Ages 2 to 5)	6:15 pm Preschool	3	6:00 pm Swimmer 3
2:00 pm Private	6:00 pm Swimmer	5	6:15 pm Preschool	6:00 pm Swimmer 4
Swimming Lessons - Preschool	5	6:15 pm Preschool 2	6:15 pm Private	6:00 pm Swimmer 6
2:00 pm Private	6:15 pm Preschool	6:15 pm Preschool	Swimming Lessons	6:10 pm Indoor
Swimming Lessons - Preschool	6:15 pm Preschool	3	6:15 pm Swimmer 4	Soccer Skills and Drills (Ages 9-11)
2:00 pm Swimmer	1 1	6:15 pm Preschool	6:15 pm Preschool	6:15 pm Swimmer 2
3 - Teen/Adult	6:15 pm Private	6:15 pm Body Blast	2	6:15 pm Parent &
2:30 pm Private	Swimming Lessons	6:15 pm Preschool	6:15 pm Preschool 5	Tot 2
Swimming Lessons - Preschool	6:15 pm Basketball Drop-In (Ages 11-	1	6:30 pm Swimmer 4	6:15 pm Preschool
2:30 pm Private	13)	6:35 pm Basketball Skills and Drills	6:30 pm Swimmer 3	6:15 pm Swimmer 1
Swimming Lessons - Preschool	6:15 pm Cardio Tone	(Ages 9-11)	6:45 pm Preschool	6:15 pm Preschool
2:30 pm Private	6:15 pm Swimmer	6:45 pm Preschool		2
Swimming Lessons - Preschool	1	3	6:45 pm Preschool	6:15 pm Parent & Tot 3
	6:15 pm Preschool	6:45 pm Preschool	6:45 pm Preschool	6:15 pm Preschool
2:30 pm Sport Court Reservation -		6:45 pm Swimmer	2	3
Alder Saputo Centre	6:15 pm Preschool 5	1	6:45 pm Preschool	6:15 pm Zumba®
3:00 pm Birthday	6:15 pm Swimmer	6:45 pm Swimmer 2	6:45 pm Preschool	Toning
Party - Swim &	2	6:45 pm Swimmer	5	6:15 pm Preschool 5
Splash	6:30 pm Swimmer	1	7:00 pm Swimmer 2	6:45 pm Junior
3:00 pm Walking Track	6:30 pm Youth	6:45 pm Preschool	7:00 pm Walking	Artists (Ages 9-11)
3:00 pm Lane	(Ages 6 to 17)	2	Track	6:45 pm Preschool
Swim	6:30 pm Swimmer	6:45 pm Drama & Creative Arts Club	7:00 pm Private Swimming Lessons	6:45 pm Preschool
4:00 pm Sport Court Reservation -	6:45 pm Private	(Ages 9-13)	7:00 pm Swimmer 1	1
Alder Saputo	Swimming Lessons	6:45 pm Preschool	7:00 pm Multi	6:45 pm Preschool
Centre	6:45 pm Preschool	7:00 pm Dance Fit	Sports Skills and Drills (Ages 9-11)	6:45 pm Preschool
4:00 pm Leisure/ Splash & Slide	1	7:00 pm Walking	7:00 pm Zumba®	6:43 pm Preschool 4
5:00 pm Walking	6:45 pm Preschool	Track	7:15 pm Private	6:45 pm Swimmer 2
Track	6:45 pm Preschool	7:00 pm Swimmer	Swimming Lessons	6:45 pm Preschool
5:00 pm Leisure & Splash	4	4	- Preschool	5
5:00 pm Lane	6:45 pm Preschool	7:00 pm Swimmer 5	7:15 pm Private Swimming Lessons	7:00 pm Sport Court Reservation -
Swim	7:00 pm Zumba®	7:00 pm Swimmer	- Preschool	Alder Saputo Centre
	1 Pili Zuiliba®	1 2	7.15 Duivesta	I

5:30 pm Sport Court Reservation - Alder Saputo Centre 7:00 pm Walking Track	7:00 pm Swimmer 1 7:00 pm Walking Track 7:00 pm Swimmer 2 7:00 pm Private Swimming Lessons 7:15 pm Private Swimming Lessons - Preschool 7:20 pm Sport Court Reservation - Alder Saputo Centre 7:25 pm Power Skating for Hockey/Ringette (Ages 11+) FULL EQUIPMENT	7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Swimmer 1 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Swimmer 2 7:15 pm Private Swimming Lessons - Preschool 7:30 pm Private Swimming Lessons - Preschool 7:30 pm Basketball Drop-In (Ages 14- 17) 7:45 pm Swimmer 4 8:00 pm AquaFitness	Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:15 pm Private Swimming Lessons - Preschool 7:45 pm Leisure Swim 8:00 pm Basketball Drop-In (Ages 18+)	7:00 pm Walking Track 7:00 pm Swimmer 4 7:00 pm Swimmer 2 7:00 pm Swimmer 3 7:00 pm Swimmer 1 7:15 pm Step & Tone 7:15 pm Private Swimming Lessons 7:30 pm Swimmer 5 7:30 pm Swimmer 5 7:30 pm Swimmer 1 7:45 pm Swimmer 3 7:45 pm Swimmer 3 7:45 pm Swimmer 3 - Teen/Adult 8:00 pm Swimmer 3 - Teen/Adult 8:00 pm Swimmer 1- Teen/Adult 8:00 pm Swimmer 1- Teen/Adult 8:30 pm Sport Court Reservation - Alder Saputo Centre 8:45 pm Lane Swim		
26	27	28	29	30	31	
8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered only)	7:30 am Lane Swim (Pre-registered only)	7:00 am Figure Skating Skills / Pre- Registered Only	7:30 am Lane Swim (Pre-registered only)	
9:00 am Walking Track	8:30 am Sport Court Reservation - Alder Saputo Centre	8:30 am Sport Court Reservation - Alder Saputo	8:30 am Sport Court Reservation - Alder Saputo Centre	7:30 am Lane Swim (Pre-registered only)	8:30 am Sport Court Reservation - Alder Saputo Centre	
10:00 am Sport	8:30 am 55+ Shinny	Centre	8:30 am 55+ Shinny	8:30 am Sport Court	8:30 am 55+ Shinny	

Court Reservation - Alder Saputo	- GOALIES Only 8:30 am 55+ Shinny	8:30 am 70+ Shinny	8:30 am 55+ Shinny - GOALIES Only	Reservation - Alder Saputo Centre	- GOALIES Only 8:30 am 55+ Shinny
Centre 11:00 am Walking	8:45 am	8:30 am 70+ Shinny - GOALIES	8:45 am Therapeutic	8:30 am 70+ Shinny - GOALIES Only	8:45 am Aquafit
Track 11:30 am Sport	Therapeutic Swim (Lap)	Only 8:45 am Aqua	Swim (Lap) 9:00 am 65+ Shinny	8:30 am 70+ Shinny	9:00 am Walking Track
Court Reservation - Alder Saputo	9:00 am 65+ Shinny	8:43 am Aqua Zumba	9:00 am Walking	8:45 am Aqua Zumba	9:00 am Adult Skate
Centre	9:00 am Indoor Nordic Walking	9:00 am Walking Track	Track 9:00 am Adult Skate	9:30 am Public Swim (Lap &	9:00 am 65+ Shinny - GOALIES Only
1:00 pm Walking Track	9:00 am 65+ Shinny - GOALIES Only	9:30 am Public Swim (Lap &	9:00 am 65+ Shinny - GOALIES Only	Leisure pools only)	9:00 am Zumba® Gold
1:00 pm Sport Court Reservation -	9:00 am Adult Skate	Leisure pools only)	9:30 am Public	9:30 am Chair Yoga	9:00 am 65+ Shinny
Alder Saputo Centre	9:15 am Chair Fitness	9:30 am Chair Yoga	Swim (Lap pool only)	9:45 am Strollercise 10:00 am Beginner	9:30 am Public
1:30 pm Sunday	9:30 am Public Swim (Lap &	10:00 am Sport Court Reservation - Alder Saputo	9:30 am Gentle Flow Yoga	Line Dance 10:00 am Sport	Swim (Lap & Leisure pools only)
FAMILY Skate 2:30 pm Sport	Leisure pools only)	Centre	10:00 am Sport	Court Reservation - Alder Saputo Centre	9:45 am Chair Fitness
Court Reservation - Alder Saputo	10:00 am Sport Court Reservation -	10:00 am Dance Fit	Court Reservation - Alder Saputo Centre	10:20 am Parent &	10:00 am Tiny Tots
Centre	Alder Saputo Centre	2	10:00 am Tiny Tots	Child (Ages 2 to 5)	10:00 am Sport Court Reservation -
3:00 pm Walking Track	10:00 am Tiny Tots 10:45 am Lane	10:45 am Parent & Tot 1	10:15 am Zumba® Toning	10:45 am Preschool	Alder Saputo Centre
4:00 pm Sport Court Reservation -	Swim	10:45 am Intermediate Line	10:30 am Sensory	10:45 am Parent & Tot 1	10:30 am Swimmer 2-Teen/Adult
Alder Saputo Centre	11:00 am Family Skate	Dance	Friendly Swim (Lap)	10:45 am Preschool	10:30 am Swimmer 1- Teen/Adult
5:00 pm Walking Track	11:30 am Sport Court Reservation -	10:45 am Preschool	11:00 am Family Skate	11:00 am Semi-	10:30 am Swimmer 3 - Teen/Adult
5:30 pm Sport	Alder Saputo Centre 11:30 am Gentle	11:00 am Walking Track	11:00 am Walking Track	Private Learn to Skate Toddler (Age	10:45 am Baby &
Court Reservation - Alder Saputo	Flow Yoga	11:15 am Preschool	11:00 am Balls &	3) 11:00 am Walking	Me Fit 11:00 am Family
Centre 7:00 pm Walking	11:45 am Lane Swim	11:15 am Parent &	Bands 11:30 am Sport	Track	Skate
Track	12:00 pm Adult Shinny - GOALIES	Tot 2	Court Reservation - Alder Saputo Centre	11:15 am Parent & Tot 2	11:00 am Walking Track
	Only	11:15 am Preschool 4	12:00 pm Adult	11:15 am Parent & Tot 3	11:30 am Sport Court Reservation -
	12:00 pm Adult Shinny	11:15 am Preschool	Shinny 12:00 pm Adult	11:15 am Preschool	Alder Saputo Centre
	12:30 pm Family Skate	11:15 am Parent & Tot 3	Shinny - GOALIES Only	3 11:15 am Preschool	12:00 pm Adult Shinny
	1:00 pm Sport Court Reservation -	11:30 am Sport	12:15 pm Lane	4 11:15 am Preschool	12:00 pm Lane Swim
	Alder Saputo Centre	Court Reservation - Alder Saputo	Swim 12:30 pm Family	5	12:00 pm Adult
	1:15 pm Leisure & Splash	Centre 12:00 pm Lane	Skate	11:30 am Sport Court Reservation -	Shinny - GOALIES Only
	2:30 pm Sport	Swim	1:00 pm Sport Court Reservation -	Alder Saputo Centre	1:00 pm Sport Court Reservation -
	Court Reservation - Alder Saputo Centre	12:30 pm Adult Skate	Alder Saputo Centre 1:00 pm Walking	11:40 am Private Learn to Skate Adult	Alder Saputo Centre
	3:00 pm Figure Skating Skills	1:00 pm Walking	Track	(Ages 18+) 12:15 pm Lane	1:00 pm Lane Swim 1:00 pm Walking
	3:00 pm Walking	Track 1:00 pm Inclusive	1:15 pm Leisure & Splash	Swim	Track
	Track 3:30 pm Shinny 11-	Open Gym	2:30 pm Sport Court Reservation -	12:15 pm Private Hockey/Ringette	2:00 pm Leisure & Splash
	13 yrs old	2:30 pm Sport Court Reservation -	Alder Saputo Centre	Technical Skating Skills (Adult Ages	2:30 pm Sport Court Reservation -
	3:30 pm Shinny 11 - 13 years GOALIE	Alder Saputo Centre	3:00 pm Walking Track	18+) FULL EQUIPMENT	Alder Saputo Centre
	Registration Only 3:30 pm Private	3:00 pm Figure Skating Skills	3:20 pm Private Hockey/Ringette	12:30 pm Adult Skate	3:00 pm Walking Track
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Hockey/Ringette Technical Skating Skills (Ages 6+)	3:00 pm Walking Track	Technical Skating Skills (Ages 6+) FULL EQUIPMENT	1:00 pm Home School Community Open Gym	4:00 pm Public Skate
FULL EQUIPMENT 4:05 pm Basketball Drop-In (Ages 14-	3:30 pm Shinny 8 - 10 yrs old 3:30 pm Shinny 8 -	3:30 pm Shinny 5 - 7 years GOALIE Registration Only	1:00 pm Walking Track	4:00 pm Social Pickleball (Ages 18+)
17) 4:15 pm Private	10 years GOALIE Registration Only	3:30 pm Shinny 5 - 7 yrs old	1:15 pm Leisure & Splash	4:10 pm Private Hockey/Ringette Technical Skating
Hockey/Ringette Technical Skating Skills (Ages 6+)	3:30 pm Hockey Skills - 14 yrs and older	4:00 pm Hockey Skills - 14 yrs and	2:30 pm Sport Court Reservation - Alder Saputo Centre	Skills (Ages 6+) FULL EQUIPMENT 5:00 pm Power
FULL EQUIPMENT 4:30 pm Preschool 3	4:15 pm Mini Movers (Ages 4-5)	4:05 pm Private Hockey/Ringette	3:00 pm Figure Skating Skills	Skating for Hockey/Ringette (Ages 7-8) FULL
4:30 pm Private	4:30 pm Hockey Skills - 13 yrs old	Technical Skating Skills (Ages 6+)	3:00 pm Walking Track	EQUIPMENT
Swimming Lessons - Preschool	and under 4:30 pm Social	FULL EQUIPMENT 4:30 pm Multi	3:30 pm Shinny 14 - 17 yrs old	5:00 pm Walking Track
4:30 pm Preschool	Pickleball Drop-In (Ages 12-17)	Sports Skills and Drills (Ages 4-5)	3:30 pm Shinny 14 -17 year old	5:30 pm Social Pickleball (Ages
4:30 pm Preschool	4:30 pm Private	4:30 pm Preschool	GOALIE	18+)
4	Swimming Lessons	4	Registration Only	6:10 pm Preschool
4:30 pm Preschool	- Preschool	4:30 pm Private	3:50 pm Private	(Ages 4 to 5)

2	4:30 pm Preschool	Swimming Lessons	Hockey/Ringette	6:10 pm Parent &
5:00 pm Preschool	3	- Preschool	Technical Skating Skills (Ages 6+)	Child (Ages 2 to 5)
3	4:30 pm Preschool	4:30 pm Preschool	FULL EQUIPMENT	6:50 pm Private Learn to Skate
5:00 pm Preschool	4:30 pm Preschool	4:30 pm Preschool	4:30 pm Mini Artists (Ages 4-5)	Youth (Ages 4+)
5:00 pm Parent &	1	3	4:30 pm Preschool	6:50 pm Semi- Private Sibling
Tot 1	4:30 pm Preschool	4:30 pm Preschool	1	Learn to Skate
5:00 pm Preschool	4:50 pm Mini	4:30 pm Hockey	4:30 pm Preschool	Youth (Ages 6+)
5:00 pm Private	Minds (Ages 4-5)	Skills - 13 yrs old and under	4:30 pm Preschool	7:00 pm Walking Track
Swimming Lessons	5:00 pm Swimmer 2	4:30 pm Public	3	7:00 pm Lane Swim
5:00 pm Vinyasa	5:00 pm Preschool	Skate	4:30 pm Preschool	7:05 pm Basketball
5:00 pm Preschool 2	1	5:00 pm Cardio Tone	4:30 pm Indoor	Drop-In (Ages 18+) 7:15 pm Leisure/
5:00 pm Private	5:00 pm Preschool	5:00 pm Swimmer 2	Soccer Skills and Drills (Ages 4-5)	Splash & Slide
Swimming Lessons 5:00 pm Walking	5:00 pm Hatha	5:00 pm Preschool	4:30 pm Private	7:30 pm Youth (Ages 6 to 17)
Track	Beginner	5	Swimming Lessons - Preschool	8:10 pm Sport
5:10 pm Private Learn to Skate	5:00 pm Swimmer 1	5:00 pm Swimmer 1 5:00 pm Parent &	4:35 pm Private	Court Reservation -
Youth (Ages 4+)	5:00 pm Walking	Tot 1	Hockey/Ringette	Alder Saputo Centre
5:10 pm Semi-	Track	5:00 pm Preschool	Technical Skating Skills (Ages 6+)	
Private Sibling Learn to Skate	5:00 pm Preschool 5	5:00 pm Preschool	FULL EQUIPMENT	
Youth (Ages 6+)	5:00 pm Parent &	2	5:00 pm Walking Track	
5:10 pm Basketball Drop-In (Ages 8-	Tot 3	5:00 pm Walking Track	5:00 pm Parent &	
10)	5:00 pm Lifesaving Sport	5:00 pm Preschool	Tot 1	
5:15 pm Swimmer	5:00 pm Preschool	1	5:00 pm Preschool 2	
5:15 pm Swimmer	5:15 pm Swimmer	5:15 pm Swimmer 2	5:00 pm Parent &	
3	3	5:15 pm Swimmer 1	Tot 2 5:00 pm Preschool	
5:15 pm Swimmer 2	5:15 pm Swimmer	5:15 pm Swimmer 3	3	
5:30 pm Parent & Tot 3	5:30 pm Preschool	5:20 pm Multi Sports Skills and	5:00 pm Preschool	
5:30 pm Preschool	3	Drills (Ages 4-5) 5:30 pm Swimmer 5	5:00 pm Preschool	
1	5:30 pm Swimmer 2	5:30 pm Parent &	1	
5:30 pm Preschool	5:30 pm Preschool	Tot 2	5:15 pm Swimmer 1	
5:30 pm Junior	1	5:30 pm Preschool	5:15 pm Swimmer 5	
Chefs (Ages 9-11)	5:30 pm Parent & Tot 2	5:30 pm Preschool	5:15 pm Swimmer 2	
5:30 pm Parent & Tot 2	5:30 pm Swimmer	1	5:15 pm Swimmer 4 5:15 pm Swimmer 3	
5:30 pm Swimmer	1	5:30 pm Swimmer 6	5:20 pm Indoor	
5	5:40 pm Mindfulness Drop-	5:30 pm Parent & Tot 3	Soccer Skills and Drills (Ages 6-8)	
5:30 pm Swimmer	In (Ages 9-13)	5:45 pm Swimmer 2	5:30 pm Preschool	
5:30 pm Music Club	5:45 pm Preschool 2	5:45 pm Preschool	4	
Drop-In (Ages 11 to 17)	5:45 pm Basketball	2	5:30 pm Preschool	
5:45 pm Preschool	Skills and Drills (Ages 6-8)	5:45 pm Swimmer 1	5:30 pm Little	
2	5:45 pm Preschool	5:45 pm Preschool 4	Artists (Ages 6-8)	
5:45 pm Swimmer 2	4	6:00 pm Balls &	5:30 pm Preschool	
5:45 pm Preschool	6:00 pm Swimmer	Bands	5:45 pm Preschool	
4	6:00 pm Swimmer	6:00 pm Swimmer 5 6:10 pm Multi	1	
5:45 pm Swimmer	2	Sports Skills and	5:45 pm Swimmer 1	
-	6:00 pm Swimmer	Drills (Ages 6-8)	5:45 pm Preschool	

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5:50 pm Preschool (Ages 4 to 5)	6	6:15 pm Swimmer 1	2
5:50 pm Parent &	6:00 pm Swimmer	6:15 pm Preschool	5:45 pm Swimmer 2
Child (Ages 2 to 5)	6:00 pm Swimmer	6:15 pm Preschool	6:00 pm Swimmer 3
6:00 pm Swimmer	4	1	6:00 pm Swimmer 4
5 6:15 pm Procedural	6:15 pm Preschool 5	6:15 pm Private	6:00 pm Swimmer 6
6:15 pm Preschool 2		Swimming Lessons	6:10 pm Indoor Soccer Skills and
6:15 pm Preschool	6:15 pm Preschool	6:15 pm Swimmer 4	Drills (Ages 9-11)
1	6:15 pm Preschool	6:15 pm Preschool 5	6:15 pm Swimmer 2
6:15 pm Private Swimming Lessons	3 6:15 pm Body Blast	6:15 pm Preschool	6:15 pm Parent & Tot 2
6:15 pm Basketball Drop-In (Ages 11-	6:15 pm Preschool	6:30 pm Swimmer 4	6:15 pm Preschool 1
13)	6:15 pm Preschool	6:30 pm Swimmer 3	6:15 pm Swimmer 1
6:15 pm Cardio Tone	1 6:35 pm Basketball	6:45 pm Preschool	6:15 pm Parent & Tot 3
6:15 pm Swimmer 1	Skills and Drills (Ages 9-11)	6:45 pm Preschool	6:15 pm Preschool
6:15 pm Preschool 3	6:45 pm Preschool	6:45 pm Preschool	6:15 pm Preschool
6:15 pm Preschool 5	6:45 pm Preschool	6:45 pm Preschool	6:15 pm Zumba® Toning
6:15 pm Swimmer 2	6:45 pm Swimmer	6:45 pm Preschool 5	6:15 pm Preschool
6:30 pm Swimmer 4	6:45 pm Swimmer	7:00 pm Swimmer 2	6:45 pm Junior Artists (Ages 9-11)
6:30 pm Youth	6:45 pm Swimmer	7:00 pm Private Swimming Lessons	6:45 pm Preschool
(Ages 6 to 17)	1	7:00 pm Walking	2
6:30 pm Swimmer 3	6:45 pm Preschool	Track	6:45 pm Preschool
6:45 pm Private	2	7:00 pm Swimmer 1	1
Swimming Lessons	6:45 pm Drama & Creative Arts Club	7:00 pm Multi Sports Skills and	6:45 pm Preschool
6:45 pm Preschool	(Ages 9-13)	Drills (Ages 9-11)	6:45 pm Preschool
6:45 pm Preschool	6:45 pm Preschool	7:00 pm Zumba®	4
3	7:00 pm Dance Fit	7:15 pm Private	6:45 pm Swimmer 2
6:45 pm Preschool 4	7:00 pm Walking	Swimming Lessons - Preschool	6:45 pm Preschool 5
6:45 pm Preschool	Track 7:00 pm Swimmer	7:15 pm Private Swimming Lessons	7:00 pm Sport
2	7:00 pm Swimmer 4	- Preschool	Court Reservation - Alder Saputo Centre
7:00 pm Zumba®	7:00 pm Swimmer	7:15 pm Private	7:00 pm Walking
7:00 pm Swimmer 1	5	Swimming Lessons - Preschool	Track
7:00 pm Walking	7:00 pm Swimmer	7:15 pm Private	7:00 pm Swimmer 4
Track	7:15 pm Private	Swimming Lessons	7:00 pm Swimmer 2
7:00 pm Swimmer	Swimming Lessons	- Preschool	7:00 pm Swimmer 3
2 7.00 P: 4	- Preschool	7:15 pm Private Swimming Lessons	7:00 pm Swimmer 1
7:00 pm Private Swimming Lessons	7:15 pm Private Swimming Lessons - Preschool	- Preschool 7:45 pm Leisure	7:15 pm Step & Tone
7:15 pm Private Swimming Lessons	7:15 pm Swimmer	Swim	7:15 pm Private
- Preschool	1 1	8:00 pm Basketball	Swimming Lessons
7:15 pm Private	7:15 pm Private	Drop-In (Ages 18+)	7:15 pm Private Swimming Lessons
Swimming Lessons - Preschool	Swimming Lessons - Preschool		7:15 pm Private
7:15 pm Private	7:15 pm Swimmer		Swimming Lessons
Swimming Lessons - Preschool	2		7:30 pm Swimmer 5
7:15 pm Private	7:15 pm Private Swimming Lessons		7:30 pm Swimmer 2
Swimming Lessons	- Preschool		7:30 pm Swimmer 1

7:15 pm Private Swimming Lessons - Preschool 7:20 pm Sport Court Reservation - Alder Sanuto Centre	7:30 pm Basketball Drop-In (Ages 14- 17) 7:45 pm Swimmer 4 8:00 pm AquaFitness	7:45 pm Sw 7:45 pm Sw 8:00 pm Sw - Teen/Adul 8:00 pm Sw 2-Teen/Adu 8:00 pm Sw 1- Teen/Adu 8:30 pm Sp Court Reser Alder Saput 8:45 pm La	wimmer 4 wimmer 3 alt wimmer ult wimmer dult port ervation - uto Centre	
		8:45 pm La	ane Swim	

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